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REIKI VIDYA NIKETAN



The above image is captured at our Devrukh Ashram. Image Credit: Nisarg

This issue is not for the commercial purpose. It's only for sharing Knowledge and experiences in the Reiki Bramha group.



Give your pure love to every relationship!

Wish you all a very Happy New Year!

Recently we all celebrated Diwali – the festival of lights. It is festival which is enjoyed by all. Diwali is a fun time for children. Busy with sparkling crackers, Rangolis and playtime as they have Diwali vacations. Besides this, earlier everyone used to buy new clothes in Diwali. So that excitement of wearing new clothes was also there. Ladies used to come together to prepare snacks. Everyone would get up early and do abhyang Snan (bath with all the herbs and sandalwood powder) in the morning. There would “Diwali Pahat” program in which some famous singer would be invited to perform. Thereafter we have New Year in many regions of India. People go to each other’s house to greet and give New Year Wishes. Blessings of the elders are taken at the starting of the New Year. All the snacks prepared during Diwali are offered to all the guests and it is like a family get together. Ladies would perform Puja of her husband for his long life. The next day of New Year is Bhaiduj where sister would perform puja of her brother for his protection and long life.

In fact, what I understand from all these rituals is all about rejuvenating our relationship. A New Year begins with New kind of relationship where all the grudges and complains are dissolved. Diwali is festival of light but it is also a festival of rekindling the inner light. We all have entered into relationships. Some are by birth and some we have acquired. Some relations are very smooth but some have got cracks in it. Initially they were very nice but thereafter, over a period of time, due to some misunderstanding or due to our expectation the cracks developed and now the same relationship does not make us happy.

The question is why such misunderstanding have happened? It may be due to our expectations. We feel that our close relatives should maintain the relationship similarly as we maintain from our side. And this does not happen and we feel sad. Many times our friends give us more support and comfort than our close relatives and somewhere on the back of our mind, we feel sad thinking that these people are doing so much but those who are close to us are not behaving that way.



But here we should drop our expectations from everyone. We have come alone and we will go alone. We should be in Atmabhava (Soul Consciousness). We have this give and take based on our energy transactions which is all pre-decided. We should understand that our close friends who behave like our family member would be our family members in our past life. They are fulfilling the energy transactions which was left in past life. And for our current relations we should think that energy transactions are very few which are left. So do have complain or have grudge against them. Forgive them. Our expectations are natural but to remain happy we should come out of it or else we will be unhappy all the time

I know the small gesture of giving gift or money acts as a token of love but such love can be given only by the one who is in heart chakra and is experiencing his/her own love and compassion. But with the improvisation of standard of living and accumulating more wealth, people's mind have got squeezed.

Earlier, the idea of festival was gathering and celebrating with everyone but now it is reduced to only a family of four people. People are avoiding people. Guests are unwelcomed as it is considered breach of privacy and burdensome. People prefer to go out during festivals rather than enjoying at home.

We have all the comforts which were not there earlier. Our standard of living has increased, people are wealthier than earlier but what is missing is the warmth of true relationship. As a sadhak let us not expect anything from anyone. Just give your true divine love, make everyone feel comfortable in your company and this will lead you towards your divinity. A time will come when people will understand your love and your care. Till that time just be a stream of love.

And this stream of love will make you reach the ocean of love.

With love, light and reiki
Krupadidi

Earth  Tolerance	Wind  Detachment	Sky  All-encompassing yet steady	Water  Impartial love	Fire  Be austere	Moon  Unaffected by phases	Sun  Have thought for others	Pigeon  Detachment
Python  Have faith in destiny	Sea  Remain unaffected	Moth  Control your desires	Honeybee  Refrain from amassing wealth	Elephant  Refrain from sexual desires	Bumblebee  Refrain from object pleasure	Musk-deer  Refrain from attachment	Fish  Refrain from self gratification
Courtesan  Renounce all desires	Lapwing  Discard sense objects	Child  Lead a carefree life	Bangles  Live in solitude	Artisan  Concentration	Serpent  Behave wisely	Spider  World is unimportant	Wasp  Meditate upon God

24 Gurus of Lord Dattatreya



KUMARI (Maiden)

“Once, I observed a family visit a maiden’s house, seeking her hand in marriage for their son. At that time, her mother was away from home. So the maiden herself had to entertain the guests with refreshments. She at once started pounding food grains with a pestle. The bangles on her hand started knocking against each other, pounding sound. She was afraid that the guests might hear the sound. So she kept only one bangle on each hand to finish her task in quiet. She taught me single mindedness. She is my nineteenth guru.”

