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The above image is of Lord Ganpati at our Devrukh Ashram during Ganesh Festival in 2023. Image Credit: Nisarg This issue is not for the commercial purpose. It's only for sharing Knowledge and experiences in the Reiki Bramha group.



Chaos in the World is because of Chaos in the mind......

The World is experiencing chaos everywhere. Global events in 2025 show significant chaos and instability across several interconnected areas. Geopolitical rivalries are intensifying, armed conflicts continue, economic troubles persist, climate change is speeding up, natural calamities are increasing and societal divisions are growing. High-intensity conflict has reached levels not seen in decades, with major wars still active in Ukraine, Gaza, and Sudan as they enter their third or fourth year.

Tensions between Iran and Israel rose sharply in mid-2025, with airstrikes targeting nuclear sites and military bases. Although a ceasefire occurred in June, broader instability still poses a threat, worsened by the fall of the Assad regime in Syria and the ongoing conflict between Israel and Hamas in Gaza and Lebanon. Uncertainty, partly due to Donald Trump's election in the U.S., raises the risk of mistakes among major powers. This unpredictability complicates predictions in hotspots like Ukraine and the Middle East.

Since August 2025, the U.S. has imposed steep tariffs of 50% on most goods coming from India after Donald Trump's re-election. This created a significant trade and diplomatic crisis, though India has not yet introduced major retaliatory tariffs.

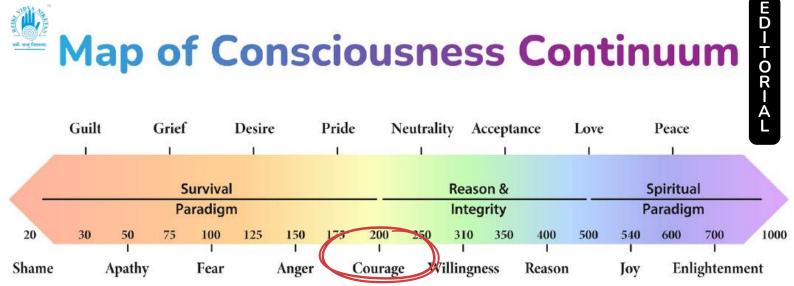
On the other front, the Climate change is increasing the frequency and severity of extreme weather events such as heat-waves, droughts, floods, and wildfires. These disasters lead to major economic and social disruptions. Reports indicate that glacier melt is speeding up, sea levels are rising, and ecosystems are suffering. These effects contribute to food and water shortages, particularly in vulnerable regions.

In India we experienced cloud burst in Chamoli and Rudraprayag in Uttrakhand, Kullu Manali in Himachal Pradesh and Chennai which is unprecedented.

The question is why all these things are happening? Nobody is looking at the root cause of all these things. It is the consciousness of the earth which is disturbed. We say because of the change of in sea currents and shifting of the tectonic plates in the faults in the earth's crust all the earthquakes happen. These are all geographical reasons. But if we $\binom{1}{2}$



Map of Consciousness Continuum



understand the reason at the subtle level, it is the energy of the entire planet which is disturbed. And why it is disturbed, it is because of the changes in human energy levels. Today everyone is restless, everyone is stressful, and people react at the slightest provocation. All these energies are affecting the entire planet. The causes of War is the restlessness among the leaders, the cause of violence is the restlessness among the Youth. The cause of natural calamities is the selfishness of human which has disturbed the ecological balance.

