

Volume 16

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Reiki Vidya Niketan

Cover Page Photo Credit: Chandresh Parmar

This issue is not for the commercial purpose. It's only for sharing Knowledge and experiences in the Reiki Bramha group



Showers of blessings in Shravan

In Northern region of India the Shravan month has already started and in rest of India, it will start on 5th August. Shravan month is a month of festival. Children are very happy when shravan month comes as there are many holidays in school. Working people are also happy for the same reason. But overall everyone is excited in this month. This month is important for all the Shiv bhaktas (devotees) as well as Krishna Bhaktas (devotees). All the Shiva temple in Ujjain, etc. are full of pilgrims from all the nook and corner of the country. Likewise, Mathura, Vriundavan in Uttar Prades, Dwarka in Gujarat and Tirupathi temple and Padmanabh temple in South are also crowded with the devotees during this month.

Shravan is considered to be a very pious month. Any spiritual practices done during this month multiplies manifold i.e. the fruits of the sadhana (spiritual practices) gets manifold. But only spiritual practice will not work. We need to have full faith in Divine to get the blessings of the Lord. Guruji always used to that rain does not come on its own. It is the innate call of the mother earth which brings rain. Deeper the call, more the amount of rains.

Similarly, blessings of Guru and divine are everywhere but it is our faith which activates it. More the faith, more blessings we will experience. The unflinching faith and commitment to the divine, compels the divine to manifest. This type of commitment I saw in one of the contractor in 'Devrukh. There is a person called Devdekar.



He takes contract for flooring and many other manual job. Our flooring on the compound and of pradikshina marg of Devrukh Ashram is done by him. I know him since then. He used to come and meet Guruji often for some repair work at the Ashram.

This time after Gurupoornima, I met him. He has come to build a pit for the compost in the land adjacent to Ashram. It was raining cats and dogs. In such difficult rain, he came all alone and he was carrying stone on his head and transporting it to the place where compost was to be built. I saw him and was amazed. He is 72 years old. He was carrying such a heavy load all alone. When I met him, I asked him that why he has not brought any worker with him. He said no worker do this job of the transportation of blocks. If I call them, I have to pay for work. And their work will start only when my task of transporting this block from main gate to the place where compost pit is to be constructed. He said, "I have promised to Guruji that whenever there is a work for me, I will come and do it. No matter whether anyone is there to help me out or not. This is my commitment to Swami."

On hearing this I was moved by his level of commitment and his unflinching faith in Swami. Hats off to him. Because had it been someone else, he would have thought that at this age, I cannot do such a laborious work. It was raining heavily, so in this condition one must have thought that my health might get affected if I get wet. What if I slip off and fall in such a slippery muddy path? A common man would have thought of reward in return of his labourious work. But this person is different. No such thoughts occurred to him because of his unflinching faith in Swami. He told me, "Guruji has told me not to worry about anything. Swami will look after you."

At this juncture, I realised that this man has left no choice for Swami. Swami has to look after him because of his faith. A man lifting heavy blocks all alone in heavy rain and in muddy path because of his commitment to Swami is not less than all the Saints and devotees of Lord like Meerabai, Tukaram, Narsimh Mehta. etc. He did not expect anything in return. He could have prayed to Swami to stop the rain or get some helper. But he did not. He did it all alone by himself. Miracles does not happen on its own. It is the immense faith of the devotees which compels the divine to create the miracles.



I also got an insight at that time that he has achieved all the stages of Divine grace. Though my interaction with him is limited but within such a short time, I could infer that he has imbibed all the five principles of reiki in life though he has not learnt it. He is all the time in gratitude towards Swami, he is honest towards his work and does not worry at all. He has dispassion towards all the six enemies Anger, lust, greed, desire, ego and jealousy. He is in Atmabhava (soul consciousness), he is not greedy about money as he had narrated that even if I am not paid for my work it is okay with me as it is Swami's work. He did not think that I am an expert and such laborious work I should not do. His simplicity and honesty in his work without any kind of show off and his unwavering faith will definitely bring divine grace.

