



REIKI VIDYA NIKETAN



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Reiki treatment during Pregnancy .. the need of the hour

Editorial

The clipping of a young boy of 10 years massacring the hostages of ISIS went viral on social sites and media just a few days ago. I have been hearing these kinds of pervert acts wherever I have been going for the past few months. In a place like America (the United States) I was told during my last visit there that the prisons for juvenile criminals (normally called as remand homes) are full with young prisoners. In fact the problem on incarcerated children have been a major issue and one of the government officials in a county there talked to me at length to understand whether spiritual practices can play any role in managing such an issue. The crime among the early youth period of life has been growing with tremendous velocities and in geometric proportions. The organized gangs of criminals are using these children, exploiting the restlessness and the recklessness among this generation for their own purposes knowing very well that a police and the law machinery can hardly do anything about the young criminals, when it comes to hard punishment. The social groups have already started wondering whether the adulthood needs to be redefined and whether the age of adulthood has to be brought down from 18 years to 14 years. In these waves of fears and uncertainty, Reiki is one of those lighthouses spreading out the rays of beacons to show the way to crumbling humanity to bring it to the shores of safety.



Our own research and studies in the matter has shown that it is the life within the womb for 9 months pregnancy period which decides the fate of the child and obviously the fate of the world around. Vedas the body of supreme knowledge has already been saying it for ages through its science of Garbhasanskars. The modern science has started waking up to this truth now. We have given the incidents and the experiences of Reiki to the pregnant women as narrated by Mrs Hawayo Takata- on the top rung of Reiki hierarchy in one of

the articles in this issue. The experiences that we have collected in 54 different cases of pregnancy leave us no doubts about the importance and relevance of Reiki treatment during this stage of life for ladies who have conceived. Not only the pregnancy goes hassle free but even in these situations of today we have found that almost 90% deliveries have been natural without any invasive methods like Caesarian surgeries. We have established that the quality of these "Reiki children" as we like to call them is so high with respect to other babies, and they are so healthy and cheerful that the world may have to take of this at some point of time or the other. I have no doubts in my mind that if we are serious about creating a new world order, free from crimes and wars, corruptions and catastrophes we have a strong option in the form of Reiki, which will go beyond the limits of the present and create a brilliant future for the world.

For this to happen we need more ladies to come forward and learn Reiki. They should form healing groups in larger ways. They should take it as a mission to offer reiki treatments to those pregnant ladies willing to be proud mothers of divine children. This is the need of the hour. I can promise on behalf of Reiki Vidya Niketan that we are willing to teach these groups free of charge and support them to our utmost abilities. We are prepared to work under any banner, with any institution who feels for the world in any way. Let us create a new world, a divine world, a world without miseries and crimes, a world, which is healthy, happy and harmonious in every sense. Take it as our mission from today.

Editorial

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अंगं गलितं पलितं मुंडम्, दहसनविहितं जातं तुण्डम् ।
वृद्धो याति गृहित्वा दण्डं वदपि न मुञ्चत्याशापिण्डम् ॥ १५ ॥



Meaning: The organs have become loose, the hair are turning grey, the teeth are falling of walking has become difficult without the support of the stick, but even in this condition, one does not lose the desires and hope.

The poet is trying to say here that no matter what one does, the human desires and hopes are difficult to go away. Even when the signs of ageing

start appearing all over the body, the humans still cling to their desires till the very last moment of life. We all can understand that the body losing its texture and the organs becoming loose, the hair turning grey, the falling of teeth and walking becoming difficult are all signs showing us that the body has already started decaying now. Of course having signs of ageing is not crime by any chance. In fact each of us have to go through this process of ageing. Old age and death are the states as life as true as the states of childhood, youth and adulthood. They are not illusory. The one has taken birth have to go through all these states. Who can avoid these states?

Ageing is not a suffering but not accepting that state of ageing definitely leads to sufferings. We are seeing all around that the main problem today is that the mind is not getting enriched while the body is growing old. If we are conscious about the changes in the body one can find those changes as good and fascinating as the changes that occur around us with seasons. If we are aware about the process of ageing the life becomes enriched. The old age does not become a curse in life. We are all trying to show that we are younger than what we are, and that is what is leading us to conflicting situations leading to physical and mental diseases. Recently I have been seeing a lot many cosmetics and creams coming out in the market proclaiming that by using them one can look younger than what one is. These people are actually not selling their creams; they are selling hopes and desires. And all those who are running away from realities of life accept these products with all vigour. We then call it the economic and technological progress.