Here Lord Dattatreya is trying to explain us about single mindedness i.e. a state of Dharana. Just like lady was focused in her work and never wanted to get distracted so she removed her bangle. Likewise, a sadhak also has to be aware about his or her goal. She or he must be constantly thinking about the same. Because our thought becomes our reality. The every moment when you think about the goal in life, you will be focused and nothing can distract you. Just like Arjuna. When he was given a task to shoot at the bird’s eye, he could see only that. He was so focused that nothing could distract him. Not the beauty of sky, the chirping birds, not the fruits hanging on the tree. It was only the bird’s eye.

Just like that we have to be focused on our goal. Ask yourself what you want to achieve in life and then strive for that with lot of attention. There is a quote in Sanskrit which I had learnt in my school which says,



Continued...

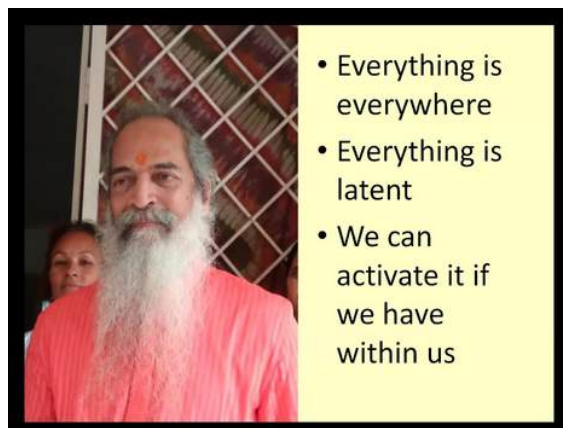
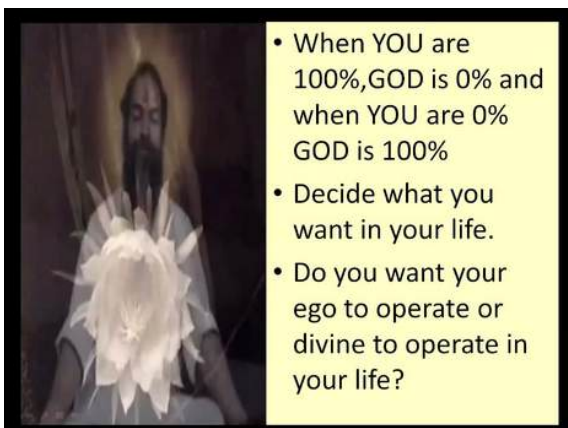
उद्यमेन हि सिध्यन्ति कार्याणि न मनोरथैः।
न हि सुप्तस्य सिंहस्य प्रविशन्ति मुखे मृगाः॥

This means that with hard work only, you get success in life. If a lion is sleeping, then deer do not enter into his mouth. To achieve anything in life, we need to do hard work. And it should be consistently. Guruji always used to say give your 100% to the task at your hand and you will achieve what you want. Be honest towards yourself. And when we give our 100%, God helps us. But just by dreaming or thinking about anything, we will not achieve anything. We will have to strive for that. Any good idea to get manifested in reality, we need to work towards it. And in that process, we may face hurdles, but we need to keep on trying till we achieve success.

When we have single mindedness, all our energies are focused to one task. There is no distraction. One is totally engrossed in that. And then finally the goal is achieved. Here the lady was focused but at the same time, she never wanted the guests to get disturbed. She had this presence of mind that while doing her job, she was aware about the surroundings and also took care that nobody is disturbed. Likewise, a sadhak should also take care that he/she does not trouble anyone while concentrating on the task which one wants to achieve. In sadhana, after the state of dharana, the state of Dhyana comes where one goes beyond mind and is able to experience the divine experiences. Let us be focused in our life to uplift ourselves to the greater heights of spirituality.

Ajit Sir Quotes

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” 5

SHIVA HEALS YOU

Healing and self-perception

- Viivek A Pandey, Vadodara



Life is a game of dualities. One experiences darkness and also sees light. There is this day, and there is also night. In this whole game, one tries to figure out one's own purpose and pursuit in life. Most people are clear that it all ends one day. However, not many have the clarity to lead a wholesome life. To become whole and carry out every action with wholeness creates a lot of positivity around. Any act that begins from a state of incompleteness or lack results in further division in the individual. The process of healing assumes a lot of significance from the societal peace point of view. Apart from many other aspects that need to be addressed while discussing healing. One also needs to see the way an individual is looking at themselves. The way one looks at his own being. Not just the looks, nor the physique. But the whole persona plays a pivotal role in the way the end results of healing would be affected.

