

# REIKI VIDYA NIKETAN

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EDITORIAL

## Moving from Fear to Faith, that is the only way to breakthrough now...

The World is reeling under the multiple waves of Coronavirus Pandemic for more than 18 months now. The end of the dark tunnel does not seem to be in sight. The science that we knew and believed would save us from the ultimate disaster seems to be losing its promise created over past 2 centuries. The economic models for human progress seem to be collapsing around us. How does the human life survive in such multitude of catastrophe? That is a million dollars question. "My flanks are retreating my centre is broken. Excellent situation. Now I shall attack" are the famous words of Colonel Fowler in the second world war which are very inspirational in the current situation.

When the present looks murky and the future looks hazy, may be, we need to look within our existence, our golden past. The Ancient Science offers the answers to meet the new challenges. The sciences of the golden age of the past have all the abilities to bring us out of the rut that we are all in. The Yagnyas and the Mantras, the Vedas and the Upanishads, the suktas and

the sanhitas all have that power to bring out our innate abilities to survive and grow. They are the weapons to wake you up from the deep slumber that we experience. This was the moment probably God said he would wait to reappear for. He had a promise to the humanity long back. Whenever the human community goes into fear and hopelessness, I will reincarnate. That is what he said time and again. All that he needs is a call from the wise people. All that He needs is a bunch of good people who are sage like, seekers to save. Those wise men and women who can pray! Who can pray with absolute faith! We have all learnt that since we started walking on this divine path. God almighty has been preparing all of us for this moment for the past two decades. Invoke everything that you have learnt on the path. It is all yours. Do not shy away from this moment.





The fear is being created by the advocates of devil and proponents of the evil designs. The conspiracies are all around us. The environment is full of disenchantment and gloomy. Your minds are being threatened. Your trust is being tested. Dig yourself, hold your grounds. Do not quit. The time for revelation has arrived. You need a strong force of faith to spring out. Faith is what your nature is. Fear comes from outside. Do not allow the fear to grip your mind. Faith has the foundations of tolerance and patience. Just be patient, just be calm, and just be tolerant. Do not create conflicts. They won't take us any far. Come join the force of faith.

Send Reiki to everyone who is depleted in energy, chant Rudradhyay in praise of that supreme power beyond all limitations, just sing Digambara, Digamabardhoon to reincarnate that inner trinity, chant Taraka Mantra to spread the message that Swami is there with his devotees every single moment, invoke the goddess Durga's healing mantra through Shree Guru Yativarastotra, allow the Ram Raksha sheath around you to protect you from all evils, listen to the promise of Datta Mantras.. There are doors opened all around you. The Gods and angels are waiting to enter through these doors. The game of fear is now over. Never feel alone. Do not lose hope. Do not have the desperation to say,"what is in my hands?" Remember the God's hand is in your hand. Come join the force of Faith. Let us all create a huge wave of faith so that a wave (no matter how many they are) of fear just feel fearful of that virataswaroop of the Faith and just vanish.

With deep towards all of you,

*Ajit Siv*

April 28<sup>th</sup>, 2021



## FIRE INCIDENTS AT HOSPITALS

*by Vivek Pandye*

Amidst the rising cases of covid-19 creating sad havoc worldwide, there is this curious case of fire incidents at hospitals on the rise. A minimum of 10 such incidents has been reported from India alone, where covid patients were undergoing treatment. There are cases from abroad as well. Even stranger is that none is talking about it, and no government has conducted an inquiry to establish the root cause behind such fires. A hospital is a place meant to heal. The same place is generating a whole lot of heat, rendering itself incapable of healing.

One cannot put administrative failure as the only excuse. There must be reasons beyond the ordinary comprehending human mind—something which the human race has always avoided acknowledging and understanding. First, the panic created by the first wave and second wave of Covid-19, and now this herd mentality of running around madly after hospitals has resulted in compounding issues. The natural system of healing remains veiled within most of us. The human aura naturally meant to create a healing space has adorned the role of spreading fear and panic all over. The collective insecurities, the hue, and the cry result in such tragic incidents. The root cause being the instability of the human mind.

Mask, double-mask is the new nonsense being spread in the name of science. Science has to be the subset of life and never can encompass the ever-flowing phenomenon called life. Right now, the way governments and the so-called educated elite are behaving; it seems that fighting a mindset would be even more challenging than fighting any virus. The way people are fighting for the lives of their loved ones confirms the ignorance that life was a short sojourn anyway. Not that people should not get treated, but the same can be done in the calmest and composed ways, keeping in mind the permanence of the soul and the body's impermanence.

In 1897, when some pandemic had hit India, the Jain community of Gujarat and the Bishnoi community of Rajasthan observed fasting for three days to pacify the departed souls. The Indian way of dealing with the pandemics was not social distancing but the

use of collective consciousness and the healing touch of humans. Society back then had never felt any individual feel aloof or separate from itself. The situation in the world currently tells us that even money cannot buy an oxygen bed. The materialization and only the knowledge of the gross world made us believe that remaining together and healing have no co-relation. Every small ship called a family was meant to be built by damaging a giant ship called the world. At least one good thing has happened due to the pandemic; the goodness and the helping nature are being regained by many of us.

Nothing can happen without one's permission. Somewhere we all create situations, and then by losing the mental balance, we compound the problems. The human race has become an expert on relying on some outside agency for both problems and solutions. The market way of life has set in the healing systems as well. First, create a problem and then provide the solution at a price. The human race is hugely successful in ignoring the inner aspects of life. Somebody presses a panic button from outside, and the inner peace and balance of an entire race go for a toss. Why so much reliance on the outside solutions? Furthermore, why trust the world which feeds us an invisible virus, proclaiming it to be deadly? It is easy to talk about such things theoretically, but the fundamentals of the human healing system have been taken too far in the wrong direction.

