## REIKI Vidya niketan

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### Editorial

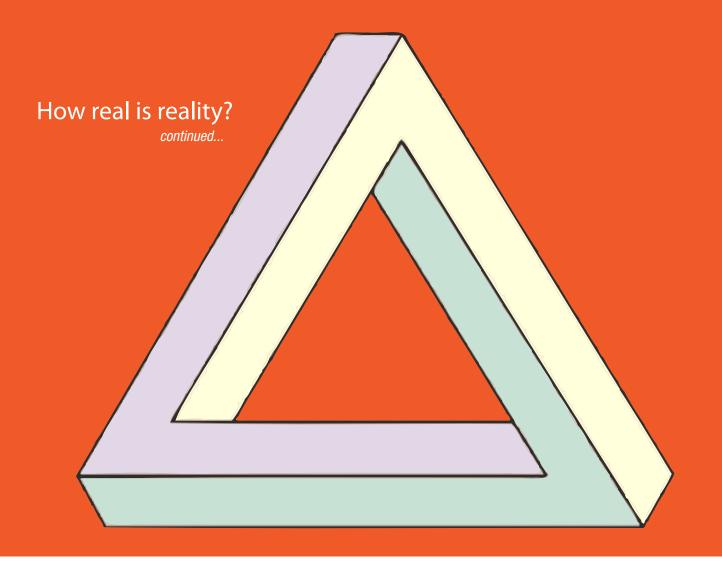
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This is not for commercial purpose. Only for sharing spiritual experiences and knowledge in Reiki Brahma Group.

# How real is reality?

One of the major topics discussed during the last Swachetana Shibir was the illusion of the life or rather an illusion called as a life. Is this life real? This is a question generally answered by Vedas and Upanishads. The modern Science has always been looking to Vedas with a tongue in the cheek and a sarcastic smile on the lips. Those who never wanted to believe in Vedas and the ancient wisdom took the shelter of the modern science to tease those believers with cynicism. Those were the people who were more loyal to the modern science than possibly the scientists themselves. However with the modern science slowly turning over to the newer and highly advanced branches of sciences the ones who had taken a shelter of the same science



are likely to get crushed under the weight of the turns in modern science, thanks to branches like Quantum theory and Nuero-science rising up on the horizons of life.

I was just reading a book called "The Future of the Mind" written by Michio Kaku, a well known Japanese scientists and realized how close the new science is coming towards the ancient wisdom of Vedas. In a chapter called "Is reality really real? The author says that "seeing is believing" is a myth. Much of what we see is actually an illusion. When we see a typical landscape, it seems like a smooth, movie-like panorama. In reality there is a gaping hole in our field of vision, corresponding to the location of the optic nerve in the retina. We should this large ugly black spot wherever we look. But our brains fill in that hole by papering it over, by averaging it out. This means that part of our vision is actually fake, generated by our subconscious minds to deceive us.

He further says that we see only the center of our field of vision, called "fovea", with clarity. The peripheral part is blurry, in order to ave energy. But the fovea is very small. To capture as much information a possible with the tiny fovea, the eye darts around constantly. This rapid jiggling motion of our eyes is called as "saccades". This is all done subconsciously giving us the false impression that our field of vision is clear and focused. In fact what he says thereafter is very close to what I have been propagating for the past 20 odd years. My professor (late Dr Karkhanawala) in Spectroscopy in my Master's degree always

used to tell me that what human eye sees is only the visible light which is hardly a millionth of what exists in the Electromagnetic spectrum which includes Infrared light, UV light, X-Rays, Gamma Rays and so on) and still we feel so egoistic about our experiences and knowledge. Dr Kaku further confirms this reality that I grew up with as a science student. He says that we have sensors in the retina which can detect only red, green and blue. This means that we have never actually seen yellow, brown, orange, and a host of other colors. These colors do exist but our brain can approximate each of them only by mixing different amounts of red, green and blue. Do you know that our eyes also fool us into thinking that we see depth? The retinas of our eyes are two-dimensional but because we have our two eyes separated by a few inches, the left and right brain merge these two images, giving us the false sense of a third dimension. Then there is a parallax too which gives us an impression that distant object like a moon moves with us wherever we go. We create an imaginary world around us and believe it to be true thanks to every brain and eye to create the same effect consistently. That makes one feel that what you see is a truth. Far from it...