People prefer to look presentable amongst the crowd. The people master the game of maintaining and managing a worldly image. For most people, the world outside is different from the world inside. They perceive the world in multitude. Hence, their primary object is to master the relative world. The reality becomes more important than the truth. In this whole process, one tends to become exclusive rather than inclusive. The purpose of life is lost as one tends to engage with only the outer world rather than discovering their own inner truth. The object called a mirror comes in a lot of use before any public outings. The mirror can easily reflect upon the way you look and are dressed. Nonetheless, it is limited to the extent that it can carry out its duty of reflecting things. The mirror cannot reflect your thoughts and feelings. The mirror, or any other device for that matter, cannot project your imagination. One needs to connect to their own lighthouse to look at what is happening within them. The soul can be the only real time mirror.

Every individual develops a certain amount of perception about themselves. Some feel they are lacking, some always feel abundant. Some think they are beautiful, and some feel shy to show up. People develop complexes even about their bodies. The skin colour, the shape, the size, everything matters to them. It is exactly the way one looks at their bodies, emotions, mind, and imagination that decides how wholesome a person is. Life, when looked at from the view above the body, has no doubts and lends absolute clarity without the outer world. Opinions coming from outside or knowledge gained from outside may not



SHIVA HEALS YOU

continued...

serve the necessary purpose unless one has the lighthouse in operation. The soul, which is always pristine, can easily discriminate without judging as to which line of thought and action needs to be followed. Hence, it becomes quintessential for every individual not to heed the reality outside but instead listen to the quiet inner voice that always guides truly.

The emotions are higher than the body. One can keep a check on the emotions to not fall into the trap of repetitive actions. Emotions precede any action. If the emotion is positive, one may go ahead with most actions. The feeling becomes the secret to manifesting good actions. If you have hit the sweet inner spot within your heart, any deed will be admirable. Even a small action of gardening produces fragrance within an individual. The mind stands at a higher pedestal than the emotions. A conscious mind can overlook the emotions. Once you become aware of the emotions, you realize how negative emotions can produce volatile chemicals inside. Upon this realization, naturally, a person refrains from carrying negativity within themselves. Holding onto negative stuff for a long time results in an unhealthy body. One needs to take a stock of ego, jealousy, hatred, and lust as and when they arise. The ability to quietly observe, combined with the wisdom of the futile purpose that such emotions serve, does the trick in terms of healing.

In light of the knowledge that we are all vibrational beings, the perception of the self assumes a lot of importance. Most people tend to see their bodies as very gross. Their perception tells them that matter is real and is the only reality that is governed by the laws of the three-dimensional world. The moment they realize that their bodies are not gross but are made up of the five elements and the balance within them, the healing begins. The body is not as compact as some other cylindrical objects. It is porous and vibrational in nature. Any substance that is undesirable or not serving its purpose inside the body eventually finds its way out. The weakness lies in the thought process and the wrong assumption about the body. When one meditates for even a few minutes, the body starts to release all that is unsuitable for its survival. The lack of separation, the fact that we are formless, all need to be remembered at all times. Having a good emotional state, with a positive mind-set and the ability to perceive things correctly, can only heal oneself continuously. Please remember that a healed individual (or a person continuously involved in the process) can only be an asset to society and the world at large.



“Relationship”

- Dip. SAC Ashwini Telang, India

**Relationship – an island of love, acceptance, and respect,
Where the individual brings forth his or her own aspect,
Of dreams, hope, and silent recognition,
That every moment is nothing but celebration.**

**Each heart stands rooted like ancient trees,
Their branches swaying with each gentle breeze.
Tides of emotion must visit, then away they sweep,
Polishing the sands of companionship deep.**

**No wave claims the island as its own,
Yet neither can it stay away, all alone...
Even the rhythm of relationships will never slack,
if we know when to turn and gently turn back.**