This Shravan, let us have unflinching faith in God and we will experience the showers of blessings as this is the promise of Divine. Our love will call the blessings from the Divine. Swami has said, "Ananyas cintayanto mam ye janah paryupasate tesam nityabhiyuktanam yoga-ksemam vahamy aham" (Bhagvat Geeta – 9-22) means There are those who always think of Me and engage in exclusive devotion to Me. To them, whose minds are always absorbed in Me, I provide what they lack and preserve what they already possess.

With love, light and Reiki

Krupadidi

“ —

Ajit Sir Quotes



- Equation of Life
- $A + B + C = X$
- Manage your left side so your right side is managed in the equation of life.
- Left is your right and right is wrong.
- Make efforts and you will get the results



We should have expectation about the results but should not have desire
 $\text{Expectation} + \text{Ego} = \text{Desire}$
 Desire leads to attachment
 Drop attachment

Earth  Tolerance	Wind  Detachment	Sky  All-encompassing yet steady	Water  Impartial love	Fire  Be austere	Moon  Unaffected by phases	Sun  Have thought for others	Pigeon  Detachment
Python  Have faith in destiny	Sea  Remain unaffected	Moth  Control your desires	Honeybee  Refrain from amassing wealth	Elephant  Refrain from sexual desires	Bumblebee  Refrain from object pleasure	Musk-deer  Refrain from attachment	Fish  Refrain from self gratification
Courtesan  Renounce all desires	Lapwing  Discard sense objects	Child  Lead a carefree life	Bangles  Live in solitude	Artisan  Concentration	Serpent  Behave wisely	Spider  World is unimportant	Wasp  Meditate upon God

24 Gurus of Lord Dattatreya

FIRE



"Sometimes, it manifests itself as blazing flames; sometimes as smoldering embers, covered by ash.

But it is always present in all objects as latent heat. The source of all forms in the universe, as also their end, remains ever mysterious. Their source and end is the true Self, which is eternal, unchanging, unmanifest and omnipresent. The nature of the element of fire is such. The manifest fire transforms the various things it consumes into the same ash. Thus fire is my fourth guru." Thus I learn to absorb everything that life brings and turn it into the flame that enlightens my life. In that light, others can walk safely.

Our Vedas starts with Fire. The first verse of Rigveda is "Agni Milye Purohitam". Fire connects the subtle with the gross. Fire is the connection between the material world and the divine. Fire purifies the environment by absorbing bad elements and generates good vibration. That is why yagnas are considered to be very pious. In our existence also digestive fire digests the food and gives nutrients to the blood. Fire of knowledge makes person wiser. Fire to achieve something makes person successful. But here we need to understand the innate nature of fire.

24 Gurus of Lord Dattatreya

Continued...

Fire is the basic element and so is our nature. Our true self is selfless, compassionate, kind and helping. It is there in every person. Our true self may be reflecting in some people very prominently and in some people it might be depicted vaguely but it is present in everyone. We should respect that true self.

Besides this, here if you see we are born from Fire. Our first chakra in mother's womb is Rasatal. And right in the center of the earth there is molten lava. Similarly our first stage in mother's womb is union of mother's egg with sperm of father which is like rasa, semi liquid form. It is believed that we are born from fire and hence all the Hindus are cremated. Our journey is from Fire to fire. We merge ourselves in Fire element. Thus our source and end is the same.

Lord Dattatreya learnt that when we were born we were in Atmabhava and when we will leave our body, we will again become Atma. Just like fire we have to understand our true self. Outer manifestation can be anything. We may be very rich, very successful, very beautiful, very famous but ultimately we have to remember that we are soul. We should not forget our true self. We should not feel proud about anything or have a superiority complex. We should not differentiate ourselves with anyone else as ultimately we are soul.

By looking at fire, we can understand omnipresent nature of soul. And also our divinity. Just as fire absorbs everything and spreads light, we should accept everything in life happily without regret and spread love and compassion to everyone. This will make us understand that everything is perishable and only permanent thing is our soul.



