



The advent of 2024, was overshadowed by unsettling occurrences unfolding across continents, from airstrikes in Gaza and Ukraine to a catastrophic earthquake in Japan, painting a turbulent opening to the year. In January, Cyclone Belal struck Mauritius bringing torrential rains and heavy winds and triggering severe flooding. The state of Texas in USA has been facing the largest wildfires in its history, the most destructive of which is the "Smokehouse Creek Fire". Lately, Dubai experienced heavy rains which caused heavy floods in the city. Wildfire near Nainital in Uttrakhand devastated around 8 districts.

World over we see that natural calamities are happening one after the other. This was predicted by Guruji in 2023 itself. Due to solar flares and global warming the glaciers are melting and day by day the temperature is increasing causing heat in everyone's body. Heat borne diseases have also increased. Now the question is how to cope up with these environmental hazards?

Well, as Reiki sadhaks, we can do much as compared to common public. We are empowered to heal the environment. But before we heal the environment, we need to heal ourselves. As it is said in Vedas, "Yatha pinde thatha Brahmande". This means whatever happens in the body/ existence is reflected in the Universe. Within this span of five years, the whole life has changed. Covid pandemic not only devastated lives of many but it has also impacted the minds of the entire civilization. Now we are not that which we were before Covid. The very name of fever and covid makes us restless and insecure. Covid has moved the existence of the entire civilization. Now we are not only living under stress but we are also insecure from within.

This insecurity and fear makes one restless. It is a root of all kinds of theft and corruption. People have started thinking that what if I lose my job tomorrow, I need to accumulate more and one gets a thought to adopt a malpractice. It is also giving rise to greed. In relationship, people are being possessive due to again, the insecurity. And too much of



earning abilities have made everyone independent and individualistic, so the idea of relationship is also gradually going awry. In short the entire existence of human being is being pulled towards lower chakras. Everywhere there are fights, restlessness, stress, anxiety, ego issues, etc. which is throwing lot of negativities all around us. All this is also reflecting in the Universe in form of natural calamities, as our collective consciousness is affecting everything.

In such adverse situation, a sadhak (seeker) has to rise above all limitations. A Sadhak (seeker) has to bloom like lotus in the muddy pond. A sadhak has to keep his/her inner beauty intact. We should be like a ray of hope to the people around and spread our goodness. A lamp which is lit always spreads light wherever it goes. We should never forget that we are divine and divine wants to work through us. If you are dejected or dismayed in life, do not give up. Do not think I am no good. Invoke the divine light which Guruji has lit within all of us. Awaken your divine self. Realise your powers and stand up like the grass, which can never be uprooted even by a thunder storm. Let us first heal ourselves by removing all kind of negative emotions like fear, hatred, lust, greed, anger, insecurity, etc. from our Chitta. Let there be purity in our thoughts, deeds and actions and let us be happy all the time. Let us experience our own love and compassion. Let us be in trust all the time, that Swamiji/ Guruji is always with us, is guiding us and protecting us every moment. And then this happiness, this sense of security and this love and compassion will manifest in our surroundings, in nature and thus we will be able to heal the environment.

With love, light and Reiki, Krupadidi



## SHINY HEYTZ AON

## Couth and the Truth...



- Vivek Pandey, Vadodara

The first best thing that can happen to a person is silence. The second best thing is to know how to put words to use. Ignorance can never be bliss. In ignorance, one is born as an animal and dies like an animal. An uncouth person smiles out of ignorance derived from worldly pleasure. However, evolution remains far away from the grasp of such a person. Unfortunately, the majority suffers from this lack of awareness. Knowing the art of being aware before we speak is the secret to conversations and eventually a good life.

For a common layperson, the mind is like an adhesive. It catches all that is undesirable for a good living. The mind, just like a memory card, stores everything. This memory card is boasted of as intelligence in the market. However, the truth of the matter is, intelligence comes to the forefront only when we rise above the memory. One bad experience and people store that in their minds for eternity allowing and inviting it to be repeated n number of times. The resultant personality carries a belief system of wrongly cultivated thoughts and opinions and thus becomes a liability to the world in general. Learning and staying alert only in terms of worldly gains is not so correct an approach. Learning and staying aware in terms of your karma is the only way out to a better life.

