

# REIKI VIDYA NIKETAN

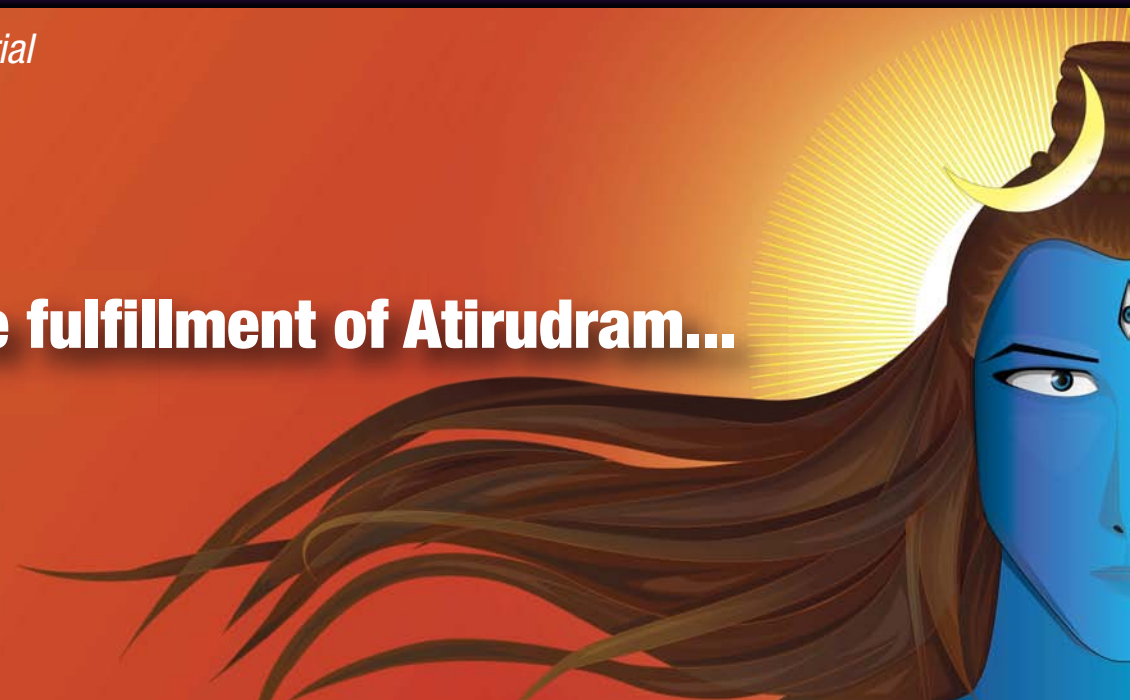
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Rudra is the core of our spiritual practices. It is the heart of this practice. Just to appreciate how that divine force called Shiva has penetrated in every cell of the existence of our Devrukh math, one does not have make any efforts. Only one visit to this heaven and one understands. If one looks literarily, the words Rudra truly means Reiki. The word RU in Sanskrit means the light or the energy and the word DRA means the flow. Naturally Rudra means the flow of energy. Obviously that is the Sanskrit name for Reiki which happens to be Japanese word.

Obviously Shri Swami Samarth Math in Devrukh which was founded with Reiki spiritual practice and a Healing practice as its main activity would catch up these vibrations of Rudra naturally. May be that was the reason Swamiji inspired me in 2002 with an idea that all sadhaks should learn and chant these supreme vibrations. In those days we had only few – may be 4 to 5- sadhaks who knew how to chant Rudradhyay. The leading ones among them were young sadhaks Shridhar Joglekar and Amit Sane. I suggested them to teach Rudra to as many sadhaks as possible. That event truly set the foundations of our Atirudra sankalp. That time of course no one had an idea why sadhaks should learn and chant Rudra.

