

VOLUME 15

ISSUE 11

NOV-DEC 2023

REIKI

VIDYA NIKETAN



*Remembering Our
Beloved Guruji*

This issue is not for the commercial purpose. It's only for sharing Knowledge and experiences in the Reiki Bramha group.

Our beloved Guruji

A Ray of Hope and Wave of Faith

Last editorial was written by Guruji. Our Guru an epitome of love and compassion. Ocean of knowledge but yet so simple and serene. He would teach you but in a very playful and loving manner that you hardly come to know that

he has transformed you. This moment is very difficult for me as heart says editorial must come from Guruji. I would always wait for him to send the editorial note of the newsletter which all the readers always waited for. But mind says, Guruji always wanted work to be continued. My inner voice told me that you are not going to write anything, it is Guruji who is residing within you will make you write. This gave me some strength to write this editorial. He was wedded to his mission and always wanted us to carry on work like him. He is there with all of us and within all of us.

Guruji's life was his message. He walked what he talked. Whenever any sadhak had any query, he would be more than pleased to answer. I have seen him answering questions even at 1 am in the night with so much interest and love. He lived for all his students. His spiritual prowess was immense and still it is but he never let anyone know about it. He was so modest that he never demanded anything from anyone. Not even respect. He was boon to humanity. Swamiji and Guruji was so gracious that they have



given chance to me be with him in many programs. Looking at him closely, I would always wonder, from where Guruji brings so much love for everyone. I would ask him and he would laugh and bless me. The more I used to be with him, the more I used to adorn him. There was so much to learn from him every moment. He was Astavadhani. He would always remind me did you do this, did you do that which I would have forgotten with my limited mind. But he would remind the smallest of the task. Right from petty things at home to the big lectures and presentations, his dedication was the same. He was another name of excellence. He excelled in his educational life, professional life and reached at the pinnacle in his Spiritual life. He was God personified. Swami used to tell him you and me are one. His punctuality, regularity and willingness to heal and help people

inspired us to be like him. He was like Parasmani - who ever comes in contact with him, will get transformed. He has transformed our lives which we are hardly aware of. It was only when we compare ourselves with what we were before few years. It was only when on happening of certain incident, what kind of reactions we gave, we come to know the level of transformation he had made in us.

At this juncture, the only thing that comes to my mind is that we have to become like him. He always wanted to multiply himself. In every situation, just think what Guruji must have done, how he would have reacted and set your reactions. He accepted everyone and everything in life. He had unflinching faith in Swami. We also need to have that level of faith. He was never lethargic and gave respect to everyone. If he has given a word to anyone about sending an article or some inputs, he would not rest till his task was complete. In every situation, he would always see that everyone is comfortable. He would go out of the way to make people comfortable. This is possible only when you have selfless unconditional love for everyone. Like a warrior, he always taught us to not to give up.

He did all this to make us teach and make us reach to our Atmabhava. During his entire life he did sadhana (Spiritual Practices) so that by looking at him we learn and implement in our life. He has put his seeds in everyone of us. Now it is our duty to make it flower. We need to be positive all the time, need to do our sadhana seriously and follow his



teachings in every walk of life. If we try to emulate him in every situation, that would be the real tribute to our beloved Guruji. Ray of hope and Wave of Faith as not just name of the program but it was what he has given to the entire world. He was Sun who gave rays of hope to everyone in life and was like ocean of faith, he brought waves of faith in our life.

Looking around, when we see lot of violence, lot of negativities, let us be the Ray of Hope and Wave of Faith. Let us spread his teachings to the entire world and make him feel happy. Guruji is not gone. He is there within us and around us. Let us active him within all of us.

With love, light and reiki,
Krupa didi
1st December, 2023



SHIVA HEALS YOU ...

HE CAME AND NEVER LEFT

- VIVEK PANDEY

On that fateful night of 15th October, thousands were left bereaved and felt orphaned. He was a guiding light and a source of reliance for many. We are all fortunate to have enjoyed his divine physical presence for so many years. There are well-wishers, there are friends and then there are people like Ajit Sir whose presence itself was wish-fulfilling. If at all there was a physical presence needed, it was of our Guruji. He was the pivot around which things came alive and activities thrived. A master, a visionary, a philanthropist, and a Siddha of the highest order. Gone too soon Sir!