Talking in terms of Karma, the most incongruity in the world that exists is because of words spoken without any consideration. The majority is not even aware of whether they need to talk. If at all they develop some awareness, they end up speaking incorrigibly. The whole desperation of making an addition of some sort by giving an opinion stems from ego. The utter need to prove one's existence or make it count as higher than the other. For heaven's sake, they need to understand that the world would be absolutely fine without them. These days people communicate for only two reasons: one to take some advantage, and two to dish out something nasty at the other. Beautiful conversations when done selflessly spread joy and wisdom. But seldom do people understand the importance of looking at their own source of thought. Words coming out of a spurt of jealousy appear to be powerful, but they aren't. People appear to be sensible while giving advice, however, their sensibility emanates from their vulnerability and the urge to share. Please be very vigilant of your being. You may transpire something that can stay in the mind of someone for long.

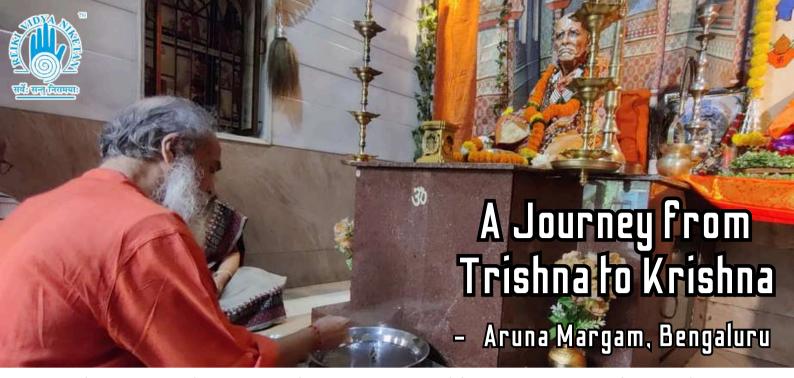


So, how do we speak from a place of silence? By being silent. The art of learning effortless action. When the ego is annihilated and the selfish mind has disappeared. A time comes through rigorous learning that a person becomes only aware. When one cares and only cares, the give and take ends. Sharing things subjectively with a common objective to evolve results in a basic mind for a couth that is qualified to utter. Humans started communicating to fulfill their needs. Now the needs have turned into wants leading to extremely complex communication lines and methods.

To have clarity before speech is a must. In most cases, confidence takes precedence over clarity. People speak in a jiffy and only some regret later. One may be an expert in some subject. However, even that does not guarantee that the right kind of words will be issued all the time. The quintessential ability to listen deeply needs a separate program. Those who listen deeply with their entire existence can sense the source of thought of the speaker. In such cases, you don't make thoughts and opinions stick to your personality. You just know whether to take the advice or not. People listen with half of their attention invested in protecting their ego. Most humans are never open to learning. Some ugly experiences of the past that made them feel hurt resulted in a closed mind. The open mind of an inner child dies. Seemingly responsible adults roam around with a devastated being within.

To speak appropriately, many things must be put aside or at least kept a little loose. Personal experiences and preferences, especially the ones that make you act hastily. Selfish motives without putting into consideration the disadvantage of the other. Avoiding ambition as such people always tend to put other people down. Not carrying the ego that comes with any authority both professionally and personally. Above all, pursuing the path of learning, changing, and shifting within us at all times.

Rise people rise, rise above the ordinary. Study communication and the art of striking conversations with the intent to heal. Involve people, make them a part of your heart. They will love to listen to you when everything about you has ended and the only thing remaining is an ocean of awareness. Until you gain command, use gestures and eye contact as a substitute for speech.



