

**VOLUME 16**

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सर्वे: सन्तु निरामया:

# **REIKI VIDYA NIKETAN**





Mahashivratri is approaching on 8th Of March, 2024. Many sadhaks from RVN has registered for Mahashivratri Anusthan and are observing the austerities of anusthan with great sincerity. Among them are many who are doing Anusthan for years together since the sankalp was made by Guruji. For the entire month, we observe some austerities viz. sleeping on floor, refrain from cutting bear, hair and nails, one time meal, performing trambak home, Rudra and all the spiritual practices related to Lord Shiva. To avoid Gossip, to have sober reactions and not getting angry, frustrated, irritated etc.

The literal meaning of Anusthan as given by Guruji is “Anu” means single pointed and “sthan” means focus. The whole idea of Anusthan is to achieve the following:

- 1.To become desire-less
- 2.To have positive thoughts all the time.
- 3.Every moment we need to be aware.
- 4.Avoid craving and remain free form all kinds of negativities
- 5.Embrace lot of things which comes in our way without any hesitation.
- 6.To get rid of our patterns by breaking it
- 7.To become non-violent in thoughts deeds and actions.

Whole idea is to get connected to the Shiva energy. Lord Shiva the manifestation of pure energy. The supreme energy is “Sha”. “Sha” + “Iva”. When one is embodiment of supreme divine energy, it becomes Shiva.

Lord Shiva is the name of the original energy which is talked about in all the religion. The Shiva energy then gets manifested in different frequencies viz, Shankar, Mahesh, Shambhu, Mahadev, etc. In the trinity of Brahma, Vishnu and Mahesh, the act of Shiva energy is to destroy. Actually, it is not destruction but the word which we use in Sanskrit is “Visargan” i.e. from form to formless. That which is manifested in gross again goes to the subtle.



During Mahashivratri time, the Shiva energy is active so it is an opportunity for us to transform ourselves from within. When we break our patterns which are consciously or sub consciously formed by us, we transform ourselves. When we always think positive and avoid negativities in thought, deed and action, we transform ourselves. The whole idea of not cutting nails, beard and hair is to remain free from violence. We should not get idea to cut anything as this is a manifestation of violence at the subtle level. When refrain from getting angry, we are again free from violence in form of thoughts and words. When we avoid craving, do not eat outside food, total celibacy, avoid watching tv, we are keeping away all the negativities which subtly comes into our mind through five senses. We can control our senses and mind and thus we can transform ourselves.

When we accept whatever comes into our life. We do not reject anything, we are free from Ego. When we are free to desire, we are free from Ego. This does not mean we should not wish anything or expect anything in life. We can expect and strive to achieve it but it by any chance the desired result does not come, we should not get dejected in life. When our expectation is backed by our Ego, it becomes desire i.e. what we call "Aasakti" in Sanskrit. We can have "Apeksha" (expectation) but we should not have "Aasakti" (desire). As we all know the main cause of our suffering are desire which means by hook or crook we want to achieve that thing / person.

This state of desirelessness brings us in our Atmabhava – soul consciousness. When we accept people and their reactions without having any grudges and prejudices against them, we get connected to our Atmabhava. And when we reach our soul consciousness, we have reached to the abode of Lord Shiva – the pure energy. The energy of love and compassion. The energy which is free from anger, lust, desire, greed, jealousy and ego. The absolute state where everything is one and there is no other. The state where we realize, we are Soul. And there lies Chidananda. This is the state when we realize "Chidananda rupam Shivoham, Shivoham".

With love, light and reiki  
Krupadidi



# Secret Revelation

Kaushiki Swaroopa, Thane

Beneath the cloak of duty's veil,  
A secret bloom, its petals frail.  
Within its core, a whispered plea,  
Awaiting divine hands to set it free.

This petite mystery, tightly wound,  
Knows no fear, no shadows found.  
Its essence sealed, yet longing to unfurl,  
In sacred moments, its truth will swirl.

For secrets, like seeds in fertile ground,  
Hold both promise and peril profound.  
And when the time is ripe, it'll break,  
Revealing the beauty that silence can't fake.