In the history of India we have never experienced so many landslides and cloud bursts in the past. Why it is happening now? We need to understand the real reason. A scientist named David Hawkins has given a map of consciousness in which the consciousness ranges from 20 to 1000. 78% of the people of the world are below 200 which is a neutral point. And only 22% are above 200 which is a point of courage. Below that it is pride, anger, desire, fear, apathy, grief, guilt and shame. And above 200 is neutrality, willingness, acceptance, reason, love, joy, peace and last is enlightenment. These 22% people are supporting 78% of the people. But somewhere if this count of 78% increases, it will change the consciousness of the planet. This will lead to lot of violence, rapes, murders and this will generate lot of negativities in the atmosphere which will affect the consciousness of the earth. Eventually all these will create natural calamities. This is what is happening all over which we are witnessing

What we as humans should do to prevent this? The answer is that we need to increase our energy levels increase our count of 22% to higher level. And how we can do this, by doing spiritual practices. By understanding our divine nature and striving to experience it. By thinking positive all the time and accepting the life situations without any grudges. Spiritual practices like reiki, Agnihotra, TM, chanting Rudra elevates our energy levels and will help us to accept the life situation and this will lead us towards lot of positivity. If everyone person on this planet becomes positive and starts accepting life with all the ups and downs as blessings of God, the consciousness of the planet will change.

So let's bring this change by changing ourselves. As Guruji used to say "Manage the manageable, and manageable is only you", so let us manage our life by managing ourselves and experience our divine nature.



24 Gurus of Lord Dattatreya



THE DEER

It is said that deer are very fond of music and that poachers employ it to lure them before hunting them. From this, I learned that passions and sensual desires will soon bog down a spiritual aspirant who has a weakness for merely secular music, till he ultimately loses whatever spiritual progress he has achieved earlier. The deer that taught me this truth is my seventeenth guru."

Here, Lord Dattatreya explains us that deer are fond of music and poachers entice them with the help of music and they get caught. Similarly we also lose our focus and get distracted from the path of spirituality when we try to go after our passion and sensual desires. Too much food distracts, too much sensual pleasures distracts us. Anything in access leads to distraction. Moderation is the key and we should master our senses as our mind gets distracted through the senses. To progress in the spiritual path, we need lot of consciousness. Guruji used to say the when we are always conscious about our awareness, we are through. But we lose our consciousness and this is where we get attracted to the material things and get drifted by our desires.

We all know the story of Narad Muni. He was a great devotee of Lord Vishnu and was called Devarshi. He was very confident that he cannot come in the shackles of Maya. Once he boasted in front of Lord Vishnu that I am your best devotee and I remember you all the time. Lord Vishnu thought of taking his test. So he asked Naradmuni to visit the earth.



Narad Muni went to earth and while walking on the earth he became thirsty. He saw a well nearby and there was one lady fetching water from the well. He asked for water and lady gave him and quenched his thirst. Narad Muni looked at her and she was so beautiful that he could not remove his gaze from her. Narad Muni was lured by her beauty and fell in love. Soon he thought of getting married to her and finally got married. He started living happily. The girl's father was a farmer and Narad Muni was given a farm. He also started doing farming and then had kids. Eventually, both the kids became of age of 2 and 4 and they were enjoying their life. Once Narad Muni was in nearby village and there came flood in his village.

When Narad Muni reached his village, everything was washed away. All the people in the village died including his wife and children. He started weeping and repenting. He was cursing himself for having left them alone. And after sometime Lord Vishnu appeared in front of him and explained him that everything was Maya and everything vanished in front of him. He had become a prey of Maya. And then Narad Muni realises that it is very difficult to remain conscious all the time.

We need to take our existence in third eye chakra where we become our Swami. We are master of our sense. Senses does not lure us. Our mind is in our control as we have reached beyond mind.

Afth Sip Anotes





- Equation of Life
- A + B + C = X
- Manage your left side so your right side is managed in the equation of life.
- Left is your right and right is wrong.
- Make efforts and you will get the results



We should have expectation about the results but should not have desire

Expectation + Ego = Desire

Desire leads to attachment

Drop attachment



A group of four friends went out, To discover life and freedom without The sense of knowing and life beyond Only to find death, there way around.

The first became a racer and met his fate,
A very painful crash in an accidental race.
The point of freedom none could agree,
Someone losing their body at the age thirty-three.

The second became a scientist to win a war,

Made a bomb for his country to win and be at par.