In the initial phase of 5 to 6 years we had about 50 to 60 sadhaks who got trained in chanting Rudra proficiently thanks to the pioneering efforts of these two named above. Swamiji started sending signals since 2010 to increase the number of sadhaks chanting Rudra manifold. At the same time the enthusiasm and zeal of sadhaks also started picking up for no known reasons. Shridhar and Amit got busy with their professional work demands and could not spare time to create more Rudra chanting sadhaks. By the grace of Swamiji, Krupa and Ashwini – the two young sadhikas rose to the occasion. Both of them happened to be trained under Shridhar only. They decided to life the Shiv Dhanushya like Lord Rama. Swami blessed them and gave them all the strength to lift that effortlessly. The divine grace was working. These two Rudra teachers worked beyond the limits of time, did not bother to see whether it was a day or night... they relentlessly worked towards a single pointed objective. They created more number of sadhaks who were proficient by that time to chant Rudra. The number started swelling fast. Rudra chanting thereafter became the core of our Mahashivratri festival every year. We started moving from Rudra, Laghurudra, Maharudra and then Rudra Swahakar became the regular ritual at the Math's daily chores.

## The fulfillment of Atirudram...



By 2012 Swamiji inspired and that too with terrific intensity that there should be Atirudra performed at the ashram. The number crunching began. Because Atirudra is a huge challenge testing everybody's patience and resilience. Even those who are higher up on the ladder of spirituality would think ten times before embarking on such a sankalp. It has its own demands. It is a tough proposition as it needs so many sadhaks working towards it consistently for days and months together. We started looking out for references from other ashrams and maths to understand how one goes about such a massive project. Someone had invited 108 brahmins – regulars in Rudra chanting from a sacred place of Shringeri and took 19 days to complete Atirudra and in the process spent Rs 7.5 millions (75 lakhs). My head started spinning hearing all these numbers. Can we do it? Where do we get that kind of funds? Where do we get those kinds of proficient Brahmins? Our whole mission is built around a core free from money matters. And 75 lakhs was too much of money. Can one not set up one small town in that kind of money to help all those staying without homes? The priorities were different. I could feel that people have started selling that divine itself. My mission would not allow me to get in and be a part of that money game. Neither would Swami allow me to do that. In a flash of thought Swami sent, I realized that we need to understand the term Brahmin, redefine the age old term. The one who studies Brahma is a Brahmin. It is not a caste based on birth or the clan in which one is born. That suddenly turned the picture. All my sadhaks who have been learning that divine Brahma became Brahmin overnight. Now even the money problem was not there as none of our sadhaks would charge anything for chanting Rudra. Now the only challenge left was the number of such Brahmins. One Atirudra means 11 Maharudras, means 121 Laghurudras, which further means 1331 Ekadashinis means 14,641 avartanas. To complete these we may need to engage 121 sadhaks for long tie like say 21 days or 21 sadhaks for 121 days etc..The arithmetic was getting scary and complicated in nature. All my sadhaks are mostly from working middle class. Who will give them those days off from work? This means we needed to increase sadhaks even in larger numbers. It was getting mind boggling. Where and how can we make these sadhaks ready for rudra chanting? But Swamiji always has his own design difficult for many to understand. When Swami supports a sankalp, the first thing one should do is to drop the doubts and fear. Suddenly a new batch of teachers like Jairam, Katdare Kaka, Shridhar's brother Shripad... they all stood up for the cause and started helping Krupa and Ashwini create more Rudra chanters. Within no time we had more than 180 sadhaks fully ready to take up the challenge in 12 centres all over India. Swamiji once again gave insight and said "Do one Laghurudra at each centre every month and 12 centres you should be doing a Maharudra a month. 12 months and your Atirudra is complete. I went to Omkareshwar in 2013 and invited

the divine Shiva. In December the same year I went to Lord Mangeshi (My family deity) in Goa and pronounced my sankalp. Then that magic started from March 2015. The magic of monthly one Laghurudra per centre, completing one Maharudra per month. Third Sunday of the month between 6 to 9 all over the country among 12 centres. They used to start at the same time though at different locations and end up at same time. What a synchronization. What a networking of Rudra. Is this the 12 star system they talk about in spiritual parlance?