Down the memory lane remembering Guruji, and his visits to Bangalore and our time together. It was a precious and memorable as Mayi, Ashu and Krupaji came along for a few days for seminar and other corporate programmes in Hosur. As we all know Mayi is very good with picking up languages, she asked me how to say "I love you" in Tamil (my mother tongue). I gave her the same. It's is "Nan Unnai Kadalikiren". The last word was a tongue twister. Everyone trying it out was a lighter moment for all of us. When it was Guruji's turn," he said "Swami Nan Unnai Kadalikiren". Only he can throw such a new dimension in any situation. I remembered his presence of mind and his deep love towards Swami. It was a learning opportunity for me how every moment he is connected to Swami. This one incident can speak volumes of his mission and life for times to come, isn't it?

This paved me a way in the recent time how to live in this world moment to moment in awareness. Definitely the gift of Reiki from Guruji has helped all sadhaks to live in the present and in awareness. The five principles guides us not to have fallouts from every day action. We are constantly working on us as per Guruji's message "We are all here to learn and improve and not to prove ". During Wave of Faith sessions Guruji emphasized live in Soul Consciousness not only during your sadhana but all 24 hours". This took me into a deeper thought, how was it possible for Guruji. Yes, we all know and have experienced that he is a divine soul and an enlightened soul. He used to tell that he felt very connected to God when he was a child, from the time he remembered. How to follow his footsteps to reach there was the next thought?

He treated all of us as his children and one day it should be possible for us to touch the space of pure consciousness, the unlimited beyond space and time. By Swami's grace got to listen about Vivekananda and his inner thought process of how to live in this world without entanglement, desires, cravings which is nothing but Trishna. By doing self sacrifice. Doing every action with the thought Not mine (Idam Namama). How many times we have heard these words from Guruji? He lived as an example by doing self sacrifice with just one thought it is Swami's will. This vakya (sentence) we are chanting during agnihotra yagya. This is the physical level. Guruji lived his life as a yagya and sacrifices



were made every moment with this one thought "Idam Namama". His final rites last October in Devrukh ashram was itself like giving himself out as an offering. This is taught to us right from the first reiki session, we are mere instrumental in the process of healing. We are mere channels of energy.

We need to sacrifice our self as it is in Ego consciousness every moment I, Me, Myself. When we are able to sacrifice all of this, remember we are instrumental in God's hands. If we imbibe this we can progress in the spiritual path and at least experience a glimpse of Guruji's way of life. His life was an offering. He was unlimited, the Rama, Krishna, Swami himself came down to teach us how to break the Trishna - the Maya and embrace Krishna and become Unlimited "Tat Vam Asi". When we learn to sacrifice our little inner self and merge with the bigger self we experience the omniscient omnipresent omnipotent Universal Consciousness and dissolve into the ultimate Brahman "Aham brahmasmi". Let's start today, "Just for today I will offer every action to Swami Idam namama"to be part of our Guruji's mission of health happiness and harmony and make this world a better place to live forever.



## Ajit Sir Quotes



- · Do not hurt anyone
- Accept everyone and everything as it is
- In every situation we have a role to play. Play that role positively.



 Do not search for bliss, let bliss manifest itself.



## 24 Gurus of Lord Dattatreya

Lord Dattatreya is considered to be the Supreme Guru. He is incarnation of Brahma, Vishnu and Mahesh – the trinity. It is believed that the lineage of Nath sampradaya was started from him. All Navaths are his disciples who later on formed various religions. In Bhagvat Purana, it is mentioned that Lord Dattatreya was wandering in search of truth and he learnt from 24 gurus and then he got awakened. Actually, it was his leela (drama). He wanted to make a sadhak (seeker) learn from all his 24 gurus and get themselves realized. With these kind of observation in nature, Lord Dattatreya also taught us how to be in learning more every moment so that we can be in our soul consciousness. Apart from this, we should also understand that there is no end to knowledge and learning. Guruji always showed this attitude during his entire life. He always used to tell us that a sadhak should always learn because if our learning stops then our growth also comes to an end. We will discuss each lesson of Lord Dattatreya in every newsletter.



