

REIKI

VIDYA NIKETAN



CELEBRATING
Ganesh
CHATURTHI

Can we not be **PROACTIVE** about our life?

There are two kinds of lives in this world. One is where people are conscious about their lives and are alert about the repercussions and fully aware about the cause & effect dimension of life. This is how a sadhak or a seeker is supposed to be living. The second is where people are reckless about their lives and do not care for the pre-actions. This is the mode in which a common man lives. Almost 90% of the people live the second way and there is no problem about that.



consciousness level below

200



consciousness level between

200-600



consciousness level between

600-1000



Dr. David Hawkins a modern time saint who founded the theory of Kinesiology and promoted a Courage Scale on which the human consciousness can be measured, said that there are three categories of people who live in this world. The ones, who have never seen the light of knowledge and are groping in darkness of ignorance with a consciousness level below 200 units. They are in the wretched environment and are purely body conscious with all focus on material gains and losses. The next band is operating between 200 and 600 units of consciousness. They are hardly 20% in the world but are the conscience keepers of the society. They are the ones who are somewhat elevated or at least are aware about the softer part of life. They are holding the humanity in balance. I may call them the sadhaks. Another small percent of population is having a consciousness level above 600 but less than 1000. These are in reality the siddhas or the enlightened souls who are keeping the world alive and in shape.

My fears are about the 21 or odd percent population who as I have said is the conscience keeper of the world who I suspect are losing their piousness. They are getting degraded in their qualities. And that is not good news to humanity. I am experiencing this all around me. The sadhaks who showed a lot of promise

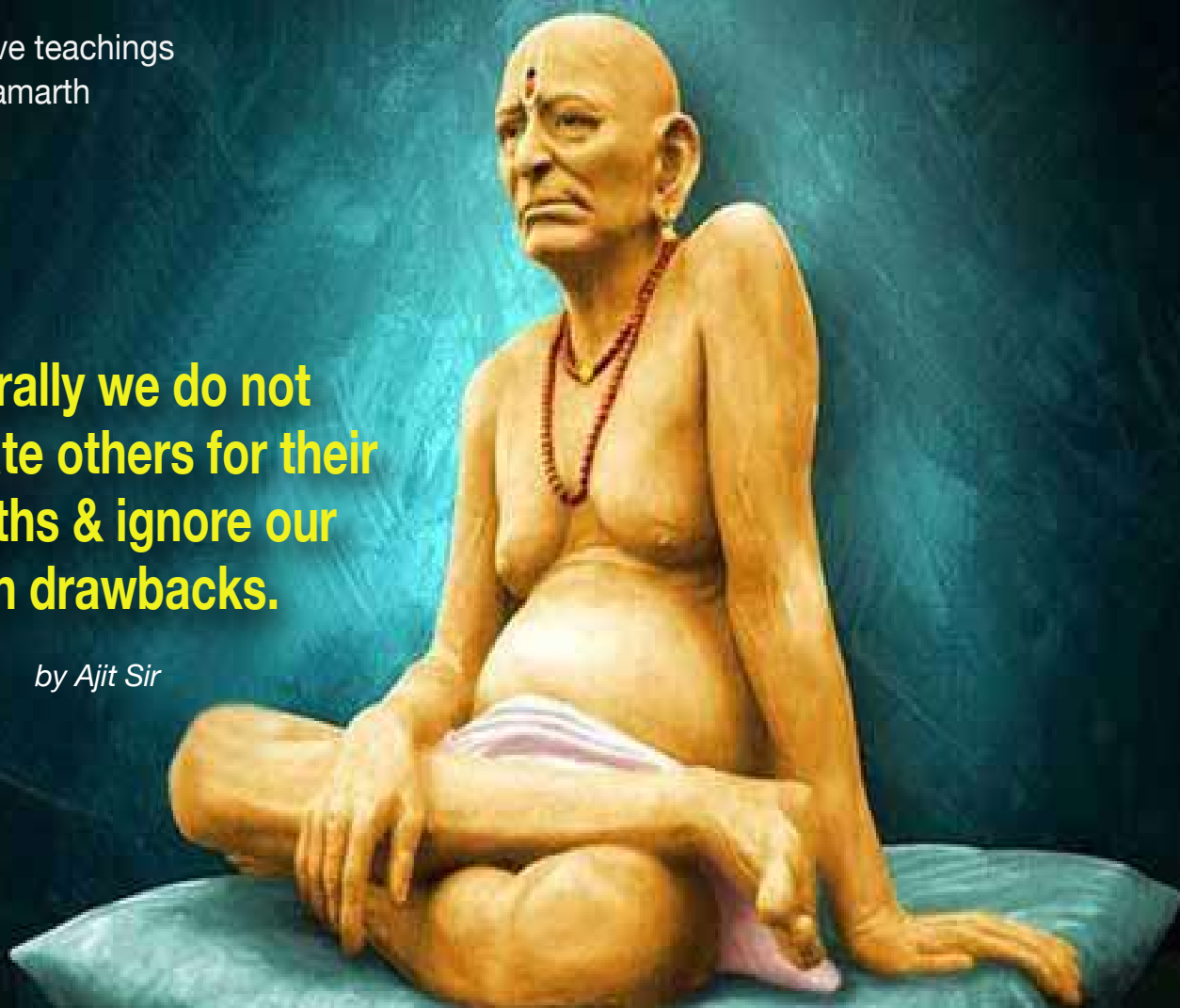
till about few years ago are losing their sheen and glory. They have started fading their glow. Somewhere they look like losing their essence of life. They are losing their respect towards the intents of divine nature and moving into the zone of intelligence. Moving from wisdom to smartness of some nature!