Love is thicker than water (Exploring the depths of human bonds)

- Ashwini Telang, Thane

Introduction

Most of us might have come across the famous proverb “Blood is thicker than water” when it comes to emphasize the strength of familial bonds. However, I was curious to understand how and why did this kind of proverb emerged. So, I searched through the internet a lot many times by now to reconfirm what I found interesting. While I discovered that it is only a part of the original saying. Hence, a deeper look into its origins and variations, I thought should be revealed for getting a deeper understanding of human relationships. Here have been various variations added to this single proverb. One of them is, “Love is thicker than water,” suggesting that the bonds formed through love can surpass even the family bonds.

This article delves into the meaning and implications of this phrase, exploring how love can create profound connections that transcend biological ties.

The Origins of the Proverb

It is said that the proverb “Blood is thicker than Water” might be only a part of the original proverb “The blood of the covenant is thicker than the water of the womb.” If this is the case, then the whole meaning of the proverb is turned upside down - as, this version highlights the strength of chosen relationships, such as those formed through shared experiences or commitments, over mere biological connections. A total 360o change in the meaning of the two sentences can easily be seen.

Love as a Binding Force

Love, in its many forms, is believed to have the power to create deep and lasting bonds. May it be a unconditional love, romantic love, friendship, and even the love between mentors and mentees can forge connections that rival or surpass those of the family bonds. These relationships are often built on mutual respect, shared values, along with emotional support, creating a foundation that can withstand the test of time.

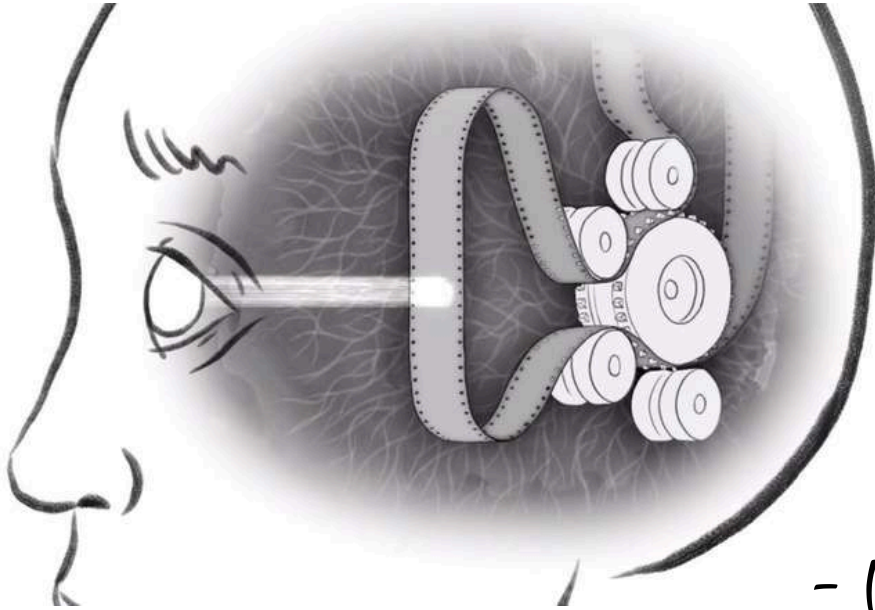


We have various examples throughout literature and history, that love transcends all familial ties. Right from Shakespeare’s “Romeo and Juliet,” where the love between the titular characters defies their families’ longstanding feud. Or even J.R.R. Tolkien’s “The Lord of the Rings,” the fellowship formed by the diverse group of characters showcases the strength of bonds forged through shared purpose and loyalty. Or rather the unconditional love bonds shared by Lord Ram and Hanuman till the Master - disciples love like Swami Vivekananda and Ramkrishna Paramhansa, Kabir and Swami Ramananda, Chanakya and Chandragupta.