# SHIVA HEALS YOU THE BURNT TOAST THEORY

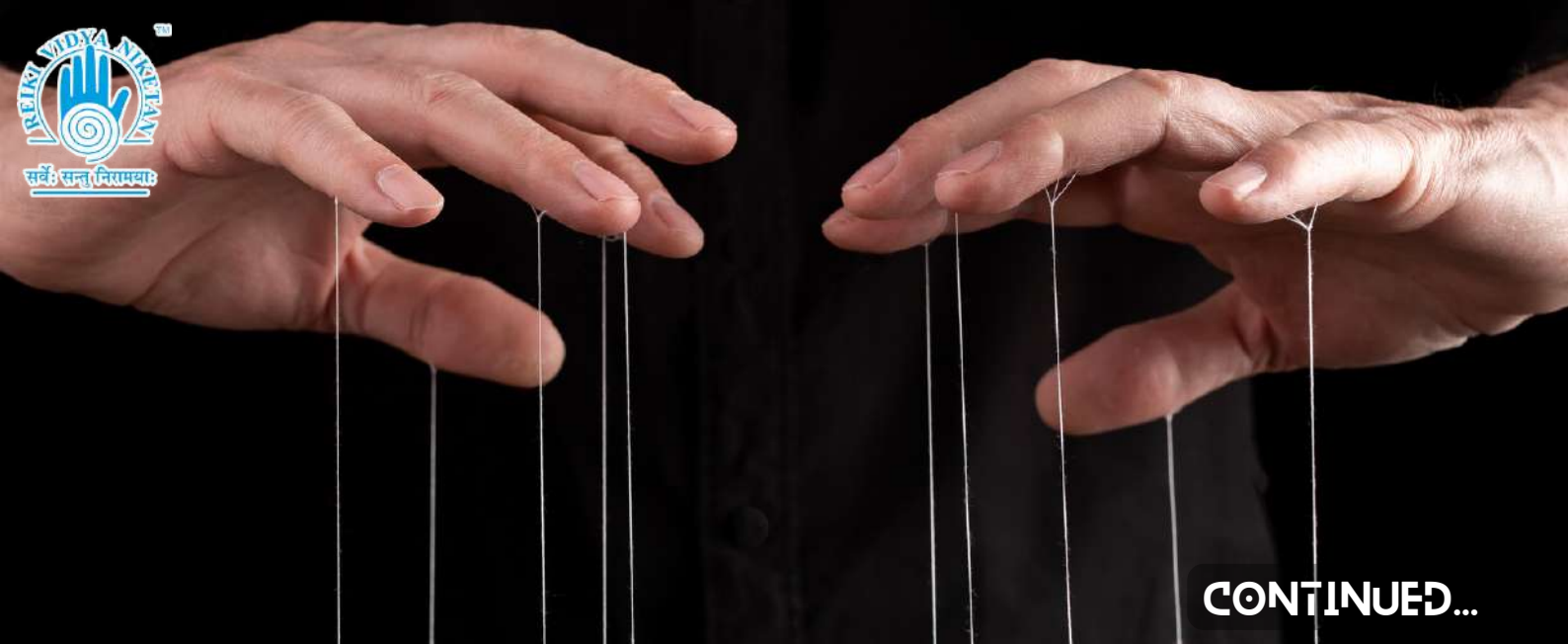
- VIVEK PANDEY VADODARA

Not everything in life can be explained. In many ways and many situations, we are all left unanswered. The "Burnt Toast Theory of Life" is a theory made viral by social media platform TikTok and the concept is very interesting as it is all about accepting all those things happening in your life that you have no control over. Read on to understand, and take a bite of this toast of life with the tea/coffee that represents your soul!

According to the creator of this terminology on the platform, Ingrid, the theory is the "idea that if you burn your toast before work and it adds five to 10 minutes to your trip, it's saving you from something catastrophic. Maybe it's saving you from a car accident, maybe it's saving you from running into someone who you don't want to run into.'

As explained by Ingrid, the theory "is the idea that inconveniences in our lives, or when something releases us in the universe, it's either saving us from something more detrimental or pushing us in the direction that we need to go in. Of course, you won't know what the burnt toast saved you from, but that's not the point; the point is to allow you to accept things in life that are completely out of your control."

Such instances of small inconveniences result in perhaps adherence to your life path or at least not detrimental to what is meant to be yours in a bigger way. People don't plan their own birth and all of a sudden, just by acquiring a few things during the whole process of learning, they feel they are the sole carriers of their life. There is something called destiny and life path and we write something in it daily. The path is already set only the way the journey is carried out needs to be looked at. Some travel with a grim and some do it in a jovial mood. Lord Krishna said it ages back, "whatever happens, happens for the good." Whatever people accumulate in terms of mind is a very small piece of some useful stuff. The universal mind has in store for you all the experiences and the role-play that will fulfill your soul. Sure, we all decide and plan, but, underneath that, we must remember that there might be a bigger and better idea with the universe.