I have been getting a lot many cases where sadhaks need help to get back after sliding on the course. When I analyze these cases, I realize that their current situation is what was predicted and was likely to strike at some point of time or the other. They were warned enough number of times about the situations likely to occur. They were advised to stay away from certain activities and they did not heed to those guidelines. In spite of all these caution notes, they never heeded to them. That is frustrating. Then one wonders whether these people want to become peaceful and harmonized. Then one feels that humanity has decided an option of a mass suicidal act. That may not be in the interest of any individual or of any community.

Ajit Sir

**Generally we do not
appreciate others for their
strengths & ignore our
own drawbacks.**

by Ajit Sir



There is an instance when one of Swami's sewekari Sunderbai does not appreciate the efforts of another sewekari Gayabai and scolds her wasting time in making a rangoli in front of Swami. Sunderabai has been known for her wicked ways in treating other people and for her greedy nature. She is full of drawbacks and all her weaknesses.

Swami does not like this act of Sunderabai and reprimands her for her act. He tells her that what she is doing is generally most of the people in the world are currently doing. But one does not expect these kind of things from Sadhaks. Sadhaks have to follow different disciplines. They need to appreciate the goodness in others and look to one self with critical approach with an

idea to correct one self and to remain on the path of divinity.

When you appreciate goodness in others you get connected to goodness and at one point of time, starts becoming what you have seen. It helps you to grow your virtues. Consistent contact with goodness makes one better. On the other hand when you start critically evaluating yourself, you create opportunities to purify yourself and get rid of your negativities and drawbacks. That only helps you to correct yourself to grow on this chosen path. So one has to always remember that whatever we connect to in our environment we become that and whenever we connect inside we create numerous possibilities of self improvement.



MESSAGE FROM MASTER SHREE VASANT

(received via Parvati Rosen-Bizberg)

Reproduced from Homa Newsletter August 2023

“Helping Children in Today’s World”

When children are growing up in a topsy-turvy world, they need even more attention from their guardians, parents, teachers, and other caring adults in their lives.

The pull of the technological world of Internet is strong indeed. Peer pressure is at its zenith in importance in a child’s mind.

They need a strong foundation, one based on love and trust, one laced with understanding and compassion.

We cannot stress more the need for parents and others close to the children, to be aware of their needs and be present in their lives.

One bridge is Music. Encourage children to learn a musical instrument, sing and be involved in such positive creative activities.

We know many times this has been told. Now, truly it is of utmost importance. Your greatest gift to your child is to LISTEN.

Hear them and respond, always with Love. Keep lines of communication open with your child. It can become like a lifeline.

The Fivefold Path is an ideal base for children to develop. Living in AGNIHOTRA atmosphere automatically gives a push in the direction of LOVE.

Practicing DAAN consciously and encouraging small acts of giving and of kindness to others is vital now. Let them learn the joy of giving without expecting anything in return.