#### Ajit Sir Nov 15th, 2016

## What is Kaliyuga?

by Aruna M.

Jai gurudev sir

Thought of sharing this. Once the four Pandavas (except Yudhishthira who was not present) asked Krishna: "What is Kaliyuga and what will happen during Kaliyuga?"

Krishna smiled and said "Let me demonstrate to you, the situation of Kaliyuga." He took a bow and four arrows and shot them in four directions and ordered the four Pandavas to go and bring them back.

Each of the four Pandavas went in the four different directions to search for the arrows. When Arjuna picked an arrow, he heard a very sweet voice. He turned around and saw a cuckoo singing in a spellbinding voice but was also eating flesh of a live rabbit which was in great pain. Arjuna was very surprised to see such a gory act by such a divine bird he left the place immediately.

Bhima picked arrow from a place, where five wells were situated. The four wells were surrounding a single well. The four wells were overflowing with very sweet water as if they were not able to hold water and surprisingly the well in the middle of these four overflowing wells was completely empty. Bhima was also puzzled at this sight.

Nakula was returning to the place after picking up the arrow. He stopped at a place where a cow was about to give birth. After giving birth the cow started licking the calf but continued to lick it even after the calf was clean. With great difficulty people were able to separate them and by that time the calf was injured badly. Nakula was puzzled by the behaviour of such a calm animal. Sahadeva picked arrow which fell near a mountain and saw a big boulder falling. The boulder was crushing the rocks and big trees on his way down, but the same boulder was stopped by a small plant. Sahadeva was also amazed at this sight.

All the Pandavas asked the meaning of these incidents. Krishna smiled and started explaining...

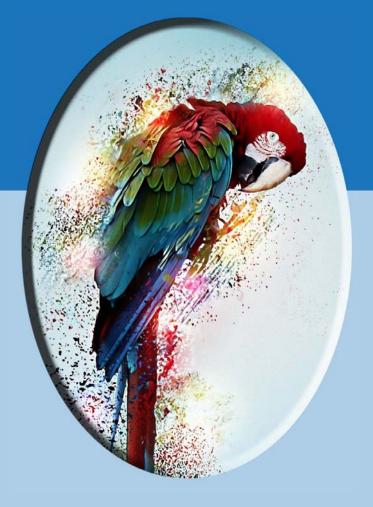
"In Kaliyuga, the priests will have very sweet voice and will also have great knowledge but they will exploit devotees the same way cuckoo was doing with rabbit.

In Kaliyuga poor will live among rich, those rich will have enormous amount of wealth which will actually overflow but they will not offer a single penny to the poor same as the four wells didn't have a single drop of water for the empty well.

In Kaliyuga parents will love their children so much that their love will actually spoil them and will destroy their lives similar to the love shown by cow to her newborn calf.

In Kaliyuga people will fall in terms of character like the boulder from the mountain and they will not be stopped by anyone at the end only the name of God will be able to hold them from doom like the little plant held the boulder from further fall."

~ Uddhava Gita, Srimad Bhaagawatam



Peter Parrot came home upset and confused. "What's wrong?" his mother asked.

"I hate my stupid beak!" Peter blurted."Why do you hate your beak? I think it's beautiful," his mother said reassuringly.

"All of the other birds have much cooler beaks. Sammy Spoonbill, Pammy Pelican, Harry Hawk, Freddy Finch, all of them!"

Peter's mother sat silently for a moment. "He may be right," she thought to herself, they do have very cool beaks.

"You should go and see Major Macaw, he'll know what to do. He's the wisest of the parrots and lives in the tallest tree in the forest. Yes, he'll know what to do," responded Peter's mother.

So Peter Parrot flew to the tallest tree in the forest and found Major Macaw.

"Excuse me Major, I have a problem," said Peter. "Oh dear, what can it be?" asked the venerable macaw.

"I have a stupid beak. Why can't I have a cool beak like Sammy Spoonbill, Pammy Pelican, Harry Hawk or Freddy Finch?"

# Trust the Lord and his design...

by Dr Ramanathan Iyer

"You're right." said the macaw, "They do have cool beaks. Tell me Peter, do you like eating worms and crustaceans?"