The routine month suddenly used to wake up as the calendar started showing days closer to third Sunday. Jairam and other teachers would started marshalling their resources like a talented and skillful military generals to get all their teams intact. Even one teams fails to achieve the required number for whatever reasons and the sankalp would collapse. It was very arduous task. But Jairam and his team never allowed the things to go out of hands. Every sadhak involved in the sankalp played his/her role perfectly. It was like a mission for every one. They set a wonderful example of how a shadhak should be alert in his sadhana with consistent awareness. While all this was happening and the project nearing the end, Swamijidid something amazing. He decided to have a whole Atirudra in 3 days just around Mahashivratri on 7th March. That too in the ashram! Sadhaks received this command with great enthusiasm. By now everyone's energy levels had peaked up. Everything got planned in a jiffy. A huge mandapam in the land next to ashram to accommodate 5 yagna kundas, about 174 sadhaks chanting Rudra in 12 teams and the local priests to manage the yagnas as the chanting would go around. Completing 11 Maharduras in 3 days was a gigantic task. Four on the first day, five on the second day and last two before the poornahuti in the afternoon on 3rd day. Everyone wondered about how we were going to do that. Chanting five Maharudras in one day? Sitting tight for 10 hours in a day with Rudra avartanas? Would that create a problem of parched throats? Would that create a problem with lower limbs? Would we have that kind of stamina? All these were unasked questions. But no one's confidence level plundered They were all ready. The soldiers of Lord Shiva. And the magic gave up to miracle. It all happened. Precisely the way it was planned. Every single inch, every brick, every tree and every flower in the ashram was resonating to the divine sounds of Rudramantras. By one o'clock in the afternoon of 7th March, it was all over. The mantras stopped but not before they got translated into tears in everyone's eyes. Sadhaks cried with joy. They realized that they had crossed the apex of their sadhana. God knows how many births all these angels were doing sadhana which was getting fulfilled on that day. Everyone was empty but filled. It was dichotomous. The Brahmins who came to do homas said such kind of Atirudra has never happened, not in Konkan and possibly not in the world with the 'real' Brahmins chanting the mantras. It took some time for sadhaks to sink in what happened. It may take little more time for the world to sink that now.

## What next?

*With lots of love*

**Ajit Sir**

*March 25th 2016*



# BhajaGovindam (Verse 26)



## Meaning:

**Having given up lust, anger, greed and delusion, the seeker sees in the self. “He I am” They that are devoid of self knowledge are fools and they are tortured as captives in the hell.**

What he says over here that if we have given up lust, anger, greed and delusion, then what remains is you. Lot of people ask me, “Can Reiki take us to the enlightenment?” Enlightenment means “Atmashakhatkar”. It comprises of three words “Atma” + Shakshat + kar. Kar means kriya – process, Shakshat means with - your own experience and atma means soul. When your soul experiences itself, as your body, we call it Atmashakshatkar. Where is atma – its seat is in our Crown Chakra or Shastrahar Chakra above the body and physical presence ours is in our solar plexus. And in between there is “Chitta” which comprises of Intellect, Mind and heart. The moment these three in chitta becomes transparent, Atma and body they see each other. The moment our sanskaras are freed from the chitta, it becomes absolutely transparent, suddenly our body sees atma and we realize “Oh! My God! Aham Atmasmi”. Our chitta is between the body and soul and it has become transparent. There is nothing between body and soul. And every spiritual practice will try and ensure that chitta is cleansed. Absolutely cleansed. As if there is a transparent water body then you can see the bottom of the lake. That kind of transparency is required. The moment that happens, the moment you are free from anger, lust, greed and delusion, you realize you are Atma. Aham Brahma asmi! ( I am the Brahma- I am the Universe) So drop all that thing coming in

कामं क्रोधं लोभं मोहं त्यक्त्वा आत्मानं पश्यन्ति सो अहं ।  
आत्मज्ञानविहिना मूढास्ते पच्यन्ते नरकनिगूढाः ॥२६॥

between what you think you are and what you are. Then you can experience your self.

