



#### Let's become Childlike and not Childish.......

Recently we have two wonderful programs for Children and Youth in Devrukh Ashram. The whole Ashram was vibrating with the energy of children and youth. In the morning, Agnihotra, followed by Yoga session and thereafter games. It was a sight to see when they used to play the games. So much engrossed that they used to forget everything. A child within us used to get activated when we saw them. The question is what makes them so vibrant? Why they have so much of positive energy? Why they emanate so much love which the elders cannot?

The answer to this question anyone would give is because they are pure. Their life experiences are not as bitter as grown up people have. Their ego is not that much developed. But on the contrary, when we listen to their life experiences and the way some of the parents deal with them, we feel that at this age they have very sad life experiences. But still the way they have taken it is incredible.

These children and Youth are Yogis. I was amazed to see them meditating. And really surprised to hear about the experiences which they got during meditation. These children are indigo children and their existence is third eye chakra. They have come to elevate the humanity to a different level of consciousness. Why they are so much pure is because they are full of love and they forgive everyone easily.

For grown-ups, it is difficult to forgive anyone easily as their ego is very strong. We remember an insult for years together. We break a relationship and do not accept a person for a long time if once that person has reacted badly in front of us. We do not easily experience our soul consciousness.

What touched my heart was the way they welcomed us to play games with them. The happiness which they showed when we joined them. It really made us feel so special. It was the pure love which they were emanating. They wanted nothing in return. It was just our company. It was not the case that they were not enjoying within themselves. But they welcomed us also. They broke the bar of teacher and students which we liked the most



when the games were concerned. They wanted to talk to us more and more. They wanted to spent more time with us.

There were times when we had to be strict but inspite of that, it did not made any prejudice in their mind about us. This depicts their purity, their divine nature. **They were childlike not childish.** They enjoyed their stay in ashram every bit of it.

On the contrary, we see grown up people are more prone to give reactions. They have more likes and dislikes and are happy only if people behave the way they like. Grown-ups are more rigid in their opinions and do not easily accept the opinions of others. Nobody likes to get corrected i.e. when others point out the mistakes of ours. We often say in that these children do not liked to get corrected. But here we observed that when they have given authority to somebody to correct them, they are ready to listen to them. Many children made assumptions and based on that passed reactions but when we pointed out that they easily accepted it. They did not get hurt and corrected themselves. It was because as teachers they had accepted us and had given authority to correct them.

They were very open to learn new things and appreciated everyone from a different viewpoint which gave a new perspective to everyone to think. They were also mischievous but at the same time honest. They would commit their mistake and promised us never to repeat it. And at the same time we also saw their sincerity in getting up for Agnihotra. Everyone woke up at 5.30 without fail. We were surprised to see their patience and commitment in making Ganesh idol. We got a feeling that each one was an artist. The details with which they made the Ganesh idol was remarkable.

I really wish that if everyone carries such an energy level then the world will be full of happiness, full of laughter, full of enthusiasm and full of love. There will be no complains, no sorrow, no gossiping and no criticism. All these youngsters taught us the lesson of life – to be childlike and not be childish.

With love, light and reiki Krupadidi



## 24 Gurus of Lord Dattatreya

### THE CHILD



"Little boys and girls know neither honour nor dishonour. They do not nurse a grudge or a prejudice against anyone. They do not know what is their own, or what belongs to others. Their happiness springs from their own selves, their innate creativity and they do not need any external objects or conditions to be happy. I realized that the sage of perfect enlightenment is also such. A playful boy thus happened to be my fourteenth guru."

Here, Lord Dattatreya explains us that when we leave the thought of mine and yours, i.e. duality, when we are free from anger, greed, desires, lust, jealousy and ego. When we are free from our ego consciousness and are established in our Atma (Soul) consciousness, our inner bliss emerges. Just like a small child is happy as it is in its own innate happiness so is an enlighten being who is free from all possessions and free from duality. An enlighten person who is free from ego consciousness, is free from insults. He does not expect honour and is neither disturbed by dishonour. He is in his own happiness which emanates from hid entire existence.

The very purpose of life is to realise ourselves and to achieve Moksha i.e. liberation from the cycle of birth and death. We have to get free from all our sanskaras and achieve liberation. It is believed that it is difficult to get human birth because only humans have got mind. It is a sense of appropriateness (Viveka Buddhi) by which human can realise divinity within them. Animals evolve but they do not have mind the hence they cannot think of their liberation. So only after human birth, we can get liberated.