This whole idea of us thinking that life will go as planned by us and that we are in control is a myth. We carry out our mundane routines because we are programmed to live like that. The moment something beyond the mind takes over, we know we don't have any control. Control can be observed to the extent the mind has been trained and programmed for some years. People appear to be observing control, whereas the truth of the matter is they are programmed to behave in a certain way which keeps them constrained. Controlling patterns that are your fundamental cravings is an extremely unnatural and suppressive process. As quoted by Mark Twain, "I can resist everything but temptation." The moment you start witnessing your patterns, you realize that life is a happening subjective in nature. It is in these moments of realization we stumble upon the fact that there are events beyond our gambit of understanding. Events happen, deeds are done but nobody is an individual doer thereof. Allowing life to happen by accepting a burnt toast and allowing things to get delayed without fretting over it is the secret to living a natural life. Those who subtly know there is something called destiny or a life path would always accept and allow life to unfold. In the name of making an effort and performing our duties, we tend to put a whole lot of stress and start living unnaturally.

To keep your mind on the smoother side of life is the key to everything. The one thing we need to fix in our memories is the fact that we all are here for only a limited point of time and there is absolutely no need to fret about petty inconveniences. The second thing that needs to be avoided is adherence to the physical clock. We become slaves to the world the moment we follow the physical clock. All we need is just some inner awareness to know whether we are getting late or life is about to show us something that we need. There is no need to hurry, life unfolds very slowly.

The speed at which things are happening around us with the ever-evolving technology may just result in many people exploding from within. Watch the grass grow some old wise men once said to his son. We all need to become patient with our own beings. Looking at life as a struggle or as a mystery that will unfold is the fundamental choice with everyone. The gap between the two thoughts is an empty silent space that will tell us more about the universe than any scientific theory at hand. Stay grounded!! Keep smiling!! You are alive today and that is enough. Be grateful always.

# Silence – the voice of Atman

- Aruna Margam, Bengaluru

This is the period of Anushtan and we need to do sadhana and also be silent and be connected to the self. Anushtan is mainly to have control over our senses. Out of all tongue has two important things to do. The taste palette and the expression of ourselves through voice using words. The most important control required for sadhaks is definitely the tongue. Out of which we anyway follow one time food and other time fruits and milk which are sathvik in nature. The other is the most important to keep words to the minimum. That is keeping Silence. What is silence or Mouna? As per our Guruji Silence or Mouna is not just avoiding the words it is much more than that. He guides us as usual, to be in Silence is to not to talk about anyone in their absence, specially criticism or judgement. How often we are able to follow this was my next thought in the mind?

From morning a few messages of great saints came in front of me. A few beautiful messages I thought of sharing with you. Ramayana talks about how precise Hanuman and Rama communicate. As a sadhak it is to be learnt by each one of us from their life. As per Kamba Ramayan, when Hanuman introduced Rama to Sugriva he said "He is the Yama for Vali ". He did not elaborate using unnecessary words. When Hanuman met Seetha in Lanka for the first time and returned back, He told Rama in short "I found Seetha". When Rama won the war and met Seetha he said crisply "Rama Jayam". In ancient days greast saints knew the value of their energy and saved it for their sadhana and retained their "ojas" (Vigor) essence of vitality. One should become the ruler of their senses and not their slaves. Why Rishis went into forests, to sink their mind into silence of the forests. When you are in silence only we can hear the voice of God. Anushtan is a way to silence the mind and get connected to the self or the God within us.

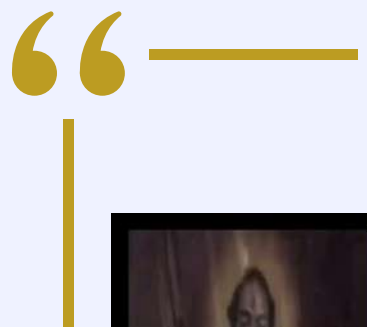
The great Ramana Maharishi whose spiritual abode was the Arunachala hill in Thiruvannamalai, Tamilnadu was known for guiding his disciples into self - inquiry only through silence. His mere presence conveyed on ocean of wisdom. He encouraged seekers to dive into the silence of their hearts. It is within this silence we experience the essence of the self. In his ashram visitors received "Upadesa" ( spiritual Instruction) by sitting silently in his company. All their questions were answered sometimes without even asking. In this path of



Continued...

self discovery Silence or Mouna plays an important role. Gururji has given all of us an opportunity to touch this inner space by following the practice of Anushtan. What a profound teaching in simplest way.