**For relationship is not a merger, but a meeting of space,
Sacred enough for both, to grow at their own pace.**

**In that constant coming and going unseen,
The island remains beautiful, serene, and evergreen.**

Reiki is a Pooja, Prayer, Parikrama and a Pilgrimage

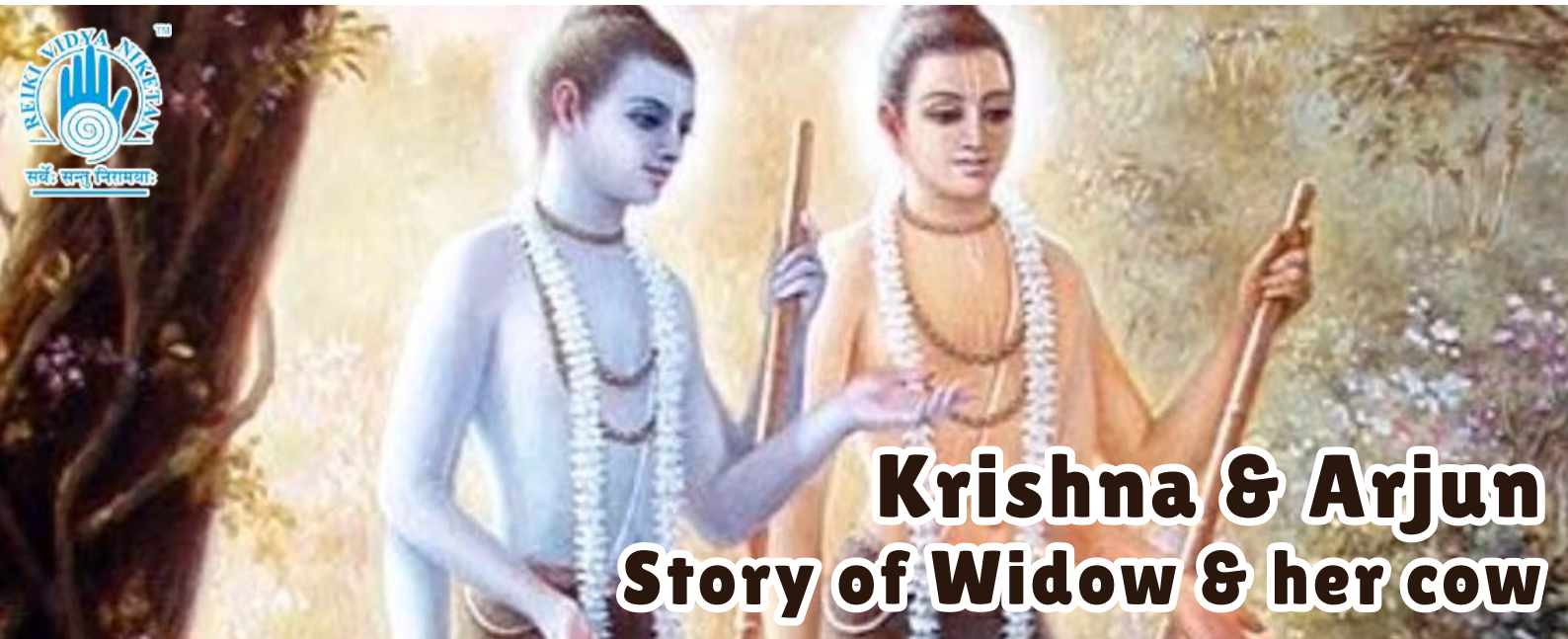
-Aruna Margam, Bengaluru

We have listened to our beloved Guruji explaining about how the practice of reiki is nothing but pooja. According to Guruji's guidelines Pooja can be of three kinds. One is doing pooja to the Idol of God with flowers, light and incense sticks to an idol using our physical body. Another is pooja from our own pure mind offering to God everything. And there is a purest form of pooja known as Chaitanya pooja. Offering the very chaitanya energy which is the energy form of God to God who is residing in our body. Reiki is a Chaitanya Pooja. Highest form of Pooja.

At a recent seminar in Chennai there was a student 17 yrs old who had a divine name Augustine. His faith was in Jesus who was his father. As we were discussing with the participants, one senior participant expressed that God has given him everything. He has a wish for his children to settle down with marriage. He asked Will Reiki to help in fulfilling his wish. The answer to that question was how reiki is holistic, it not only works on the physical level, but also emotional, mental, intellectual and spiritual. Listening to this Augustine asked me if reiki can fulfill our wishes then can we say Reiki is nothing but a Prayer? Yes. It is a prayer. When we consistently practice reiki our consciousness becomes universal and the universe registers all our thoughts. This reminded me of what a powerful practice we are blessed with. How simple and profound.