"Yuck! That would be disgusting!" responded Peter. "Well, that's what the spoonbill's beak is designed for. What about fish?"

"I couldn't think of anything worse," said Peter. "So, the pelican's beak would work either."

"What about rabbits and mice?" "Eww." "OK, so maybe you shouldn't aspire to have a hawk's beak. Small seeds?"

"They're not so bad, but my favorite is Brazil nuts." exclaimed Peter, salivating at the thought.

"That's lucky, I think I have a few here. Would you like one?" asked Major.

Peter's eyes lit up. "Yes, please."

"Tell me Peter, if you had the beak of a spoonbill, pelican, hawk or finch, do you think that you could eat that Brazil nut?"

"I guess not," said Peter with his mouth full.

"You see, young parrot, you have been designed a certain way, with certain skills, attributes and tastes. Don't waste your life being envious of the capacities of others, just make sure that you know what you're good at and why you're here."

Peter nodded his head in understanding and flew back home much more content.

You were designed for a specific purpose. Don't worry about the skills and attributes of others, they have their own purpose that probably won't suit you. You have the ability to do remarkable things just as you are. Work on that purpose. Get better at those skills.

Trust the Lord and His design for it's His purpose



Government banned both large currency notes of 500 and 1000 and suddenly there were unbelievable panic everywhere. It was a warlike situation. Common people were in queue in front of banks. Ideally they should have been very happy and fearless. All corrupt clusters should have been in real trauma. I remember Guruji had an insight, he said *'one day people will have money in the banks but they will not be able to use it'.* It was happening...

Most of the world thinks that money brings happiness. Entire life human struggles to accumulate wealth and still die unhappy. The properties of money are misunderstood. It could stimulate the mind for a while with material pleasure but it fails give us permanent bliss. It makes us feel joyful for a while. Every saint who attained bliss was penniless. If a person karmically supposed to be penniless and still accumulates the wealth then it will never be useful for him/her for receiving comfort. One of the saints says, *unused wealth, which is not for the benefit of others, is like a corpse.* 

I remember a real life story. There was an old beggar couple living in Mumbai. They were living in a small hut made by dirty torn mats. They lived starved most of the time. One night fire occurred accidentally by the oil lamp. People managed to save the couple. Fire was brought down. People were speechless when they found that the hut was full of half burned gunny bags stacked with currency. There were buckets full of coins. Everything was either burnt or melted and it was beyond the use. Karmically they were born as beggars because they were supposed to be suffering without basic things in this life. They still accumulated each penny after starving themselves. They gathered more wealth than they were destined. They could not buy even basics by this wealth because they were supposed to be living in hardship. Now this wealth was not even destined to others and therefore it never got stolen, instead it got burned and turned into ash.

Today, many corrupt people around us are like these beggars. They have wealth, which has no real value more than ash. The learning here is very clear that money can't buy bliss. This is proven all over again. When all this panic was going on, 75 Sadhaks were in the total bliss doing meditation and sadhana at the Nasik Intensive Reiki Shibir with Guruji for three days. Everyone was going through unique transformation and the kind of happiness and fulfillment was experienced, that is beyond words. Not a single person was worried for banned currency at all. Every one was aligned with the universal energy force.

Buddha says 'wealth is material garbage and anyone who puts time to accumulate it, is just wasting his/her life in the junk.

#### SHIVA HEALS YOU

Struggle V/S Effortlessness

Life is always smooth and free flowing. Seldom does it stop for anything or anyone. However some old systems and belief patterns have made life complicated on this planet. Compete!! Work harder!! Struggle for existence!! We all have heard such phrases in the common business of life. As if to say that without such concepts our very existence is jeopardized. The most incorrect and illusive idea of competition, is first inculcated in our minds at a tender age of 15 for the class 10 board exams followed by a series of competitive exams which falsely imbibe the idea of multiplicity of the world, thereby making the perception of an individual completely divided and gross. Evolution of an individual ends with the education system in place which everyone is made to follow blindly. You are a body completely and only a body and hence the concept of insecurity/fear and the resultant race of getting ahead gets a certificate of being a natural fallout. Forget about evolving and learning, even looking within is never really taught to a majority of people. The essence and significance of being human is left unrealized by most of us. We all seem to have mastered the worldly affairs, but not even an ounce of life and its principles have been explored by us.