However, I would say that in today’s world, the concept of “Love is thicker than water” or rather “Unconditional Love is thicker than the blood” can be particularly relevant. Many people find their chosen families among friends, partners, and communities that provide the support and understanding they may not receive from their biological families. This shift reflects a broader recognition of the importance of emotional connections and the diverse ways in which people can find love and belonging.

In conclusion, the phrase “Love is thicker than water” or “Unconditional Love is thicker than the blood” challenges the traditional notion that family bonds are the strongest. By recognizing the power of love to create deep and meaningful connections, we can appreciate the diverse ways in which human relationships are formed and sustained. Whether through reverence, friendship, romance, or shared experiences, love has the potential to bind us together in ways that transcend bloodlines.

SHIVA HEALS YOU



The Rashomon effect...

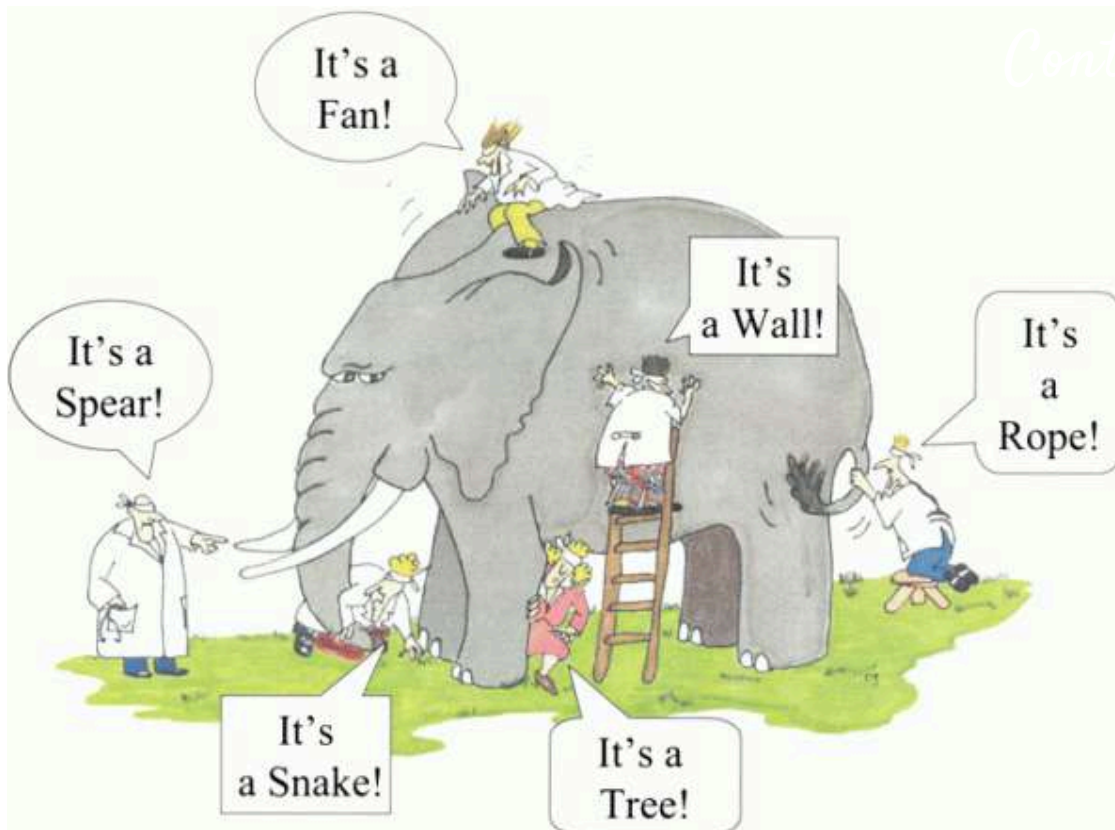
- Viivek A Pandey
Vadodara

Who decides what and how we perceive things in life? In the 1950s, a Japanese movie maker named Akira Kurosawa introduced this psychedelic concept in front of the world. The movie and the Rashomon effect influenced countless films throughout history. The Rashomon effect is a term used to describe how a single event can be described in a variety of ways due to the unreliability of multiple witnesses. The witnesses' unreliability and subjectivity are a result of situational, social, and cultural differences. The Rashomon effect transcended cinema and is a term that is commonly used in both psychology and law.

