

Ganesh Utsav at Devrukh

Ganesh Utsav was celebrated with great devotion and enthusiasm at Devrukh ashram on 23rd August 2009.



Lord Ganesh arrival At Devrukh Ashram

The event started with the Ganesh's idol being brought to the Ashram by some of the devotees on 22nd August 2009 at around 6.00pm. The Idol of Lord Ganesh was installed on 23rd August and for the 1½ days Lord Ganesh was worshipped. The the sadhaks performed Aarti of the Lord. Ganpati Atharva Shirsha was recited followed by the pujan of Lord Ganesh.



Swamiji with Ganesh

The event proved to be the apex of the whole celebrations when Ganeshbhaktas converged on the ashram location offering their salutations to Lord Ganesh after taking Darshan of Shri Swami Samarth. The devotional songs added the right kind of environment to the settings.



Ganesh ready for meeting his devotees

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A Loaf of Bread & Simple Wisdom (cont. of the last vol.)

“... Answer them for me, Jacob. The first question is: ‘What supports the wall of a city?’
“Easy. Fear supports the wall of the City.”
But what support the fear Jacob?
“The walls. The fears we cannot climb become our walls.”
One message in the bread says the fist starves the hand, Jacob. What do you mean?
“When our hand is made into fist, we cannot receive the gifts of life from ourselves,

our friends, or our God. When our hand is closed in a fist we cannot hold anything but our bitterness. When our hand is closed in a fist we starve our stomachs and our souls. Our Anger brings famine on ourselves. Put down your fury. Anger locks a man in his own house.”
People say that we believe in God. Is that true?
“I say, God believes in us.”
A child tells Jacob that he does not understand how we are to decide whether to follow what

we feel is right or what we think is right.
“My heart knows what my mind only thinks it knows.”
But what if neither my heart nor my mind can help me find the way, the child further asked.
“Prayer is a path where there is none. And ritual is prayer’s vehicle.”
How can you have faith when you look at all terrible things that have happened to innocent people, a man asks.

(to be continued on page 3)

We Are What We Think We Are

Paramhansa Yogananda



“Thought is more subtle than emotions and with the development of our ability to manipulate ideas and gain greater mastery over the outside world—with greater potential for gratifying our desires for fame and power. The pattern of desires, motives, resolutions and wishes form the complex called mind.”

We are what we think we are. The habitual inclination of our thoughts determines our talents and abilities, and our personality. Thus, some think they are writers or artists, industrious or lazy, and so on. What if you want to be other than what you presently think you are? You may argue that others have been born with the special talent you lack but desire to have. This is true. But they had to cultivate the habit of that ability some time – if not in this life then in previous one. So whatever you want to be start to develop that pattern now. You can instill any trend in your consciousness right now, provided you inject a strong thought in your mind, then your actions and whole being will obey that thought. Do not settle for one-track mentality. You should be able to succeed in any profession or do anything you put your mind to. Whenever others told me I would not be able to do a thing, I made up my mind that I could do it and I did!

Few demonstrations of mind powers are more dramatic than the power of thought for good or ill on the health of the body. My Guru told me the following story. He had lost much weight as a result of a serious illness. During convalescence, he visited his guru, Lahiri Mahasaya. The Yogavatar inquired about his health. Sri Yuktेशwarji explained the cause of his delicate condition. “So,” Lahiri Mahasaya said, “you made yourself sick and now you think you are thin. But I am sure you will feel better tomorrow.” The next day, Gurudeva went exultantly to Lahiri Mahasaya and proclaimed, “Sir, with your blessings, I feel much better today.” Lahiri Mahasaya responded, “Your condition was indeed quite serious, and you are still frail. Who knows how you might feel tomorrow?”

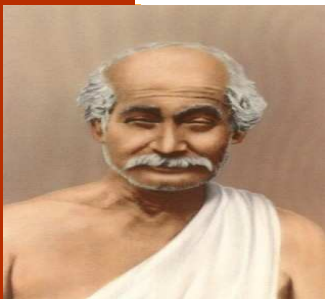
The next day Sri Yuktेशwarji was again completely debilitated. He lamented to his Guru, “Sir, I am again ailing. I could hardly drag myself here to you.”

Lahiri Mahasaya replied, “So, once more you indispose yourself.” After some days of this alternative health and ill health, which followed exactly the expectation of Sir Yuktेशwarji’s thoughts influenced by Lahiri Mahasaya’s suggestions, my Guru realized the powerful lesson Lahiri Mahasaya had been trying to teach him.

The Yogavatar said, “What is this? One day you say to me, ‘I am well,’ and the next day you say, ‘I am sick.’ It isn’t that I have been healing or indisposing you. It is your own thoughts that have made you alternatively weak and strong.”

Then Master said, “If I think I am well and that I have regained my former weight, will it be so?” Lahiri Mahasaya answered, “It is so.” Guruji said, “At that very moment I felt both my strength and weight return. When I reached my mother’s home that night, she was startled to see my changed condition and thought that I was swelling from dropsy. Many of my friends were so amazed at my sudden recovery that they became disciples of Lahiri Mahasaya.”

Such phenomenal demonstrations are possible to those who possess the power of creation that everything is thought. When you have yet to attain that realization, you have to keep applying will and positive affirmation until you make thought work for you. *Thought is the matrix of all creation, thought created everything.* If you hold on to that truth with indomitable will, you can materialize any thought. There is nothing that can gainsay it. It was by that kind of powerful thought that Christ rebuilt his crucified body; and it is what he referred to when he said, “Therefore I say unto you, what things soever ye desire, when ye pray, believe that ye receive them, then ye shall have them.”