With enemies that were brothers at some time

Once again, the freedom was gained with some added lime.

The third was an ordinary man who overspent unwise,
In the name of his wife and child and some of his vice.
To the destiny that could not see his free will,
Took out his life early in a debt by making him swallow a pill.

The fourth became a medical practitioner who served for a long,
Knowing the parameters of life and death and lived always on song.
None could imagine his end would be abrupt and sudden,
All four of them were brought down to the earth on a pyre wooden.

The door to freedom by all remained unfound, None could escape the game of life and disappeared without a sound.



Masters Krupaji and Vishal Sir had visited Chennai & Bengaluru for a second degree seminar in both the cities. I too got an opportunity to join them. Since it was conducted in Chennai after a very long time there was palpable enthusiasm amongst the sadhaks. Our centre coordinator Jayabharathi took us to a 2000 years old Shiva temple at Thiruvatrriyur. This temple has Shiva in the swayumbu form. It is covered by a kavach and abhishek is done only three days in a year during Karhtik Poornima. Devi is "Vadivudai Amman". It is believed that there are three devis in the city made out of a single stone. According to scriptures it is said one day Parvati playfully covered Lord Shiva's eyes for a moment. As a result Shiva cursed Parvati to be born on earth three times. He married her in every birth. One is Thiruvudai Amman (Iccha Shakti), Vadivudai Amman (Jnana Shakti) and Kodiyidai Amman (Kriya Shakti).

This temple has been visited by great shaiva saints like Sundarar, Pattinatar (reincarnation of Kubera), Ramlinga Adigalar (known as Vallalar). We visited the Jeeva Samadhi of Pattinathar. He took a linga form and Vallalar took a Jyoti form. It seems the North Chennai along the seashore there are many Jeeva Samadhis. It is considered to be a Punya Bhoomi. We could feel the calmness and happiness in the space.

Like we hear Marathi Saints having the company of Vittal, playing or talking to them, here we have 63 Nayanmars who have spread Shaivism in the south. Their stories are also very interesting. One of them Sundarar, wrote many Tamil poems in praise of Lord Shiva. Lord Shiva was his friend. It is said once Lord Shiva took his love letter to be given to his lover whom he helped Sundarar marry. When we listen to such stories we connect to the divine he can do anything for us. When we visited the Ekanth Maharaj's Samadhi we came to know that Vittal worked in his house for seven years to help his devotee. God is always guiding, are we listening?

Guruji used to ask us do you believe swami is there? If yes, always yes. He is with us every moment. Once a sadhak asked Guruji, How do we know we are near God? Guruji replied when we are simple, childlike and find joy for no reason then we are very close to him.



Our journey from Ahambhav to Atmabhav (Ego Consciousness to Soul Consciousness) is the only way to stay close to the God our Swami. We cannot hide anything from him. He knows our inner most thoughts. During the Second degree seminar in the first session Krupaji asked Have you come out of Anger completely? Do you still have internal reactions?

So deep our Guruji's teachings are. Our karma is done through our Mind, Words and body. The most dangerous is the reactions of our mind. Are we purified enough to feel the closeness and proximity to Swami. Are we improving from yesterday to today, from today to tomorrow? Let us all keep checking our thoughts and keep them in the right direction to enjoy the company of the Lord. The way our great saints have enjoyed it we too can reach there. Let us all follow our Guruji's teachings and the most profound was Moksha is not a place, it is the understanding. It is here and now. Let us use this golden opportunity of our Guruji's unconditional love, compassionate heart, and untiring efforts to take us closer to the divine our Swami in this life.