During one of recent visits to USA, I met a Doctor who was very enthusiastic about the possibility of making a hormone which can make one so young that at the age of 75 years, one can play tennis. I was amused by his version. I asked him, "Doctor, tell me whether there is a clause in American Constitution that one has to play tennis at any age? I can understand one playing tennis till one reaches the 30s and 40s. Don't you think that is enough of tennis? What is the whole idea of negating your age and trying to show the world that you are much younger than what you are? What happened to Michael Johnson who always struggled to show that he was not what he was? Why does one have to go against the natural process of ageing? Why does one have to change the basic properties of human body? Does one think that the God was incompetent to make your body what it is? Why can't we choose games and sports which can suit the body more than trying to manipulate body to suit the games that you desire? If one can live within the means of energy one can be perfectly happy and

healthy. Then one may not have face all adverse situations like sickness and sadness in life at all. Obviously the Doctor did not have an answer to all this. This game of course is not new. It has been happening for ages together.

No one gets convinced now-a-days that one has to retire with the age. Retirement does not mean doing no work. But it means retreating or re-tracing the steps. Reducing your work content, changing the nature of work to suit your changing energies is what makes retirement. But everyone wants to continue what they are doing. It is the same everywhere, whether it is the political position in governance or even at home. They are all affixed to their designations and seats like the one they show in those advertisements of Fevicol. Our desires are not only related to this body but they are about what should happen to the body after the death. That is the irony.

Why do people do not understand that going against the nature itself is a Stress? In between we started going to various old age homes and senior citizen centres to teach them Reiki free of cost. But on one condition that once they learn they should give reiki treatments to everyone who comes there, free of cost. They should start Reiki Healing Temples and offer patient Reiki. The basic idea behind doing all these was to give some meaning to their lives. While learning and practicing Reiki they would become aware that they are not "useless" to the world the way they feel. They can also contribute in saving some lives and creating happiness in many homes. The idea was to make them aware that the reducing energy at the body actually means a growing energy in the zones of intellect and spirituality, they can keep away from all kinds of diseases by practicing Reiki every day, understanding that ne is wholly responsible through one's sanskaras for his/her onw problems in life. But some or other we realized that not many are interested in such understanding at all. They would prefer to be what they think they are and keep on looking to life in their age old vision. They would still prefer to die leaving behind curse for the whole world behind rather than choosing option to bless the world. They would prefer to embrace the death with the bitter heart and ignorance in their head rather than looking to the whole process of life and death as an understanding of deeper nature.

They should realize that they have a choice to **1) Throw out nonessential numbers.** This includes age, weight and height. **2) Keep only cheerful friends.** The grouches pull you down. **3) Keep learning.** Learn more about the computer, crafts, gardening, whatever. Never let the brain idle. 'An idle mind is the devil's workshop.' And the devil's name is Alzheimer's. **4. Enjoy the simple things.** **5. Laugh often,** long and loud. Laugh until you gasp for breath. **6. The tears happen.** Endure, grieve, and move on. The only person, who is with us our entire life, is ourselves. Be ALIVE while you are alive. **7. Surround yourself with what you love,** whether it's family, pets, keepsakes, music, plants, hobbies, whatever. Your home is your refuge. **8. Cherish your health:** If it is good, preserve it. If it is unstable, improve it. If it is beyond what you can improve, get help. **9. Don't take guilt trips.** Take a trip to the mall, even to the next county; to a foreign country but NOT to where the guilt is. **10. Tell the people you love that you love them, at every opportunity.**



SHIVA HEALS YOU...

The simultaneous rise of Spirituality and Terrorism...

The human race has gone through radical changes at all times ever since its arrival on the planet Earth. We all have witnessed the rise and fall of many great civilizations. In the recent times though, life has been a lot more exciting than any other period of history. The technological advancement has virtually crossed all limits in the past few years. Life is a lot easier and a fun thing these days. Somehow the humans have also learnt to discover the lighter and brighter side of life, keeping aside the heavier and negative aspect. Just recently, the world also seemed to be panicky and united as well during the scare of the end of it in 2012. We all went back to normalcy though without much complaining and grumbling about the eventual outcome of the prophecy of 2012.