It is high time we think about preventive medicine based on the energy field of humans. Hospitals are not places where one set of people fetch money, and the other set of people throw their heat onto the hospital beds. The buildings where healing can happen should have employees who can heal. The doctor's presence should not just be reassuring but also render a divine feeling. The role of machines in diagnosis should be restricted, and the role of humans in sensing the root cause of any unease should be promoted. The human aura has the secret to most of the dastardly incidents happening all over the world. The same collective consciousness can be utilized to heal at once. For once, let the eyes be closed and the minds diverted inwards.



# Service and Spirituality leads to Serenity

*by Aruna Margam*

I was reading a religious book on Sathya Sai charita known as Tapovanam every thursday. It has in total 18 chapters. I read the 17th chapter yesterday. Sathya Sai spoke about the importance of service in a spiritual path. He explains this with a beautiful story from Ramayana. We all just celebrated Rama Navami and I was so excited to know more.

The story is about a conversation between the supreme devotee Hanuman and the younger brother of Ravana, Vibheeshana known for his devotion to Lord Rama. Though he was in Lanka he was always praying to Lord Rama. So Vibheeshana tells Hanuman that "You are very fortunate to do Rama Smarana that is chanting his name and also getting darshan of Rama every day. Look at me I am not so fortunate. I too do Rama Smarana but I am not blessed with the opportunity to have darshan of Lord Rama even once".

Hanuman explains "I am sure you are chanting his name all the time, but have you participated in Lord Rama's seva activities? Full ten months Seetha was here in Lanka. Have you ever thought of reducing her agony? Did you try to have her darshan even once? Did you say any kind words to reduce her suffering? Any of these would have added to the service of Lord Rama.

I believe in "Dil me Ram and Hath me Kam". Rama in the heart and seva in the hands. This is the only way to connect and be with Lord Rama. When we do service we do it for the God in us and the God in others. It's not only important to be spiritual by chanting Rama's name, it is equally important to do self-less service. Service to Humanity is Service to God. This helps us to be humble and grounded in our day to day life. Our Ego is kept under check all the time.

Guruji from day one of the seminar introduced us to spirituality and Service to others. Giving reiki to others is the self-less

service we learn in seminars. In turn there is one benefit we get, we are filled with that pure love energy which is nothing but Lord Rama himself. Reiki ArogyaMandir the short form is also RAM. Like a mother teaching her child moral values Guruji has taught each and every sadhak about the importance of service from day one.

We have such wonderful sadhaks in our Reiki family who have imbibed this essence in their journey of life. These sadhaks were the role models to be like Lord Hanuman. With Swami Samarth in their heart and seva in their hands lived a purpose life. What a journey! Mr Mahesh Shuklaji and Mrs Pratibhabehn are more precious than the precious gems of the world. They did seva till the last moment of their lives. Such enthusiastic person Shuklaji, I recently got introduced to him and was only in awe with his contagious energy.

Pratibhabehn will be etched in every sadhak's memory for her profound seva like translations of Gurucharitra, Swami satcharita, Holistic Parenting into Gujarathi, Many people come and go but a very few leave a mark in this world. As sadhaks we all know that Death is just a transition and moving from physical form to subtle form. With her seva she has left an impression in everyone who knew her and also for generations who are yet to be born in this world.

We are so fortunate to have witnessed their silent seva. One might give so many excuses, but they found opportunities in every situation to do seva. Swami must be proud of these children. They have reached Swami's Lotus Feet as pure as rain drop, joyfully like a fluttering butterfly. May Guruji's blessings and Swami's grace shower always on their families in generations to come.

