

REIKI VIDYA NIKETAN



VOLUME 7

ISSUE 11

NOVEMBER 2015

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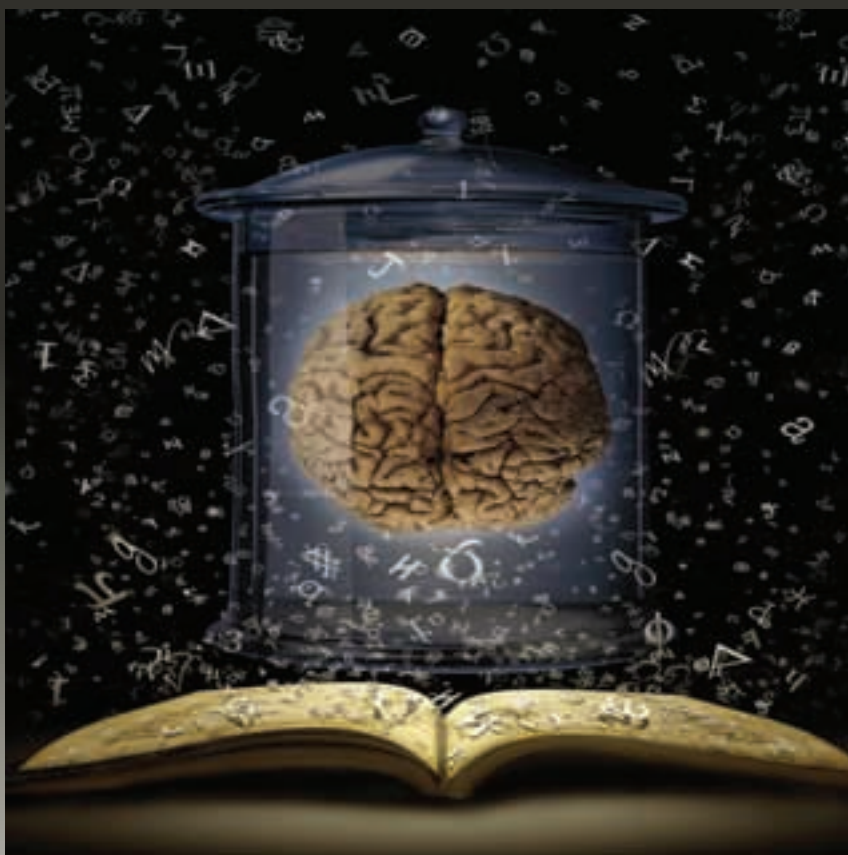
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Science is not a proof, it is only a language to reach people



The inception of our study circle concept and further into a practice, has resulted into a strong force of about 50 sadhaks who have the potency to lead our mission further in the next 2 to 3 decades. Suddenly our institution has a fresh breeze of new research approach and scientific attitudes to backup our spiritual abilities. The whole organization is vibrating with the ideas of scientific experimentation and verification of truth that most of us have touched upon in the past few years. Many of us are also contemplating on why we are turning to scientific explorations of our faiths and experiences of our Reiki healing. What are we trying to prove and to whom?

Editorial

Honestly our scientific explorations are not to prove anything to anyone. All of us have such an unflinching faith in the principles that we follow, the experiences that we all are getting consistently and the tremendous grace of divine showered on all of us every moment that we do not need to prove by any means. Neither we are interested in getting the verifications from the scientific world which has already started getting away from the path of searching the truth due to multi-dimensional commercial viewpoints. That definitely is not our objective. I believe, now the science has become more like a language - a language of the new generation. We are trying to reach the new generation who have every right to get the knowledge which is free from all dogmas and pure in nature, so that the human race can get their senses intact and preserve the beautiful globe from disasters. In Maharashtra,

in the eleventh century, a great saint Dnyaneshwar realised that Bhagvad Geeta a supreme message from the lord was no longer reaching the common man as many of the people did not understand Sanskrit in which it was written. Many of the references given in that divine song, have also become extinct with the passage of the time. He had to rewrite the same as Dnyaneshwari so that it can transform the lives and show them the path of light. After 900 years one can realize that even Dnyaneshwari does not touch the chord of heart as again the language that people understand has changed. The time has arrived to express divine principles of life as Vidnyaneshwari. The lord himself in Geeta told Arjuna that this is not the first time, I am telling Geeta to the world. It has been told again and again, as the human consciousness takes a turn, I come with my message in a language that prevailing population understands. As I said, science is a language that prevails today. The language that can be used by the supreme truth to reach the billion hearts. That is the point. The truth does not need a proof but it needs a medium of language. The truth will always prevail.