However, the most intriguing feature of this most-advanced current civilization has been the simultaneous rise of both spirituality and terrorism. The two extremes playing their part more profoundly than any other times on earth. The two extremes also playing a pivotal role in moulding the fate of the human race. In an attempt to understand both these phenomenon, let us try analyze them individually first.

Spirituality, ever since time memorial has been the core of human existence. The very process of seeking answers to life from upstairs in the name of god may be referred to as spirituality. More so in the current times, reading books of self help, joining some yoga classes, understanding psychology of people in general can also be regarded as spiritual as they all take you deep inside within your own existence. More commonly, even if you are linked to some religious organization or attending churches every Sunday, you may be called spiritual. Thus spirituality is simply an ongoing inward process, which may happen through any instrument, person or organization that we may find comfort with. But, it is always an inward looking process. Love and acceptance becomes the base.

Terrorism on the other hand is always and outward looking phenomenon. We basically accept ourselves as only gross bodies and get engaged in emotional outrage. In the name of ideology, discontent with political parties or simply non-acceptance of some other caste, sect, creed or religion, people start organizations that act violently against the world. Terrorism is always an outward looking process, whereby you endlessly find fault with others without paying any heed to the turmoil going on within us. Also in terrorism we look at ourselves as a group and somehow eternally manage to hold onto memories which should have no relevance with the natural state of mind. The terrorist leaders also condition the minds of their community members by refilling such memories every now and then. Hatred and non-acceptance becomes the order of the day.

Talking about the extent of influence, in case of terrorism the number of terrorist organizations exceed the number of states within a given country. Whereas in case of spirituality it is more like a household phenomenon and the avalanche of "Guru's" especially with the advent of electronic media has been overwhelming. On one hand we have a group of people fighting for justice and on the other hand there are people making us forget our past and constantly teaching us to improve ourselves in some way or the other. The mental combat going on within every individual also becomes the base for choosing between the two extremes. Having said this, the story of two wolves comes to my mind, whereby your choice of feeding one wolf within you eventually decides the place where you land up. The middle path suggested by the "Buddha" is rarely followed by very few wise souls.

Coming back to the prophecy of 2012, the world was supposed to end or at least some fundamental turnaround was awaited by most. Nothing really happened then or did something happen (was it the beginning of the end). On analyzing the situation on earth from a universal point of view, there seems to be a huge churning going on out here. Everything seems to be coming out and expressing itself freely. Be it aggressive emotions, sexuality, love, kindness or being human brand it all seems to be selling out quite easily just like fast food. From a universal angle (or no angle just space) it seems as if it does not make a difference to the laws of the universe as to what is happening on the planet earth. The universe seems to just move on to something new and better rather than complaining about old things and issues and wasting the time in mending broken toys. Life in the current times seems to be dictated by some law which seems to be unfamiliar to one particular nation or to the human race in general. With so many things happening in and around us, the universe seems to be fundamentally lawless or eternally inseparable (as quoted by some renowned physicist).

Going by the ways of the universe, the simultaneous rise of the two extremes should not surprise us. If a bucket is filled with garbage it is bound to smell filthy and if it is filled with a bouquet of flowers it will always leave its fragrance behind. It all depends on what guiding energy we hold within us which carries us in some direction or the other. At the physical and mental plane the activities of the fellow human beings do affect us in more ways than one. But if you were to take my opinion, the universe has its own ways of settling scores and may be the day we have balanced things within ourselves some completely new chapter might begin for the human race to know, learn and grow. Till then I think we can confusedly or devastatingly spend our times in the divine play of life and not let us affect too much within our hearts and patiently wait for the arrival of the new dawn, a completely new beginning so to speak. Till then enjoy and laugh at confusion and chaos. Thanks...



in life

By Pranjal Joshi, Pune, India

We worship Swami who is Avatar of Shri Gurudev Datta – combination of 3 Gods, 3 Gunas, 3 powers – Brahma, Vishnu and Mahesh. I do think that there is a lot of importance to figure 3 in our life. In my opinion, it is as follows –

One Human life consist of 3 births (or stages) – first when a sperm enters mother's womb and forms its own unique identity, Second when baby comes out in the world which we popularly call as "birth" and third when the soul leaves the body & transforms back into energy whether to take another birth or liberation there from. What we refer to as "Life" as a part of second stage explained earlier – passes through three phases – childhood, adult and old age requiring different energies at each phase predominantly arising from physical (during childhood), emotional (adulthood) and intellectual (old age) sources.