In simple terms, a person standing in the east will see the number 6, and another person standing in front of him will see it as 9. However, the Rashomon effect is not that simple when it comes to life situations. Imagine a situation where a judge has to take into account four witnesses each describing a different version of the same event. A person lying is an altogether different situation. What if, they all are speaking the truth and are completely unaware as to why their opinions are differing? What goes behind the eyes assumes more importance than what was observed by plain sight.

The senses are unreliable. Over some time people gather a whole lot of experience from their surroundings. These experiences in turn shape their minds and ultimately their belief systems. Each person has his own set of experiences making their mental construct. The average person is unaware of his gatherings. People offer what they have received from the world. Rarely you will encounter people who have the discriminatory sense of looking beyond the illusion and knowing the true reality. To see and to listen without a personal bias is a great art. To see and to listen only through your conditioned experiences is a big folly. Keeping your set of belief systems aside and observing deeply is the only solution.

Whether it's a social gathering in the family or a meeting in the Ashram, the story remains the same. People have overlapping views. With such a large population, to arrive at a consensus is least probable. To get involved in a verbal spat or a debate is the most likely



thing that can happen. If one is ambitious as a person and adds a little force to his opinions, people follow suit. If such a person has societal rules on his side, it is taken up as the ultimate truth. When one displays such forceful traits over a while, he or she manages to drag the world with his ego. The biggest and the most fundamental issue in the world is this, authority is considered as the truth, and the sublime truth is never really paid heed to. We see and listen to what is already there in us rather than seeing and believing what is there in front of us. The inability to witness life and just be a witness results in a chaotic world.

Success is a big thing. Everyone is running a race and wishes to get ahead at any cost. Mostly, the price of this success is paid by the people around. To rule and establish your sole supremacy, one ends up crushing emotions. Wonder if such lifestyles leading to so-called success can be labeled as true success. The problem becomes even bigger when you follow all societal norms about one era and regard that as the ultimate and ideal guide for life. A life, no matter how well lived, can never become the ultimate call for human evolution. Life began with a single cellular plant and with evolution, this is where we have come. The government laws are different, the societal rules are based on tradition and the universe is continuously making us evolve. To be with the time at all times makes sense.

On this journey of seeking the truth, one realizes that the nature of the universe is nothing. In our true sense, we are formless. The cardinal mistake that humans keep making is the act of giving importance to the form and forgetting the nothingness of life itself. The whole power of meditation and being aware emanate from this nothingness. Any attempt to show your form or become something in life is against the elemental basics of human birth. The basic tenets of salvation get erased when we move towards the form. For the one who has unleashed the empty spaces within the mind, everything becomes clear and simple.

Reiki - Universal Life Force Energy the very Flow of Life

- Aruna Margam, Bengaluru

Flow is the only way to be happy, healthy and in harmony. How to be in flow? I remember Sathya Sai Baba's quote "Love all Serve all". If we do all sadhana and could not abide this profound knowledge then we are no where near God. God the very supreme of the universe is living in each one of us. If we can see the divine in each one of them then the flow is good. Otherwise we block our own flow by divisions which is coming from the Ego consciousness.

We all know from Guruji's guidance we are not one but three. The three gunas namely Tamas, Rajasic and Sathwik. When we are more Satwik our flow is good but when we are Tamasic and Rajasic again our flow of life is obstructed and we suffer due to this. We need to remind from seminar knowledge, Swami Vivekananda's quote our journey has to be From Animality to Humanity and from Humanity to Divinity.

Another important knowledge from our Guruji is Do all your actions with Love and not for Love. If we can put this in practice and connect to the divine quality of Love and Compassion the very core of the human we will experience the flow of life. Guruji also said when we feel light and happy we are in the heart. If we are seeking Love and when we have the abundance within us then we struggle with the sadness and grief. Start sharing Love.