This thought further reminded me about how Guruji practiced reiki regularly every day for almost 30 plus years. He expressed that every time he practiced reiki it was a dialogue between him and his body. He said there are 26 Devatas in my body and it is a union with the self. The mind and the soul become one that is "Swastha" and the experience is so divine. Once Guruji and a few sadhaks went for Narmada Parikrama. Some couldn't join the same. When one sadhak expressed his feelings for missing the opportunity, Guruji replied when you practice reiki that is equivalent to Parikrama. That is equivalent to Pilgrimage.

Coming back to Augustine, the second day after attunement he expressed how in the seminar we talk about God and each one can choose their favourite God, his father Jesus and realize the divine. He further added that he thought one can connect to God only after studying Theology (study on Bible). He is very happy that Reiki can help him to reach that goal. This touched my heart and also was grateful to Guruji for giving us this divine knowledge. He started the session on What is Reiki, with these words Reiki is omniscient, omnipotent, does not belong to any religion or a continent. It is beyond religion. I am grateful to Swami, Guruji and Reiki for this moment which helped me to dive deeper into the essence of Reiki, the very cause of life and which is a way of life too.



Krishna & Arjun Story of Widow & her cow

After the Kurukshetra war, Arjuna asked Krishna why some devotees suffer despite their unwavering faith, while others who are arrogant and materialistic seem to prosper.

To answer, Krishna took Arjuna on a journey. They disguised themselves as Brahmins and visited two homes:

1. Visit to the Rich Man

The rich man was arrogant and reluctant to host them. He allowed them to stay in his cow barn, not his house. Krishna thanked him and advised him to repair the barn's roof.

The rich man did so, and his wealth increased.

Arjuna was confused — why bless someone so unkind?

2. Visit to the Poor Widow

The widow had nothing but a cow, her only source of income. She was a devoted follower of Krishna. She welcomed the disguised guests with love and humility, offering them food and shelter. The next morning, Krishna touched the cow, and it died instantly.

Arjuna was shocked and asked Krishna why he punished such a kind devotee.

Krishna's Explanation, he said:

"The rich man is attached to his wealth. At death, he will think of his money and be reborn as a snake guarding treasure.

The widow is deeply devoted, but her attachment to the cow would distract her at the time of death. She might be reborn as a cow herself.

By removing the cow now, I free her from that attachment. She will now think only of Me, and when her time comes, she will attain moksha (liberation)."

Moral of the Story

God's grace may appear harsh but is always rooted in higher wisdom.

Attachment, even to good things, can bind the soul.

True devotion requires complete surrender, beyond worldly ties.

At the moment of death, what we think of determines our next birth — hence, remembering God is essential.

"THE SPIRITUAL & THE MATERIAL "



HOMA PSYCHOTHERAPY

By Barry Rathner, Clinical Psychologist

We've been told that there is no difference between the spiritual and the material, that it is just how the mind looks at it.

If one perceives so-called reality through the sieve or lens of Love, alleged differences between and among people can be filtered out. What is left is a clear, unadulterated vision or version of 'life as we know it.' Those tempted to accuse those who do this of looking at the world through rose-coloured glasses—hinting at impracticality or naivety— best look in the mirror and try very hard to then look within.

Admittedly, this is easier said than done, but in today's world, WHAT OTHER CHOICE DO WE HAVE? One advantage or value of seeking and maintaining the positivity and relativity that Love bestows is one may detect dross before it intrudes on truth. This can be simple, but likewise rarely easy to do.

In 12-Step, it is suggested we look for the similarities and not the differences between us and others. Nonetheless, when 'push comes to shove,' if we are to be successful in doing Higher Power's will and not our own, we must approach each and every situation with the specs, the eyeglasses—rose-coloured or not— of Love. To do otherwise is to complicate, and obfuscate, such that the goal is so compromised as to be nearly forgotten.

And that seems to be where significant parts of humanity find themselves today. God's will has been supplanted by gods of money, power, jealousy, anger, and, yes, lust.

If it feels like we are engulfed by a morass of illusions, stuck in the quicksand of ignorance—self-imposed or not—these are not delusions or unreal feelings. We are indeed surrounded by acts done and decisions made that scream of inequality, unfairness and downright evil. And even the Roads of Best Intentions which we know lead to Hell, are lending too much benefit of the doubt to their perpetrators. They are the epitome of pacts made with the Devil! And we are not wishing to be Devil's advocate.