Set boundaries. As in TAPA. But encourage self-discipline. Help the child to decide what they need to honour themselves. How to make correct use of time, fulfil responsibilities and still have time for creative ventures and positive extracurricular activities.

Do good action - KARMA – It can include ecological projects in the community, bringing flowers to a sick friend, making cards for those

in need of a kind word. All kinds of projects can be done, very easily. This trains the child to think of others, to care for others and learn to live in harmony in the world ultimately.

And SWADHYAYA. Encourage children to begin a journal. Let them write in it and share only what they want to share. They can write in it every day, if they want. Of course, simple meditation techniques can also be added as the interest builds. But keeping a private journal of their thoughts, prayers, ideas, dreams, feelings will provide them a safe way of self-expression and beginning way to learn more who they are and who they wish to become.

Always know, the love you give will return to you many times fold. Give without expectation.

Love and blessings for all the children in the world

**"When a person is to be healed, when it is your wish to heal, then you offer this to the Almighty Father. Simply say, “Thy will be done.”
If the person is to be healed through your touch, your prayer or even your thought—which is also possible—then it is His will, not your own."**

-Master Shree Vasant



KNOW YOUR POWER

by Anand

I've a friend who thinks he is always sick. Every time we meet, he would proudly tell me a new name of a celebrity doctor, who would be expensive. He would start with 'you know I'm very sick these days, I can't sleep and I'm taking medicine that is not working on me or my doctor is no good. He seriously feels nobody was helping him. Actually, he is a rich, inherited so much wealth that he had never had to work like others for daily bread. I always wonder why his doctor didn't tell him that he is perfectly fit and fine? I kept telling him that medicine is not always in a form of tablets. Please try some other ways... give up junk food, late nights, learn and do some regular exercises, yoga, meditation, do some fasting, traveling nature, rather than going to Europe every time. Meet friends and laugh. Most Important is do something for others and bring some happiness in their lives.

If we have to do something for others then we need to be fit and fine first. In terms of body and mind both! We have to treat the body as a sacred place. We need to remove all the dirt like anger, jealousy, bad conducts and replace them with meditation, practicing values, having good lifestyle and the mind becomes focused and aligned with Swami. The intent we have has a great power. We could do

anything, achieve anything. The power of the intent (Sankalp) can always surprise us. **'Sadio Mane'** a Senegal football hero earns enormous money every year. He could buy personal jets or twenty Ferraris easily. But he carries a cracked iPhone and live like a middle-class fellow. His response on that is legendary, **"why would I buy cars, houses, property or jets? I have starved, I have worked in fields, played bare-foot and didn't go to school when I was young. Now I can build schools, stadiums, provide clothes, shoes, books, food for extremely poor people of my country. I feel my people should receive some of what life has given me too...I was touched and inspired by this response.**

'Sadio Mane' is exactly practicing all Reiki Principles without knowing them. He was loving people, respecting, helping, caring them, appreciating the world, and therefore he was having no more issues in life, he is happy, and healthy. He suddenly became my hero too. **That day, I understood one big truth that to make a difference in someone's life you don't have to be brilliant, beautiful, rich, or perfect you just need to have a powerful will, a Sankalp Shakti, an intent. And your happiness, wellbeing is just a byproduct that comes along.**

Reminiscing a dear friend and a sadhak *by Aruna M.*

My dear friend, colleague and Sadhak Shashi. It feels like its all too soon that you left us all of a sudden last week 7th of August. When I look back, we spent so much time sharing and bonding in our school which was our second home.

You were a colleague who shared similar thoughts when it came to handling senior secondary students. Always grateful for teaching my children too. You were so talented, Shashi. You were blessed with creativity and writing skills. Art, cooking, teaching, communication, and much more. You were a great teacher friendly and caring. At the same time, you were so connected to your kids and gave them enough space to make their own identities. All of this came from a strong foundation of spirituality We knew it came from a very young age from Mother of Pondicherry and Aurobindo. It inspired me that I visited Aurobindo ashram in Bangalore a few years ago.

As good friends, you also walked into our reiki family in 2007. After that, we grew together in that space. You embraced it and connected well with our beloved Guruji Ajit sir, our dearest Swami Samarth, Devrukh Ashram, reiki seminar space and above all the reiki fraternity. You kept many of them together in the space.