## What if... by Telangan



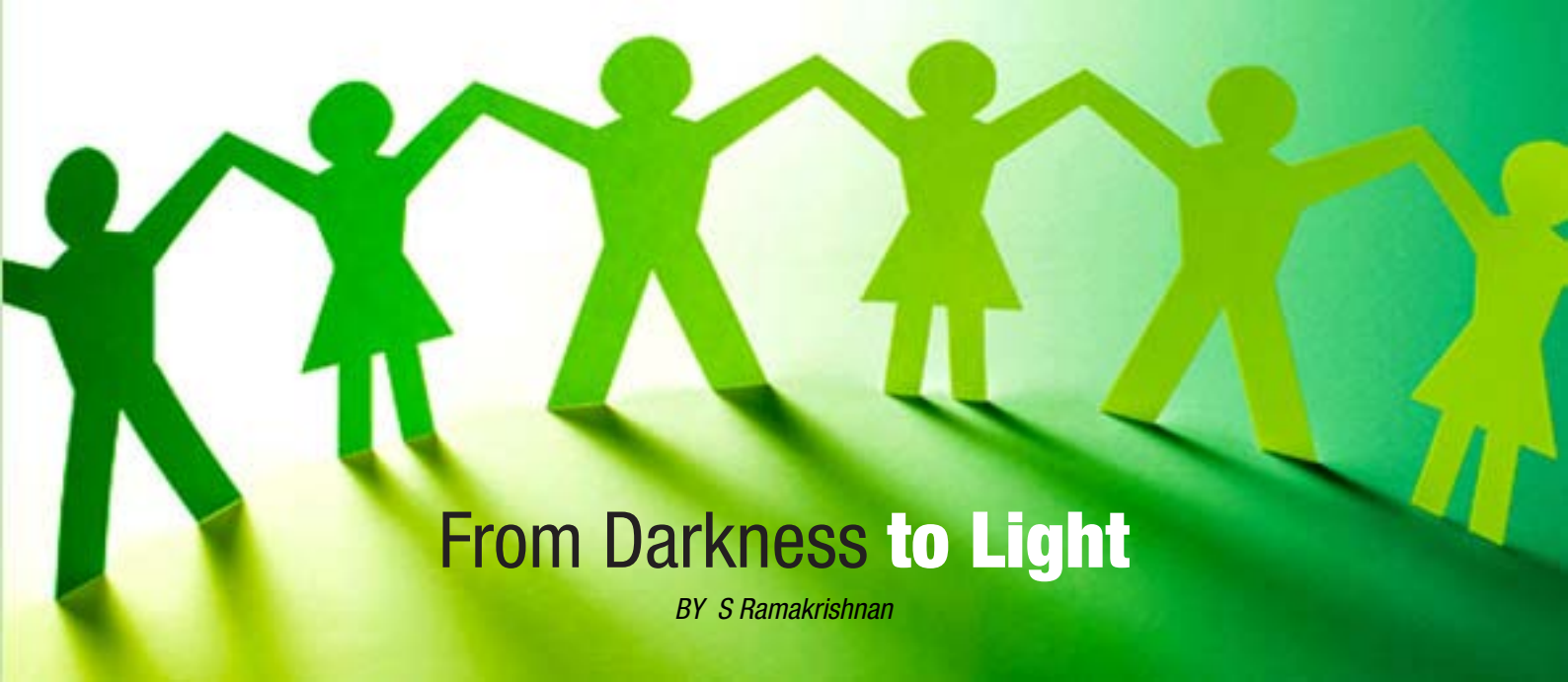
***Most of the time our belief system holds us back and do not let us enjoy the beauty of life. We are occupied with some stubborn ideas about everything. When we meet someone for the first time, we create an idea about the person based on how S/HE is dressed, looks or talks.***

I remember we had gone to the Raigadh fort. There was no restaurant available at that time. Few poor people were selling fruits, buttermilk ETC. At night after six it used to be very quiet, dark and very few people would remain on top. Mostly people, government care takers who had small houses around. All other tourists would have to go back. We had decided to spend a night under the sky, so all of us were carrying a bedsheet. We met an old tribal woman who was staying in a hut on the slope of the mountain. She had a small farm and a cow for living. She didn't have family or too many requirements to fulfill. Little grain and vegetables could keep her joyful. She was immediately ready to cook some simple food for us when I requested. My friends had different ideas about hygiene and they refused to eat the meal she offered. I was in very good mood that night. I found a Shivrai (a copper coin of Shivaji Maharaj era) while going around the fort and now I was having the best meal of lifetime, Bhakari, chatni and onion. No plate, no spoon, no table but the greatest experience ever... food on a large leaf, sitting on the ground where Chhatrapati Shivaji Maharaj must have steeped. The dark starry night for complimenting and thousands of fireflies in the background. The old lady refused to even take money for the food and she was sitting next to me happily feeding me like her own grandson. I had to force her to take money by making her emotional. Unfortunately, my friends missed that

incredible experience because of their rigid ideas... What if...

Isn't our life like that? For the entire lifetime we are so much concerned about the presentations and covering. Looks matters more than the inside content. If the cup looks dirty, we don't drink amazing tea also. For entire lifetime we crave for higher jobs, big salaries, large houses, cars ETC that is going to remain here only and nothing comes along with us but we don't know where to stop and finally the life ends without earning real wealth. A man lived with his three brothers and they loved each other so much that when he was on the death-bed, he asked the first one... Will you come with me for the next journey? He said no brother I can't... I will have to stay here only... So, he asked the other brother... 'Will you come with me for the next journey? He also said no brother I can't I can't go beyond... So, he asked the third brother and he said Yes, I will, even if you don't ask me. For the entire life you have ignored me but I was always there with you and I will be there even after. Name of the first brother was wealth... Second was power & fame... and the third was Karma... first two are having limitations and they will stay here only in the next journey only our Karma follows us. Most of our life we struggle for first two and ignore the third... at the end we think 'What if'...

What if in the first place, we have faith in god, we respect everyone, we follow honesty, do no harm anyone, appreciate god for everything we have in life. We love others, remain responsible, kind and generous who would constantly support deprived. What if we live simple Spiritual life and then we will never have to worry for these two words again. We will definitely carry a lot along with self at our final destination...



# From Darkness to Light

BY S Ramakrishnan

The much-awaited Wave of Faith to counter the Wave of fear was launched on the auspicious day of Ram Navami by Guruji.

As Guruji said during the meeting this was the desire of Swami which all are fulfilling. Really lucky to be a part of the "Yagna".

In fact, the Sadhaks of Swami were anxiously awaiting for one such opportunity to serve the society in this hour our crisis and Pandemic running riot around the world.

At each and every step Swami speaks to the Sadhaks through Ajit Sir and each and every word he speaks and utters is a message to us and one enjoys following the same to the end.

The day Guruji launched the WAVE we were so satisfied that our life has not gone to waste and of some good use to the society.

As Guruji said we cannot do everything in this Pandemic period. What we can do is create a wave of faith "collectively" to counter the wave of fear which kills or has killed many of whom many are near and dear ones.

The second wave has become much worse than the first and the only way to get out of it is to counter it with the Wave of faith.

Guruji said it rightly that all those around the world needing our services will get it round the clock and as Sadhaks our mission will be fulfilled by our services. One should not hesitate to be a part of this "Yagna" for mankind.