#### Earth:

People plough, dig and tread the earth. They light fires on it. Still, the earth does not swerve from its course even by a hair's breadth. On the other hand, it feeds and houses all creatures. Seeing this, I learned that the wise one should never swerve from his vow of patience, love and righteousness under any circumstances and one should dedicate his life for the welfare of living beings. The earth along with its mountains and rivers is my first guru.



## 24 Gurus of Lord Dattatreya

Continued.

Here Lord Dattareya gives message to the good people that one should not trade the goodness at any cost. The good people will experience divine very soon as they are experiencing their own love and compassion and hence they feel for the world. But many times people argue that good people in this world of corruption and selfishness, always suffer. Well, that may be the scenario in the short run but in the long run good people are always supported by the divine. Guruji always used to say that why we feel that there is cruelty, negativity and evilness everywhere? It is because good people have stopped working. Bad people are doing their job perfectly but good people are just watching it and are not doing their job properly. Good people are coming into the influence of bad people and they feel their power is not enough to go against the crowd. Here we are forgetting that good people are always supported by divine. And when divine is protecting you, why should you worry? We should not lose our patience, love and righteousness at any point of time because God helps those who help themselves.

We have to become like mother earth who absorbs everything that is thrown on her. May it be water or may it be acid. Earth, mountains, rivers etc. They give everything to us without expectation. When we do that a virtue of Selflessness is developed which helps us to our divine nature i.e. soul consciousness.

People may comment that you deserve more than what you have got. Or because you are too naïve, gullible, people take advantage of you. But do not believe in them. Believe in yourself. When we do a selfless act, we are connected to our divine nature and that will give us peace of mind. So let us define our idea of success and live our life happily.

This is reminding me of a story of Saint. One day a saint was taking a bath in a river. His disciple sat on the bank with the saint's clothes, asana and rosary. The saint noticed a scorpion struggling in the current. Taking pity, he lifted the bedraggled scorpion in his palm and started wading toward the bank.

No sooner had the scorpion recovered than it promptly stung the saint on the palm. The saint felt an unbearable, burning pain shoot up his arm, but he did not drop the scorpion. Instead, he gently shook his hand to encourage the scorpion to move away from the wound.

9



The saint's disciple, watching from the bank, became alarmed, but did not say anything.

The saint had only taken a few more steps when the scorpion stung him again. A searing pain more intense than the first one went all the way up his arm and throbbed in his hand. The saint staggered and nearly collapsed in the river.

This time the disciple did call out. "Put him down, Guruji! He will only sting you again. Leave him to his fate. Your kindness is of no value to such a creature. He will learn nothing from it!"

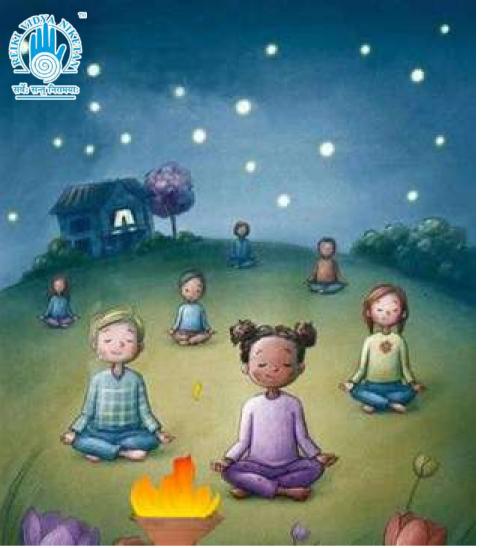
The saint ignored him and continued walking. He had nearly reached the bank when the scorpion stung him for a third time. The pain exploded into his head, lungs, and his heart. The disciple saw a blissful smile appear on the saint's face before he collapsed in to the river. The disciple dragged the saint to the shore, still smiling and still cradling the scorpion in his palm. As soon as they had reached shore, the scorpion crawled away as quickly as it could.

"Guruji!" said the disciple after the saint had regained consciousness. "How can you smile? That wretched creature nearly killed you."

"You are right, my son," said the saint. "But he was only following his dharma, his nature. It is the dharma of a scorpion to sting, and it is the dharma of a saint to save its' life. He is following his dharma and I am following mine. Everything is in its proper place. That is why I am so happy."