If we carefully and intently observe the way the world goes about their daily chores, we will be stunned to realize the foolishness with which we lead our lives. Patterns of mindsets mostly circular in nature dictate our health and happiness. We keep on repeating the same acts with which we derived our happiness earlier and also brood about the same if the outcome does not match our expectations. We focus on the tiny 1% of our body consciousness and forget about the remaining 99% of the universe which is always designed to help us. In fact some of us have mastered this art of struggling so much that they cannot digest any other truth or a fresh perspective that life may offer. You may succeed with this approach only for a while as long as your body is experiencing some muscular strength. Also with this temporary approach of following a rigid mindset, you might end up depreciating your body to a huge extent. There is absolutely nothing new with this theory, but how many of us are actually willing to break free and come out of the shell.

In the spiritual parlance too, if we look with intent and observe, many people tend to behave spiritually in their peripheral. They refuse to bathe in the light of the universe and remain stuck with their body consciousness. Spirituality is synonymous with education. Should we choose to take the brunt and face the reality within us keeping the ego aside, it works wonders. For then one does not have to really on words alone to proclaim your divinity to the world, your very presence commands and sends signals of positivity wherever you are. The Japanese say we have three faces, "One for the world, second one for close friends and family and the third one which we hide from everyone". It's high time for the world to recognize, accept and face the third face. The willingness to accept our own fallacies, to be truthful at all times to our own existence and the ability to quickly adopt and change seem to be the only way to salvation.

Education and spirituality are no different and even if there is some, they need to go hand in hand. Not just knowing the outer working of the world, but also how things are from the inside. To constantly, deeply and continuously become aware about the way we are and the way life teaches us is the path to liberation. The secret to making our life effortless is not just in finding the right words but also the right intent and the right frequency from which they emanate. The only task which assumes a lot of significance is to work out our own existence. And in the process if you are able to grasp some universal principles, you become eligible for miracles and enlightenment. So let us stop struggling and shift to the higher realms of our own minds to move from struggle towards effortlessness. Jaigurudev.



# Corporate Social Responsibility (Part 3)

P N Devarajan, India

They will get competitive strength from the business. It is not give away, but also there is a takeaway for the corporate in whatever they do. The take away is the competitive strength. The competitive strength gives the sustainable position for the corporate and its growth or expansion.

Organizations like CSIM and SAN, India have to aggressively interact with the corporate which are covered under the CSR

Act. One can find out from the previous year's balance sheet from the Company Law, how many corporate are eligible for CSR spending and from that you can take some names to propose creating of social entrepreneurship within the company.

You can call the social entrepreneurs inside the company as social intrapreneurs because they are internal entrepreneurs and selected people become the core team. This means that you are giving them human capital to implement CSR and you will also structure a framework for social audit.

If there is a Social Audit framework, we can also train some social auditors within the company to serve as internal social auditors. Social Intrepreneurs and Social Auditors will be created in order to deliver the CSR programmes that the board has approved.

They are also seeing that this is an integrated approach to business strategy. It is not a standalone thing that you would do because of regulation. Instead, it is something you do because you see much value in doing that, it gives you an opportunity to be innovative and creative, and you intertwine the social strategy with the business strategy. One is not at the cost of the other, but it is for positively reinforcing the other. So CSR, CSIM and SAN, India should be able to offer a programme to select corporate in strengthening their CSR framework so that they can out source it to an NGO or do it themselves through volunteering. The companies will be able to show their work in such a way that when a social audit is conducted, the exact impact made is in conformity with the organisation's original mission.

SAN, India can also facilitate the corporate write their mission, vision, strategy, objectives and activities and outcome and indicators which is part of the social audit framework. We need to therefore participate with the corporate from the start. This maybe a hard sell initiative, but the corporate should enjoy doing their CSR and not take it as an unavoidable burden that has been imposed by the government.

It is an integrated way of working so that we can tabulate all the information, assess the impact that it makes and compare it with the original intention and assess whether it is integrating with their business strategy.

Social strategy and business strategy are not two different silos, but integrated. When we empower the internal group, we will be able to assess, innovate and make this integration useful as a business tool or a business strategy for the corporate.