Guruji has handpicked, rather Swami has selected appropriate leaders to lead the team and this will go a long way in instilling total confidence and faith in the minds of the members of the society who are suffering the most presently.

The need of the house as Guruji stressed is creating an atmosphere of confidence among the citizens, and the family members.

The wave will surely work in this critical period and the collective efforts will surely have the desired effect.

But one should not forget the forewarning as early as in 2019 repeatedly by Guruji that 2020 and 2021 is going to be a difficult year for the world and all kinds of haps and mishaps will be order of the day and as Sadhaks we should not be afraid of the same he said.

He has also asked to follow all kinds of protocols to remain safe.

*The team announced by Guruji include, **Rakesh and Kalpita V (Mahamritynjaya, Rudra Swahakar- Yagna), Aruna Margam (Distance Reikhi), Jairam Athalekar (Rudra Chanting), Babasaheb Kripekhar and Arti Joshi(Ram Raksha Chanting), Shripad and Siddhi Joglekar (Dattabavani Chanting), Meena Bhave and MrunalKutumbale (Tarak Mantra Chanting), Ashwini Telang and Krupa Choksi (YativarStawan Chanting), Vishal Shiridhankar and KalpitaKeer (Dhigambara Chanting).***

As Guruji informed us during the session on the other day Yativar Stawan is the latest one added to other chantings.

A message from Guruji this morning has itself indicated as to how the movement has already started working wonders. The experience in Surat as narrated by one of the Sadhaks is simply mind blowing. Many more are to follow as the movement progresses.

We are thankful to Guruji who held our hands at all steps and occasions and took her close to Swami and inculcated the teachings in us.

Come let us all create a Wave of Faith among one and all in the society. The platform given to us by Guruji of services is sure to counter the Wave of fear and create the Wave of faith.

Infact we Sadhaks were eagerly waiting for the message from Guruji when we got the intimation of the meeting and we got a total satisfaction upon listening to the launch of the movement.

# To the Path of Bliss...

## FOUR NOBLE TRUTHS

Buddha in his first sermon at Sarnath near Banaras stated that he achieved complete enlightenment only after he acquired insight into the four truths. The first noble truth is there is suffering in life. There is the suffering of birth, old age, sickness, and death and besides, humans undergo sufferings which they themselves create. Everyone suffers either in the body or in the mind.

Recognize the suffering, stop running from pain, identify whether it is physical, physiological, or psychological. Look deep into the suffering to understand the cause. Encourage yourselves and make an effort to go to the bottom of the suffering, by getting advice and aid from family, friends, and Guru. You will realize that you have understood the suffering.

Bertolt Brecht wrote in exile,

In the dark times

Will there also be singing?

Yes, there will also be singing.

About the dark times.

Suffering helps you to grow. Let the suffering reveal you the way to peace and joy. If suffering is one side of the face, the other side is a wonder. Look at the wonders of life. The green leaves, golden yellow flowers, your breath will reveal the truth of impermanence

and interdependence of nature.

The second noble truth is suffering has a cause. It may be either desire, attachment, aversion, or negative actions like killing, stealing, lying, etc. Recognize the path that led to the suffering, understand the cause and encourage yourself to put an end to the suffering.

The third noble truth is there is an end to suffering. Recognize that happiness is possible, encourage yourselves to find ways to well-being, and realize that you have obtained.

The fourth noble truth is charting the method to end the suffering. Recognize that your right - intention, view, action, speech, livelihood, awareness of one's feelings, and state of mind can end the suffering. Encourage yourself to follow this and realize you have achieved it.

Many humans are awakened during a difficult period in their lives. Once they find out the cause of suffering they transform their lifestyle or behavior and bring an end to the suffering. Transformation may be gradual but the suffering will end.

Only when you accept your suffering you will realize the path of bliss.

Dhamma-vandanā, Ratana-sutta-8

-“Just as Indra’s pillar (a strong post at the entrance of a city), that is firmly

embedded in the earth remains unshaken by the winds blowing from the four directions, similarly I declare as truly virtuous that person who has fully comprehended the four Noble Truths by direct experience. Such a person who is established in wisdom remains unshaken under all circumstances.

Once when a sage was sitting with his eyes closed, he heard someone screaming ‘Help! Help!’ He realized that it was the voice of a man who had fallen into the pits of hell and was suffering there. The Sage realized that this punishment was given to him because he had committed many murders and thefts when he was living. He felt compassionate and wanted to help him out.

He looked for some good deed the man had performed when he was living. The man had once carefully avoided stepping on a spider while he was walking. The Sage asked that spider to help the man. The spider sent a long strong thread into the pit, the type that it uses to spin its web. The man caught hold of the thread and started climbing up. When the others who were suffering their punishments tried to climb up using the same thread, the man got anxious. “This thread has been sent for me. If so many people try to climb on this, the thread will break!” he shouted angrily. That very moment the thread broke and he fell into the pit again.

From Andy Stanley:

"Sometimes I just want it to stop. Talk of COVID, looting, brutality. I lose my way. I become convinced that this "new normal" is real life. Then I meet an 87-year-old who talks of living through polio, diphtheria, Vietnam protests and yet is still enchanted with life.

He seemed surprised when I said that 2020 must be especially challenging for him. "No," he said slowly, looking me straight in the eyes. "I learned a long time ago to not see the world through the printed headlines, I see the world through the people that surround me. I see the world with the realization that we love big. Therefore, I just choose to write my own headlines:

"Husband loves wife today." "Family drops everything to come to Grandma's bedside." He patted my hand. "Old man makes new friend." His words collide with my worries, freeing them from the tether I had been holding tight. They float away. I am left with a renewed spirit and a new way to write my own headlines."