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WE have accumulated our impressions from thousands of birth which has settled in our Soul because of which we are not able to experience our soul consciousness. When we experience our soul consciousness, we are happy, we are full of love and compassion. We experience our inner bliss. We do not need anything. But when we are in our ego consciousness, duality begins. We start becoming possessive. We start owning things and getting attached and then we are fearful of losing it. We start desiring things. IF we get is we need more of it that means we become greedy and if we do not get it, we get angry. So anger, lust and greed go hand in hand. They are the babies of ego.

When we are in ego consciousness, we expect people to give us respect and honour us. If they do it, our ego is inflated and if they do not do it, we get angry. In both the cases, we are again trapped in the cage of ego consciousness. That is why to get free from this cycle of birth and death is difficult. If we desire something, we do not get and till our end we yearn for the same thing/ person, we have to come back as we have blocked our energies in our desire and our mind is still not merged with the Soul.

So a Yogi always seeks to bring his consciousness to third eye chakra where the mind ceases, duality ends and one does not have to take a re-birth. Our mind is connected to our five sense and this is how we are deluded by our senses. We desire and crave to get sense objects till the mind is there. Once mind is merged with Soul, so do not desire anything. We are happy in all the conditions. We are not attached to the people, things and places. We are again connected to our inner bliss which we had experienced in our childhood days. Let's strive to achieve the inner bliss.

# Afti Sip Auoles



- · Do not hurt anyone
- · Accept everyone and everything as it is
- In every situation we have a role to play. Play that role positively.



 Do not search for bliss, let bliss manifest itself.

# SHEVA HEALS YOU

# Life Purpose...

- Viivek A Pandey, Vadodara

Now that survival issues are taken care and done,
One thing is for sure one must shun,
Is being over-involved with insecurities unending,
To keep rubbing your scars won't be a good thing.

The insecurities of life and running around,
No solution for this will ever be found.
They keep coming only as much as one invites them,
To keep creating patterns the same issues arise then.

Spare a thought and decide to heal,
The painful past and all the ordeal.
The journey was not meant to accumulate and show,
For once start learning the art to let go.

Beings appearing separate under the same light,
The illusion of darkness in a world watertight.
Start today and slowly do away with the pain,
Learning and moving towards the soul is a big gain.

Just break the shackles and do not withhold,
This life is a big chance to know and mold.
Lives so many are wasted and done,
To lose one's old being has some real fun.

Pause and dig deep to know the purpose of life,
To keep the intellect low and not use it like a knife.
With all the politeness, just witness the being,
See life unfolding subjectively and miracles happening.



We all have experienced the power of Swami's Padukas in front of the Swami Murthi, the padukas in the Pradakshina and our beloved Guruji's Padukas in Guruji's Smarak. Words cannot describe the blessings and tranquillity we experience in the Smarak. It is so pure and simple with Guruji's attractive, soul stirring photo along with his Padukas. The pink lotus on which his padukas have been kept is the indication we need to raise from the sansara and be like the lotus. We feel his presence and feel satisfied with our life even we spend a few minutes in the space. The Padukas has played an important role in the Guru Shishya Parampara. I came to know that Adishankaracharya has also written on the importance of Guru Paduka.

He has mentioned in that the Padukas can only guide a spiritual aspirant towards the path of enlightenment, help us to cross this sea of Sansara the world and also remove the obstacles on the spiritual path.

We just completed our 25th anniversary of the mutt last 15th March. So gone back to the memories of Swami Nityanada Giri who consecrated the Murthi at our mutt. He belonged to the Guru parampara of Gyananada Swami of Tapovan, Tamilnadu near Tiruvannamalai. His Guru Gyananda was a great saint who has lived more than 250 years in his physical body. He has met the Guru Totapuri of Ramakrishna Pramahansa time, Kabir das, Swami Ramaling Adigalar, Sri Aurobindo, Raman Maharishi and Swami Yogi Ramsaratkumar. These are the proof for his long life. He was born to a pious couple of North Kanada and got spiritually inclined very young. He after the age of 12 years one day was guided by a Jyoti (light) in the night and he followed it. During day it was not visible. Like this the Jyoti took him to Pandarpur. As a child he was tired and hungry and became unconscious, it is believed that Panduranga and Rukmani appeared and fed him food and guided him to his Guru.