It is how the government used to say in the past that corporate should do R&D for technical innovation. The money spent in R&D is tax free. Likewise, this is a social R&D. It is being integrative, innovative and creative in approach, so that it would actually make the business more competitive than before. It allows a company to grow not only in stature or image, but also in its own bottom line.

### Our life is full of Assumptions and Reactions

#### by Krupa Choksi

Recently I came across a beautiful story which gives us a great message. I am reproducing that story for you.

At the airport after a tiring business trip a lady's return flight was delayed. She went to the airport shop, bought a book, a coffee and a small packet containing five Gingernut biscuits. The airport was crowded and she found a seat in the lounge, next to a stranger. After a few minutes' reading she became absorbed in her book. She took a biscuit from the packet and began to drink her coffee. To her great surprise, the stranger in the next seat calmly took one of the biscuits and ate it. Stunned, she couldn't bring herself to say anything, nor even to look at the stranger. Nervously she continued reading. After a few minutes she slowly picked up and ate the third biscuit. Incredibly, the stranger took the fourth Gingernut and ate it, and then to the woman's amazement, he picked up the packet and offered her the last biscuit. This being too much to tolerate, the lady angrily picked up her belongings, gave the stranger an indignant scowl and marched off to the boarding gate, where her flight was now ready. Flustered and enraged, she reached inside her bag for her boarding ticket, and found her unopened packet of Gingernuts...

This is what normally happens in our day to day life. We assume so many things based on our perceptions and then react. And based on our perception we also form an opinion about the person and label him/her. E.g. She is shrewd, he is miser etc. etc. We never give second thought because we always feel we are the right one, rather a perfect one. How can our opinion be wrong? In short, we assume many things based on our limited knowledge of reality. We see certain thing happening or some person behaving in a different way and we instantly react without having full knowledge of the situation. We know probably only 50% of the entire reality and we assume remaining 50% and react. After having labeled a person and having formed an opinion, we always view that person from our lense and react for the rest of our life. We do not give a second chance to that person neither we try to understand the reason behind such reaction of that person.

Many times things are different and what we interpret is different. This is because our interpretations are based on our assumptions and our beliefs. I would like to cite an example. One of our lady sadhak (seeker) never mingled with other sadhaks and everyone thought this lady is arrogant and has a different kind of nature so she never mingles with everyone. Recently, we got an opportunity to be with her. Then we realized she is a wonderful lady with a friendly nature. But the reason she was remaining aloof was that she could not hear properly and feared that others would make fun of her. On knowing this, our perception changed.

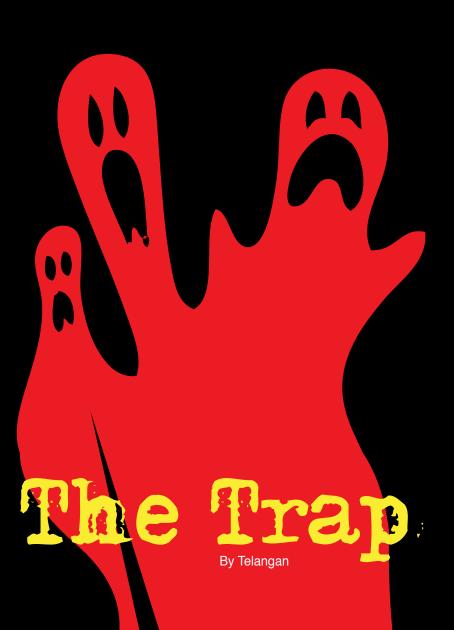
Similarly, when someone is irritated and misbehaves, we get upset and we also react. I understand our reaction because such reaction from other person is totally unexpected. We feel when we are treating such person with love and compassion, why this person is rude? But at that time if we keep some awareness and remain cool, thinking that person is frustrated and that frustration is coming out on us, probably our relation with that person will not spoil. Believe me the person who misbehaves know his/her mistake but at that time they are not in a position to manage themselves. Guruji always says, "Manage the manageable so that unmanageable gets managed". When other person is not managing himself/ herself, atleast we should manage ourselves. That is what is expected from a spiritual seeker.

Recently I have started observing myself and my reactions very minutely and I have hearty laugh when I realize it was only my assumption. Our assumptions are mostly based on past events and those events rule in our mind and create a lense. Based on that lense we judge everyone. But when we observe ourselves so minutely and you realize that it was your perception, then you go closer to reality. I now understand why Saint Kabir wrote a doha, "Bura Jo Dekhan Main Chala, Bura Naa Milya Koye, Jo Munn Khoja Apnaa, To Mujhse Bura Naa Koye." The best thing to do is to understand before reacting. And this understanding will come with developing awareness about game of our mind.