Story by Andy Stanley.



A person is silhouetted against a cloudy sky, standing on the very edge of a dark, jagged cliff. The cliff face is on the left, and the person is looking out over a vast, hazy valley with rolling hills and a river or stream winding through it. The overall mood is contemplative and dramatic.

# wake-up

by Telangan

It will not count what

People think of you,

It will surely count what

You think of yourself...

People know your name

But not your journey...

They will talk and gossip

Whatever they think is right

But they will never know

What you have been through

So, just wake up and move on...

There is rapture when the first showers drench,  
the waiting stillness of the parched thirsty soil ;  
and the sensuous earthy fragrance fills the air,  
with its fecund promise of birthing dormant lives.  
There is rapture when the lambent impregnated earth,  
brings forth her teeming millions in all forms,  
from the modest seed to sapling, flower and fruit,  
to the myriad creatures that thrive in the deep woods.  
and the abyssal oceans where burgeoning denizens rejoice;  
what to say of humans with their calculated choice!  
There is rapture at the sight of a rainbow delight,  
as much as a fortuitous glance at a shooting star,  
the sweet trilling and high notes of richly plumed warblers,  
as they hop on sturdy arms of ancient sagely trees.  
There is rapture at the brilliance of many roseate dawns,  
and the richness of many a blazing vermillion sunset!  
As days go by and seasons turn by the mystic Sun,  
and the sleepy frost wakes up to a vibrant spring.  
There is rapture when the wind kisses the sails,  
and the mysterious ocean beckons the spirit wild,  
the sudden company of gentle giants of the deep,  
Or the frisky frolic and tempo that dolphins keep!  
There is a reverent rapture in the wheeling stars,  
while meditating on the stretching inky dark dome,  
of the enchanting, endless, bejeweled night skies!  
There is a serene rapture as one basks in the master's effulgent rays,  
and gleans the wisdom of ages in his cryptic gaze,  
soaking in the ambrosia of esoteric, recondite knowledge,  
which channels as wisdom through his experienced precepts.  
There is rapture when I place my head on mother earth,  
and feel her giant heartbeat in tune with my own;  
A steady molten love forms an iridescent bridge,  
between her magnificent heart and that of mine.  
All of earth is a grand carnival of raptures,  
If only mankind chose to really see,  
and feel the mighty heart of the loving earth,  
that nurtures all beings in one embrace!

# Rapture

*by Shashi S.*





There have been many natural and unnatural disasters—massive floods, volcanoes, mighty storms, hurricanes, tornadoes. These were all predicted as well via Orion and in many ancient scriptures which spoke of future civilizations. Thus, all of this should come as no surprise.

To be forewarned is to be forearmed.

Follow these mandates to protect yourselves, but use your sense of inner awareness to perceive when what is spoken is truth or what is spoken is laced with falsehoods and deception. Both exist. Know when to listen and when to remain one-pointed and focused on your inner knowledge alone.

There is deception even in alternative news, not just mainstream. Be fully aware that, in dire times, all forces will be awakened to guide the people—some for their own benefit and others to reveal absolute truth.

Those of you for whom the many conspiracy theories have taken your allegiance, beware and be aware that all what is spoken in these conspiracy theories is not true. Actually, in some there is no thread of truth; in others, only a small amount is actual and accurate.

Please focus inward and allow Divine to uplift and guide you on the best path to full and conscious awareness now. Being unduly swayed to one side or the other will highly likely bring your awareness down.

Do not allow your gullible self to listen to and be convinced by the rhetoric of either side!

That the diseases now sweeping the world's stage are real, rest assured, they are. However, as with any case, opportunists will arise to twist and turn the evidence to suit their persuasion.

Be aware.

Take moderate and close care to protect yourselves and others, but do not allow your spirit to be weakened.

Remain steadfast on your own mission—whether it be to spread these healing fires to all you meet, to instruct and guide others in such beneficial practices such as Hatha Yoga, meditation, organic gardening, natural medicines, and so on.

Remember to keep your hearts open to receive Divine Blessings via the pure avenues of Music and the Arts. Through creative avenues you, especially the young, will be able to maintain and buffer your souls during times of grave danger and trial.

We are with you always.

***Be aware.***

***Be aware.***

***Be aware.***

## OM TAT SAT.

April 25, 2021 Shree Vasant (During group silent meditation following Agnihotra, He continued)

Future is, at best, uncertain. All theories, those of the right and those of the left, have little truth entwined with what is essentially propaganda for their ways of thinking. This process is designed to separate and divide you.

For those in the alternative culture, the conspiracy theories are aimed directly and specifically to divide you.

We are here to inform you that in these times, you all must try to UNITE. Disregard the media—that from the right or from the left. Be aware of the facts, as they can be somewhat clear, though often also manipulated. However, know that if news media is reporting tens of thousands, for example, you can multiply that and come closer to the actual count.

Unplug from the news as much as possible. Only remain on as long as it takes to have some understanding of current events.

When there are extreme disasters, immediately go within and concentrate fully on visualizing and sending those places protection, prayers for the unfolding of Divine Will.

On subtle level there is great power. Great power. Great power.

Agnihotra will act as a shield of protection on all levels in all situations. However, you also have to play safe. Take necessary precautions. Be responsible for your lives and Grace will always take care.

India. India. India. Current wave of this disease is horrific. You should not go anywhere—only in case of emergency.

Don't go anywhere. Increase fires. OM.

We are with all of you.  
Walk in Light.  
Blessings to all.

All love.  
OM TAT SAT.