We can meet our Guruji in seminar space every time. This time listening to the seminars, being with the masters from Kalpita in Devrukh to Vishal sir and Krupaji in the south it was a memorable experience and loads of learning. Let us all make use of the seminar space to grow steadily from Nar (human being) to Narayana (Divine being)



Agnihotra and Radioactivity

Dr. Ulrich Berk, Scientist, Germany

When Agnihotra is performed, the Agnihotra smoke gathers particles of harmful radiation in the atmosphere and, on a very subtle level, neutralizes their radioactive effect. Nothing is destroyed, merely changed. (Vasant V. Paranjpe, Homa Therapy – Our Last Chance, p. 21)

Till now we have covered beneficial effects of Agnihotra and Agnihotra Ash on air, soil, and water resources. But there is one more environmental threat affects all these areas and is especially dangerous as we do not detect it without senses: This is radioactivity.

Radioactivity became a problem on large scale during the second world war when the world saw the fatal destruction in Hiroshima and Nagasaki. After that there were several accidents in nuclear plants (not all of them known to public), the worst were those in Tchernobyl and in Fukushima. But there also was radioactive contamination by use of depleted uranium in bombs in different wars around the globe. Radioactive pollution has thus become a worldwide problem, now the West Coast of U.S. is affected by winds and the waters of the Pacific Ocean bringing radioactive substances from the Fukushima catastrophe.

For biological, physical, and chemical pollution there are ways to degrade harmful substances. But if some substance is radioactive, you can heat it, you can try all kinds of chemical treatments, you can hammer on it or put high pressure - radioactivity is not affected by any of these measures. This is why normally radioactive substances have to be stored away for many generations, some substances even for thousands of years (depending on the half life of the isotopes contained).

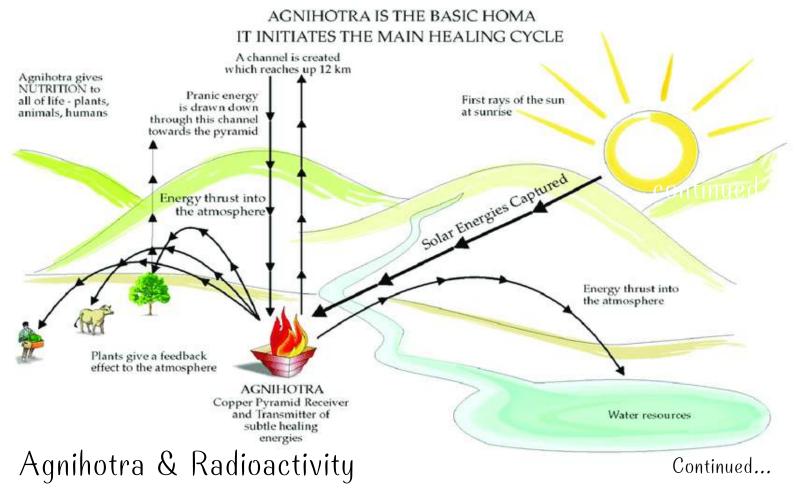
In short you can say that radioactive radiation is one of the biggest environmental threats nowadays, and modern science does not have a solution for that. On this background it is really astonishing to see what Agnihotra and Homa Therapy could achieve.

First observation

The first observation was made on a Homa Farm in Austria after the Tchernobyl. catastrophe. Karin Heschl, owner of that farm, writes:

"I had a farm in Kirchberg an der Raab, Styria, Austria in 1986 when the Chernobyl accident happened. I was practising the principles of Homa Organic Farming including

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sunrise/sunset Agnihotra, four hours daily Om Tryambakam Homa and twenty-four hours Homa on Full Moon and New Moon day.

Immediately after the Chernobyl accident the Austrian Government issued instructions that samples of all milk and fodder in our area should be tested for radioactivity. Scientists were shocked to find that milk and fodder on my farm had normal radioactivity while all the surrounding farms had much higher radioactivity."