His Guru was Sri Sivaratna Giri Swamigal who was the leader of Jyotir Math, one of the four mutts established by Adi Shankaracharya. Gyananda got trained for 18 years under his Guru and he was appointed as the head of Jyotir Math. He stayed for a short period and made another disciple to take care of it. He did Tapasya in the himalayas and after going across India and other neighbouring countries he chose the place Tirukovilur near the bank of rive Pennai.



He took samdhi in January 1974. Before he took samadhi he taught his disciples about the importance of Padukas. He asked them to pray to padukas instead of his idol. One of his devotee Swami Haridas Giri took padukas and the name of the Lord in India and other neighbouring countries too. Nityanada Giri Swami's who is a disciple of Gyanananda swami has a lineage which is running so deep and pure and we too are blessed to be part of the lineage through his presence during the Consecration of our beloved Sri Swami Samarth. Guruji has time and again guided us that the lineage of our reiki is working through us whenver we do any healing touch or distance. We are mere instruments. Lineage does everything and our lineage is pure and we are all very blessed and fortunate to be part of such a rich lineage of reiki through Guruji.

Guruji has explained to us the Sahasrara Chakra has the seat of the soul which is nothing but our Feet of Guru. Guurji has given a wonderful example about Guru.

Somemone asked Babasaheb Satarkar a kirtankar, "What is a Guru? He said "Guru is like a fuse (it is found in the electric circuit, a very inexpensive small part). The role of the fuse is to contain the pressure when the current switches off and the house is saved. The price is less but the value is infinite. This is how Diksha works.

In sadhana, Diksha and Reiki act as a protection against unregulated forces coming down. Guru Gita also has shlokas on the importance of the Paduka of a Guru. Here it says Guru's two feet is worth of the respect because he is the authority on all the four speech, mind, chitta and senses. Shweta (Shiva) and Rakt(Shakti) both look different but theirlight and the divine abode is called the Guru. We must bow down and pray to the Guru Paduka. We all have heard of Wari pilgrimage where the Warkaris take the padukas of the great saints Saint Gyaneshwar, Thukaram and others and walk till Pandarpur as a mark of respect to their Guru and Vittal. It is more than 800 years and the simplicity and surrender they show in their pilgrimage is inspiring for all of us. Let us all pray and bow down to Guru Paduka and take his guidance and blessings to grow in this spiritual path.



# 'LET'S US SURVIVE AND THEN THRIVE

### MIDST THE WORLD'S MADNESS"





### HOMA PSYCHOTHERAPY By Barry Rathner, Clinical Psychologist

When events 'conspire' to create extreme potential for stress, anxiety and, in fact, fear, what actions can we take to protect ourselves?

First, if the magnitude of such events—political, environmental, financial, to name a few— greatly compromises our ability to effect change, or feels like it does, then our job is to withstand the 'bombardments' and survive. Eventually we may thrive, but let's start with surviving.

A March 9, 2025 message from Orion entitled "Light Will Prevail," includes the following:

"SOME OF YOU ARE LIVING IN DREAD OF WHAT IS TO COME, FEARING YOU HAVE NO VOICE IN THE FACE OF TYRANNY. HOWEVER, ALL YOUR STRENGTHS LIE WITHIN."

"FOCUS ON DEEPENING YOUR PRAYERS AND MEDITATIONS. EMBRACE ALL THAT HAS BEEN GIVEN AND REVEALED TO YOU AS TRUTH. YOU KNOW THE WAY TO THE LIGHT. NOW. FOLLOW THAT WAY WITH ALL STRENGTH OF FAITH."

"IT GOES WAY BEYOND THE POLITICS OF THE DAY. IT REACHES INTO THE HEART OF HUMANKIND. AND THIS IS A JOURNEY INTO THE SOUL.

"SOW SEEDS OF TRUTH AND LOVING KINDNESS. WITH PRAYER AND WITH THE GRACE OF FORGIVENESS IN YOUR HEARTS."

"FEAR, HATRED, REVENGE, RESENTMENT, WORRY—ALL ARE OLD INSTRUMENTS WHICH CANNOT BEAR FRUIT IN TODAY'S HARSH REALITY."

"HARBOR AND PROTECT FAITH. ALLOW YOURSELVES TO LIVE A LIFE OF DEVOTION AND PRAYER, WHILE ACTIVELY BEING RESILIENT IN THE WORLD."

Now, should any of us say, "I admire and agree with what Orion says here, but it is difficult for me to do what is advised," I would say the following:

Do AGNIHOTRA at each sunrise and sunset every day—Step One of the Fivefold Path. DOING this contributes greatly to atmospheric purification which leads to pranic purification and thus to mind purification. KNOWING this is Swadhyaya.