Ajit Sir

Oct 15th, 2015

BhajaGovindam (Verse 21)



पुनरपि जननं, पुनरपि मरणं, पुनरपि जननी जठरे शयनम् ।
इह संसारे बहुदुस्तारे, कृपया अपारे, पाहि मुरारे ॥ २१॥

Meaning:

The wheel of life continues from taking birth, dying to be reborn again to sleep in the womb of a mother. It has become difficult to break through this cycle. Oh Murare (The God) please bring me out of this vicious cycle (of life and birth)

This possibly is the verse which has been chanted and referred to the maximum. If you look at it, all the spiritual practices are basically targeting at this ultimate objective. Breaking through this cycle itself tantamount to Liberation!

Having taken a birth in the body would anyway result into some kind of karmas or actions performed. These karmas could be good or bad. Some karmas then become more karmas and the things start getting intricate like a cobweb. We keep on getting into our own karmas and the results of them. Then starts an unending game of Prarabdha, Prakatan and Karmani! I just happened to see one video clipping on You Tube. It is very interesting and at the same time pretty serious. There they have shown a mobile phone being kept in the midst of the group of ants. The moment the phone rings, the ants lose their sense of directions and they keep on moving round and round around the mobile phone. They do not stop even for one breath. They keep on moving and getting tired and finally get into the centre spot of mobile and die of exhaustion. While watching this, I realized that we humans are not different. Just cut the mobile and paste any desire and ambition in that place and we have the picture complete for human beings.

We take birth in some body's womb. Get connected to the game of sanskaras and life of that person you call mother throughout your life time, park ourselves in that womb filled with dirt like your own deface and urine, rolling into that for nine months, get separated from that mother, followed by that childhood, going through that youth towards the old age and then die with a lot of miseries of all kinds. At the end of the journey suddenly the

knowledge dawns on you that truly the journey was of your own and others were never a part of that. What do we gain by this? Why do we go through all this? When that question arises, a Buddha gets awakened within you. Siddharth became a Buddha going through such contemplation and introspection. And then he shared that knowledge to the whole humankind. But even he shed his body thousands of years ago but the human being never learned even now. Not only Buddha, Mahavir, Krishna, Jesus, Zaratushtira .. they all came to save humanity from this cycle. But humans decided to ignore them.

In Reiki sadhana we believe in the same thing what these saints said. Through purification of our karmas and sanskaras we can reach to our original formless existence and break through this cycle. Then there is no coming back. One has to be careful however to see that while settling the scores of our earlier sanskaras and karmas, let us not create a set of fresh karmas. That is the only way to reach the liberation. But that requires a strong resolution and awareness or alertness. Introspection is the key. Most of the times we become like that drunkard who has become so intoxicated that he cannot even recognize his own home. Then everything becomes difficult.

Maharshi Patanjali gave tri-sutras to achieve this goal. That is a combination of Abhyas (Proactive urge to study), Vairagya (Dispassion) and the grace of the divine. The poet in this verse is calling the God Murare (Krishna who killed a demon called Mura in mythological days) to come and guide him to the ultimate destination by breaking through the cycle of ignorance. Eons ago, the same Krishna had come to save a king from the jaws of the crocodile. The crocodile is still alive, neigh it has multiplied itself to swallow millions of humans today. What we need is a purity of chitta to give a clarion call to that saviour. The time is running out before the next cycle begins.

“We have had wars upon wars upon wars to create peace. Peace has never come through war. Our policies don't bring peace. Our laws don't create peace. Our educational systems have not brought peace. Our technological advancements haven't prevented war. Nothing has worked. That means that we, the people, we need to change! Only by Melting the Ice in the Heart of Man, will man have a chance to change and begin using his knowledge wisely.”

~ Angaangaq Angakkorsuaq

Appeal from one of Sadhaks,
Mr Venkataraman Ramanathan,
Mumbai, India

Dear all,

Recently I travelled to Tirupati and to my surprise I did not even sweat for one single second. I did not require AC too. I wondered what was the reason.

They were trees

Our mother earth is losing many trees and soon we will be left with no trees. We are having Air conditioners because in the month of winter, temperatures are touching 39 degrees.

Trees are our natural air conditioners. We do not require any airconditioners, we require trees, which will keep the environment healthy

I by myself cannot change everything. I require each one of you to give reiki to the entire world so that we live in a beautiful world.