We all have a limited time frame. Some close and some distant deaths have been witnessed by most people. In current times it doesn't affect many people when someone dies. Only when one lives so magnificently, only when your size is so big to be able to touch so many lives, the phenomenon of death becomes valuable. Ajit sir always used to say, the whole life is nothing but a preparation for a good death. And yes!

he did live up to his word. The smoothest transition from one plane to another, emphatically signifies a life lived so well.

To teach and preach for more than 25 years is remarkable. A journey without a break. To offer practices like Reiki, Agnihotra, Transcendental Meditation-Siddhi, Rudra, Beej mantras, EFT and so many other things at negligible cost is unimaginable in today's world. These are not ordinary things that he gave away without being pompous about it. The above-mentioned practices are the world's most powerful tools to transform human lives. When credited for just about anything, he used to pass it on to Swami. An ardent devotee of Shree Swami Samartha, he had mastered life-energies. Whereas most people are aware of his spiritual journey and the way he managed his organizations, not all must be aware that Sir's was an ideal life right from the start. His excelling in education, married life, the way he conducted his business (based on humane principles),

SHIVA HEALS YOU ...

HE CAME AND NEVER LEFT - VIVEK PANDEY

and his least involvement with money but at the same time mastering the art of economizing things were all so perfect. The way he carried and conducted himself is an example difficult to emulate. People make mistakes and learn, still some repeat mistakes and then learn. We had Ajit sir who reflected long before a mistake was made and never allowed them to happen. Oh, Wait! He did make mistakes but only when his childlike heart was busy managing his disciples. His demeanor was mostly constrained, however, he forgot all worldly disciplines whenever he felt any of his disciples was moving away from the path of Sadhana. His caring heart always belonged to his disciples. A perfect portrayal of both Mother and Father.

Words can never be enough for someone whose teachings will live on for generations to come. To live like a source, to be the source is unfathomable for a common person. To walk on this planet Earth with grace, to evolve and make an entire lot evolve with him. To live in full flow and a never-tiring attitude. To become so inclusive that even objects obey your command. To be able to achieve just about any task by subtle intentions. To help his people by creating situations in which they learn and grow. To have the ability to read minds even at a distance. The abilities embodied within this



impersonality were uncountable. People could only surrender, none could encounter.

Many seemingly accomplished Sadhus appear on television. They manage to get both name and fame. Guruji did have his fair share of success, however, he never ran after fame. So much so that he mostly disallowed people to keep his photograph at home. It is still difficult to digest that a divine being was just a call away from most of us. Things get managed, people take over, but some voids can never be filled. The personal reality of one personality will be etched in the hearts and minds of many people till they are alive.

P.S.: My apologies if anyone finds even the slightest of inappropriateness in the above article. In my little way, I have attempted to echo the feelings of many Sadhaks.

Jai Gurudev.



Guruji

a beacon of light

- Aruna M

Guruji, I remember sending the articles every month. This time too I am sure you are reading this article while I am typing and as usual you are the inspiration too. You are part of all of us which we are experiencing more and more after you decided to guide us in spirit. Your life is our message every moment. It is as though there is a continuous conversation with you every moment. First thing, our heartfelt gratitude for being with us as a true Guru. As I was pondering over it, the thought was Guru is none other than God, the divine, the superior self whatever we call or identify with.

Down the memory lane 23 years ago I was fortunate enough to meet you and Dinesh Bhai in Chennai. I still remember you two were in white clothes, so joyful, full of positive energy, laughing which is etched in my memory till today. You a true Guru never miss an opportunity to teach your students, when I happened to share this with you, you said see that is why I tell masters to wear white. Couple of times I got the opportunity to meet you in Chennai. I used to think when will be my chance to interact with you and you appreciated me for coming

from another city Bangalore and supporting. That pat was a small gift that I still hold so close to my heart. Thank you Guruji for that. In 2007 when we wanted to start reiki seminar in Bangalore you willingly supported in every way and my association with Reiki Vidya Niketan and You grew stronger day by day.