This story provides us with a valuable lesson in how to live. Each of us encounters "human scorpions" filled with venom and spite whose sting can cause us suffering. But whether insect or human being, such creatures are driven by instinct or the compulsions of past karma, and have no choice but to sting whenever they feel threatened.

The saint, by choosing to attune his consciousness to God's love, had the freedom to express that love under all circumstances. Like the saint, we, too, can choose to align our actions with divine love and peace, no matter what is happening around us.



# From Orion Transmissions Received via Parvati

Take the science of breath seriously. Practice deep breathing exercise, ancient Pranayama. Breath is vital force. Concentrate more on your breathing. It will help to balance your opposite poles, as well as aid every cell of the body.

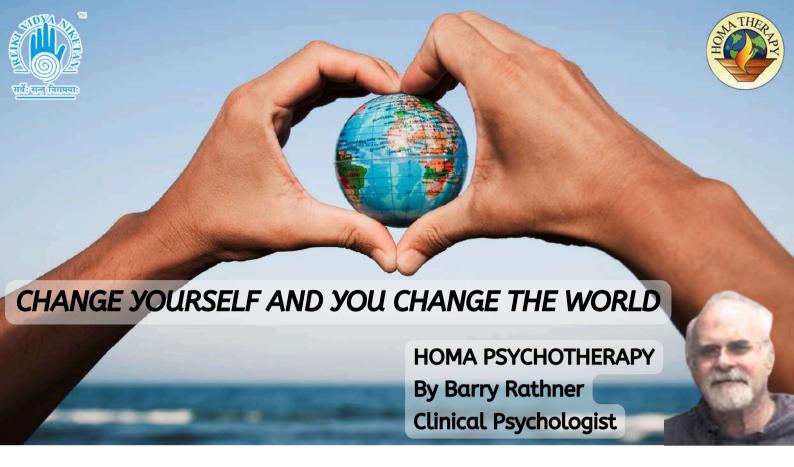
We suggest that each of you choose some form of gentle to moderate physical exercise to strengthen your improve bodu muscles and circulation. Yoga is the ideal exercise. These practice minimum three days per week. You may want to alternate the type of exercise you do. Generally, keep your bodies moving.

If your work involves use of computer, please reduce the hours you are on computer. Room should have adequate ventilation. This may sound odd, but drink plenty of fresh, clean water if you work with computers. Take regular walks. Employ deep breathing techniques.

Ah, SPEND MORE TIME WITH YOUR CHILDREN. LISTEN TO THEM. RESPOND FROM YOUR HEARTS. As you process the changes, do not forget that your children are also experiencing changes, changes not only in their bodies but energetic changes, atmospheric changes, etc. We see, unfortunately, many adults focused on their own development, neglecting to be involved in their own children's lives. And the children are your finest teachers. Yet, they need your guidance as well. If you are not a parent, still spend time with children. Children across the globe are more troubled that they appear. The rebelliousness of youth is intensified by the time in which you live. **Much of the rebelling will not pass if parents do not assist the young in their transitions.** 

Have compassion above all. CHILDREN ARE YOUR MOST PRECIOUS RESOURCE. Treat them with great care.

Yes, yes. Indeed, ring in the New!



In a world beset with imbalances and traumas that sometimes hour to hour challenge whatever approximations of serenity we may have managed to manifest, where should we turn to? If you answered, "within ourselves", you may go to the head of the class.

Primary to aspects of life we are able to change is our ability to change ourselves. If, for example, we are faced with disturbing situations, our ATTITUDE about matters goes a long way towards our ability not only to cope with situations and survive situations, but, in fact to thrive—and maintain sanity and serenity.

Change yourself and you've changed the world—indeed, in deeds.

There is a Jewish saying, (also claimed by another religion or two) "Anyone who saves one life is as if he has saved the entire world."

Seeing as how we cannot change the government, our partner's disturbing habits, our teenager's worldview, we come full circle to change yourself and you've changed the world. So here we are, back to where we started...the only way out is 'in'.