Let us pray, support and give reiki to the world to love trees and plant trees. We should start now or else

It would be too late!

Hence let us give reiki to the entire world and make this change happen.

Please give Reiki

Thanking you all

Venkat

Freedom comes in a second!

Telangan



It was a very big learning for me. We get many unwanted situations in life. Sometimes we could clearly understand the cause and sometime we could not but we are witnessing the effects without choice. We instantly want to get rid of the issue. If issue remains and we are incapable to handle, we lose the balance but nothing changes and we feel further miserable. Now I strongly feel that 'Law of Karma' is not to punish us but it teaches and we get invaluable learning out of it.

One day we noticed few marks of amiss in the kitchen. Bread packet was torn and crumbs scattered around. Next day one potato was half eaten. We were confused but realised it has to be eaten by some animal. The lady servant was more experienced; she said this has to be a rat. We could not believe her. How is it possible to enter house on the fourth floor? We started noticing different signs from that day onwards. It was very disturbing. My building was under painting and there was scaffolding erected around. The rat must have climbed over it and entered my house. We all brainstormed to find the ways to get rid of the rat. The lady servant said the best is to keep rat poison. I instantly refused it. I could not imagine being a cause for even rats' death. Law of Karma is too rigid and nobody has right to halt anybody's life. Next one week we all suffered a lot and helplessly witnessed the damage.

I purchased two traps from the market. We set them in the kitchen. I drew three Reiki symbols with intention. Next morning there were two rats in the trap. They were very scared and disturbed. Their noses were red with bloodstains by not accepting sudden hurdle in their freedom and by hitting the metal frame for long time they had harmed their noses. Now they must have had realised that they were trapped and feeling quite

numb. They were waiting for the final knock by the destiny. I took them near the bush side and opened the doors of the trap. For few seconds they could not understand what was happening with them and they remained unmoving, after few second they realised the outside world and they jumped out of the trap and ran inside the bushes to feel the freedom.

This is exactly what Guruji tells us about how Swami works. We suffer in some issues, which have no solutions according to us. We get agitated and don't accept it. We object and make more mistakes and suffer further. After lot of suffering and harming ourselves, we realise the issue is as it is where it was in the past and then we experience a unique numbness. Suddenly without any expectations the door opens and we realise that suddenly the problem does no longer exist. We are free. It is just one second for Swami to show us his power and set us free from any issue. All we need to understand the law of Karma. Should never struggle to run away from it. Accept every situation with responsibility. Face it with courage and the pure heart. At the right moment Swami will set us free. We must understand that every suffering is very important in life. That teaches us certain things perfectly for further many lives.

TEACHER & GURU

by Mrs Renu Choudhry, Hyderabad, India

**I know "All Gurus are Teachers; but all teachers are not Gurus".
If you get not only a Guru but also a "Satguru", you are the most blessed one.**

Teacher	Guru
A teacher takes responsibility of your growth	A Guru makes you responsible for your growth.
A teacher gives you things you do not have and require	A Guru takes away things you have and do not require.
A teacher answers your questions	A Guru questions your answer
A teacher helps you get out of the maze	A Guru destroys your maze
A teacher requires obedience and discipline from the pupil	A Guru requires trust and humility from the pupil
A teacher clothes you and prepares you for the outer journey	A Guru strips you naked and prepares you for the inner journey
A teacher is a guide on the path	A Guru is the pointer to the way
A teacher sends you on the road to success	A Guru sends you on the road to freedom
When the course is over you are thankful to the teacher	When the discourse is over you are grateful to the Guru
A teacher explains the world and its nature to you	A Guru explains yourself and your nature to you
A teacher makes you understand how to move about in the world	A Guru shows you where you stand in relation to the world
A teacher gives you knowledge and boosts your ego	A Guru takes away your knowledge and punctures your ego
A teacher instructs you	A Guru constructs you
A teacher sharpens your mind	A Guru opens your mind
A teacher shows you the way to prosperity	A Guru shows the way to serenity
A teacher reaches your mind	A Guru touches your soul
A teacher gives you knowledge	A Guru makes you wise
A teacher gives you maturity	A Guru returns you to innocence
A teacher instructs you on how to solve problems	A Guru shows you how to resolve issues
A teacher is a systematic thinker	A Guru is a lateral thinker
A teacher will punish you with a stick	A guru will punish you with compassion
A teacher is a pupil what a father is to son	A Guru is to pupil what mother is to her child
One can always find a teacher	But Guru has to find and accept you
A teacher leads you by the hand	A Guru leads you by example
When a teacher finishes with you, you graduate	When a Guru finishes with you, you celebrate

“Kalidasa was not... an idiot”.

by Vivek Pande



SHIVA HEALS YOU...