We also assume so many things for Guruji. Many times questions arise in our mind," Why Guruji is giving importance to some sadhaks? Why he is not correcting them? And many sadhaks also feel probably Guruji does not know reality, But actually speaking, he has a vision of 360 degrees. He knows what is going on in sadhaks' life and what treatment is required. While we pass judgement based on our limited knowledge about that sadhak and reactions given by him or her and reject them.

Best thing to do is be in surrender about the events and react only after checking the actual reality. The reason is we are responsible for our reactions and reactions bring sanskaras. And life is nothing but reaction based on our assumptions. So drop assumption by increasing awareness. And awareness comes by increasing sadhana. Do your Reiki, TM and Agnihotra regularly and observe your thoughts and think before you react i.e. how we manage ourselves.

Jai Gurudev.



Time is flying too fast... Leaving memories behind! Nothing remains unchanged... Except memories of the past...

Good Memories... Bad Memories... Love, care, laugh or cry... Anger, envy or a lie... Only memories of the past...

Memories of when we met... Memories of when you left... Memories of what you said... Only memories of the past...

Memories create pain Unbreakable solid chain Creating a net of emotions...

To get entangled in our own bet...

We need to break the trap

As soon as possible...

Nothing is permanent that lasts...

Accept the truth and leave the past...

# The Arrival of

By Kaushiki Swaroopa

Year after year, Month after month and Day after day We make certain resolution that just fades away Some knowingly we choose to let go, Just because we haven't said NO to our own selves before this.

> At other times we just tend to forget That we have set up our own target And tend to realize it much later Only when we need to set our resolution That makes us feel better.

So let us look back today In every single way Before the year comes to an end We need to ponder over our trend To make our further resolutions successful

While the year 2016 is concluding Let our life take few steps intruding To foresee the future that is evergreen We await with our eyes that are keen Looking forward for the arrival of the NEW YEAR 2017!

### Ashram Events









Devrukh Arts Creative Community (DACC) had conducted a program - Swar Chitra Sandhya" in association with Devrukh Shikshan Prasarak Mandal and Laxmibai Pitre Kala Sangrahalaya on 15th November, 2016 at Laxmibai Pitre Kala Sangrahalaya. This program was unique in nature wherein there was a combination of Music - in form of Tabla and Vocal and Art in form of Painting. Renowned Light Music Artist, Ms. Manisha Gore and an eminent Tabla Player, Shri Mandar Puranik was accompanied by Shri Avdhut Potphote, an artist of High Cadre with great talent. The main objective of the program was to depict how vibrations of music manifest itself in form of painting and at the same time to present the great talent of these renowned artists to the audience of Devrukh. This would in-turn, increase the footfalls of the museum. There was excellent response from the audience and the entire hall was pack.

### **Swar Chitra Sandhya** – An First Step towards Initiative of Devrukh Arts Creative Community.

The program started at 7.00 pm with Ganesh Vandana, followed by Saraswati Vandana to bestow her grace for this program. Thereafter, Shri Mandar Puranik

took over the stage. He played Teen Taal with different todas. The rhythmic beats of Tabla created a very vibrant atmosphere. The entire audience was charged up. At the same time, Shri Avdhut Potphode –

started his painting on the beats of tabla and the vibrations which were created.

After the heart throbbing performance of Shri Mandar Puranik, the stage was handed over to the melodious singer- Ms. Manisha Gore. Ms. Manisha sang various songs in the glory of Goddess Saraswati. Her divine voice actually invoked Goddess Saraswati which started manifesting in form of painting of Shri Avdhut Potphode. Her prayers in melodious voice actually mesmerized the audience.

The painting depicted how wisdom and Art gets manifested from the divine source energy into reality. Avdhut mainly used Yellow and white to depict the basic energy of creation and blue, green and brown to manifest the art into physical plane.

The program ended at 8.30 pm with a very divine prayer "varde" which was very well received by the audience. Entire audience participated in this prayer with great devotion. Shri Avdhut Potphode explained his painting with zeal and had a feeling of completion. His painting was actually over when Ms. Manisha's last song got over. So everything was in sync.