This reminds me of a wonderful storey I had come across a few years ago. There was a lady who was studying Metallurgy and wanted to have a lot of practical knowledge on the subject. She decided to visit one goldsmith who was an expert in his field. When she went there he was on the job trying to do something with a piece of Silver. He had held that piece tightly in the pair of tongs that he was holding tightly in his hand. The lady realized that even while he was talking to her the goldsmith did not look to her but instead was staring continuously at that small piece of Silver with total concentration. In between, he would bring that piece little closer to him, observe something and again put it into the fire, still holding it with his hands with pair of tongs. She wondered what is he doing. Why should be staring continuously to that piece in the fire all the time? She pondered. Finally she asked him that question. The goldsmith said that the piece that he is holding is of silver and not of gold. If it was Gold, the thing would have been easier as the melting point of Gold is pretty high and one does not have to be careful. In case of Silver however one needs to be more careful as it may start melting at comparatively lower temperature and the whole silver piece will vanish. It gets purified somewhere during the process and if it passes that point of purification it may start dissolving. So, one has to intensely observe that without ignoring it even for few seconds till it becomes absolutely pure. The lady had a question about how does he know when it has become purified. The goldsmith was quick to reply that. He said, “That is why I keep on looking at that piece continuously. The moment it becomes pure it starts reflecting like a mirror and I can see my face clearly in that. That is where I pull it out of surface. There is no point in going beyond this. That would be dangerous. The moral of the story is that one has to do one’s sadhana till the point your self is seen in your body. Even the God makes you go through that fire to purify you till he sees his reflection in you. That is what the enlightenment is all about.



## THE MANUFACTURING OF LOVE... *By Vivek Pandey*

Love, described by many as the most beautiful feeling on earth, without which the survival of beings on earth (at least homo sapiens) would seem meaningless if not impossible. Can one imagine life without love, they seem to be synonymous as such. Be it family, friends, a gathering, a class-room or a working space, love is the most important feeling which over-rides and over-rides almost any other feeling on earth. But what is it actually? Has anyone tried to figure-out what this thing called love, which has supposedly taken over our lives means to us? Has anyone ever dissected, the reality behind the superficial understanding of many on earth? Has anyone tried to look beyond the process of love? Is it just about being 'nice' to people around or faking a smile at fellow beings around us? Is it also just about being sweet and sugar coated in the way you articulate your responses? Have we looked beyond the superficial aspect and actually know what is happening within us? Is this abstract phenomenon of love been overrated and exaggerated beyond limits? Let us begin the story of Love along with the story of mother Earth.

Some thousands of years ago, when the homo-sapiens were crawling on earth like creatures, there was no such thing as love for the simple reason they had no idea about this thing called language and communication. The only activity they were aware of was that of food-gathering and hunting based on their physiological needs. There was nature all around and a fairly peaceful life with only nature taking care of them and their basic needs. It was almost a very basic, raw and a beastly kind of animal-lifestyle that they all followed. How the hell!!! On earth did we find this creepy (made to look divine) thing called 'LOVE' on earth. Well! It all began with violence and fear. Yes, love was manufactured, because even before the start of civilization we were killing and fighting with each other which led to the start of fear and insecurity. They must have started voting (subconsciously) for love for the simple reason it was the obvious choice against the opposition of violence and fear. They all wanted to live and survive. This must have been the first occasion when 'LOVE' was created or manufactured by them as they all valued survival and continuation of their bodies. So, the first time love was born must have been due to the twin impact of violence and fear prevailing at the time of primitive beings. (Just spare a few minutes and ponder as to how a primitive man would have reacted looking upon a dead body at that time for the first time).

Moving on with the story of manufacturing of love, the homo-sapiens, who by now would have learnt to lead a civilized life, started labeling themselves as humans. From running around in jungles they must have

learnt the art of farming and leading a much more stable life by settling around river banks. The communication skills also came into the scenario and the use of fiery tongue would have been common by then. This was a far more peaceful tenure than what they had experienced previously. Although, mass robberies and hooliganism would still have persisted to turn the green earth into red ground. The smallest unit of civilization called family came into existence just around at this juncture, but with that also crept in the feelings of selfishness and they built walls of 'I' and 'YOU', based on which 'LOVE' was again manufactured. Yes the second time around, this feeling of 'LOVE' was manufactured in the name of selfishness (family) and building walls of duality (I and YOU).