During each of these phases, 3 resources are required by us to enjoy the life – Time, Health and Wealth. Time has its own dimensions of Past, Present and Future making impact on every life situation, health is either good or bad due to Tridoshas (Vaata, Pitta and Kapha), while wealth is expressed in terms of either men (relations), money (financial) or methods (knowledge or behavior patterns).

If we apply materialistic approach, irony is that, generally we get 2 resources out of 3 at each phase. During childhood we generally enjoy good health and have plenty of time, but probably wealth in money terms is not controlled by us to do activities we wish. During adult phase, we have money and health but time is scarce to enjoy the life, while in old age we may be blessed with money and time, but health is a problem. So instead of waiting for retirement life to do many activities, wise men suggest to enjoy the life throughout all phases with 'what we have' rather than waiting to get 'what we don't have'!

As we learn in our reiki seminar (which is also taught in 3 steps – history, process and application), our present state of life is a result of our own past actions (Karma). This action (karma) as we know is the result of 3 things (Ideas, thoughts and emotions).

What we are facing today is "Prarabdha", while what is yet to be witnessed is "Praktan" and therefore what we can control is "Karmani" only. Our life

experiences arising from our own actions are either favourable (happiness, success etc), unfavorable (sadness, failure, troubles or adversities) and neutral (daily routine life situations). While happiness and neutrality generally do not need any special attention, adversities do need to be managed.

Many people get frustrated with the adversities and try to shift blame to either situation or other person or even God forgetting the theory of Karma (I am Brahma – creator of situation, Vishnu – who has to sustain or witness the situation and Mahesh too – who can come out of (or end) the situation). The adversities what we face, are of 3 categories – physical problems (health related), financial problems and psychological problems (relationships) which, in my opinion, can be solved (or sustained) with three step methodology – Detection (or acceptance), Correction and Prevention.

The moment we "accept" or detect the problem instead of playing the blame game – we surpass first step towards sustenance. For correction we need to seek help from 3 groups of people, first - relatives, friends and colleagues, Second - experts like doctors, professional and counselors and last but not least the spiritual force (Guru) who, will not only show us the path for correcting the life situation, but will also elevate to next level of "prevention" whereby such unfavorable situations will not bother us in life again. This prevention step from spiritual angle gives us 3 popular paths to follow – Karma Kand (Karma Yog), Dnyan Yog and Bhakti Yog.

Coming to this last and most important aspect, I must acknowledge, that we are highly fortunate to have 3 important practices – one from each path. Agnihotra (Karma Yog), TM and other meditations (Dnyan Yog), and Swami Aarti, Shiv Upasana etc. (Bhakti Yog), Reiki above all being combination of 3 paths. We can enjoy all these at 3 levels & occasions – Individually (by taking reiki daily, performing agnihotra or TM), on a group basis at our native place (by participating in study circles, attending reiki seminars repetitively) and at Central Energy house at Devrukh Ashram (by attending various festivals or availing seva options).

So to conclude, all in one line – sine we are already blessed, let us enjoy this ART -A (Agbihotra) R (Reiki) and T (TM meditation) in Life which needless to say has found its meaning only because of our beloved ART (Guruji).

Jai Gurudev !



LIVING WITH HONESTY

Telangan

Today we find honesty is a most rare quality among society. Parents tell their children without difficulty 'if anyone calls, say *I'm not at home*' or when teacher will ask you can say *I was unwell*. We break the signal on road and declare on oath that it was green when I was crossing. At work we spend less hours and give false reasons. The work without proper involvement and honesty will never have the high quality. We pacify by saying, it's small harmless lie. **The lie is never harmless** and we must be aware this when we ask our children to say wrong, we are creating a big conflict in their mind. We are transmitting negative energy in them. When there is a conflict there is mental and emotional pain. We are creating a tough belief system, the deep-rooted Sanskaara for them. Frustration arises in them when we insist them to be honest.