"THE RECKONING or HOW DO WE COPE WITH THE STATUS QUO."

HOMA PSYCHOTHERAPY

By Barry Rathner, Clinical Psychologist



"Love thy neighbour as thyself", seems to be suffering from an Achilles Heel injury these days. If self-love (and self-esteem and self-image...) is found to be lacking, it follows that my love for my neighbour will suffer—or, at the very least, be significantly compromised, if not irretrievably impaired.

So, we are back to "The Only Way Out is In." Inexorable, isn't it? Sooner or later we must do this. We can do it the hard way or the harder way. Looking within carries with it the added advantage of curbing our tendency to look outside of ourselves. And that is a true blessing in these times as many wonder where have all the flowers of human decency and conscientious behaviour gone?

Despite the challenges implicit here, Agnihotra and Homa Therapy make what seems impossible, possible, and what seems horrendously difficult, manageable.

This is not surprising as twice in Agnihotra Mantras comes the phrase, IDAM NA MAMA—not my will but Thy will be done.

Turning over our lives to Higher Power reduces or eliminates worry, stress, anxiety and fear. With these out of the picture, we can go about our lives reacting with love under all circumstances which is the essence of Homa Psychotherapy and its Mind Training Program.





REIKI EXPERIENCES

1. Reiki experience of Jeel Snehi, Palanpur

After the Reiki seminar was over, we were returning home. It was raining heavily, and we got stuck in traffic. The traffic was so bad that we decided not to go home through the main road but to take a shortcut through the village road to avoid the traffic. Because of that, we took a different route through the village, but soon we got lost.

My mom got out of the car and asked a man for directions to Palanpur. While she was asking him, my phone accidentally slipped out of her lap, and none of us noticed. When we reached home, we realized that my phone had fallen on that road. It was late at night, and it was raining heavily, so it wasn't possible to go back and search for it in that situation.

Because of that, I told my Second-degree Reiki seeker about it, and he send Reiki to the phone and protected it. The next morning, we went to look for the phone, and to our surprise, it was lying exactly where it had fallen the previous night. Even though so many vehicles had passed over it, not a single person had noticed or picked it up.

This incident was truly unbelievable for me.

2. Reiki experience of Pritam Naik, Goa

This is one of my best Reiki experience. A lady was suffering from severe joint pain for a long time. Doctor had suggested her to go for surgery and immediate hospital admission. I came to know about the lady through one of my friend. I explained him about Reiki and requested him to give me fifteen minutes to give her Reiki before she decides to go for surgery.

The first day I gave her touch Reiki for 15 minutes and the same night my friend called me and told that her pain has reduced very significantly. He requested me to continue giving Reiki to her for next 2-3 days.

I gave Reiki for 3 days and on the third day, she was totally relieved from pain. She started walking and working freely and her surgery is avoided. She has developed lot of faith in Reiki now and tells everyone to take reiki to get relied from pain.



REIKI EXPERIENCES

3. Reiki experience of Sindhu Devarakonda -THE LOST FOCUS and THE FOUND CLARITY

I use an iPhone 12 mini. It has been 4 years since I started using it. But recently, the phone camera hasn't been working well, it has lost its focus. At 1x, the photo is completely out of focus, and beyond 1x, the entire picture looks like a bokeh effect.

Should I buy a new phone just because the focus is gone?

I gave my camera Reiki. After a few days, I discovered that at a focus below 1x, the camera works perfectly fine. So, I just need to move slightly away from the normal zoom level of 1x, step out a little, to focus on the images better. That's brilliant, as it saves me from investing in a new phone.

But what if Reiki is telling me this isn't about the camera? What if this is about me?

We are often caught up in situations where we try to zoom in on the details: What is this? What is that? Why this? Why that? Endless thoughts run through our minds as we attempt to apply logic to not-so-pleasant situations. As our Guruji always says, "Analysis leads to paralysis!"

But how can clarity come when we're constantly seeing things either at 1x or zooming in further? This phone reminded me to step back, to not get lost in too many details, and to view things with slight detachment, for a broader perspective.

And how do we get detached? Reiki to the rescue!

It is the trust that Reiki will elevate you above the situation, offering better perspective, better clarity, and deeper understanding. Reiki shows you how much you need to see - Yatha Shakti! Forget what's beyond your control.