Agnihotra Ash protects us

After that observation scientists from Eastern Europe were conducting experiments on the effect of Agnihotra and Agnihotra Ash on radioactivity. The leading physicist of that group, Miro Haber, stated the following as a résumé of this research:

In physiological terms the body constantly exchanges all its elements (not cells). There are only some exceptions, like the lenses of the eyes and some parts of the nervous system. The mechanism of this exchange of elements in the body is not exactly known. For this exchange the body constantly needs elements like calcium, copper, iron etc. As long as these elements are not radioactive the body functions normally. Our body can deal well with the natural radioactivity which has been existing since millions of years on this planet. However, since the Chernobyl accident we are dealing with a much increased manmade radioactivity. Many radioactive elements like Caesium, lodine, Ferric etc. have fallen onto this earth. The half-life period of these isotopes is rather high for some of them. They went from the air into the earth, from there into our food – salads vegetables, fruits. Through our food we absorb radioactive elements. This is because our body cannot distinguish whether an element is radioactive or not, and thus it absorbs the element without selection. Once a radioactive element is stored in the body it radiates all the time (like a lighthouse) and destroys the cells in its surroundings.



The body reacts with an infection (with luck the radioactive element is thereby thrown out of the body) or it reacts with a tumor, with cancer.

How can we avoid the absorption of radioactive elements into our body? The answer is simple - we have to give the body each element in a natural (non-radioactive) form. Once the body is saturated with these elements, any radioactive versions of these elements thereafter are not absorbed by the body any longer. It very quickly gets rid of them. The newly absorbed non-radioactive elements will by and by replace the radioactive substances which we had absorbed in earlier time and which our body had stored.

Now where do we get these non-radioactive elements from in order to protect our body? The experiment that was conducted some time ago has shown that the Agnihotra ash (which at the time was produced by about 40 participants according to special directions of Mister Haber) was not radioactive, even though the ingredients were radioactive. How this mechanism of changing radioactive elements into non-radioactive elements

How this mechanism of changing radioactive elements into non-radioactive elements works we do not yet understand. It cannot be explained neither by modern chemistry nor by physics. But the result has been tested several times with always the same outcome: The Agnihotra ash just had natural radioactivity.

Also the Agnihotra ash contains all the 92 natural chemical elements. In this way the body's total requirement can be covered. Therefore it is suggested to everybody to eat say a teaspoon of Agnihotra ash before every meal. Most important is in the morning. An easier way would be to make tablets from the ash which can easily be taken (as people are used to take tablets).

Agnihotra Ash neutralizes radioactivity in food

After the Fukushima catastrophe, an experiment was done by Dr. Krasnoholovets in the Physics Institute of Academy of Science, Kiev, Ukraine (formerly part of Soviet Union). Japanese rice from Fukushima area contaminated with radioactive isotopes Cs-137 and Cs-134 (the radioactivity was about 200 Bq/kg) was taken in a quantity of 50 grams and mixed with a water solution of Agnihotra ash - one spoon in one litre of water. Spectrometric measurements of the mix of water, Agnihotra ash and radioactive rice were conducted in a device "Food Light" which allows to measure levels of radioactivity in



short time. The measurement of the background radioactivity was at the level of 8 Bq [Becquerel]. The measurements of a sample (the mix, which included 50 grams of radioactive rice) showed that initially during the first and the second day the radioactivity was at the same level, 200 Bq/kg. Then during the next days, third and fourth, the radioactive level of the sample went down to about 160 Bq/kg. Then the measurement of the sample was not done for about 10 days. After that the measurement again was performed - on 14th and 15th days. These last two days the background radiation was 3 Bq. The measurements on 14th and 15th days showed that the sample did not have any radioactivity; the level of radioactivity was the same as the background, 3 Bq/kg.

Result: Agnihotra Ash water completely neutralized radioactivity of the rice in the sample studied in two weeks.

Conclusion

It is advisable to take Agnihotra Ash at least three times per day, preferably before the meals. Also good to soak food like vegetables and fruits in Agnihotra Ash water overnight before eating.

We are planning for Homa Organic Farm project close to the wrecked reactors near Fukushima, Japan, and see how these ancient techniques can help to neutralize radioactivity in soil, water, and atmosphere and bring Nature back to harmony.