Seven of us travelled to Devrukh Ashram April 2013 10 years ago. You served Guruji and other in masters with delicious lunch during seminars which all of us remember till date. You came to ashram for seva during children summer classes. Once again spear headed the kitchen team, guided and motivated them. The wind chimes in front of Guruji's

abode "Kailash" is always ringing music into all our ears till date. We got introduced to agnihotra in 2012 at our place. It became so much part of you that you connected to Bruce and his team too.

Our another beautiful memories are about intensive for the first time in Thiruvannamalai 2015. We all came together for three days and taken part with Guruji and many masters for the first time. We all witnessed rudra chanting of our master's team along with Guruji and Mayi, Amidst heavy rains in the temple premises. So many beautiful memories gushing out my dear friend. This inspired us to learn Rudra.

Our learning Rudra as a team online from Jairam sir is so enchanting. With all your constraints, you joined us every month for rudra chanting and also for the Atirudra in Devrukh 2016 Shivratri. It was a memorable event for Bangalore team as it was the first effort from us. You were always sharing this grace of reiki with others and motivated many to do so. You were part of first Bangalore reiki seminar, first intensive, first atirudra of Bangalore team and so on.

You have always had the habit of sharing or gifting people when you visit us. I still have the Ganesha you gave during Datta Yag in Bangalore 2019. As we grew together as Sadhaks of RVN family I can vouch you are watching us in spirit and will continue to guide and support us in every way. It's hard to say goodbye as we are connected in spirit. I am sure you are in the heavenly abode and blessing all of us. Always connected in spirit. With heart felt gratitude for those wonderful moments together.

From the lap of Ashram

My Experiences at Devrukh ashram

Mahima Khanna

Jai Gurudev Guruji

Hope you are doing well.

As I returned from the Ashram to Delhi today, I feel so overwhelmed. My heart is so full of gratitude that it can't be expressed through words. Though my seva duration was very less, I feel extremely grateful for being given this opportunity by Swamiji.

I feel privileged to be able to completely immerse myself in

the vibrations of Devrukh at the feet of Swamiji and do as much seva as I could in this limited time. It was beyond surreal.

Will definitely come for a longer seva duration in the next visit.

Extremely thankful to Swamiji, you, and the entire Reiki family for bringing me to this world of energy, love, light, and positivity.

Best Regards

Mahima Khanna, Delhi



THE OCEAN OF STILLNESS

By Vivek Pandey

Resting in the baseless ocean of stillness
Where the mind dissolves and the world ends.
The only remainder is the sound of silence,
Perhaps a soul smitten by his grace.

A timeless journey began some time back into an abyss,
Starting from an era when separation ruled with senses sharp,
Now it is about slow motions aware and steps delicate
With some divinely-sensitive eyes watching the whole play.

A mother and a father both one body, at a task of carving and
Chiseling with a knife blunt, to dispel ignorance rooted deep,
The aesthetic master indeed had the flair to draw,
With light, a painting of darkness made to disappear.

A word came and who would have thought,
The source to be the ocean of silence.
Now the noises and voices override and overrule,
The word doubting and questioning its eternal-formless genesis.

Basking in the glory of this widespread ocean, fallen over the lap,
Which the world said difficult to attain, effortless for a witnessing presence.
The lock was small and the key even smaller, who would have thought
Would open doors to an unfathomable, unending divinely abode.

Today is the day
Just to be Happy...

Today is the day
To forget, forgive and let go...

Today is the day
To make peace ...

Today is the day
To be thankful to all...

Today is the day
To believe in dreams...

Today is the day
To become light of the light...

Just do it
It's never be too late...

Just do it...

by anand





Ashtavakra Geeta

(Chapter 18th contd.)

Verse 18.81

नैव प्रार्थयते लाभं नालाभेनानुशोचति ।
धीरस्य शीतलं चित्तममृतेनैव पूरितम् ॥ १८८१ ॥-

Meaning: He neither longs for possessions nor grieves at their absence. The calm mind of the sage is full of the nectar of immortality.