I remember a story by Swami Ram. Once he was traveling with his Guru. On one of the stations many people came to them for blessings. The stationmaster said, Swami please give me a mantra. Guru said, listen young man; it is very difficult to practice mantra. What if you give up? He said you could test me. Guru said OK we would keep the period of three months at the beginning; if you find it difficult to follow, give up after that. The Mantra is **'Go with Honesty and Truth'** in whichever circumstance. He agreed and started following it up.

He and his staff were corrupt and they were openly accepting bribes. He suddenly stopped taking and rest of the staff was shocked. An unexpected inspection happened and the stationmaster told them all the truth. Inquiry commission was set and they interrogated each one of them. Rest of the staff got together and lied on the oath and they blamed the stationmaster alone. He was sentenced to jail for a month and he lost his job also. His wife and kids left him. This happened all of a sudden after he had received the mantra. He was completely shattered but even then he went along with the Mantra.

When he came out of the jail, he had nothing left. He had no family, relatives, money and job. Only one day was left for completion of the three months. On the last day he received a telegram from the government stating that government was paying him one crore for a land, which they had acquired a generation back from his grandfather. He was the only successor left. He happily gave all that money to his wife and kids but refused to come back to them. **He said if three months of following the Honesty could give me so much then what will be the reward if I follow it for entire lifetime?**



Name Tag

By Prof Bharat Thakkar, Chicago, USA

Our skeletons are packaged
in our thin skin bag with a name tag
Our souls are attached
to every molecule of our skin bag.

The bag is locked,
over the years it is full, worn out.
The baggage is held,
with a tiny zipper, tiny heart.

Long journey from here to eternity
Bag can tear, get scratched,
Break at the seam or zipper can give up.
In that eventuality,
The soul and skeleton bag will separate.

What will happen to name tag?

Here the poet is concerned about the name tag, an identity given to a soul when it takes a human form. This is truly our ego, which holds a lot many things- good and bad, on its platter. We are told after birth that you are this. Our first label is our name tag. We keep on propping that further decorating the same with degrees and designations, achievements and awards. Everything goes around with that name tag. But when the seat of ego itself is dependant on the thin skin bag, holding our skeleton and a soul holding our inner nature. When the bag tears and the soul flies away with all its subtle manifestations, where will the name tag be? And where will all the cosmetics applied to that will go?

Every Word was comforting,
Cleansing me inside out.
Now I'm weighed down at times
When I am trapped in self-doubt
Words gave me perspective,
They gave me a goal,
They gave me company
When loneliness had engulfed me whole
Writing is an art, they say
'cause this world needs more light.
When illusions cloud our heads,
And darkness shows its might.
But here I am struggling
With my very own darkness,
Where words are betraying me
And my thoughts are a mess.
Back when I ruled,
These words bowed to me,
Today I am controlled
By their aristocracy.
But there's a lesson learned,
To rise above this.
Every word needs some love
And me, to walk along with it.

Walking along...

by Shivani Karnataki

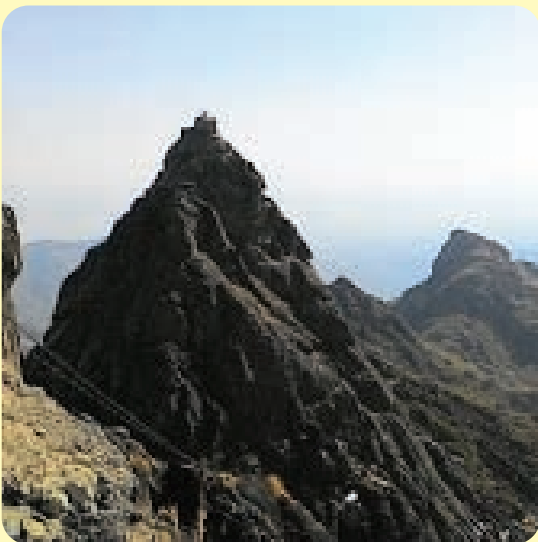


World Agnihotra Day

The World Agnihotra Day was celebrated on 12th March 2015, as it has been done in the past few years to commemorate the day on which Lord Parshuram initiated the great sage Gajanan Maharaj and ordered him to bring back the glory of Agnihotra for the benefit of the world in 1942 on this day. Our Devrukh ashram has been celebrating this day every year by lighting evening Agnihotra in numbers to match the number of years passed since the initiation of Gajanan Maharaj. This time though the intention was to have 73 Agnihotra pyramids almost 80 people participated which shows the awareness and the interest in the minds of people about Agnihotra.