Whole audience was spell bound with the divine vibrations created by these blessed Artists. They were so much engrossed in the program that they did not realized that the program was over. Everyone was awestruck.

The program was very well appreciated by the audience. Many people demanded more such programs in future. DACC is looking forward to create such opportunities wherein it can call such eminent Artists in Devrukh for the promotion of Art.

### Ashram Events

### **Guruji's lecture at Indian Institute of Materials Management**



Indian Institute of Materials Management (IIMM)'s western chapter located in Baroda had invited Guruji to deliver a lecture on "Emergence of New Manager : Impact on business organizations all over" on 19th November 2016. Guruji spoke about a length and breadth of a situation created by an emergence of new generation with totally different personality traits and its various dimensions during his 90 minutes discourse attended by senior business people. The gathering was overawed with Guruji's insights on the subject and has invited him again to deliver similar talk on 8th April 2017 on their forum.

#### Guruji's lecture at Mangala Green Society at Tarsali near Baroda

Guruji's in depth research on new generation saw him getting invited by a private society on 20th November. The beautiful lawn and the nip in the air set the right environment for those who assembled on the laws on the society on that night. Guruji spoke for almost an hour touching every heart present around and created awareness about the changes occurring on the human horizons.





# Swachetana Shibir at Deolali on 11th, 12th and 13th November 2016

Swachetana shibirs have always been special events for Reiki sadhaks of Reiki Vidya Niketan since past two decades. A Shibir organized by Nashik centre of RVN was no exception. With around sixty participants mingling along with the entire team of Reiki Masters from RVN was a sight difficult to forget. The shibir that started on the early morning of 11th November created a magic right from the word go and ended only around the sunset of 13th November. It was a continuous flow of new knowledge and wisdom creating tremendous sense of awareness about various topics ranging from the emergence of feminine power, trilateral existence of humans, the triads of life, the ascension to the higher dimensions to the ultimate experiences of merging with that universal divinity. Everything was organized with a theme of Three is a Company to bring out the unique phenomenon of a number Three in the universe, something which was so different from he established beliefs of duality. Th participants enjoyed every moment of this holy fire of wisdom (the Dnynayagna) interspersed with some lighter moments of Omkar waves, a game of awareness. Gurupujan was a special treat for those participated every day.

### Ashram Wisdom



## **OROP THE OROPPABLE...**

The other day in an ashram there was a debate on why some relationships are good and some are bad. Why some people are close to us and why some are far. Guruji after listening to the debate said that "it is not about relationships. It is the good and bad which is a problem. This good and bad come from your likes and dislikes of certain things. When the likes and dislikes are dropped, automatically the discrimination gets dropped. Then there is nothing good and nothing bad. Automatically all attachments get dropped. The duality of life ends there. That is Samadhi. The real experience of the soul who is beyond all discriminations and attachments.

#### **Program Schedule for December 2016**

Dates	Reiki Teacher	Centre	Degree
3rd & 4th December	Ajit Sir	Rajkot	2nd
3rd & 4th December	Sangita	Pune	1st
3rd & 4th December	Rakesh	Mulund	1st
10th & 11th December	Seemaben	Kolhapur	1st
17th & 18th December	Sangita	Baroda	1st
17th & 18th December	Vishal	Mumbai	1st
17th & 18th December	Solanki	Chennai	1st
17th & 18th December	Seemaben	Rajkot	1st
24th & 25th December	Vishal	Thane	1st
24th & 25th December	Ajit Sir/ Krupa	Nashik	2nd
24th & 25th December	Renu	Hyderabad	2nd
24th & 25th December	Seemaben	Morbi	1st

#### **Reiki Seminars**

#### **Other Programmes**

Dates	Торіс	Venue	Coordinator
11th,12th & 13th December	Datta Jayanti Utsav	Devrukh Math	Kalpita Keer
27th to 31st December	Youth Empowerment Program for 14 to 19 years.	Devrukh Math	Krupa Choksi
8th January 2017	Swachetana Shibir	Airoli Navi Mumbai	Mandar Kopare
10th, 11th & 12th February	Swachetana Shibir	Mrutyunjay Ashram, Baroda	Chandresh Parmar