We all do Karmas (action) with Mind, Words and Body. The most important in anyone life is the Bhava inside (feelings) when we do any action. When we have a pure chitta (combination of Intellect, Mind and Heart) then our actions are pure which we all know. Reiki sadhana helps us to keep our chitta pure which in turn helps in the flow of life.



Continued...

If our chitta is impure then again our flow is affected due to the blockages or fallouts in our energy body (Auric body). Stay connected to Reiki for a pure chitta.

As we learnt in the seminar the world is your reflection. When we are happy with the reflection then the flow is good, but if we are not and we correct the reflection and not the original (that is we) then the flow is disrupted. The three C's which has to be dropped are comparison, complain and criticize and the three C's need to be caught being compassionate, calm and caring. Dropping the unwanted C's we will know there are no two people in this universe. We are the same energy pulsating together.

To be always in the flow is to just follow Guruji's messages. By being Guruji's shishya meaning the essence of Guruji. His some qualiities will help us to keep up the flow. They are Loving, compassionate, kind, simple, humble, pure, committed, sacrfixing and spirited. He always was connected to Swami and had commendable faith and patience. He put others first , took never credit for miraculous healing through his hands, walked the talk. Sadhana was his priority. He belonged to his students, Did we belong to him? If yes the flow of life will help us to be always Healthy, Happy and in Harmony.

Ever grateful Guruji for this profound knowledge which only creates abundance in every moment of our lives, keeping the flow of life is the very essence of Joyful life. Your life is a message and just will follow your messages which is nothing but your foot steps. Guru is the one who shows the Guri means the destination or our own home the divine abode.



WE ARE CREATED IN THE IMAGE OF GOD



HOMA PSYCHOTHERAPY

By Barry Rathner

Clinical Psychologist



What at times may seem somewhat perplexing is one of the core concepts on the spiritual path—that we humans are created in the image of God. Notwithstanding that all around us is the damage and destruction perpetrated by rather ungodly behaviour by humans—wars and environmental destruction being just two large examples—a look in the mirror may at times provoke images of ourselves we personally may wish were more ‘holy.’ How can this be? Do I need a new mirror and/or a new pair of eyeglasses? Perhaps. But more to the point is that self-perception does not



exist in a vacuum. It is the sum total of our behavior—thoughts and deeds, and views of life—and should our behaviour be predominantly non-godly, viewing ourselves as created in His image may prove decidedly difficult to do. One antidote, it might be said, is to assess our behavior, look honestly in the mirror, and improve upon it as we deem proper. Fivefold Path provides the tools to manifest an ultimate endeavor to answer the question, WHO AM I, and am I really created in God’s image? Fivefold Path may not be the only way. For example, many use the 12 Step program of Alcoholics Anonymous—and other 12 Step programs—to improve self-awareness as well as help reduce unhealthy—and often dangerous—habits that may be termed addictions or counterproductive. And several other self-help programs are available. As Fivefold Path—Yajnya, Daan, Tapa, Karma and Swadhyaya—provides valuable mechanisms that directly target the many kinds of pollution—including thought pollution—that surround us, of the several self help choices, it stands out. Its simplicity is wonderful. Certainly Yajnya—purification of atmosphere through the agency of fire—is the core, the catalyst, for self-improvement and the vehicle that gets us closer to living in consonance with the image of God. The foundation of Yajnya of course is twice daily Agnihotra. To not avail oneself and take advantage of Yajnya is as if you have tied one hand behind your back. This may be an interesting challenge, but the use of both hands in today’s world is not the luxury it might have been considered in earlier decades, but a necessity in today’s ravaged world on an often-teetering planet. If we seek challenges, fear not. Even conscientious practice of Agnihotra and Fivefold Path will not absolve us of the plethora of life’s challenges. The challenges, however, may prove to be more manageable for one determined to lead with the five practices. The point here is that the value of what some of us have been engaged in for nearly 50 years is such that not taking advantage of its blessings—nor applying intense effort—may be regretful. The blessings are here and available and ready to be harvested.