When we silence the mind with bubbling thoughts we experience peace, inner strength and joy. We get intuitions from deep inside. Intuitions are nothing but the language of our Atman. It guides us when we need it and we can listen or understand this only we are in silence. When we practice this regularly mind will rest in the ocean of Silence or Brahman. Then we can enjoy the real, everlasting silence. Anushtan helps us to taste the tip of the iceberg. There is so much to experiment, experience and elevate ourselves, as Gururji often told us. The first step to the joy of connecting to our inner self, the Atman which is none other than the Brahman the consciousness is Silence or the Mouna. This helps us to reflect, introspect and improve ourselves by turning inward to purify ourselves and attain "Atma- Sakshatkar" which is nothing but Self realization.



*Ajit Sir Quotes*

- When YOU are 100%,GOD is 0% and when YOU are 0% GOD is 100%
- Decide what you want in your life.
- Do you want your ego to operate or divine to operate in your life?

- Everything is everywhere
- Everything is latent
- We can activate it if we have within us







सर्वे: सन्तु निरामया:



# Courage and Confidence leads to success

Anand Karnataki, Mumbai

One day I thought I should start my own business. I should use my knowledge, skill and creativity to set up a nice ad agency. I had some money saved and enough to cover monthly family expenses for a year. Obviously, I could look for a job and work again if this business idea doesn't work. I started with lot of enthusiasm and I was getting as much or more money than my salary for few months but suddenly I had no work for couple of months... I was used to be very busy doing three large projects at a time in my earlier job and suddenly no work situation was very difficult to handle. I was little depressed and bit unsure about my future. That time my mentor told me this interesting story of a businessman...

A businessman ended up having big loans and no money to repay at one point. One day he was sitting in the garden thinking about own life. He decided to close down everything and accept the failure as a bad fate. One old man approached him and introduced himself. He said my name is Henry Rockefeller please accept this small help and took one cheque from wallet and gave it to him, you can return me after one year if you become successful or we will forget about it. Before this guy could come to senses the old man had disappeared. He looked at the cheque with disbelief because it was 5 lac dollars. He looked at it with tears in eyes and kept it in wallet safely. Now all his financial problems were suddenly over. He rose up with a rare confidence. Next day he had a strategy in mind. He decided not to use this money until the last minute. He went back to all old contracts negotiated them again, got some extra time to complete. Some of them he cancelled and achieved some new. He worked hard with lot of confidence now because he had five lac dollars in his pocket... Within few months he repaid all his debts and started making good profits. Soon the year passed and he remembered the date to meet the old man to return his money. But this time he was not depressed. He had lot of courage and confidence in him. He went to the garden at same time. The old man came and when he was taking the cheque out from his wallet to return. He wanted to thank him and tell his success story and suddenly a nurse came running. Finally I caught you. Did he disturb you sir she asked... He kept running from the mental rehabilitation center and kept telling people that he is Henry Rockefeller. The nurse took the old man back to the center. The businessman had his mouth wide open... He kept looking at the cheque in disbelief and realizes the place of the signature was empty... The entire year he had this cheque which would never ever encashed.

With the Courage and Confidence if you are ready for the hard work you can turn the table. Any situation has solutions but to apply them you have to be really patient and balance.



# Ashtavakra Geeta

## Chapter 20th

क्व प्रमाता प्रमाणं वा क्व प्रमेयं  
क्व च प्रमा । क्व किञ्चित् क्व न  
किञ्चिद् वा सर्वदा विमलस्य मे ॥२०-८॥

**Meaning:** Where is the knower? Where is knowing? Where is the known, or knowledge itself? Where is anything? Where is nothing? I am pure Awareness.

King Janaka tell his Master Astavakra that having realized the atman, the whole discrimination of Knower, the method of acquiring the knowledge and knowledge itself is lost. In the state of pure consciousness, the I am beyond anything and nothing. I am in still consciousness in which I just realize that I am. Nothing else.