You recently in Wave of Faith online session told us about how Five Principles of Reiki are the vitals of our life. How true Guruji, and how true to this statement you have been a role model to all of us. The first Principle "Just for today I will live with attitude of Gratitude" was closest to you and we have been a witness to you. You were always grateful to even to a person who have done the smallest act in your mission. This reminds me of Lord Rama who appreciated the squirrel for its small deed during the making of the bridge to Lanka was in the process. You are our Lord Rama who was always loving and compassionate. Like you say Ram is Love and he is our heart. You are in our hearts Guruji.

The second principle "Just for today I will not worry". You tell us watch your

Guruji - a Beacon of Light - Aruna M

worries and do not get entangled and slowly it will go away. Greatest learning was during Covid when the whole world was unprepared and shocked and worried. You gave of the Wave of Faith. You spear headed healing, reiki seminars and DSPPL sessions without a tinge of worry and it was a great learning for all of us. You always practiced what you preach and also mentoring each one of us to be in the path. You were like Lord Krishna to us during this period and always stood by us to cross this unpredictable situation. We learnt not only to fight with the inner enemies the shadaripu but also with the invisible one.

Then the third principle "Just for today I will not anger". How you guided us, you acted too. You were in "Athmabhav" with everyone. There are times we have disappointed you by failing to follow your intentions and guidance and learn lessons after the mistake. You still had the patience to continue the next time without any complain. This reminds of Lord Shiva who is always warning Parvathi and she fumbles and he waits patiently for her to get back to Kailash, you are our Shiva who knew meditation is not only with eyes closed but life itself is a meditation and one has to know to respond and not react.

You gave us your encouragement by mentioning that reiki mother reaches only honest people. It is like a feather on our cap. You also lived your life every



moment with this fourth principle "Just for today I will do all my work honestly". Last year May 2022 DSPPL sessions ended on an important note with the oath taking ceremony touching our National Flag that we will be free from corruption. You have not only motivated and inspired the elders but also dropped a seed in each of those students. They are our Future and how you have worked tirelessly towards the betterment of youth and in turn our nation. We salute you Guruji. This reminds me of Lord Hanuman, and made the most impossible possible for his God Rama.

You are our Chiranjeevi Lord Hanuman who stood by the principles for the betterment of the world. Kudos to you and your mission. I am sure you are there in spirit and guiding us to pick up momentum.

Guruji - a Beacon of Light - Aruna M

As reiki sadhaks we have learnt "Just for today I will show love and respect for every living being". We have seen the love you had for all beings. The article you had written after Kalindi and her young calf left us in shock showed your inner love and kindness. You were in Athmabhav all the time and you had no difference between humans and other beings. I have seen the way you handled things with respect and love. Once after a seminar in Hosur I was packing the things. I had not paid attention that I am keeping swamis photo upside down in the bag and you immediately corrected me. You are a staunch swami Bhakth. You always told us ask yourself one question "Is God there". Answer can be anything. But if it is Yes. It is always a Yes. We cannot waver from our faith. This has instilled immense faith in me too. Swami is with us and spread everywhere in every ounce of this universe. You connected us to this source through attunement and guided us to stay connected. You taught is to be happy and do our duties. You gave us strength before and even now. Only God can be everywhere. You are our God moving around us and guiding us in simple ways. You are our Swami Samarth filled with courage and confidence and unlimited determination, faith with your mission.

I am sure we will continue to live joyfully with these as you are the God who are guiding us every moment. You believed



we can live joyfully and die peacefully as death is a transition. Your life has become a message. We are blessed to have you in our hearts. We love you and adore you Guruji for the way you lived and guided us. It is time to act on your message and contribute for the mission.

with love light and reiki
Aruna M



“Guruji” - with us everytime everywhere!

- Ashish Muley, Pune

न तत्र चक्षुर्गच्छति न वाग्गच्छति नो मनः ।
न विद्मो न विजानीमोयथैतदनुशिष्यात् ॥ ३ ॥

The literal meaning of this Shlok 3 of Chapter 1 of the *Kena Upanishad* is “There where the eyes does not reach, speech doesnot reach (because it cannot be described in words), even the mind cannot reach there! We do not understand how anyone can teach that.”