And since it is a full time job, we are faced with the truth that "If you are wondering whether or not your job here in this lifetime is finished—if you're here, it's not!" No if, ands or buts—your jobs are just NOT finished (if you're reading this).

The crux of the matter is that God or Higher Power rests on the knowledge and feeling that it is not you. 'Higher' than what? Higher than YOU is the point.

Then there is SERENITY.

Serenity -- "The state of being calm, peaceful and untroubled. Absence of mental stress or anxiety."



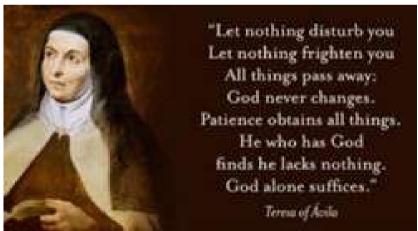
To an extent, IMPROVEMENT in such states in itself may be considered victories. It is not all or nothing. If today is more serene than yesterday, that's a good thing. If you are happier now than you were a year ago, feel free to vote for yourself.

This is where the 20 minute daily investment in doing sunrise and sunset Agnihotra comes into the picture. The assumption is that if left to our own resources, we may (or may not) survive. But getting help and making things easier are permitted in the rules of this game.

Am I happier now than 48 years ago when I began Agnihotra? It's not even close. Am I happier 10 minutes after sunrise and/or sunset Agnihotra then I was before? Decide for yourself.

And should you wish to 'spread the good news,' by all means shout from the rooftops if you must. This is not a minor issue. For untold thousands, it is a major issue and one that goes to the front of the line in terms of vitality and importance.

Nonetheless, BELIEVE WHAT YOU EXPERIENCE is an invaluable tool to make use of. Those experiences are yours and yours alone.



Considering the magnitude of the task of self-development, it is not surprising that calling upon a Higher Power for assistance is very valuable—and in 12-Step Programs, it is stressed that 'God' or 'Higher Power' need not necessarily be the vision or concept traditionally connected with the concept. Your God can be nature, your newborn, your Guru, your cat, your doorknob. Get the picture?



## REIKI EXPERIENCES

Jai Gurudev, My name is **Bhuvaneshwari Rajesh.** I like to share how Reiki helped me to come out of a major health issue. Last year November I was diagnosed with a lump and doctor doubted it to be a cancer as the MRI reports were showing suspicious level. Everyone in my family were so upset and tensed and at that time I prayed to Reiki mother and requested Reiki from Mrs. Aruna who is my good friend and like my sister. In December i went to India to do the biopsy and to the surprise of all the reports was normal



and doctor said nothing to worry and we can keep following up. This incident made me to believe strongly in Reiki healing and I travelled from Dubai to Chennai again in January to learn the 1st degree. Thanks a lot to Mrs. Aruna for guiding me and teaching the 1st degree After coming back to Dubai I went through the surgery in March and the lump was completely removed and sent for biopsy again and they confirmed it is not cancerous and the doctor herself said it is surprising as the first investigation was showing suspicious. As i was doing Reiki regularly I went through the procedure so calmly and even though I had some health issues from before, everything went so smoothly and healing happened so fast. The doctor herself felt so surprised to see my recovery process. Now I am completely back to normal. Thanks to Reiki

I am **V Govinda Raju** from Hyderabad. I have learnt 1st Degree Reiki in December 2022 in Hyderabad.

Before attending the 1st degree Seminar, I used to see daily one full movie and spent lot of time on other Television programmes. The addiction of watching TV totally stopped within a week after attending 1st degree reiki Seminar. Since December 2022 to till date I have no intention of leaving watching the TV. That has been the positive activity. Thanks to Reiki.





I am **Vasavi Krishnamurthy**. I was diagnosed with hypo thyroidism about 10 years back. I didn't want to go for Allopathy as we need to continue it for life time. So I managed with neck exercises and maintained for few years, though the reading never came down.



## REIKI EXPERIENCES

One of my cousins introduced me to Reiki. And i have been practicing it regularly since 1 and half years. I finished 'Reiki 2nd level' as well last August. I feel blessed to have received deeksha from our beloved Guruji.