क्व विक्षेपः क्व चैकाग्र्यं क्व  
निर्बोधः क्व मूढता । क्व हर्षः क्व विषादो  
वा सर्वदा निष्क्रियस्य मे ॥२०-९॥

**Meaning:** Where is distraction, concentration, knowledge or delusion? Where is joy or sorrow? I am Stillness.

Master Astavakra is being told by King Janaka that he is beyond state of distraction and concentration, knowledge and illusion. He is free from joy and sorrow. He is just experiencing pure consciousness which is called "Stitpragnya stithi". For him the whole concept of duality is lost. The same state was experienced by Adi Shankaracharya when he met his Guru for the first time. When his Guru asked his introduction, he narrated "Atmashatakam" where he mentioned that I am not mind, not intellect, nor chitta and neither ego. He described himself as Chidananda rupam, shivoham, shivoham.

क्व चैष व्यवहारो वा क्व च सा परमार्थता ।  
क्व सुखं क्व च वा दुखं निर्विमर्शस्य मे सदा ॥  
२०-१०॥

**Meaning:** Where is the relative? Where the transcendent? Where is happiness or misery? I am empty of thought.

King Janaka described his state to his Master Astavakra where he mentioned that having established in my soul consciousness, I do have any relative not I want to transcend. I am free from happiness and misery. I have lost the whole concept of duality. I am beyond mind and that is why I am empty of thought also.

When we are in heart consciousness, we experience emotions and when we are in mind consciousness, we experience thoughts. Once our consciousness reaches at our intellectual level in third eye chakra, we are beyond mind and so thoughts are happening to us but we do not experience it.

क्व माया क्व च संसारः क्व प्रीतिर्विरतिः क्व वा ।  
क्व जीवः क्वच तद्ब्रह्म सर्वदा विमलस्य मे ॥  
२०-११॥

**Meaning:** Where is illusion? Where is existence? Where is attachment or non-attachment? Where is person? Where is God? I am Awareness.

King Janaka is experiencing that state of total soul consciousness which we had experienced at the time of birth. We did not experience duality as our ego was not formed at that time. And hence in that higher level of consciousness, he is free from illusion and also of existence. He is neither attached to anything nor detached. He is beyond the understanding of human and God i.e. form and formless. This is a state where consciousness is lost, nothing remains except the awareness.

# HOMA PSYCHOTHERAPY

By Barry Rathner,  
Clinical Psychologist

## THIS SCAVENGER HUNT CALLED LIFE



We have all heard of the goal of the Homa Therapy Mind Training Program: "Train the mind to react with Love under all circumstances." At some point it might prove interesting to say more about 'under all circumstances.' But for now, what is this thing called Love? If there were enough of it to go around, perhaps we need not look at it so carefully. But today's world cries out for remedial actions to reduce the hate, anger, and artificial separation endemic nearly everywhere.

"Prioritising another's well being or happiness above your own." It must be Love.

Other than a parent or possibly a teacher, to whom else does such a state apply naturally? And if does not come naturally, what can be done to help it along?

*"To love another person is to see the face of God". - Victor Hugo*

In the game called 'scavenger hunt,' the organisers prepare a list of items participants are meant to gather. In this game, all chase the same prize.

In our 'game of life,' we all seek—consciously or not-- the same prize: the love and light within us. Hence, we are pointed in the direction of 'the only way out is in.' We are all chasing the same prize.

*"Whatever the question, the answer is LOVE".*



"What 'others?'" may be the optimal reply when assessing and prioritising 'others' needs. This mindset may not come naturally, but the freedom that accompanies its practice yields undeniable rewards. One, we are one. We are all one. Lovely goals. How to put it into practice? Let's look at an approach.

Step 3 of Alcoholics Anonymous goes: MADE A DECISION TO TURN OUR WILL AND OUR LIVES OVER TO THE CARE OF GOD AS WE UNDERSTOOD HIM.

Some religions say, "Not my will but Thy will be done." In Sanskrit, "idam na mama" expresses the same sentiment.

As free will is part of the job description for our lives, we can't forsake it or give it up. What we can do is to sublimate our intentions and desires and merge them with the will of the Divine.