So, is the phone (read as janma) fine? Absolutely!

Will this phone work? Perfectly!

Do I need another phone for better clarity? No! We're good with this one, all we need is to slightly change the focus.

After all, clarity doesn't always come from looking closer, sometimes, it comes from stepping back.

Jai Gurudev!

Sindhu Devarakonda

Reiki Vidya Niketan Activities

1. WISE Program on 25th & 26th October, 2025 at Devrukh Ashram:

WISE (Women's Innate Self-Empowerment) program was conducted on 25th and 26th October, 2025 by Ms. Krupa Choksi and Ms. Ashwini Telang at Devrukh Ashram. The program got overwhelming response with 36 participants. In this program various topics such as difference in chakras of Male and Female, the innate qualities of a lady and role of Lady as a Daughter, Wife, Mother and Grandmother was explained in detail. It was also taught how to invoke our innate qualities and lead a better life by forgiving everyone. The program ended with a meditation on the divine qualities and cleansing of chakras. The session were combination of Theory as well as practical games like treasure hunt and there was also a session on Mangala Gauri and its importance for females. Besides this, the participants were also taught pranayama and chanting by Ms. Kalpita Keer. All the participants appreciated the program. Few screenshots of feedback are given below:



~ Mamta +91 79001 97474

Jai Gurudav 🙏 krupa tai आणि Ashwini tai दोघींनाही नमस्कार Wise program khup khup subder zala khup मनापासून एंजॉय केला Rashmi tai आपण पण खूप च चांगली सर्वांची काळजी घेतली धन्यवाद जयंती ताई आणि ईतर साधकां चे ही मनापासून धन्यवाद 🙏

2:51 pm

~ Mansi Bagayatkar +91 98332 10306

Jai Gurudev 🙏 Krupa Didi ani Ashwini didi Yani ani Kalpita didi Jayanti didi yance khup khup manapasun Abhar 🙏 Khup chhan vatle 🙏

2:55 nm

~ Vidya Gautam Mu... +91 94275 90508

WISE प्रोग्राम मध्ये सर्वत छान session एका स्त्री च आयुष्य नवदुर्गा च्या नऊ रूपान मध्ये प्रस्तुत केले ते session best होतं

दुसरे सगळ्यांना मंगळागौरी चे खेळ खेळवले ते होते. आज च्या धकाधकी च्या जीवनात खेळ पार विसरायला झाले आहेत. ते परत revive केले त्याचे कौतुक वाटले. ह्या खेळान चे व्यायामाशी संबंध लक्षात आले

स्त्रिया आपले घर, नोकरी मुलांना सांभाळणे वगैरे करतांना स्वतः किती सक्षम आहेत हे विसरले असतां WISE द्वारा त्याची जाणीव दिली गेली.

परत एकदा ह्या संपूर्ण प्रोग्राम साठी धन्यवाद 🙏

Prajakta Tai

A 'WISE' decision... तुझे आहे तुजपाशी परी तु... gadreprajakta27886.bl...

<https://gadreprajakta27886.blogspot.com/2025/10/a-wise-decision.html>

10:10 pm

~ Nanda Parab +91 97570 92609

WISE मध्ये कृपा दीदी आणि अश्विनी ताई यांनी खूप छान आणि knowledgble प्रोग्राम घेतला, शिकण्यासारखे khup kahi explain kele, खूप बरे वाटले

11:32 am

कृपा दीदी आणि अश्विनी ताई ह्यांचा बरोबर जयंतीताई, रश्मी ताई, आल्हाद दादा सर्वांचे मनापासून आभार 🙏🙏🙏

11:34 am

~ Kalpana Teli +91 82913 70780

नमस्कार 🙏 कृपा दीदी आणि अश्विनी ताई तुमचे मनापासून धन्यवाद 🙏 खूप छान प्रोग्राम होता. WISE मध्ये खूप मज्जा आली. आणि खूप काही नवीन शिकायला मिळालं.