Beyond the literal meaning of the above shloka, there is a deeper connection to be felt. The point made in this shloka is: the spiritual master says that even he cannot make his student understand the ultimate consciousness because it is not something which eyes can see, nor words can express and neither can mind fathom it. BUT, our Guruji did this very easily, every single time he spoke. He described the non-linear way of understanding the supreme consciousness - Swami. When I first read and heard about this shloka - न तत्र चक्षुर्गच्छति न वाग्गच्छति नोमनः, it did not

resonate with me because if Swami is the ultimate consciousness and the supreme truth, then Guruji has already shown us how to see, express and feel Swami’s presence around us - the non-linear way.

Upanishads are teachings where the teacher sits close to the student and imparts him knowledge about the life, about the ultimate truth. The student also sits there with an attitude that he does not know anything and wants to gain from the teacher’s wisdom. If we read these lines again, visualize it, and remember the time spent with Guruji, on every occasion, we will see ourselves sitting at his feet and learning from him. In its essence, it was the Upanishads, he was teaching us. On a lighter note, we can have a ‘Ajit Sir Upanshad’ penning down all the wonderful teachings he gave us. I am sure there are so many gems of statements he made. One of the sentence I remember hearing from him jokingly - ‘Dar ke aage jeet hai aur jeet ke aage Ajit hai’.

“Guruji” – with us everytime everywhere!

- Ashish Muley, Pune

Our beloved Guruji is now at a place exactly as described in this shloka - merged with Swami - the supreme and ultimate consciousness, that which is all pervading and is beyond the limitations of time and space. He is now here, there and everywhere. He is in the existence of all 40000+ sadhaks that he brought together from across the world. He is now the essence of our lives, he is now in each breath we take. He is there where he always was, even before he came in physical form in our lives. He is the Guru Tatva. It is our fortune that in our present mortal life, that he came back to unite us and remind us of who we really are, how and why we should live this life as presented to us.

See you around Guruji! Thanks for making us ready for the mission and looking forward to your continued support.



Jay Gurudev!



“Guru”

**By Chandresh Parmar,
Vadodara**

The word ‘Guru’ is very important, it neither means a teacher, nor a lecturer, there is no way to convert this word in any language of the world. There is no equivalent word in any language of the world. Because no equivalent feeling can be found in the world to describe ‘Guru’.

Guru, knowing everything, pretends to know nothing. He is all-knowing, but he is not aware of that himself, has no pride, because he is knowledge itself, he is not separate from it. Just like the ocean - it itself does not know that it is so vast and it is full of inexhaustible treasures. The ocean keeps swaying in his fun. No matter how much water someone takes from the ocean, it is always flooded. This is also the case with Guru, Guru also has inexhaustible treasures, no matter how much you take

from him, he is always complete and fulfilled.

One is not at peace even after doing good karma or bad karma, peace actually comes from akarma or feeling of non-karma. Karma means that the movement is on, you are always on the run; Akarma brings this movement to a halt, puts a full stop. One becomes a mere witness and not a doer. Only the Guru can make the seeker experience this state. Our Guru Shri Ajit Sir has also taught his followers how to remain in akarma (non-karma) in a very simple way, which yogis and siddhas achieve after many years of practice. We are indeed very lucky to have Guruji as our guru in this birth.

A Sadhak is a seeker, one who is aspirant of moksha, one who is thirsty for the truth, but if one cannot know

"Guru" By Chandresh Parmar, Vadodara

know the thirst, what is the use even if water is found. Only the one who knows the pain of thirst can feel the joy of having water. If there is thirst, then water will be found, in this way even the sadhaka will find the Sadhguru, the condition is Sadhak should be very thirsty. To find a guru, one must first be a seeker himself. I don't know how many births we have been thirsty for, that we have found such a Sadguru in this birth. If we live like a true disciple, then we will find the true Guru also. There are many fake disciples in the world, so the Guru also becomes fake. Thanks to God that we have got a true Sadhguru. He who has nothing to do for himself, whatever he does is for his sadhaks, with a mission to rid the world of pain and suffering. Blessed to have such a Guru... Guru removes the thorn of ignorance with the thorn of knowledge. And then throws away both the thorns. Because knowledge is also a thorn, it is very necessary to remove it, only then is liberation achieved and only Guru can do this work. It is Guru who removes the pain of the thorn and helps one to plunge into the ocean of supreme bliss.