Moving further, with the advent of governance coming into picture, and during the lavishly styled times of 'Raja's' and 'Maharaja's', the homo-sapiens (sorry the humans) would have mastered the art of managing the daily administrative part of the business of their lives. Language had not only evolved by now but with the advent of poetry and writing coming into picture, the art of expressing love (and also hatred) would have reached its pinnacle. The feeling of love by now would have been covered with layers of hatred, jealousy, deceit and what not. The humans really stood out from animals by converting their minds into heaps of garbage. Love started to become a rarity as other things assumed a lot of importance in these torrid times. However, despite these intricately woven web of emotions; hatred, deceit, jealousy and cunningness; love found its way and managed to survive and keep its name intact. This time around 'Love' was manufactured to escape the ugliness of the human mind.

In the current times though, industries and technology decided to take over the mankind. The humans were ruling the planet by now. Not only life, but love also became mechanical and pre-defined. The boundaries of customs and caste were as thick as the walls of any fort. Love still managed to find a breakthrough and prevailed victorious. In these times, 'Love' is looked at as a tool to break some age-old barriers. Love, yet again is manufactured with some ingredients of protest and revolution, in the form of love-marriages and Live-in relationships. And if one looks at the last 15 years, the love for automobiles and electronics has grown tremendously. Cell phones are a part of humans now and the bonding is so strong that most can't live without. No wonder! Love was manufactured at all times and the process goes on for life to continue with a tinge of spice in it...





# Broken Branches

by Telangan

I had taken Leo for a walk. I go to a tiny playground where Leo loves watching kids. That day I saw a 10 years old boy sitting on my usual bench with sad face. His body was holding one lifeless leg by metal rods. His face lit up to see Leo wagging his tail joyfully and inviting him to play. I was happy to see his smile. While talking to him I asked him why he wasn't playing with other kids? His face changed in a minute and he sadly replied, uncle if you talk to them, then maybe they will allow me. Then, I went and spoken to those kids. They looked at me in disbelief and said, No way' he can't participate with his crippled leg. I tried to convince them but they didn't want to disturb their game. At last they allowed him to be temporary wicketkeeper. They were sure that the boy would not be able to handle it. The boy was delighted with this sudden offer and actually moved faster than other kids. He balanced himself very well while collecting difficult catches and the boys were amused by his quickness. I saw him every day afterwards playing with them. They had forgotten completely that he was handicapped and they had rejected him in the past.

I read a beautiful article written by Fumihiko Iida, a professor of Japan. This article changed my perspective on handicap

people. He did research on various Hypnotic Regressed groups, Life after Death and Reincarnation and Karmic Relationships. He says... *'In my opinion, it is often the very strongest souls who have chosen to shoulder these burdens because they provide great opportunities for growth. Being born, as a handicap is not anyone's fault. Instead, it is a spiritual discipline that you yourself have chosen as a test for yourself. Research has shown that there is a deep meaning in any illness or handicap that makes you suffer, and that you will be able to achieve tremendous growth if you win over your hardship. Those who live as handicaps are very strong spirits, who are struggling with wonderfully high-level spiritual tests. They have great courage to attempt these tests. They are the one who chose to grapple with this challenge in present life purposefully.'*

I don't know whether this concept is right or wrong but when we think that the soul has chosen this life as a spiritual test then our total view changes from **'a pitiable existence'** to a **'wonderful existence.'** If we develop lot of respect and admiration for all those people we meet in our daily lives and our approach towards them becomes remarkable then it is worth believing in it.

# CHILDREN OF A NEW WORLD

By S.S. Sundaram

(contributed by Reiki Teacher Mr Khushal Solanki, Chennai, India) March 2006

Born spiritually advanced, indigo children are supposed to change established systems once they grow up, ringing in the golden age as prophesied by spiritual groups.