I have been chanting 'Vishnu sahasranamam' since 5 months. I do some thyroid related mudras as well. But I started doing all these once I got introduced to reiki.

Now I am glad to let everyone know that, my hypothyroidism has come down and my readings are within normal range. Being a regular reiki practitioner, I am glad to say that, reiki has helped me a lot in overcoming thyroid and many more health issues.

I am very thankful to REIKI, GURUJI and ARUNA madam for letting me stay connected to this peaceful and healthy world.

Jai Gurudev. I have been practicing Reiki for the last 16 months. At the time of joining Reiki in the month of December 2022, I was advised by doctors to undergo surgery of uterus removal. After attending the Reiki seminar, I have been practicing full body reiki and yog nidra daily.

I didn't take any medications either. After two periodical checkups it was decided that there was no need for surgery.



With reiki, I find very good results in many situations. I am giving Reiki to needful people, and they become free from pains.

I am giving Reiki to my granddaughter of 3 years and seeing good progress in her, physically and intellectually.

Many thanks to Reiki.

Regards

#### Anjana Devi

Hyderabad



### **Reiki Vidya Niketan Activities**







#### 1. Opening on new center for Reiki Seminar in Palanpur:

We are pleased to announce that Reiki Vidya Niketan has opened a new center at Palanpur in Gujarat. Doctors who have learnt Reiki under the Ayushman Bharat Scheme organized by Government of Gujarat, had arranged this seminar. There was overwhelming response. 35 participants attended this program and were very happy to learn Reiki. Their experience of reiki was also amazing.