Shastang Namaskar to such a Sadguru of mine!

Dedicated to my Sadguru Shri AjitSir !





Journey to the beautiful source

-Dr. Amara Vasuntara

Everything in the universe goes back to the original source where it came from. Guruji will continue to exist indefinitely in the universal mind. For many years to come it will be hard to find similar insight and intelligence again.

"The body is just a temporary abode, a serai in which we stay for the night and have to leave in the morning. It is not a permanent abode" Osho

The only thing that died with him is his body. Being in Guruji's aura, feeling his gaze, listening to his words, being cured by him are some of life's fortunate events. It is something incredibly amazing to all those who have encountered him and drawn inspiration from him. The entire Reiki family will always be in debt to Guruji for his selfless effort of love, impacting the lives of many through his reiki, advise, seminars as well as his numerous exquisite written works, spoken and unspoken words.

We never lose the ones we love, not even to death. They still participate in every action, idea, and choices we make.

Our memories will forever be permanently marked by his love. We take solace in the knowing that sharing his love, reiki and happiness has improved our lives. One may miss his physical presence, his voice, his guidance but look around, Guruji is in the breeze that gently touches you, he is in the rays of sun that lightens the whole world, he is in the drops of rain that sweeps the earth, he is in the music of the world, he is in the stars that shine.

Guruji's warmth, enthusiasm and energy will always be felt forever in the hearts of all reiki sadhaks. We all reiki sadhaks thank Guruji for his contribution to the humanity and promise to take his dreams forward with love light and reiki.



Ashtavakra Geeta

Chapter 19th

जनक उवाच ॥

तत्त्वविज्ञानसन्दंशमादाय हृदयोदरात् ।

नाविधपरामर्शशल्योद्धारः कृतो मया ॥ १९ -१॥

19.1 Meaning: King Janaka is satisfied with his self realization and tells Astavakra that with the tongs of Truth, I have plucked the thorns of wrong thinking from the innermost cave of my heart.

Janaka realized he was considering the worldly illusions as truth but now with Guru's grace he has realized that the world is illusion and now he has known the reality about the Self.

क्व धर्मः क्व च वा कामः क्व चार्थः क्व
विवेकिता । क्व द्वैतं क्व च वाऽद्वैतं
स्वमहिम्नि स्थितस्य मे ॥ १९ -२॥

19.2 Meaning : For an enlightened being there is no meditation, no pleasure, no prosperity or discrimination. He is free from duality. He feels either united nor separated. In that blissful everything is one. Nothing is more important and nothing is less important. He is merged into his self.

क्व भूतं क्व भविष्यद् वा वर्तमानमपि
क्व वा । क्व देशः क्व च वा नित्यं
स्वमहिम्नि स्थितस्य मे ॥ १९ -३॥

19.3 Meaning: For a realized soul, there is no past no future nor present

He is neither bothered about past and nor concerned about future. For him there is no space and no eternity, everything is one. He is in the state of being where everything happens. He is free from the state of doingness. For him the doer and task has become one.

क्व चात्मा क्व च वानात्मा क्व शुभं
क्वाशुभं यथा । क्व चिन्ता क्व च वाचिन्ता
स्वमहिम्नि स्थितस्य मे ॥ १९ -४॥

19.4 Meaning:

An enlightened being is so much happy with his state where he is not aware about self also. Neither good pleases him nor evil bothers him. He is neither confused nor clear. He is still in his atmabhava. (soul consciousness)

क्व स्वप्नः क्व सुषुप्तिर्वा क्व च
जागरणं तथा । क्व तुरीयं भयंवापि
स्वमहिम्नि स्थितस्य मे ॥ १९ -५॥

19.5 Meaning:

A realized being is not aware about dreaming state nor waking state. He is not aware about deep sleep and also not aware about Turiya (meditative). In dreaming state a common man gets either excited or fearful based on the experience one gets but a realized soul is even free from that. He is established fully in his soul consciousness.



REIKI EXPERIENCES

- Nithya Velu

Jai gurudev Guruji!

Jai Gurudev. Reiki given for thyroid patient for 4 days advised patient to do test after a week. Thyroid hormone reduced from 7.8 to 5.9.