Datta Yatra (Third Phase)



The third phase of Datta Yatra, organized by Datta Swami Paryatan, an organization formed by a group of our sadhaks for organizing pilgrimages, was conducted between 2nd March and 8th March. A group of 20 sadhaks started from Baroda in the morning of 2nd March reached Kuber Bhandari temple at Karnali and then visited Nareshwar where the halt was taken. On 3rd afternoon the pilgrims went to Garudeshwar the abode of Param Poojya Vasudevanand Saraswati to move over to the Swaminarayan Ashram at Jetalpur. The most exciting phase came thereafter when pilgrims visited Girnar, Kala Doongar and Gurushikhar at Mt Abu.

These three places

are at the peaks of mountains, not only on physical level but considered to be the most pious in the Dattatraya Sampradaya (Sect) as Lord Dattatreya had done penance for almost 12000 years at each of these places. The recitation of Guru Charitra at each of these places, those satsangs in the evenings, those songs in the moving bus, the prayers performed at each place of worshipping ... everything was so memorable and will be cherished by pilgrims for years to come. This was as if the whole sadhana (spiritual practice) was showcased at one go, beautifully decorated.



15th Anniversary of the ashram



15th March is the most special day for all those associated with Devrukh ashram as that was the day in the year 2000, the ashram was founded. On this very day Shree Swami Samarth made his presence felt in a tiny village called Devrukh. This year was the 15th year from the day the math was founded. One does not know really how 15 years have passed away. The days and years have literally flown away. This year too the celebration with great pomp and enthusiasm though there were little anxious moments about the scale of celebrations as many of the senior sadhaks were engaged in some or other matters outside ashram. But those sadhaks who came on the path ju there was everything the way it was in implementations. In fact the celebrati



ways. The day started with an abhisheka to Swami's idol using the waters from Ganges, Mansarovar, Kardalivan etc followed by 7 sadhaks reading Swami Samarth Saptashati, the Grand Aarti at the noon, the wonderful exhibition of handicrafts organized by Sadhak Peth displaying various exhibits from the social organizations like Palghar Adivasi Mahila Mandal, Palawi from Pandharpur, our own artistes from Devrukh Creative Community etc. Sadhaks enrolled in Atirudram project also displayed their preparedness by chanting Laghurudra while offering abhisheka on the lotus feet of Swami. The day ended with a nice picture on Shri Vasudevanand Saraswati offered by the producers of the movie in the service of the great sage and to his devotees, and to cap it all the midnight palakhi. The whole ashram premises were fully lit with thousands of oil lamps, as if the heaven had descended on the earth that moment.



New Reiki Centre opens at Patan in Gujarat



રોટરી-રોટરેક્ટ ક્લબ ઓફ પાટણ દ્વારા રેડી સેમિનાર યોજાયું

(ડી.કે.ન્યુઝ) પાટણ જુદી જુદી ચાલતારો ભોગવી રહ્યા છે ત્યારે કાનના વૈજ્ઞાનિક યુગમાં આવી વિમારીઓને માત આપ્યા વર્ષિક ચેતના માનવીના પોતાનામાં કોવી જરૂરી છે પરંતુ વર્ષિક ચેતના જ્ઞાનના અભાવે માનવી પોતાના શરીર શત-વિશતી પ્રત્યા કર્યા વિના તેની પાછળ ભાગ દોડ કરી રહ્યો છે જેના કારણે માનવી અને વિમારીઓ ભોગ બને છે અને માટે જરૂરી ચેતના મેળવી શકતો નથી ત્યારે આવી વર્ષિક ચેતના મળી રહે તે માટે ચેટરી કલ્પભ ઓફ (અન.પાન-૨ ઉપર)

જુદી જુદી ચાલનાઓ ભોગવી રહ્યા છે ત્યારે કાલના વૈજ્ઞાનિક યુગમાં આવી બિમારીઓને માત આપ્યા વૈશ્વિક ચેતના ખામચીના પોતાનામાં ફોવી જરૂરી છે