# The Blanket of Faith

by Pooja Solanki

The law of conservation of energy states so, Energy can neither be created nor be destroyed, It changes from one form to another, by willingness.

Well I remember, Guruji had stated so, Covid affects a person, who had a fight / nuisance / some negative thought process.

' I am sick and tired of this lockdown', Such statements, cribbing, Or these above activities use energies.

Guruji has planned to help, By diverting energies, Well God helps those who helps themselves.

Our own stream of energy can be diverted, to The Ocean, by our own willingness to change and make way, with our own faith.

With this coming Wave of Faith from Guruji, Try to catch each and every strand, Weave it into a Blanket.

Just like the Atmosphere is a blanket, around the Earth all-round-the-year.

This Blanket of Faith', Will be there all around us, As well as all-round-the-year.

Faith is blinded trust, Faith is a doubtless relationship, Faith is unconditional Love and Respect, Faith is that thought process which is Him, He is the start, middle and end, He is the one to initiate it, as well as be it, as well as be at the receiving end.

# Astavakra Geeta - Part 8, Chapter 2

by Ajitsir



## Verse 1

जनक- उवाच  
अहोनिरञ्जनाशान्तोबोधोऽहंप्रकृतेः परः ।  
एतावन्तामहंकालंमोहेनैवविडंबितः ॥ १ ॥

**Meaning:** I am blotless, tranquil, pure consciousness and I am beyond nature. All this time I have merely duped by illusion.

Janaka here expresses the joy of self-realization having attained spiritual illumination through the instruction of Ashtavakra, in the following verses.

1. Spotless or blotless – free from all adjuncts
2. Tranquil- Beyond any change
3. All this time- Until I received instruction from my Master
4. Illusion- Identifying the self with the body, mind etc.

Look at the effortless with which the Master transformed his disciple. This is exactly what Janaka is bringing out here. Everything happened just at a jiffy. Just at a moment. A moment of self-realization and the life turned around. Janaka did not become free as he was always free but did not realize his freedom being entangled in the mundane world and its activities. It is like our story of a cub of a lion staying with the sheep and believing that he is a sheep. One visit of a King Lion and everything changed. He found himself. He realized he was always a lion. It is the ignorance of thing that deprives us of the experience of what is.

## Verse 2

यथाप्रकाशयाम्येकोदेहमेनंतथाजगत् ।  
अतोममजगत्सर्वमथवानचकिंचन ॥२॥

**Meaning:** As I alone reveal this body, even so do I reveal this universe. Therefore mine is all this universe or verily nothing is mine.

Here one has to appreciate that disciple Janaka accepted what his Master had said within a fraction of a time and in totality. He did not question and argue the way Arjuna did to Krishna. Here what Janaka is trying to say is that only self-illumination leads to self-realization. It is the light of the soul that reveals everything. It is the light which is important. The beautiful tress, flowers and mountains are treats to the eyes and give the pleasure to our mind and heart. But only when you see these in the illumination of the Sun. The moment the Sun sets and darkness gathers, the same things look scary like million ghosts around. Now, the mind is fearful. Nothing has changed around except the darkness. These kinds of experiences take one to the extreme swings- like you are the whole or you are nothing. But both mean the same at one level of consciousness.

### Verse 3

सशरिरमहोविश्वंपरित्यज्यमयाऽधुना ।  
कुतश्चित्कौशलादेवपरमात्माविलोक्यते ॥३॥

**Meaning:** Oh! Having renounced the universe, together with the body, I now perceive the Supreme Self through the secret of wisdom.

Janaka here is full of wonder to see that with advice of his Master Ashtavakra, the whole perception of life has changed. The wrong and ignorant ideas of the body and the universe were the cause of all those life experiences we called reality when truly they were illusions. Look, here Janaka has not given up or sacrificed anything. The sacrifice through conscious mind leads to ego. Here Janaka has not done anything, everything has happened. Ashtavakra did not change the peripherals but he touched the core of Janaka. The moment the core changed, the peripheral life transforms. The moment Arjun is realized the environment moves from a negative experience to the positive environment. Here the word Now, is very pertinent as Janaka is trying to draw our attention to the moment of that divine touch of his Master. He is totally withdrawn from the sense of doingness. Then everything is a happening for him.

### Verse 4

यथानतोयतो भिन्नास्तरंगाः फेनबुदबुदाः ।  
आत्मनोनतथा भिन्नं विश्वमात्मविनिर्गतम् ॥४॥

**Meaning:** As waves, foam and bubbles are not different from water, so the universe emanating from the self is not different from it.

Here Janaka is implying that the Self or the Atman is the only substance of the universe, just as clay is the only substance of the pot. The pot is nothing but the manifestation of the clay with a name and a form superimposed on it. Waves, foam, bubbles are nothing but the ocean and are not different than it, so the universe is nothing but the self and is not different than it. This reminds me of a wonderful bhajan in which the saint says that he was trapped in the ocean surrounded by the huge tides and the cyclone in the air with no land in sight, everything looked lost and suddenly the God takes the form of the same wave which scared him earlier to bring his boat to the banks.

### Verse 5

तन्नुमात्रभवेदेवपटो यद्वद्विचारतः ।  
आत्मतन्मात्रमेवेदं तद्वद्विश्वं विचारितम् ॥५॥

**Meaning:** As cloth, when analyzed, is found to be nothing but thread, so this universe, when analyzed, is nothing but the self.

A piece of cloth is really nothing but thread. Yet we falsely think that it to be something separate and different from thread. In the same way, Universe is nothing but the Self. We however, look at it in a different way and find these two to be separate. Just by a proper understanding and a guidance of our Master we can get rid of this illusion. Scientists believe that the whole universe is run on four forces- Gravitational, Electro-magnetic, a strong nuclear force and a weak nuclear force. However they do not understand that all these four are emanating from only one prime source of The Self. That is an illusion.