Even she lost her weight, long term pains like knee pain, Back hip pain, back neck and shoulder pain were cleared.

She was about to go for her foot bone surgery and stopped her healed with Reiki.

She was unable to take full breath now she can.

Right elbow and left leg got injured with an accident around 5 years back her pain on the above said lost.

4 days of her Reiki session healed her multiple pains.

Thanks to Reiki

Jai Gurudev

Nithya Velu

Before Reiki

Test Parameter	Result(s)	Biological Reference Int
IMMUNO ASSAY REPORT		
Specimen	Collected On	
Serum	07/05/2023 09:30	
*THYROID STIMULATING HORMON	7.8 μ IU/ml	0.30 - 5.50 μ IU/ml
Electro Chemiluminescence (ECLIA)		
—End Of Report—		
Verified By	DR SUNEETHA CONSULTANT PATHOLOGIS	
RAJI SHEESU TECHNOLOGIST	Reported On 07/05/2023 1 KMC :84245	

After Reiki

Test Parameter	Result(s)	Biological Reference Int
IMMUNO ASSAY REPORT		
Specimen	Collected On	
Serum	02/10/2023 10:05	
*THYROID STIMULATING HORMON	5.9 μ IU/ml	0.30 - 5.50 μ IU/ml
Electro Chemiluminescence (ECLIA)		
—End Of Report—		
Verified By	DR SUNEETHA CONSULTANT PATHOLOGIST	
VIGNESH	02/10/2023 12	

SEMINAR SCHEDULE JANUARY 2024

Sr. No.	Scheduled Date	Master	Location	Degree
1	6th & 7th January, 2023	Vishal	Nashik	2nd
2	6th & 7th January, 2023	Aruna Margam	Bengaluru	1st
3	6th & 7th January, 2023	Kalpita	Devrukh	1st
4	6th & 7th January, 2023	Bharatiben	Ahmedabad	1st
5	11th & 12th January, 2023	Krupa/ Seema	Ayushman	1st
6	13th & 14th January, 2023	Vishal	Pune	2nd
7	13th & 14th January, 2023	Kalpita	South Mumbai	1st
8	13th & 14th January, 2023	Rakesh Kumar	Thane	1st
9	16th & 17th January, 2023	Krupa/ Meena	Ayushman	1st
10	20th & 21st January, 2023	Sangita / Bharatiben	Surat	1st
11	20th & 21st January, 2023	Rakesh Kumar	Mumbai	1st
12	20th & 21st January, 2023	Kalpita	Ratnagiri	1st
13	20th & 21st January, 2023	Aruna Margam	Hyderabad	1st
14	22nd & 23rd January, 2023	Krupa / Sangita	Surat	1st
15	27th & 28th January, 2023	Vishal	Jaipur	1st
16	27th & 28th January, 2023	Aruna Margam	Chennai	1st

To be in Atmabhava does not mean not to expect anything and not to make efforts to achieve it.



In one of the seminar, one participant asked that you said that Reiki has divine intelligence and gives you whatever is necessary for life. Does that mean we should not make efforts to achieve anything in life?

While discussing the features of Reiki, we always say during seminar that Reiki has its own divine intelligence. It gives whatever is good for you or necessary for you. In this connection, one of the participants asked that does that mean we should not make efforts or have an ambition. We can always strive to achieve whatever we want in life but we should not have desire and make efforts to achieve those desire. But after having worked to achieve that desire, even if things are not happening as per your wishes, then we should accept that fulfilling that desire may not be good for us. Because Reiki gives you what is appropriate in life. When we believe that by hook or crook we have to achieve it then there is a problem. There is nothing

wrong in having expectation of good result but when this expectation turns in ego game our expectation becomes desire (Aasakti) which not is acceptable. That desire comes out of ego and we manipulate things to achieve it.

To flow with the flow of life is what we say to be in Atmabhava. We should strive to achieve whatever we want in life but should not crave for it. If we are practicing and experiencing Reiki in life, then Reiki will give you what is appropriate in life. If it will be harmful for you in the long run, it may not give you. At that time we have to be in acceptance. Reiki is like a mother who would not give a knife in the hands of a small child. So just make your efforts in be in surrender with right kind of understanding.