The Enlightened person does not pray to gain anything or does not express sorrow for not gaining anything. He is totally fulfilled with the nectar of his bliss and will always remain full of joy in everything he does. The person in Atmabhava does not expect anything as he has an experience of being a complete entity. There are no in-completions and obviously he does not need anything in search of completion. If anything is gained he is as complete as he was and if anything is taken away from him, he is complete in any case. So where is the question of gaining something or losing something?

Verse 18.82

न शान्तं स्तौति निष्कामो न दुष्टमपि निन्दति ।
समदुःखसुखस्तृप्तः किञ्चित् कृत्यं किञ्चित्कृत्यं न पश्यति ॥ १८८२ ॥-

Meaning: The dispassionate does not praise the good or blame the wicked. Content and

equal in pain and pleasure, he sees nothing that needs doing.

The enlightened person does not praise nor does he salute anyone, neither he doesn't do the processes of holy fire. He does not stay at one place. He does not criticise anyone and is always balanced in pleasure and sorrow. He is beyond any karma or action.

The enlightened person does not get involved in any processes as he does not need them to get evolved in life. He has already reached that stage.

Verse 18.83

धीरो न द्वेष्टि संसारमात्मानं न दिदृक्षति ।
हर्षामर्षविनिर्मुक्तो न मृतो न च जीवति ॥ १८८३ ॥-

Meaning: The wise man does not dislike samsara or seek to know himself. Free from pleasure and impatience, he is not dead and he is not alive.

The one who is enlightened and freed from the bondages of life does not hate material world. Because he does not look at the material world and keeps on having his sight fixed on his own soul. He does not hate something that he does not see. In a very matured state he does not even look to his own soul because he himself is a soul and beyond any ideas of happiness or birth and death.

Here one can understand that even to hate or love

anything you need to get connected to that entity. The elevated does not stay connected with any good or bad things. Obviously he does not hate or love the world around.

Verse 18.84

निःस्नेहः पुत्रदारादौ निष्कामो विषयेषु च ।
निश्चिन्तः स्वशरीरेऽपि निराशः शोभते बुधः ॥ १८८४॥-

Meaning: The wise man stands out by being free from anticipation, without attachment to such things as children or wives, free from desire for the senses, and not even concerned about his own body.

The true scholar who is freed from the bondages of the life looks to all his decorations dispassionately. He looks to his wife and children without any expectations. He does not care about what he eats as he is beyond body consciousness.

Verse 18.85

तुष्टिः सर्वत्र धीरस्य यथापतितवर्तिनः ।
स्वच्छन्दं चरतो देशान् यत्रस्तमितशायिनः देशान् ॥ १८८५॥-

Meaning: Peace is everywhere for the wise man who lives on whatever happens to come to him, roaming wherever he pleases, and

sleeping wherever the sun happens to set.

The enlightened one as he gets the material things by the way of his prarabdha or his destiny gets happy and keeps on accepting anything that he gets as a result of his destiny in any country, any forest or any town irrespective of the conditions.

Verse 18.86

पततूदेतु वा देहो नास्य चिन्ता महात्मनः ।
स्वभावभूमिविश्रान्तिविस्मृताशेषसंसृतेः ॥ १८८६॥-

Meaning: Let his body rise or fall. The great souled one gives it no thought, having forgotten all about samsara in coming to rest on the ground of his true nature.

The elevated one considers his form as his resting place. While resting in his own self he is worried about nothing, whether the body remains or not, he is the real one freed from the world.

Verse 18.87

अकिञ्चनः कामचारो निर्द्वन्द्वश्छिन्नसंशयः ।
असक्तः सर्वभावेषु केवलो रमते बुधः ॥ १८८७॥-

Meaning: The wise man has the joy of



being complete in himself and without possessions, acting as he pleases, free from duality and rid of doubts, and without attachment to any creature.

The enlightened one stays in the world and enjoys whatever he has without accumulating anything or without any reactions. He is free from all that. He moves around with his own will and free from the duality of happiness and sorrow, totally freed from all doubts and is not attached to any material in the world.

Verse 18.88

निर्ममः शोभते धीरः समलोष्टाश्मकाञ्चनः ।
सुभिन्नहृदयग्रन्थिर्विनिर्धूतरजस्तमः ॥ १८८८॥-

Meaning: *The wise man excels in being without the sense of "me". Earth, a stone or gold are the same to him. The knots of his hard have been rent asunder, and he is freed from greed and blindness*

The enlightened one who is free from attachment is a decoration by himself. In his vision, the stone or the soil or the gold are equal. The power of self knowledge has broken through his gland of heart and is freed from the ideas of Rajas, tamas or satva. He is totally purified.