Then take advantage of Step 5— SWADHYAYA (SELF STUDY), of which it is written, (by Shree Vasant) "Swadhyaya knows no vacation. Purify yourself and be at your Swadhyaya all the time until Reality dawns. 'That, knowing which everything is known, 'is Swadhyaya.'"



# 'LET'S US SURVIVE AND THEN THRIVE MIDST THE WORLD'S MADNESS''

## MIDSI THE WOKLD'S MADNESS"





# HOMA PSYCHOTHERAPY By Barry Rathner, Clinical Psychologist

And as it is also written, "You make your own destiny. It is not given unto you what to see. However, it is given unto you how to see. This is Swadhyaya." And this is part of how we can deal with and process worldwide events.

If we immerse ourselves into the intricacies of Self Study until we come out the other side with much increased knowledge of our true selves, we will have enhanced our resiliency, intuition, self worth, decision making .....and, inevitably, happiness.

Doing thus, our chances of becoming or continuing to be an instrument of the Divine, will be greatly enhanced. And, in truth, the more we live as an instrument of the Divine, the more fulfilled, balanced and 'in touch' shall we be.

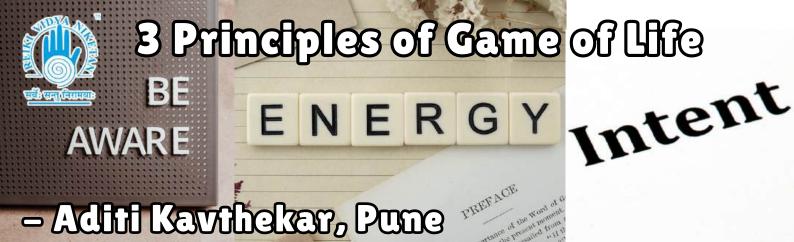
One need not be an addict or an alcoholic to benefit from incorporating into your life Step 3 of the 12-Step Program of Alcoholics Anonymous which is:

Step Three OF A.A.: "Made a decision to turn our will and our lives over to the care of God as we understood Him."

Part of both, sunrise and sunset Agnihotra mantras have the Sanskrit phrase "Idam na mama." This says, "Not my will, but Thy will be done."

To the extent we are able to practice faithfully 'turning it over,' (to Higher Power), that will be a vital measuring stick of our progress on the Divine Path.

We may then walk the Yellow Brick Road secure in the knowledge we have done our utmost. The ball will then be in HIS court!



#### **Awareness**

The state of being in existence. One experiences own body through various aspects being to notified in the process of Yog Nidra. In one's day to day routine activities the simple process like breathing, one is not fully aware off of the various activities going inside our body continuously like flowing of blood through various organs and constant pumping of heart, etc. Most of these things are taken for granted. Awareness takes you to that single last cell in the body which vibrating with full of life. The divine energy form which keeps this body in a constant state of living is something we today have become completely oblivious. This is reason why, most of the people in Yog Nidra experience this uniqueness of awareness and sudden acceptability of oneself. Yog Nidra helps to meet oneself in a different perspective Awareness also occurs in the mirror exercise. Most of times, people while looking into the mirror are merely looking at the physical features body and appearances. Many a times one might not comfortable with the fact of spending more than a minute in front of mirror to look at oneself. Awareness in the mirror exercise makes one look at oneself beyond the physical self. How do I look, what I am looking at, whom I am looking at – is it only me – my physical form like my face which I have acquired in my current life or am I looking beyond myself – soul which is spiritual, emotional etc. Creating awareness in this exercise makes one to introspect oneself and whether one is ready to accept one as it is or not. That is most of people during this exercise sometimes may have emotions of anger, irritation, frustration one hand, and calmness, happiness on the other. In some cases, one may not experience anything unusual.

Awareness - Introducing one to his self.

#### **Energy**

The 2nd Aspect is transcendent of energy flow. The Vaishavick energy present in the entire universe is manifested and channelised in the process of attunement or Diksha. We all have the energy the life-giving force within us, when we are born but much before that too in the Sukshma Roopa. The awareness of this universal energy and re-introduction of the same to the sadhaks is the main purpose. Introducing them again to the ever-existing life force — Reiki makes them realise something which was already within them and outside in the entire universe, but because of lack of awareness over period of time, they were in the dark. Guiding them from the depths of darkness towards the divine white light of Reiki — is the attunement or Diksha- channelizing the Life force to move from Divine to self-healing and healing for others. Just like of lotus which has many petals, removing

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them one by one and the core is visible, in the same way many petals of sufferings, pains, ignorance are removed one by one to experience the inner core. The Introduction of the energy that exits beyond the physical realm.