## It's a Wise Child

*what a mother learnt about and from crystal children*

*by Ranjini Woodhouse*

One day after of a tiff with a friend, I was upset and she walked away in anger. One of my children came up to me and said, 'There is no need for you to be upset. She is a user and when she can't have her way she storms off in anger and later she comes back and dumps on you.' This could have only come from an Indigo or a Crystal, the special children in our midst who tend to be forthright and brutally honest. As adults we have to learn to respect them.

Many parents come to me saying, 'My child has been diagnosed as autistic but I know it is not so.' An autistic person is disconnected from people, doesn't talk because of indifference to communicating with others and yet is highly intelligent. Symptoms similar to the traits of Crystal children. If you observe Crystals, they use telepathy, self-fashioned sign language and sounds to get across their message to their parents and siblings. They are caring and cuddly, especially to older people, plants and animals. Because of their affinity with the animal kingdom, many of them refuse to eat any meat, poultry or fish from the time they start eating solid foods. As parents we could honour their wishes and find other sources of protein.

One day I saw a six-year-old in her bedroom, sitting in the lotus position in a circle of crystals, improvised from her mother's crystal chains. On asking, she said she was 'diditating', further elaborating: 'God is talking to me – he is telling lots of nice stories and I am listening to Him. He is telling me how to use these crystals to help people feel better. He also told me that I am beautiful and just like me everyone is beautiful and we should all love each other.' This is not something that you expect a six-year-old to say!

After a while she came downstairs where the adults were, looked at me through her piercing eyes and said, 'You have pain in your shoulders and I will put this crystal here. You will feel it buzz, buzz and then it will be all better.' She placed the crystal on my solar plexus and immediately I felt a buzz in my shoulders. I was amazed that she knew about the pain in my shoulder.

The Indigo and Crystal children are no different to other children in that they too need structure, guidance and discipline. As parents and teachers, we must approach these children with respect, sincerity and love. I am humbled and blessed by the presence of these children on our planet.

*Ranjini Woodhouse is a US-based light coach and angel therapy practitioner.*

The humongous popularity of Harry Potter books and movies couldn't have come out of a vacuum. Some part in the children worldwide must have identified with the psychic powers of Harry Potter and company. Now a trend that has come to notice in the West is that many children in our midst are indeed spiritually advanced or psychic. Called Indigo children, they are the subject of a dozen major books, scores of websites and even a feature film. They are called Indigo children because of the predominance of indigo (a dark shade of blue) color in their auras, which clairvoyants can see. Indigo is the color of the third eye chakra, which regulates clairvoyance, or the ability to see energy, visions and spirits.

Observers and analysts of the New Age are even arguing that Indigos have a special role in the evolution of humanity. They are here to fulfill the various prophecies of a coming New Age, said to dawn around the year 2012. Says Dr Sunny Satin, California-based NRI hypnotherapist who has been training therapists in India and has conducted seminars in Delhi and Mumbai recently on the Indigos, 'Their mission on earth is to change established systems once they grow up.'

The Indigo phenomenon was first brought to light by Lee Carroll, the channel for Kryon, and his wife Jan Tober (both also work as a team of self-help professionals in the US) in their 1999 book, *The Indigo Children: The New Kids Have Arrived*. The book carried essays by counselors, paediatricians and educationists. As more and more parents started identifying their children's traits with those of Indigos, more books and websites cropped up on the subject. The small budget Indigo, a film produced and directed by Hollywood's Stephen Simon, starring Neale Donald Walsch, author of the bestselling *Conversations with God* series of books, became an underground hit using the unconventional distribution strategy of screening at churches, etc. The story of the film revolves around an Indigo girl who uses her ingenuity and special powers such as foreseeing events to reunite her dysfunctional family. The film was followed by a documentary on the Indigo phenomenon. Finally, the mainstream media woke up to the phenomenon. Last year, CNN, ABC and New York Times carried stories on the subject.