"THE RECKONING or HOW DO WE COPE WITH THE STATUS QUO."

THE RAPY





The avenging or punishing of past mistakes or misdeeds = the reckoning. It sounds harsh, but it is, in effect, one way of describing how the **Law of Karma** operates.

As we humans are beset with past mistakes or misdeeds, whatever are we to do while simultaneously trying to maintain peace, harmony, and serenity?

Our planet and we its inhabitants seem to be quickly approaching a precipice. And if steps are not taken to rectify matters, our grandchildren and their children likely will inherit a planet not conducive to life as we know it.

Unless you are a politician running for reelection, playing the blame game card will get you (us) nowhere. Were we in midst of some minor, easily correctable 'adjustments,' then maybe we could try to assess blame as in, "Who, why and what could they (we) have been thinking to create such a cesspool for the generations of sentient beings being sentenced to insufferable environmental pain — most of which was preventable?".

No, it is far too late for WHY, there is barely enough time for WHAT (to do).

Unlike Covid, we know the source of today's crises. And they didn't escape from a Chinese laboratory or an Indian ashram or a Japanese wok or the White House kitchen.

The good news is since we humans are the culprits—the usual and unusual suspects—we can look at our actual and proverbial mirrors for clues that intimate solutions. However...

"We cannot solve our problems with the same thinking we used when we created them." - Albert Einstein

Hence our source of thinking—our MINDS—need training, transformation, and serious tweaking. In truth it is way too late for tweaking—minor corrections or actions intended to make political or short-term monetary gain.

For example, GREED is perhaps one of the more egregious of the SIX CROCODILES that trouble us and create havoc (Attachment, anger, pride, lust, jealousy, greed).

If greed's base is insecurity—as opposed to plain old evil—then what? It is an intense and selfish desire for wealth or power and it is more dangerous than a pandemic.

If some of us are not hopeful about the future, we can hardly be blamed. Why? Because what is being screamed from the rooftops is the apparent UNFAIRNESS of just about everything, ranging from dereliction of duty to help the poor and helpless, to unconscionable destruction of air, soil, water and other resources upon which all of us depend.

In the 1976 film, "Network," Howard Beale shouted from the rooftops, "I'm mad as hell, and I'm not going to take this anymore".



"THE RECKONING or HOW DO WE

COPE WITH THE STATUS QUO."





HOMA PSYCHOTHERAPY By Barry Rathner, Clinical Psychologist

In 2025, it is likely too late for mere anger—righteous or otherwise. 'Getting even' is more to the point if we are to soothe our bodies, minds, and souls.

Idam na mama—not my will but Thy will be done.

The truth is we can go about our lives secure in the knowledge and embraced by the feeling that an omnipotent Power is taking care.

But our welfare is not a spectator sport that allows us to lean back and observe as if we were at a basketball game.

We absolutely must do our part to improve matters. The awesome power of Agnihotra has given us the tool to do so.

It is an antidote to the horrible environmental fix we have gotten ourselves into. It can 'heal the atmosphere' and allow the atmosphere to heal us.

We are all in the sinking boat of today's reality. The life-saving raft is a small copper pyramid healing fire done at each sunrise and sunset.





REIKI EXPERIENCES

1. Dr. M. N. Rathod, Palanpur

Dear Krupamadam, Jai Gurudev.

We had an amazing experience of Reiki. On 24th August, 2025 we conducted Ganesh Vandana program in the Sarkari Children Home for Boys, Child Welfare Department, in Palanpur. There were 20 kids who had participated in the program. Out of them 2 kids got admitted in the boy home on the same day. The officers of the Boy-home told us that police had admitted them today and they were found from the train. They are very small and scared. On asking them, they used to just speak their name. Nothing else. We passed Reiki to these boys and on next day, it came in the newspaper that parents came searching for them and police handed over them to their parents. We were thrilled to read this news. Thanks to Reiki, Swamiji and Guruji for making this happen.