#### Energy - Channelising the vaishavick energy to oneself

#### Intent

Intent is different from Intention. The force coming from the center of the universe which makes stars and planets move, breath to move, blood to move within heart is the intent of the spirit. We align with intent when we are in awareness. Intent when it enters into human

existence becomes intention. Aatma Bhav is on the side of "Intent" and Aham Bhaav or Human Form is on the side of Intention. The sadhaks journey is from Intention to Intent. With the above 2 process complete the last leg is the intent of the Sadhak/ or oneself to be in the divine and trust his process. To understand the difference between AhamBhav and AtmaBhav, and to be consciously make an effort to be in Amtabhav is something should be the ultimate aim/ life's purpose for a Sadhak. Going beyond the worldly desires and truly understanding the fact that what is meant for oneself will be given by the divine. This approach and outlook towards the way of life of a Reiki Sadhak should be the ultimate aim and goal of life.

**Intent** - The primordial force through which all life comes into play. Connecting to it corrects our existence and removes all sanskaras and diseases.

#### The Awareness

#### The Energy

#### The Intent

The above 3 can be move upwards/ downwards. When anyone of them is achieved, the others 2 follow along.



## REIKI EXPERIENCES



I take this opportunity to share my recent experience.

From last 2 months I am giving reiki to mother earth that in coming year global warming will be reduced by 20% and to achieve it, locals and govts are taking necessary actions.

However one day doubt generate in my mind, reiki is working on this how I will come to know? But to my surprise, within a day or two in news-paper one article came on front page and I was so happy to see / got the answer of my question.

News-paper screen shot attached which says local people planted 3 lacs trees and redeveloped the forest which was devastated in Kanha Bandhavgadh in Madhya Pradesh. The entire process took 8 years.

Hiral Mane, Vadodara



## 1. SOFT program for Children in various centres from 6<sup>th</sup> to 11<sup>th</sup> May, 2025

SOFT 1, 2 and 3 (Spiritual Outlook for Future Times) non-residential programs were conducted by DSPPL from 6<sup>th</sup> to 11<sup>th</sup> May, 2025 in various centres like Pune, Mumbai – Borivalli, Mumbai – Dada, Rajkot, Devrukh, Bengaluru, Hyderabad, Chiplun and Vadodara. Total 120 students participated in the programs at various centres. Parents appreciated the program and could notice changes in their kids. All the kids thoroughly enjoyed the program. The program ended with a closing ceremony where kids performed drama, song, dance and also took oath to remain corruption free throughout the life.





#### 2. 1.SOFT 4,5,and 6 program in Devrukh Ashram from 19th May to 24th May, 2025

DSPPL conducted residential SOFT program 4, 5, and 6 at Devrukh Ashram from 19<sup>th</sup> to 24<sup>th</sup> May, 2025. Total 21 students participated in the program. Various subjects like Yoga, Agnihotra, Drop it, Value Education, Power of words, Ancient Science and Games were taught to these children in a very playful manner. The students thoroughly enjoyed the program.



### 3. STRONG program for Youth in Devrukh Ashram from $28^{th}$ May to $1^{st}$ June, 2025



STRONG (Spiritual Transition for Realistic Outlook of New Generation) Program was conducted by DSPPL for Youth from 28<sup>th</sup> May to 1<sup>st</sup> June, 2025. 10 participants participated in the program. Subjects like Chakras, Kinesiology, Molecule of Emotions, Emotional Freedom Technique, Communication, Nature Study, Meditation, Kaizen, Poetry writing, Transition from College to Employment etc. was taught to these Youth which they enjoyed and appreciated a lot.

# 4. Special Session was conducted in the STRONG program by Retd. Air Marshall Hemant Bhagwat



Retd. Air Marshall Hemant Bhagwat was invited on 31st May, 2025 in STRONG program of DSPPL. He has received PAram Vishisht Seva Medal by the Present of India. He wonderfully explained the students and faculties about Defence specifically how we should look at it from - civilian point of view, technological aspects and academic aspects.

He also explained capabilities of our army, air force etc. and how it has been improving over the period. He emphasized on spirit of our army men and unmatched capacity in fighting even against natural difficulties. He urged everyone to be vigilant, study our history and maintain logical mind-set towards our defence system.