બિમારીઓથી છે: ભારતીયને

પરંતુ વૈશ્વિક ચેતના જ્ઞાનના આભાવે માનવી પોતાના શરીર માટે જરૂરી ચેતના મેળવી શકતો નથી ત્યારે માટે વૈશ્વિક ચેતના મળી રહે તે ઓછે ટેટી કલમ ઓફ

(અન.પાન-૨ ઉપર)

રેડી વ્યક્તિને નવજીવન તો આપે જ છે સાથે નવજીવન
જીવવાની કળા પણ આપે છે : હિનાબેન પંડ્યા



Patan, a small town now was a capital of Gujarat for all practical purpose in history, named as Prabhas Patan. Reiki Vidya Niketan started a Reiki centre there on 27th March when RVN Reiki teacher Mrs Bharti-ben Zinzuwadia took her first Reiki seminar at that place. 25 persons participated. This event was initiated by Ms Heena Pandya our sadhak from Chicago. Who was ably supported by Rotary Club management at Patan.



Some of our sadhaks had a pilgrimage recently when they visited some of the places related to Lord Dattatreya's tradition. Everything was so nicely organized and everything, every moment was full of bliss. At every place a group would read a part of Gurucharitra appropriate for that day and place. While reading this Guru Charitra, Guruji realized that some of the senior sadhaks were rushing in and finishing the part of Guru Charitra and the junior sadhaks were left dry on that. Guruji then called the senior sadhaks and said, "Look, one needs to put the cause ahead of oneself. That is what the real spirituality stands for. So does the real leadership. We can not grab everything. Especially in a place like a pilgrimage one needs to be aware that we need to support the younger people to get more opportunities of growth. Reading Gur Charitra is definitely a great divine act. But if we do it with selfish motives then whatever good fruits of the act that we have collected will get lost. Look, when you give a chance to perform a sewa or service to someone else as your choice, then your energies enhance even more and you experience bliss. Then in that case you have a few tears in your eyes seeing the joy and happiness of that person. Because when you do this kind of selfless act, you are very close to the lotus feet of Lord Dattatreya, possibly even closer than a position you will reach after reading Guru Charitra for the whole year." Thereafter the whole group started moving with this thought. Let the life move away with this thought now.

Programmes Schedule for April 2015

Dates	Reiki Teacher	Location/Centre	Degree
2nd and 3rd April	Kalpita Keer	Deogad	1st
4th & 5th April	Krupa Choksi	New Delhi	1st
4th & 5th April	Ajit Sir	New Delhi	2nd
4th & 5th April	Sangita Kulkarni	Baroda	1st
4th & 5th April	Renu Chowdhury	Hyderabad	1st
11th & 12th April	Vishal Sridhankar	Porvarim, Goa	1st
18th & 19th April	Krupa Choksi	Hosur	1st
18th & 19th April	Renu Chowdhury	Bangalore	1st
18th & 19th April	Bhartiben Zinzuwadia	Ahmedabad	1st
18th & 19th April	Kalpita Keer	Nashik	1st
18th & 19th April	Rakesh Kumar	Airoli	1st
25th & 26th April	Kalpita Keer	Devrukh	1st
25th & 26th April	Seemaben Trivedi	Rajkot	1st
25th & 26th April	Rakesh Kumar	Mumbai	1st
25th & 26th April	Sangita Kulkarni	Thane	1st
25th & 26th April	Vishal Sridhankar	Pune	1st

Social Education Programs

Parenting Seminars EPIC

Date:
25th & 26th April 2015
 Centre:
Bengaluru
 Faculties:
Krupa/Ashwini

Date:
23rd & 24th May 2015
 Centre:
Pune
 Faculties:
Ajit Sir/Krupa/Ashwini

Date:
6th & 7th June 2015
 Centre:
Mumbai
 Faculties:
Ajit Sir/Krupa/Ashwini

Now you could ask your questions to Guruji and he will answer them through our New Column called '**Gurukul**'. The only purpose is to share a new perspective from Guruji to all our sadhaks. This will help you to sharpen your knowledge and will help you to get updated. Send all your questions on qna.gurukul@yahoo.com