2. Kama Priyanka, Chennai

Before Reiki I had irregular periods. After I learnt reiki, my periods got regular. Once I got hurt and it was bleeding, I gave reiki on that wound, and the blood stopped. I am thankful to Reiki for coming into my life and thankful to Aruna mam for teaching me Reiki. My life has become very easy with Reiki

3. Balachandran, Chennai

Dear Madam,

Before learning Reiki, I had joint problems. I used to take Pain killer regularly. Thereafter, I met with an accident. I got injury in my head and I used to feel giddy and nausea tic. I learnt Reiki from Aruna mam and practiced it regularly. Now my pain is gone. I have stopped all the pain killers. My problem of feeling giddy and nauseatic is also gone. I am very much thankful to Reiki and Guruji for showing me this path of happiness.



Reiki Vidya Niketan Activities

1. Ganesh Mohatsav in Devrukh Ashram:

On 27th August, 2025, Lord Ganesha was consecrated in Devrukh Ashram for one and half day. Lord Ganesha was brought in the ashram with lot of Pomp and show. Everyone was excited to have Lord Ganesha who came with lot of positivity and grandeur. Blessings of Lord Ganesha was felt in the entire premises of the Ashram.







2. Ganesh Vandana Program on 24th August, 2025:

On 24th August Ganesh Vandana program was organized by DSPPL. About 215 students participated in 12 cities viz. Ahmedabad, Mumbai – Borivali, Vikroli, South Mumbai, Vadodara, Rajkot, Thane, Pune, Nashik, Bengaluru, Chennai and Hyderabad. Aroun 250 children's participated from 2 schools at Ahmedabad and Bangalore.

Unlike DSPPL's earlier events held during vacations, this program was special, as this was the first program which DSPPL organised during the regular academic months, making the dedication and efforts of every sadhak even more commendable.









Reiki Vidya Niketan Activities























Drop the droppable

The other day in an ashram there was a debate on why some relationships are good and some are bad. Why some people are close to us and why some are far. Guruji after listening to the debate said that "it is not about relationships. It is the good and bad which is a problem. This good and bad come from your likes and dislikes of certain things. When the likes and dislikes are dropped, automatically the discrimination gets dropped. Then there is nothing good and nothing bad. Automatically all attachments get dropped. The duality of life ends there. That is Samadhi. The real experience of the soul who is beyond all discriminations and attachments.

SEMINAR SCHEDULE SEPTEMBER 2025

Sr. No.	Scheduled Date	Master	Location	Degree
1	6 th & 7 th Sept' 2025	All Masters	Vadodara	1st
2	8 th & 9 th Sept' 2025	Vishal Shridhankar	Ayushman Bharat	1st
3	10 th & 11 th Sept' 2025	Krupa Choksi	Ayushman Bharat	1st
4	13 th & 14 th Sept' 2025	Aruna Margam	Bengaluru	1st
5	13 th & 14 th Sept' 2025	Vishal Shridhankar	Devrukh	2nd
6	13 th & 14 th Sept' 2025	Seema Trivedi	Thane	1st
7	13 th & 14 th Sept' 2025	Rakesh Kumar	Nashik	1st
8	13 th & 14 th Sept' 2025	Krupa Choksi	Rajkot	2nd
9	20 th & 21 st Sept' 2025	Rakesh Kumar	Mumbai	1st
10	20 th & 21 st Sept' 2025	Kalpita / Vishal	Kolhapur	1st
11	20 th & 21 st Sept' 2025	Sangita Kulkarni	Chiplun	1st
12	27 th & 28 th Sept' 2025	Krupa Choksi	South Mumbai	1st
13	27 th & 28 th Sept' 2025	Bhartiben Zinzuwadia	Ahmedabad	1st
14	27 th & 28 th Sept' 2025	Aruna Margam	Chennai	1st