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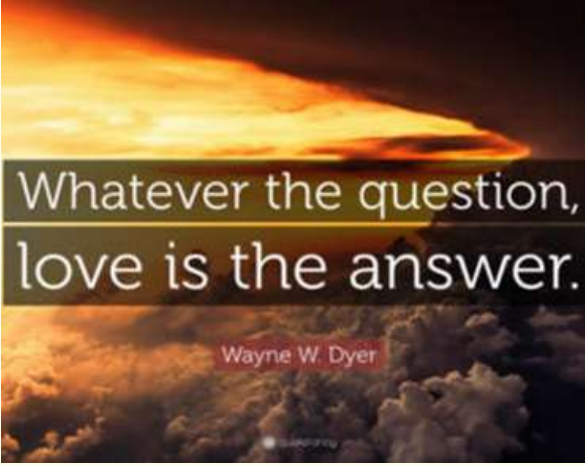
**SUBLIMATION:** “a defense mechanism that involves channeling unwanted or unacceptable urges into an admissible or productive outlet.”

Even if the urge is not ‘unwanted or unacceptable,’ one can simply wish to sublimate an acceptable urge into one that is ‘higher.” If, for example, I decide to prepare and eat a balanced, healthy meal, certainly this is an acceptable urge, should I choose instead to begin a fasting regimen, this might be considered a sublimation of the desire for food in exchange for the many benefits of fasting—physical, emotional, and even spiritual.

Besides being a healthy coping mechanism, sublimation can be a valuable tool in wending our way through the severe dysfunctional behaviour—by individuals, governments and everything in between—that surrounds us. And if we are to evolve into the beings we can be, ‘good, better, best’ may be a suitable mantra. Why settle for good or better when BEST is our destiny?

This job of evolution, self-improvement or unfolding—however we wish to call it—may not be easy. But it may be simple in that after a long time on the spiritual path, we pretty much know how to live, how to behave. Ignorance may be bliss in the short term for some, but most of us know what to do and what not to do. And should we forget, the

Fivefold Path provides us with a blueprint, a template for conscious living. Feeling a bit out of sorts? Yagnya, Daan, Tapa, Karma, and/or Swadhyaya are nearly always what the doctor ordered.



“Unintended consequences” may manifest at times, but as the road to hell is paved with the best of intentions, best we be vigilant.

‘Walking the talk’ may be more difficult—and even feel overwhelming at times—but certainly it is within our abilities to prevail. Were it not, we wouldn’t persevere as we do, and we would not need to discuss it. And the magnitude of the reward is so great that despite its unknown aspects, our efforts are oh so worthwhile and well placed.

Yes, FAITH can and will cushion difficulties, so anxiety, worry and fear are not only unnecessary (and counterproductive), but, moreover, can be consigned to the past.

**Be here now.**



# REIKI EXPERIENCES



Jai Gurudev! When I came back yesterday after attending reiki L-2 seminar on 9th and 10th February 2024 ,my elder sister told me that she is feeling unwell and doctor has suggested for angiography of heart. I immediately sent distant reiki to my sister at night. I sent distant reiki again in the morning. Then I give short term healing method and give reiki for half an hour to my sister. I received the message on that day that it is a miner blockage and can be cured with medicine. It is really a miracle. Thanks Krupa mam and all the sadhaks of reiki family to show us this amazing path of reiki.

**Jyoti Sood**

## **Reiki Experience from Doctors learned under Ayushman Bharat Scheme, Govt. of Gujarat:**

Jai Gurudev. On 3rd March, 2024 there was a cricket tournament of health worker in Banaskantha district. One player tried to catch the ball of the batsman but his finger got injured and it started bleeding profusely.

I and my friend Hasmukhbhai Patel were in the management committee and so that player came to us for the first aid treatment. When we gave reiki to the player his bleeding immediately stopped and within few minutes he started moving his finger.

After sometime, we asked him how is his finger and he said he is perfectly fine. He does not have any pain and he started playing cricket again.

**Dr. M.N. Rathod**

**Banaskantha, Gujarat**

Jai Gurudev. My name is Devyani Valodara, I would like to share my morning experience. I was going to job and I started my Activa. I was horrified to see that there was no petrol. I gave reiki to my Active and to my surprise, I could ride my Active for 6 kms and reach the petrol pump.

**Devyani Valodara,**

**Community Health Officer, Ahmedabad**



## 1. Lectures on “Science of Learning” conducted at various schools by DSPPL:

240 students of 9th standard teachers and parents attended the program. Students asked brilliant questions and were very much excited to know methods of Learning and how it will be useful for their career. After the Program Hon Principal Pallavi Naik thanked all Rotary members for excellent event and expressed willingness to have tie up with DSPPL. Rtn Uday Kulkarni and Rtn Nitin Washikar were mainly instrumental in arranging this program.