Verse 18.89

सर्वत्रानवधानस्य न किञ्चिद् वासना हृदि ।
मुक्तात्मनो वितृप्तस्य तुलना केन जायते ॥ १८८९॥-

Meaning: *Who can compare with that contented, liberated soul who pays no regard to anything and has no desire left in his heart?*

The enlightened one is not enchanted by any subject, any chitta and has not lust in his heart is the one who is totally freed from the bondages. He cannot be compared with anybody except the one who is totally knowledgeable.

Verse 18.90

जानन्नपि न जानाति पश्यन्नपि न पश्यति ।
ब्रुवन् अपि ब्रुवन् न च ब्रूते कोऽन्यो निर्वासनादृते ॥ १८९०॥

Meaning: *Who but the upright man without desire knows without knowing, sees without seeing and speaks without speaking?*

The elevated one does not know the material. Even if he knows them, does not see even if he sees them, does not talk even if he talks because from a normal vision he sees, he hears but from the vision of the siddha he doesn't see, doesn't listen, he doesn't talk, nobody else can do all these





“ENTRENAMIENTO MENTAL POR MEDIO DEL FUEGO”

By Barry Rathner, Clinical Psychologist (Reproduced from Homa Newsletter August 2023)

The Mind Training Program of Homa Therapy—the core of Homa Psychotherapy— contains 7 guidelines that are suggested. Here is the second one:

We start removing the old grooves of habit and addiction by performing Agnihotra daily exactly at sunrise and sunset.

Performance of Agnihotra healing fire tuned to the biorhythm of sunrise / sunset expedites the recovery process by providing an immediate positive upliftment of the mind, neither drug or alcohol-induced (which pulls the mind down), but instead does just the opposite — gives the mind a push upward that induces clear thinking.

Though there is some emphasis on reduction or elimination of alcohol and drug use/abuse in the Mind Training Program, best that one is not misled into thinking that one without such habits, is free from addictive behaviour patterns.

In truth, all humans are addicts and it makes little difference whether marijuana, alcohol or double - cheese pizzas are your poisons of choice. If you are propelled out of states of balance, serenity, desire to serve, etc., then it might be said

the source(s) of this are best reduced or eliminated.

Agnihotra gives a push to the mind in the right direction. Your ability to choose between right and wrong improves. Your will-power is strengthened. It has a profound healing effect on the mind and body.

When Agnihotra is performed, the atmosphere is purified. It is stated in the Vedic science of medicine called AYURVEDA that by inducing a beneficial change in the atmosphere, you bring about a change in the functioning of Prana (life energy). Prana and mind may be considered like two sides of the same coin. Whatever affects one will automatically affect the other.

Prana is the life energy that connects man with the cosmos. Therefore, if you induce a beneficial change into the atmosphere, the beneficial effect is automatically transposed to the realm of the mind.

One's opinion, political persuasion, religious bent, etc., are not relevant. Just as certain medications relieve headaches, anesthesia puts patients 'asleep, so does Agnihotra calm and balance the mind by changing atmosphere which in turn balances Prana—a major influenc-

er on mind. It does this regardless of one's opinion of the process.

Agnihotra is the basic material aid to happy living as it brings about purification of the atmosphere and ultimately the mind. Agnihotra makes minds full of love. Agnihotra heals the atmosphere and the healed atmosphere heals you.

You may belong to any faith; you may be an atheist or an agnostic. You will benefit from Agnihotra. Agnihotra is the basic material aid for all the biopsychological techniques given through Vedic knowledge to make the mind full of love towards all.

If one thinks saving the planet is too audacious of a goal, then taking advantage of the one mile diameter and 8 mile vertical distances effected by Agnihotra can go a long way in purifying the atmosphere of your home or garden or farm.

If one is new to all of this, a two-week trial is enough to open your minds and hearts to Agnihotra. If you do Agnihotra irregularly, try to maintain sunrise/sunset discipline for awhile, and note improvements.

This is truly an experiential process. Believe what you experience.