# O B I T U A R Y



The month of April left a lot of sorrow behind for RVN family. Two of our stalwart Sadhaks were called to serve the almighty. The first shock came when one of our Pramukh Sewekaris at Devrukh ashram Mr. Maheshbhai Shukla died of COVID-19 infection on 17th April. Maheshbhai was a gem of a person. Very soft spoken, very gentle and kind person at heart. He was a typical Swadhyayee in the tradition of late Param Pujya Dada Athavale of Swadhyay Parivar. He had devoted his life for Gayatri Upasana for the past many years. Maheshbhai was one of our pillars of strength for our mission. Always smiling and always in total acceptance he would perform any duties assigned to him with absolute efficiency and a smiling face. We have lost a dedicated Sadhak in his demise though we know he has reached the golden lotus feet of Swamiji. May Swami guide him to his ultimate destination. Let us all pray for his soul as well as his entire family left behind in bereavement and grief. Our prayers to Swamiji to give them a strength to absorb this huge shock.

The second big jolt given by the destiny within just two days after Maheshbhai's passing away when our dear Pratibhaben left her mortal body in Rajkot on 19th April. Pratibhaben was full of life and was always on the forefront of our mission. Pratibhaben left her eternal mark behind in the form of Shree Guru Charitra, one of the most pious scripture in the Datta Sampradaya, by translating the entire scripture in Gujarati language. This one act of her has proved to be very impactful in the lives Datta devotees. She has written her name on the hearts of millions of Datta devotees in this country as well as abroad. Pratibhaben has always been a source of strength for all of us walking on this divine path, someone to whom one can go for guidance and directions. She was also chosen the first recipient of Sadhaks Mahila Puraskar by Guruji in 2018/ She translated the biography of Shree Swami Samarth originally written by late Ganesh Ballal Mulekar who was in service of Swami during his time, in Gujarati language. Besides she just finished the Gujarati translation of our book Holistic Parenting just a few days before her passing away. Her loss is irreparable for all of us as she was needed in this hour of crisis we are all going through. We have no doubts that Lord Dattatreya must have lent to her his divine hand to lead her to the gates of heaven. She deserved every bit of that.

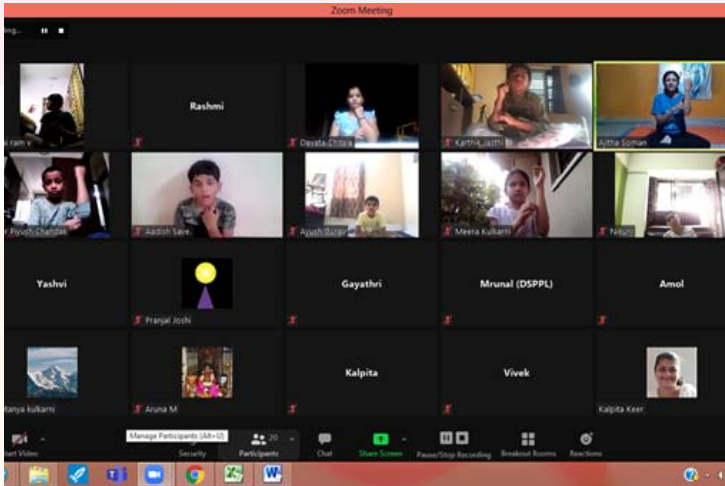


Though for a couple of months, the Coronavirus impact looked lessened, the new wave of pandemic tightened the physical activities and all events had to be done online. Naturally RVN activities also got curtailed.

The plans to continue with Reiki seminars at various locations had to be shelved again.

There were 2 major events however, which were initiated during April '21.

## DSPPL's Online Pathway to Wisdom training programs for young children



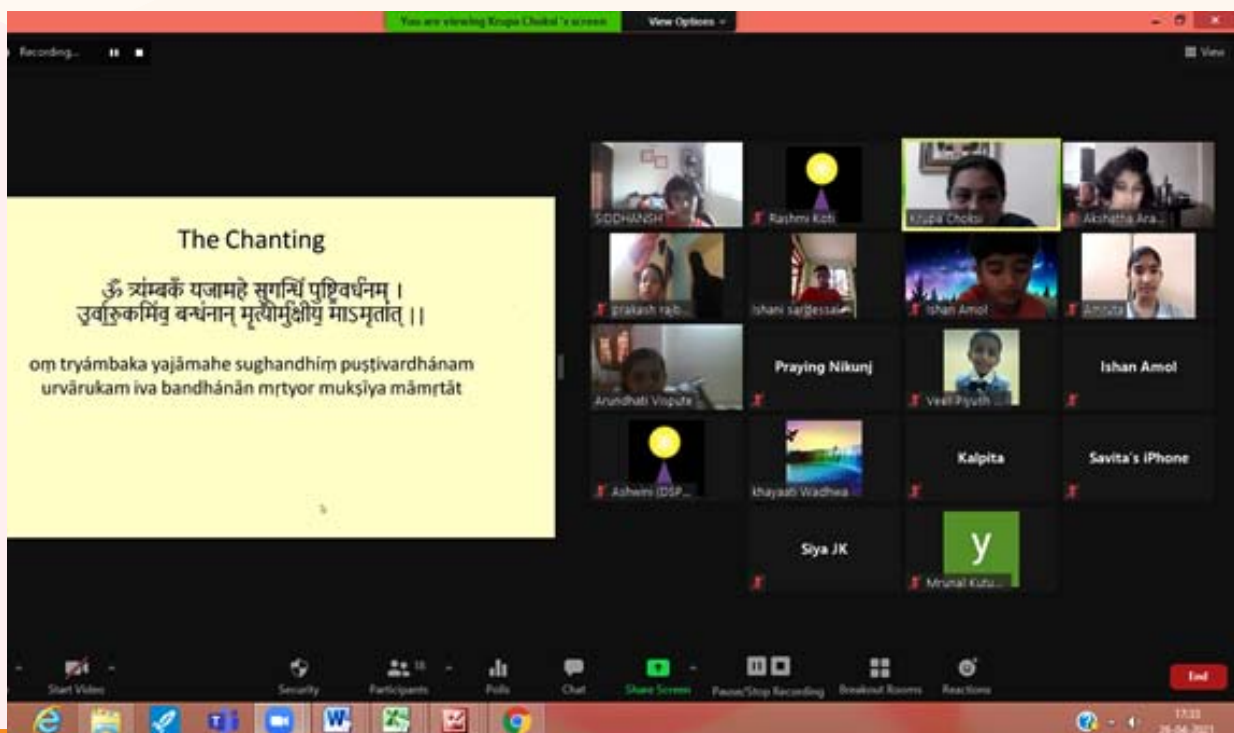
DSPPL announced there 2021 programs for various levels like SOFT 1, SOFT 2, SOFT 3, SOFT 4 and STRONG 1, STRONG 2 and STRONG 3. The training window opened on 13th April, a GudiPadva (New year for Hindu Calendar) with a launch of SOFT 1 for 9 years old children. That program concluded on 23rd April.