#### 5. Exhibition of Missiles and Airplanes by Dr. Bala Muralikrishnan on 23rd May, 2025

On 23<sup>rd</sup> May, 2024, Dr. Bala Muralikrishnan (Retd. Scientist DRDO) explained the importance of India's Air Defence systems like Akasha, MRSAM, S400 & IntUAS and the details and general aspects of air crafts and missiles were explained. Indigenous NAVIC based latitude longitude coordinates, its importance in locating the targets of adversaries were explained. Important features like acrobatic movement and air maneuvers of military aircraft and its difference in aerodynamic features with Civil airplanes were narrated. Models of IAF assets like Rafale, Su30, IL76, Tejas, Jaguar, MIG 21 and Military rockets, ISROs PSLV, GSLV, most popular missiles like BrahMos, Nirbhay missiles and very popular western aircrafts like F117, Concorde were displayed. Importance of stealth and other features and armament loading in military aircrafts were also explained.



#### 6. Group Agnihotra at Delhi at Apna Ghar on 19th May, 2025

RVN Delhi Sadhaks got an opportunity to serve at Apna Ghar, a home to homeless, helpless, destitute and sick on 19th May 2025. As a part of the monthly activity of the centres, Agnihotra was conducted and a briefing about the same was given to the volunteers of Apna Ghar. It was followed by bhajans. It was so overwhelming to see. Prabhuji's (as they are called) rejoicing the moment .and the feeling of being cared for. There can be no bigger daan than the "daan of time" and personal touch to such people.





#### Once one of the sadhaks asked Guruji – What is the true meaning of Non – Violence?

In this context, Guruji answered that Non-violence does not mean that we remain indifferent to a problem. On the contrary, it is important to be fully engaged. However, we must behave in a way that does not benefit us alone. We must not harm the interest of others. Non-violence therefore is not nearly the absence of violence. It involves a sense of compassion & caring. It is almost a manifestation of compassion. I strongly believe that we must promote such a concept of non-violence at the level of the family as well as at the national & international levels. Each individual has the ability to contribute to such compassionate non-violence. When we interact with a family member and do not hurt anyone, it is an act of non-violence. We must try to develop greater perspective, looking at situations from all angles. We must also care for our environment. This is our home our only home. This is what a great saint Dalai Lama said in his book "An Open Heart" And this is what we expect the reiki sadhana to create in our mind and heart.

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# SEMINAR SCHEDULE JUNE 2025

Sr. No.	Scheduled Date	Master	Location	Degree
1	7 <sup>th</sup> & 8 <sup>th</sup> June 2025	Krupa Choki	Vadodara	2nd
2	7 <sup>th</sup> & 8 <sup>th</sup> June 2025	Aruna Margam	Hyderabad	1st
3	7 <sup>th</sup> & 8 <sup>th</sup> June 2025	Kalpita Keer	Devrukh	1st
4	14 <sup>th</sup> & 15 <sup>th</sup> June 2025	Rakesh Kumar	Pune	1st
5	14 <sup>th</sup> & 15 <sup>th</sup> June 2025	Kalpita Keer	Solapur	1st
6	14 <sup>th</sup> & 15 <sup>th</sup> June 2025	Krupa Choksi	Palanpur	1st
7	21 <sup>st</sup> & 22 <sup>nd</sup> June 2025	Rakesh Kumar	Thane	1st
8	21 <sup>st</sup> & 22 <sup>nd</sup> June 2025	Krupa Choksi	Bengaluru	2nd
9	21 <sup>st</sup> & 22 <sup>nd</sup> June 2025	Vishal Shridhankar	Mumbai	1st
10	25 <sup>th</sup> & 26 <sup>th</sup> June 2025	Krupa Choksi	Chennai	2nd
11	28 <sup>th</sup> & 29 <sup>th</sup> June 2025	Bharatiben	Ahmedabad	1st
12	28 <sup>th</sup> & 29 <sup>th</sup> June 2025	Aruna Margam	Chennai	1st
13	28 <sup>th</sup> & 29 <sup>th</sup> June 2025	Seema Trivedi	Rajkot	1st
14	28 <sup>th</sup> & 29 <sup>th</sup> June 2025	Vishal Shridhankar	South Mumbai	1st
15	28 <sup>th</sup> & 29 <sup>th</sup> June 2025	Kalpita Keer	Nashik	1st