Shree Gurucharitra recitation a unique experience at Devrukh ashram



Devrukh ashram administration came out with an unique concept of senior citizens coming together to read/ recite a pious book Shree Guru Charitra between 31st August and 6th September. 27 senior citizen sadhaks from all over participated in this project and made it a grand success. The readers who participated in this project had a particular place marked for them to sit and read Guru Charitra.

After the morning sessions of reading the pious book in a traditional way, there were evening sessions planned for them when Guruji used to give a commentary about those adhyays that were read during the morning. These sessions lasted for about an hour and the basic principles behind these adhyays were explained to all participants in a very lucid manner. All participants were extremely happy about the top notch arrangements made for them by the ashram administration and said that they would look forward to such initiatives in future too.

Shri Krishna Katha

a new initiative from DSPPL for young children

DSPPL presents
program for young children -
**Awakening Krishna Consciousness
through Good night Stories**

Speaker - Pranjali Joshi

Anybody can
join and listen

Parents are
welcome to join

Online through
Zoom link

15th August to 7th September, 2023
Daily 9.40 pm to 10.00 pm

No Fees and No Registration required
|| Shri Krishna ||

DSPPL an institution dedicated for the cause of creating a better character among the new generation, initiated another activity. Starting from the Independence day of 15th August a program titled as "Shree Krishna Katha" was conducted online using zoom platform every night between 9.40 pm and 10.00 pm.

Mr. Pranjali Joshi, a Managing Director of DSPPL narrated stories from the biography of Lord Shree Krishna to create awareness about the miracles created by the lord during his early age. This program concluded on 6th September on the auspicious occasion of the birth of Lord Krishna. Children audience who attended these sessions could relate with the miracles very happily. This initiative was well appreciated by the audience of young children and their parents.

RVN Participation in Science Exhibition in a school at Ahmedabad



The students of Shree Sharada Vidya Sankul in Ahmedabad organized a Science exhibition on 31st August 2023 in which Reiki Vidya Niketan displayed some knowledge boards on Reiki Energy Science. The topics like 5 principles for success, Reiki for Educational Excellence, Reiki for Life Enrichment and Chakras were discussed in the exhibition. The students who

had undergone Reiki training during this year volunteered to explain these topics with the visitors. Totally 3,500 visitors visited the exhibition and around 68 students and parents have registered their names for learning Reiki.

थोडातरी धीर धरी,
अजुनी काय झाले तरी ।
बोलशी किती खेळशी किती,
पाहीन आता या ठाई ॥

(थोडासा धीरज रखना, अभी तक कुछ हुआ ही नहीं ।
फिर भी कितना बोलता है तू, कितना खेलता है रे तू,
अभी ही मैं देखता हूँ ॥)

31

Have some patience, what has happened yet? How much you talk, how much you play, let me see now...

Here Swami is asking his devotee to have some patience. Many a time the sadhak is excited about his prowess in sadhana and starts believing that he has reached the apex of his sadhana. Swami says there is nothing that has really happened yet to celebrate. There is a long way to go. Let me decide where you have reached on this path.

I will just see how much you talk about your sadhana and analyze your progress. You do not pass self-judgements. You may be in an

illusion that you have reached higher levels. Patience is the name of the game and so is faith. Sage Patanjali says that you have to go through three things in sadhana before you are illumined. They are Abhyasa (Studies), Vairagya (Dispassion) and finally Ishwari Pranidhan (The grace of God). You are still in the first phase. Do not be in a hurry. Keep on doing abhyasa, study more, learn more and then attain the detachment. Once you are ready the God will bestow is blessings.

Seminar Schedule **September 2023**

9th & 10th September, 2023	Vishal	Pune	1st
9th & 10th September, 2023	Aruna Margam	Hyderabad	1st
9th & 10th September, 2023	Rakesh	Mumbai	1st
16th & 17th September 2023	Seemaben	Ahmedabad	1st
16th & 17th September 2023	Bharatiben	Vadodara	1st
23rd & 24th September, 2023	Krupa	Rajkot	1st
23rd & 24th September, 2023	Aruna Margam	Bengaluru	1st
23rd & 24th September, 2023	Rakesh	South Mumbai	1st
30th Sep & 1st October 2023	Ajitsir/ Krupa	Thane	1st
30th Sep & 1st October 2023	Sangita	Surat	1st