#### 2. Gudi Padwa Celebration at Ashram

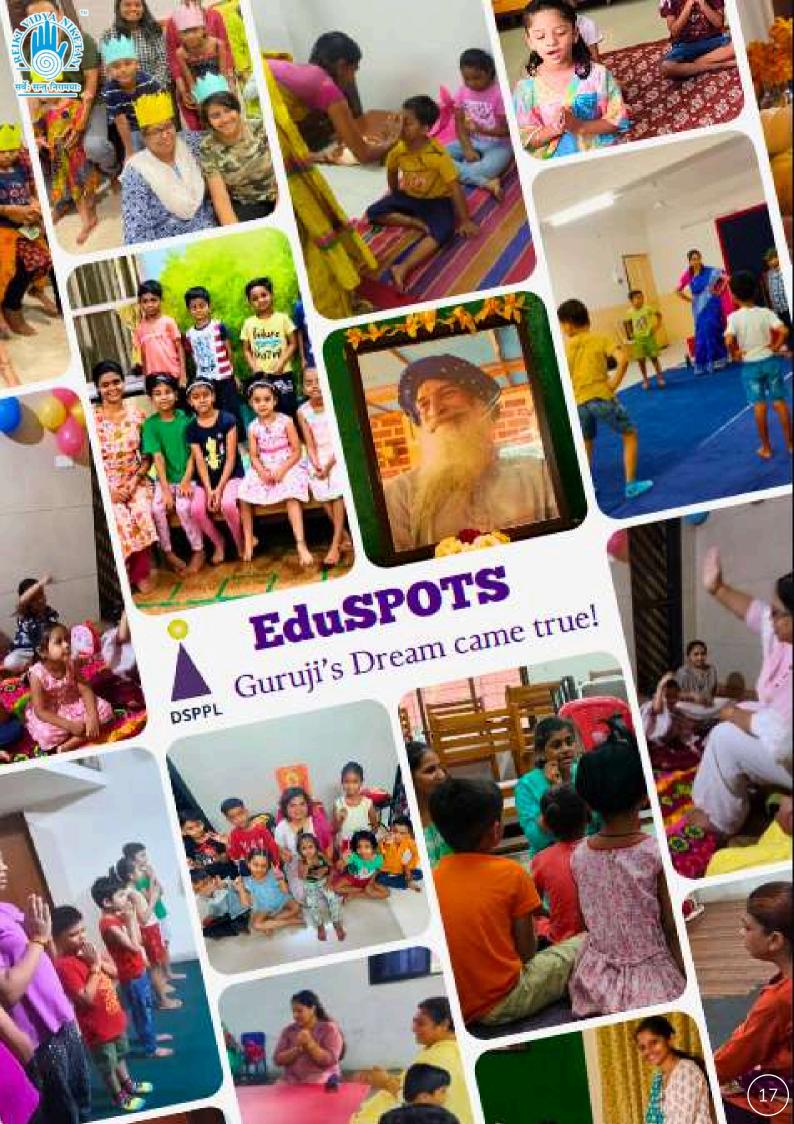


On 9th April, 2024 Gudi Padwa was celebrated in Math. Like everyyear this time also Gudi was laid on a long bamboo stick along with a silk cloth, neem leaves, Sweet meat and Mango leaves which represents sweetness and bitterness of life should be taken at par.



#### 3. Swami Jayanti celebration at Ashram:

On 10th April, 2024, Swami Jayanti was celebrated in Devrukh Ashram. Throughout the day chanting of Swami's name was undertaken by our Sadhaks residing in Math for Sewa and a sadhaks of Devrukh turn by turn in Swami's sanctum sanatorium. Thereafter in the evening, Rudraabhishek was performed on Swami's paduka followed by Mahaaarti and Prasad.





#### Jai Gurudev!

We are very happy to share with all of you that on 17th April, 2024 on the auspicious day of Ram Navami, DSPPL (Devrukh Spiritual Prowess Pvt Ltd) has started EduSPOT at 12 different locations for the children of aged 5 to 8 years. This was a dream project of Ajit Sir. EduSPOT will run for a period of one month and will end on 16th May, 2024 (on the day of Seeta Navami). This novel project will conduct TAPASYA i.e. 7 activities daily. Thought of the day, Abhyas Katha (moral story and Ramayan Story), Prayer, Activity (Poem, Game or Art), Stotra, Yog and Abhyas (Home work). Total children participating in daily EduSPOT has crossed 100!



When it comes to summer, ashram means children. This May will also not be any different. You may find flocks of children all around during this month. No wonder this time the wisdom is from children. Here are some interesting wisdom pearls.

A young child of 4 years old asked a question to his mom. "Where does the Road end?" The mother struggled for the answer as any answer she gave had some folly and the boy was reluctant to accept. The game lasted for few months and a boy had a lot of patience. Finally the mother said she has no answer and the boy snapped with "Every road ends where it begins"

The same boy asked his mother," When all the Gods are supposed to be in sky (heaven) who stays in all those temples built on earth?" Again the mother was foxed and could not answer. The boy went to Guruji and Guruji explained him the whole theory of un-manifested and manifested. Guruji explained him that God resides everywhere but we cannot relate with him so we create idols just like us. And then wise-man/ Saint who can connect to the divine consecrates those idols so that a common man can experience God. The boy could grasp practically everything. That was simply great.

Another boy may be of 3 years was asked by one of the senior guests who arrived at his home, "What would you like to be come when you grow?" The boy coolly answered, "Retired". The guest did not know what hit him.

## SEMINAR SCHEDULE MAY 2024

Sr. No.	Scheduled Date	Master	Location	Degree
1	4th & 5th May, 2024	Seema Trivedi	Kota	1st
2	11th & 12th May, 2024	Sangita Kulkarni	Pune	1st
3	11th & 12th May, 2024	Krupa Choksi	Vadodara	1st
4	11th & 12th May, 2024	Kalpita Keer	Devrukh	1st
5	11th & 12th May, 2024	Vishal Shridhankar	Nashik	1st
6	18th & 19th May, 2024	Bharati Zinzuwadia	Ahmedabad	1st
7	18th & 19th May, 2024	Rakesh Kumar	Thane	1st
8	18th & 19th May, 2024	Seemaben	Rajkot	1st
9	25th & 26th May, 2024	Kalpita Keer	Mumbai	1st
10	25th & 26th May, 2024	Rakesh Kumar	South Mumbai	1st