REIKI EXPERIENCES

Reiki: A Journey from Turmoil to Tranquility

Jai Gurudev...!! Today I am writing this Email to convey my deepest gratitude to Aruna Ma'am and Gurudev. I attended the Reiki 1st level seminar on 15th-16th June, 2024 in Bangalore and since then I have been practicing everyday.

I was in a state of great mental pain, when Reiki happened to me. After I got married, I lost my brother and father both in the span of 9 months, performing last rites of my own baby brother was the hardest thing I ever did in my life, I was 28. Depression, anxiety, anger, insecurity, sadness, overthinking, fear was my companion for more than 2 years. Waking up in the morning and getting out of bed was a task, My confidence was shattered and I started thinking "I must have done something wrong, that's why god gave me this pain".



Many days I thought of killing myself and ending all the suffering, but the responsibility of my mother stopped me every time. After months of suffering, I slowly started taking control of my life, I started praying to god everyday, saying "You gave me pain, you only give me the solution now".

One day a message popped up in my Whatsapp about some Reiki seminar happening somewhere in Bangalore, with a skeptical mind I registered for it and went to attend it preparing myself, If this seminar isn't interesting, I would leave the venue by Lunch. Aruna maam started teaching every aspect of reiki and it interested me to the core, I attended a full 2 days seminar and decided I would give this a try with an open mind.

After practicing Reiki for more than a month now, these are some changes I have observed in myself :

- 1.Strong sense of calmness, I have stopped reacting to all the small things that used to concern me a lot.
- 2.Strong sense of security, I am not worrying about things much, I know I am safe and whatever happens it will be for my best.
- 3.Constant state of happiness, I do not complain about things much, I am okay with my surroundings.
- 4.Fancy clothes/Makeup doesn't attract much, I started liking myself the way I am.
- 5.Stopped hurting small insects, animals and people around me, I feel more empathetic now.
- 6.Strong sense of intuition, sometimes I can sense/see things prior to it actually happening.

I am sure, this is just the tip of the iceberg and there are many things that are happening in and around my body that I am yet to experience. I will continue experimenting with this amazing gift given to me By our beloved Gurudev. My heartfelt gratitude to Aruna Ma'am for all the learning and Rajani sir for arranging the entire event so nicely.

Jay Gurudev, Thank you so much.

Regards,

Nirali Bhatt, Bengaluru



1. DSPPL had organised Online Guru Geeta classes from 6th July to 21st July, 2024:

From 6th July to 21st July, 2024, DSPPL had organized Online Guru Geeta classes for the sadhaks of RVN. Ms. Vinaya Rao, expert in Sanskrit had taught Guru Geeta in a very apt way. There was overwhelming response of the Sadhaks. Around 110 sadhaks learnt chanting of Guru Geeta alongwith its grammatical connotation.

2. Online lecture on “Importance of Chaturmas”

by Ms. Krupa Choksi: On 16th July, 2024, an online lecture on “Importance of Chaturmas” was organised by DSPPL under its full moon program Series. The lecture was conducted by Ms. Krupa Choksi. She very aptly presented the facts related to the importance behind chaturmas which covered Spiritual as well scientific aspect of human life. The lecture got overwhelming response and the contents were well appreciated by the sadhaks as well as other people who attended the program. Many sadhaks also demanded the recording of the same. The lecture is uploaded in the youtube channel of DSPPL.



3. Guru poornima Utsav at Devrukh Ashram on 21st July, 2024:



Reiki Vidya Niketan Activities

This year Guru poornima was celebrated in the Ashram to pay tribute to our beloved Guruji. Around 150 sadhaks from different parts of the country and local sadhaks from Devrukh participated in the event. In the morning from 9.30 to 11.30 am, all the sadhaks who have learnt Rudra chanted Rudra Ekadashni (Laghu Rudra). Thereafter Mahaaarti was performed. And in the evening Paduka abhisheka was done by all the Pramukh Sevekaries and Samaradhana Pramukh Sevekaris and all the masters performed Rudra Abhishek on their bells as a tribute to Gurutatva. It was followed by Mahaaarti and Mahaprasad. Thereafter Gurupujan was done alongwith satsang. All the sadhaks enjoyed a lot.