*(to be contd. In next issue)*



# Hawayo Takata - a life Story (Part 9)



In the month we read about some diseases like Lukemia and Nose bleed cured by Mrs Takata in her life. This episode we will learn about how Mrs Takata managed to cure some other diseases like Styes and Travel sickness with the help of Reiki healing.

**Styes:** A lady came to visit Takata's Reiki class once with a case about her own son. This boy right from the time of his birth was suffering from the styes problem. Doctors initially had thought that stye will just vanish with time. But instead of that happening within 2 more weeks he started getting stye on the other eye too. In the first year itself he had 52 styes on his eyes. The boy was stressful. Mrs Takata gave him Reiki for about 10 minutes on his eyes with the consent of the mother when the child was sleeping. Thereafter she gave Reiki to his forehead, temples, ears and the front part of the body. When Mrs Takata turned the boy on his belly so that he could be treated on his back, surprisingly the boy who would wake up at the slightest disturbance was in deep sleep. Obviously his mother was surprised. While treating his back, Mrs Takata realized that there is something wrong with the functioning of his kidneys and the toxins from his body are not getting excreted. Takata asked his mom to keep some diapers ready as she was expecting a major purification to happen as a fall out of Reiki treatment. She treated his kidneys for 45 minutes. The boy got up after that quite fresh and rejuvenated. He did not grumble nor did he cry. Within two days his styes all disappeared. Takata instructed the mother to treat this boy by giving Reiki on his kidneys and liver portions. The boy never ever got the styes again.

## Travel sickness:

Once, Mrs Takata was traveling to an island to conduct her Reiki classes there. There was a lady sleeping in her cabin. And she looked sick. That lady when asked told Mrs Takata that she was suffering from travel sickness and was not feeling too

well. She also requested Takata to look out for another cabin as her groaning with pain would bother Takata. Takata told her, "Oh lady, the boat has not even moved out of the port. How come you have travel sickness when the travel has not even begun?" The lady answered that Takata was right but she was suffering from acute travel sickness. To such an extent that even just sitting in a boat would make her sick. But she had to travel to go back to her home. Takata had an urge to give her Reiki and forgot to tell her about that. She just touched her solar plexus and that lady started shouting loudly as she thought that Mrs Takata was trying to rob her of her purse which was hanging loosely around her waist. Takata however had such a strong faith in Reiki that she refused to take her hands away, knowing fully well that Reiki will manage everything. Within no time Takata's prayers were heard and the stomach muscles of that lady started loosening. She started becoming quiet and said calmly, "My God, what a magic you have in your hands!" Her nausea stopped, her headache vanished. Then with the consent of that lady, Takata gave her a full body reiki. Within few hours the lady was transformed. She ate nicely and slept deeply. The whole journey she was comfortable.





# Ashram Events

## Atirudra Sankalpat Mahashivaratri

The fulfillment of Atirudra Sankalp which was started in March 2015 happened in Devrukh between 5th and 7th March 2016 during Mahashivaratri festival at Devrukh ashram. This is the apex point in the history of the ashram since its inception in 2000. About 174 sadhaks from 12 centres spread all over India participated in the event. Besides this another Atirudram was performed with Homa Poorahuti between these days. This could well be a historical event as possibly it is the first time the Brahmins by karma (and not necessarily by birth) performed such a massive spiritual event in 3days time. 5 Maharudras on 6th March proved to be the pinnacle of the event.



## World Agnihotra Day

The 74th World Agnihotra Day was celebrated at Devrukh ashram on 12th March 2016 by lighting 74 Agnihotra Pyramids on the sunset time. It is on this day in 1942 that revered saint Shri Gajanan Maharaj of Akkalkot was initiated by Lord Parshuram in human form and asked him to spread the knowledge of Agnihotra to the world to save it from calamities and catastrophes. Devrukh ashram celebrates this day every year by adding one more pyramid to commemorate the divine initiation in the interest of the world.