DSPPL चे खूप खूप धन्यवाद 🙏 रश्मीताई, जयंतीताई आल्हाददादा आणि सर्व साधकानं चे पण मनापासून धन्यवाद 🙏

जय गुरुदेव 🙏🙏

1:13 pm

~ sariprabhudevare... +91 98333 57130

Krupa tai aani Ashwini tai doghana sarvana manasa pasun thank you for such a wonderful event. Thank you Rashmi tai,jayanti tai aani dada for your Lovely support .Amha sarv participants chi Changli kalgi ghetiya baddal. Aani sarv participants la pn khup thank you special 36 ladies batch we enjoyed a lot with our guru and masters. 🙏🙏🙏🙏

1:21 pm

~ Arati Bhalekar +91 91374 88583

कृपा दीदी आणि आशु दीदी चे मनापासून खूप खूप धन्यवाद खूप छान वाटले आणि रश्मी ताई आणि जयंती ताई आणि सर्व मैत्री नीचे सुद्धा खूप खूप धन्यवाद. 🙏🙏

2:47 pm

~ Mamta +91 79001 97474

Jai Gurudav 🙏 krupa tai आणि Ashwini tai दोघींनाही नमस्कार Wise proogram khup khup subder zala

Reiki Vidya Niketan Activities

2. Festival of Lights program at Pune, Dadar , Vikhroli – Mumbai, Hyderabad, Vadodara and Bangalore

One Day program on Festival of Lights was held in various DSPPL centres across India with intention of introducing Ancient Wisdom behind celebrating the 5 day festival of Diwali and also introducing ancient technology for helping students increase their focus, learning power, boosting their memory - Agnihotra The Healing Fire. Various sessions like Story telling and Science behind Diwali Festival were also conducted. Children made Diyas from clay, painted them beautifully made Rangoli too. There were total 90 participants across the centres.



Reiki Vidya Niketan Activities

3. Festival of Lights program at Pune, Dadar , Vikhroli – Mumbai, Hyderabad, Vadodara and Bangalore:

In Pune Centre Program, notable feature was visit by Sr Agnihotra Sadhak Mr Shyamsundar Gandhe (Age 84). He is direct disciple of Gajanan Maharaj, Akkalkot, learned Agnihotra in 1967 and was Agnihotra pracharak for many decades. He excitedly visited program as it contains session about "Agnihotra for Students"



Ashram Wisdom

How to reach a Moksha (a state of liberation)?

Once one new sadhak asked Guruij, "What is an option for Reiki?" He was learning Reiki at that time and was inquisitive about various options. In short he was trying to explore whether there is a short cut to Reiki. And Guruij gave upfront answer which shocked him, "Suffering". Guruij told him that there is no option to Reiki. Either do Reiki or suffer in life. These are the two ways of leading a life and we have to choose one. The question is which one we are choosing. The path of Reiki is a path of TAPA. While the path of suffering is a path of TAAP. Our happiness and sadness is directly proportional to the path which we choose. Many people say when we were practicing Reiki we were feeling very good but now so many diseases have entered the body. There is lot of pain. But our question is, why did you leave when you were enjoying and your life was easy? And people have not answer. But the wise ones after having experienced the truth of life should resort to the path which leads towards happiness. So ask yourself, which path you want to choose?

SEMINAR SCHEDULE NOVEMBER 2025

Sr. No.	Scheduled Date	Master	Location	Degree
1	1 st & 2 nd Nov' 2025	Reiki Master	Ratnagiri	1st
2	1 st & 2 nd Nov' 2025	Reiki Master	Delhi	1st
3	8 th & 9 th Nov' 2025	Reiki Master	South Mumbai	1st
4	8 th & 9 th Nov' 2025	Reiki Master	Vadodara	1st
5	8 th & 9 th Nov' 2025	Reiki Master	Palanpur	1st
6	8 th & 9 th Nov' 2025	Reiki Master	Hyderabad	2nd
7	8 th & 9 th Nov' 2025	Reiki Master	Devrukh	1st
8	8 th & 9 th Nov' 2025	Reiki Master	Pune	1st
9	15 th & 16 th Nov' 2025	Reiki Master	Rajkot	1st
10	15 th & 16 th Nov' 2025	Reiki Master	Bengaluru	1st
11	15 th & 16 th Nov' 2025	Reiki Master	Thane	1st
12	17 th & 18 th Nov'2025	All Masters	Ayushman	1st
13	19 th & 20 th Nov'2025	Reiki Masters	Ayushman	2nd
14	22 nd & 23 rd Nov'2025	All Masters	Swachetna Shibir	
15	29 th & 30 th Nov'2025	Reiki Master	Mumbai	1st
16	29 th & 30 th Nov'2025	Reiki Master	Ahmedabad	1st