Lahiri Mahasaya

A Visit to U.S.A



Maya Calendar

Guruji's Visit to USA began on 7th August 2009. He reached Chicago in the morning of 7th August and after a couple of hours he proceeded to Pierceton in Indiana for

his 2nd degree seminar the very next day. On 10th August, he visited the Amish Community & appreciated the wonderful way they live, without the use of any modern life utilities like electricity, cars etc.

On the same day, Rudra swahakar Lughurudra was performed by Guruji with Sadhaks in Indiana.

On 11th & 12th August, he conducted 1st degree Reiki Programme at the same place before going back to Chicago on 13th August. On 14th Morning he proceeded to Midland—Odessa in Texas where he

conducted the 1st & 2nd degree Reiki Programs, besides attending the Krishnashtami at the West Texas Hindu Association Temple.

On completing his Texas Schedule Guruji returned to Chicago on 25th August. He recited Gurucharitra over 7 days at Wood Dale in Chicago. Besides, he also conducted 1st degree Reiki program on 29th & 30th August at Naperville near Chicago.

Guruji can be seen in the photo here with a replica of Maya Calendar in Chicago.

“Eyes are just windows, they can't see unless you see through them. How can a window see? You have to stand at the window, only then can you see.”

- Osho.

(Cont...) A Loaf of Bread & Simple Wisdom

“Come walk with me,” Jacob tells the man. “We will both do something. I will plant a tree on the road.”

And what do I do?

“Oh You? You will find someone to chop down that tree.” Jacob says that it is the silence between the notes that makes the music. It is the space between the bars that holds the tiger. Let the noise pass you by, even the storm & the thunder is nothing but God is moving, rearranging furniture. Renew the silence with yourself. You can keep this silence even when you are with someone else.

An old man tells Jacob that he has been searching for meaning but unable to find it. A man with lantern goes in search of a light. A fish can't describe water until it is caught.” A very old woman who is about to die tells Jacob that she wants to know how she can carry her money into the other world. “Simple. Everything of value can be carried to the other side.”

That doesn't answer my Question, the woman shouted. How do I carry my money?

“Anything of value can be carried, but you have already forgotten what is value.”

Another old man asks Jacob where he finds the strength to carry on in life.

“Life is often heavy only because we attempt to carry it.”

By now Jacob the baker is very famous in the village. More & more people keep coming to him. So, one day Jacob turns the lights off in the bakery & closes the door behind him.

“The people think I am offering them answers, I am only offering them a mirror.”

He falls asleep & upon waking doesn't brush off the flour that spotted his pants. He wants to remind himself that he is still a baker. Humility is the integrity of wisdom. It was the moment that the world had ignored that had filled his plate.

It was now morning & the teapot whistled when it was ready. The teapot was calling him, “we must hear the call.” Jacob prescribed a simple

life, righteous acts, family bonding,, the presence of love, the absence of greed, obedience to the will & word of God, a close friendship with God & a warm & simple peace (God's Most invaluable gift to man) as a secret recipe for a happy life.

But how can a small-time old baker know better than the hundred thousand million people on this planet who are having a blast? Go back to the oven old man, nobody is hungry for your offerings. Over-satiated with all the madness piled on their plates, everybody is satiated & what's more they have filled their souls with what fancied their appetites, not your wisdom bread.

Learning Centre at Devrukh Ashram

Devrukh Ashram will soon have the Learning Centre which will have a lecture hall and the attunement room. The Learning Centre will be coming up soon, behind the Goshala within the math's premises.

The team of architects have visited the site last month and the building is being planned. This centre will be used for various kinds of learning courses like Reiki seminars, SOME and SAFE programmes. Guruji will soon start taking short term courses on Vedas and Upanishads there.

The learning Centre will have the Tibetan ambience and provide the room to teach about 40 to 50 students in every class.

It is also proposed to start a **School For Parents**—a novel concept being introduced for the first time in the world. The courses will empower Parents to become ideal parents to create the ideal children. Short term courses for 7 days and 15 days will be conducted in this school and will have the Pre-parental and Post-parental training programs.



1st Degree Reiki Seminar at Neperville, USA

LIGHT

*It emerged not
with a quick flip of
the switch but with
a slow breaking of
the dawn.*

*...From Scientific
American.*

Reiki Seminar Schedule

Sr No	Dates	Location	Master	Degree
1	1 & 2 Sept	Chicago	Ajit Sir	1st
2	5 & 6 Sept	Chicago	Ajit Sir	2nd
3	8 & 9 Sept	Northeastern Univ	Ajit Sir	1st
4	12 & 13 Sept	California	Ajit Sir	1st
5	21 & 22 Sept	Nashik	Ajit Sir	1st
6	26 & 27 Sept	Thane	Ajit Sir	1st
7	3 & 4 Oct	Rajkot	Ajit Sir	1st
8	10 & 11 Oct	Vadodara	Ajit Sir	2nd

Reiki Hospital Project at Devrukh

The dream of our reiki sadhaks to have a residential healing centre in Devrukh will come out to be true. The Reiki Hospital is being planned at the plot gifted to Shri Swami Samarth Sewak Pratisthan just opposite to the Math complex.

This hospital will have the provision for 4 beds where 4

patients and one of their relatives can be accommodated.

The complex will also have the room for Agnihotra and Meditation as well as a separate room for reiki treatment and aura operations.

The project will also provide for Aura diagnostics by using the human energy field meters

and aura cameras to study the effect of various diseases on human aura as well as to understand the reiki healing process with respect to the human auras.

The project is likely to be completed in 2010 and the plans are being made.