Rotary Club of Mumbai Parleshwar had organised an event On 27th February, 2024 at Airport School, Parle. In 2 sessions of Science of Learning

And On 28th February, 2024, at Parle Tilak High School, Mumbai has organized a lecture on “Science of Learning”. Approximately 120 students of 9th standard attended the same.

Rtn Monika Tondon Rtn Dr Mondkar highly appreciated work done by DSPPL and also inquired about conducting SOFT programs

## 2. On 16th February, The Poona Diocesan Educational Society’s Vidya Bhavan College of Commerce, Pune had organized a lecture

The Poona Diocesan Educational Society’s Vidya Bhavan College of Commerce, Pune had organised event named "AGAPE 2024" for graduation and post graduation students. Participants from 12 colleges were present for the event. Mr. Pranjal Joshi of DSPPL had given the lecture on "Need to cultivate Positive Mindset". He was also invited as a Chief guest of the program. Rt. Rev. John Rodrigues -Bishop of Poona and Rev. Fr. Alex Quadros were also present for the program along with main host Dr Saroj Hiremath madam. Bishop praised the theme presented and everyone was excited to know the good work being done by DSPPL

## 3. Bhoomi Pujan done for Guruji’s Samadhi:

On 23rd February, 2024 Bhumi pujan was done for Guruj’s Samadhi. Mr. Santosh Sharma and his wife performed the pooja. It was not a great moment for all since there was a mixed feeling of missing Gurujji at the physical plane but at the same time feeling his energies at the subtle level. The construction has started and it will take 2 months to finish the construction.



# Ashram Wisdom

## Flow of energy is life, not the energy ...

Once there was a statement made by a sadhak that “Energy is life”. Here Guruji has corrected him by telling that , “the flow of energy is life, not the energy.” He further explained, “Many a times, it is wrongly believed that the energy is the other name of life. Many possibly do not know that even the dead body carries an energy. Of course dead body has the chemicals, cells, tissues, organs, body etc. All these have an energy. How can chemical be formed if there is no energy? So the point here is that the energy does not decide whether one is alive or dead. It is the flow which decides about the life. That flow of energy itself is life. That flow is Shakti, the force. The energy is Shiva, it is a state of being. The shakti is the active power which is called as force. In fact it would be amusing to know that the dead bodies decay because they have energy. If they had no energy, there will be no decay. Energy when it gets stagnated causes the decay. The flow prevents that. Another interesting thing that many do not know is that the diseases are also caused by the flow of energy. Diseases are nothing but the aberration in the flow. So they are also the derivatives of the flow, of course of the corrupt flow. If the flow ceases so are the diseases. That means without a flow, there will be no disease either. That is why most of the times, the diseases also cease when the flow ceases. Have you ever noticed that many a times, the persons after their death look calm and very serene? That is mainly because the disease is no longer there. In fact when I checked with many Doctors, there seems to be some division about the opinion whether the disease continues after the death. Medical knowledge is divided on this issue, at least as far as the Doctors that I have discussed with. They are not sure whether the diseases remains after death. Life, healthy or with diseases is a sign of life, a sign of flow of energy. It is said that in Samadhi, the saints withdraw the energy from the body and keep that in Crown chakra. That is why the body is without energy and hence without decay. e.g Yoganand Paramhans...”.

What an amazing explanation given by Guruji!

# SEMINAR SCHEDULE MARCH 2024

Sr. No.	Scheduled Date	Master	Location	Degree
1	2nd & 3rd March, 2024	Sangita	Ahmedabad	1st
2	16th & 17th March, 2024	Aruna Margam	Bengaluru	1st
3	16th & 17th March, 2024	Rakesh	Pune	1st
4	16th & 17th March, 2024	Bharatiben	Rajkot	1st
5	16th & 17th March, 2024	Vishal/Kalpita	Devrukh	2nd
6	16th & 17th March, 2024	Seemaben	Thane	1st
7	23rd & 24th March, 2024	Kalpita	South Mumbai	1st
8	23rd & 24th March, 2024	Aruna Margam	Hyderabad	1st
9	23rd & 24th March, 2024	Krupa	Vadodara	2nd
10	30th & 31st March, 2024	Vishal	Nashik	1st
11	30th & 31st March, 2024	Krupa	Ahmedabad	2nd
12	30th & 31st March, 2024	Rakesh	Mumbai	1st