## 16th Anniversary of Devrukh ashram

Our Devrukh ashram was formed on 15th March 2000. The 16th anniversary of this day was celebrated at the ashram on 15th March 2016. The melodious musical programme "Mukeshke Mit Rafike Geet" was performed by our sadhak and the great singer popularly known as reincarnation of Mohammed Rafi in Gujarat- Mr Ajaybhai Trivedi on the night of this day. Another sadhak of the ashram Mr Mahesh Bhagwat performed Keertan (a traditional Indian type of entertainment programme fusing music and stories) on 14th March evening. The theme of this programme was the Saintry tradition in India.



## The flag of EPIC flying high in Goa

Guruji was invited by Saraswat Education Society a large education institute in Mapusa, Goa to deliver a lecture on Empowerment of Parenting Initiative and Challenges on 1st March 2016. This was attended by 650 parents and around 100 teachers. This possibly has opened the floodgates for the mission to build up a better future and a new world free from stress and crimes. Guruji not only hoisted the flag of the institution to mark their foundation day on 2nd March but has hoisted a flag of hope and aspirations of newer world.



## Forthcoming Exhibition of Sadhak Avdhut Potphode

Our sadhak and a faculty at Devrukh College of Art & Design (DCAD) and a great artiste Mr Avdhut Potphode will be holding exhibition of his paintings at Mumbai's prestigious Jehangir Art Gallery between 12th April and 18th April 2016. Water Lilies is the theme that he has chosen for his paintings and the exhibition is titled as "Saddrushyam" (The invisible Expressions). This is possibly the first time a talent from Devrukh is getting recognized in an art city like Mumbai.





# Endless

a tale by a soul...

*by Telangan*

I've born thousand times...

As a king or a beggar...

Man or a woman...

Hindu or a Muslim...

Christian or a Jew...

I've learnt about truth

In my every role ...

The school called life

Taught me all...

Forgiveness or love...

Peace or patience...

One lesson at a time...

With new insights...

When I perfected the knowledge

And nothing more to discover

I left the school with wisdom...

**That I was never born before...**

**And I will never die again...**





The matter of Shani Shinganapur is on the top of mind of those who are religious, spiritual or plainly ritual oriented. When we were discussing the issue, Guruji had following to say,” Do these people believe that the God Shani is there in the temple or not? If they believe the God is there then let them leave it to the God. He has been there and allowing the things like ladies not allowed to enter sanctum sanctorum to happen, he must have a reason to do so. He knows everything. But if these activists feel that the God Shani is not there, then why do they want to go there and have his darshan? What is the whole point of going there? There is a reason for every rule and regulation. There is a reason for normal people to enter the operation theatre. Can anyone barge into that or to that matter in a nuclear power station only because the constitution allows us freedom to go wherever some other people go? I think let the wiser sense prevail”

## Program Schedule for April 2016

### Reiki Seminars

Dates	Reiki Teacher	Centre	Degree
2nd and 3rd April	Seema Trivedi	Jamnagar	1st
2nd and 3rd April	Renu/ Khushal Solanki	Bengaluru	1st
9th & 10th April	Seema Trivedi	Baroda	1st
9th & 10th April	Vishal	Porvorim (Goa)	1st
9th & 10th April	Ajit Sir/Krupa	Porvorim (Goa)	2nd
16th & 17th April	Seema Trivedi	Nagpur	1st
16th & 17th April	Vishal	Pune	1st
23rd & 24th April	Sangita Kulkarni	Devrukh	1st
23rd & 24th April	Vishal/Kalpita	Airoli	2nd
30th April & 1st May	Rakesh Kumar	Thane	1st

### Other Programs

#### 11th April

National Seminar on Higher Education in India Ponda Goa **by Ajit Sir**

#### 21st April

Empowerment for Parenting Initiative & Challenges Gandhinagar, Gujarat **by Ajit Sir**

#### 22nd April

Teachers' Training Programme Palanpur Gujarat **by Ajit Sir**

#### 23rd & 24th April

EPIC Parenting Programme Baroda, Gujarat **by Ajit Sir /Krupa/Ashwini**

#### 25th April

Empowerment for Parenting Initiative & Challenges Gandhinagar, Gujarat **by Ajit Sir**