4. Lecture on Reiki by Ms. Neeta Parekh in Kota Maa Bharati P G College:



Maa Bharati P G College in Kota had invited Ms. Neeta Parekh on 16th July, 2024 to deliver lecture on "Reiki for Holistic Health Healing" under Mental Health Awareness Program. The students of the Nursing college attended this lecture. The lecture was well received by the participants

5. Gurupoornima celebrations in various Centers:



Ashram Wisdom

Hallmark of a good Sadhak

Long back Guruji had written this insight which I would like to share with all of you. To be a successful sadhak, to reach the ultimate position of Siddha, one needs to be indifferent to the environment. But mind you indifference does not mean being insensitive. Insensitivities means not being compassionate or loving. Be sensitive means be compassionate. If sadhak is not compassionate, he has no reason to call himself a sadhak. . So one has to be sensitive and still be indifferent. This may sound to be contradictory, if one does not know the crux of it. One does not have to do anything to be compassionate. One has to be just be one's own self. Basically we are compassionate, when the sanskaras vanish, what remains is compassion. Compassion or love is a space. It is a natural state. So truly all that one has to/ have to do is to be indifferent. Even that stage is achieved by the grace of Guru/ or the God. So one has to sustain oneself in sadhana and have a faith. When it comes to environment ,people are aware about sadhak's sensitivity while the sadhak does not allow the sensitivity to break through the inner core of indifference. That is a hallmark of a good Sadhak.

Our Humble Mother

*The sky, The Earth
All burning in a hearth.
What is the cause? Will there be a pause?*

*Oh All this noise
Oh! All this stink
On no! My poise
I can't even blink*

*Let us not kill,
Our humble Mother
Let us now fill
her heart with colour*

*So here is a suggestion to stop this pollution.
To show her our love and not turn her into a stove*

*Plant a tree
Say no to plastic
Set a bird free,
become fantastic*

*Reduce, reuse, recycle
Go out on a bicycle.
Last but not the least
Stop the murder of beasts*

*This brand new revolution
Will be the solution
To save mother earth
The planet of our birth.*

Sreshtha M Nair

SEMINAR SCHEDULE

AUGUST 2024

Sr. No.	Scheduled Date	Master	Location	Degree
1	3rd & 4th August, 2024	Aruna Margam	Bengaluru	1st
2	3rd & 4th August, 2024	Bharti Zinzuwadia	Dantiwada	1st
3	3rd & 4th August, 2024	Kalpita Keer	Kolhapur	1st
4	5th & 6th August, 2024	Krupa Choksi	Ayushman Bharat	1st
5	7th & 8th August, 2024	Vishal Shridhankar	Ayushman Bharat	1st
6	10th & 11th Aug, 2024	Kalpita Keer	Devrukh	1st
7	10th & 11th Aug, 2024	Vishal Shridhankar	Vadodara	1st
8	10th & 11th Aug, 2024	Krupa Choksi	Palanpur	1st
9	10th & 11th Aug, 2024	Rakesh Kumar	Nashik	1st
10	17th & 18th Aug, 2024	Seema Trivedi	Rajkot	1st
11	24th & 25th Aug, 2024	Vishal Shridhankar	Goa	1st
12	24th & 25th Aug, 2024	Rakesh Kumar	South Mumbai	1st
13	24th & 25th Aug, 2024	Seema Trivedi	Mumbai	1st
14	31st Aug & 1st Sep,2024	Rakesh Kumar	Thane	1st
15	31st Aug & 1st Sep,2024	Kalpita Keer	Pune	1st
16	31st Aug & 1st Sep,2024	Krupa Choksi	Ahmedabad	1st