SOFT 2 and SOFT 3 programs followed immediately on 24th April which are currently in progress while this newsletter is being created. The month of May will see multiple levels right from SOFT 4 to MP 1 and MP2 with some STRONG levels too.

## The launch of Wave of Faith by RVN

With the second wave of Coronavirus coming with more ferocity than the first one, the wave of fear started going beyond manageable proportions, Guruji felt a need to create a Wave of Faith to counter the Wave of Fear. The wave of Fear can't just be wished away, unless we create a larger wave, thought Guruji. On Ram Navami day on 14th April the Wave of Faith program was launched and RVN Sadhaks responded with great enthusiasm and spirit.

Currently the support program is offering help to many even outside Reiki community world- wide by creating groups in Reiki, chanting of hymns of Rudradhyay, Digambara, Dattabavani, Ram-Raksha, Shri Guru Yativar, Swami Samarth Taraka Mantra who are working tirelessly by sending their energies to many patients who are suffering from Coronavirus to various degrees.







# I AM NOT GONE, I AM ALIVE...

Shree Swami Samarth, the fourth reincarnation of Lord Dattatreya has been a significant force behind millions of his devotees even now. This quote of Swamiji which is attributed to his reappearance even after he left his mortal body, is something which gives a lot of confidence to his devotees, after another famous quote “Do not fear, I am with you.”

Based on the available literature on Swamiji, He appeared in the form after his samadhi, to many of his disciples and devotees and assured them about his presence. The statement though gives a great level of assurance to many common people, also has a meaningful impact on many walking on this path of divinity shown by him.

Literally in Marathi, this means that I have not died though I have shed my mortal body, I am alive and active. Truly, a Purnavatar (a holistic reincarnation) does not have any end. Even the Siddhas never die the way the common thinks about a death. As it is they use the body for a limited purpose of doing some tasks on this planet. The birth and the death are only to the bodies which are gross in nature. These saints and elevated souls are more of a spirit than a gross. The body is only a tool for them to achieve their purpose on this planet. This is exactly how one wears a uniform like a policeman or an army man while on duty. Once the duty is over one does not need the uniform. Same is with the form for these elevated souls. When they shed the body at will, it is called Samadhi.

This message of Swamiji is a huge solace to everyone in the world. This is for everyone who walks on the path of devotion with faith, surrender. Those who are gentle, free from sinful acts, believe in goodness and lost in the ocean of illusion. Swamiji is telling all those that I am very much in the midst of all of you. Do not feel alone. I have not left you to fend for yourself. My existence is in every direction around you. I can choose to come in form whenever you call me in desperation. Do not be afraid of the evil designs of those wicked people and demons around. I will protect you in every sense, in every moment. This is a God’s promise to all those who have a faith in Him.

There is another connotation to this statement. It might be a warning to all those who are wicked in nature. The ones who are bothering those who are on a noble path. The way the Eagle watches his eaglets and protects them from evil in the world, even from a far distance. This is as if Swami is saying to those evil forces, “Don’t mess up with my children or else..”

This may also be a warning to all those walking on this path but with mischievous intentions like getting publicity, wealth, looting people in the name of God etc. Swami has set certain moral codes of conduct for his devotees and disciples and would have a eye on their behaviour and actions. The earlier such people get this message better for them and the world.

Truly, no saint and the elevated souls die. Death for these Vibhutis is only a transition and not the end of life. They allow their consciousness to settle in their Sahasrar chakra (The Crown chakra) which is outside the body. Then the consciousness does not need the body to preserve itself. It can create a body by connecting to five elements at will and take form whenever required. That is a difference between the Samadhi and a Death. No wonder these powerful entities are immortal in the real sense. A great saint of this century Swami Swaroopanand said it beautifully in the poem he wrote just before his Samadhi.

*I am not from this world,*

*My mother sent me here,*

*The task she gave is completed by her grace,*

*Now I do not want go anywhere,*

*I will stay here only in the cloud of joy.*