Little is known about Kalidasa's life. The Shakespeare of Indian literature as he is known, fortunately or unfortunately (actually Shakespeare should have been known as the Kalidasa of the West). According to legend, the poet was known for his beauty which brought him to the attention of a princess, Vidyotama, who married him. However, as legend has it, Kalidasa had grown up without much education, and the princess was ashamed of his ignorance and coarseness. A devoted worshipper of the goddess Kali (his name literally Kali's slave), Kalidasa is said to have called upon his goddess for help and was rewarded with a sudden and extraordinary gift of wit. He is then said to have become the most brilliant of the “nine gems” at the court of the fabulous king Vikramaditya of Ujjain. Legend also has it that he was murdered by a courtesan in Sri Lanka. He is credited with some great epics and poems like ‘Abhijnana-shakuntalam’, Malvikagnimitra and Meghadutta. A brilliant dramatist and poet par excellence, he also has an embarrassing side to his illustrious journey of life

Looking at the picture above, I am sure you will get reminded of the most foolish of all acts committed by a man, at least in the history of India. It has been more than 2000 years, but the story of Kalidasa, a man cutting the same branch on which he is sitting, (as shown in the pic above) is still doing circles in the families of Indians. We all have surprisingly laughed at the whole episode of a man cutting the branch of a tree on which he sat. But, if you were to take my opinion, Kalidasa wasn't such an idiot. With the philosophy of “respect for all”, and not laughing at someone else's stupidity, I choose to reconstruct this episode of Kalidasa's life.

Legend has it that, Vidyotama was an arrogant princess and had vowed to marry a person who was superior to her in terms of scriptures. She had rejected and insulted many scholars, who in turn decided to marry her to a fool. They went looking into the forest and found this man who was cutting the branch he was sitting on. On seeing this, they decided they had found their man, and they would marry him to the princess. But, here comes a twist in the tale. A story retold with the perception of the soul.

Kalidasa was surely sitting on the branch which he was busy axing, but he was sitting on the side of the node from where branches emanate (and not the way as is shown in the picture). He had gauged the fact that sitting on the same branch on the side of the node near the trunk would not only give his back a rest but also he would be able to cut the branch in a much more relaxed way and a far lesser tiring way of doing the monotonous task. Perhaps, he was aware of physics, momentum and gravity of things. Secondly, he was a true devotee of the Kali and seeing the scholars well versed in scriptures approaching him, he actually

decided to act like a fool (by sitting on the wrong and delicate side of the branch) in order to avoid a debate with them so that he could peacefully chant the name of Kali and carry out his mundane business of life without getting indulged with the so called scholars of his kingdom. For me, he was a proactive man who would rather prefer to get labeled as a fool than getting indulged in a verbal paw-paw with some arrogant ministers.

Also taking the story further, when the ministers cunningly laughed at him and deceitfully took him to the palace with the intention of getting him married to the princess, he was fully aware of the whole situation (perhaps he overheard their plans), but chose to keep quiet and wait for life to unfold in its own majestic ways. He deliberately decided to play like a fool seeing his bright chances of getting married to a princess with an added advantage of getting some top job in the king's palace. He basically improved his chances of getting ahead in life by keeping quiet and playing a fool whereas within him he was eyeing the fantasies of getting married to a princess and also settling down nicely in life.

Kalidasa's combined ability of keeping control over his ego and allowing things to happen resulted in lady luck shining on him. The scholars and ministers put him in front of princess Vidyotama in court and ask him not to answer anything verbally and just use hand gestures and that they will take care of the questions based on scriptures. Throughout Kalidasa keeps his inner eye open and subtly controlled the whole situation by intelligently allowing people to answer on his behalf and also showcasing his beauty to impress Vidyotama. The first thing which Vidyotama did, is point a finger towards him and as he was instructed he used only hand gestures to give answers to Vidyotama, realizing that the scholars will make up for something lacking from his side. Somehow with lady luck shining on his side and with the help of the scholars, Kalidasa managed to pass the test in the court and eventually got married to Vidyotama.

Later on in his life, princess Vidyotama deserted him because of his lousiness and over-indulgence with the frivolities of life. But by this time, Kalidasa had already found a royal platform, where he could fulfill his wish of becoming a top writer and a chance of being one of the “nine gems”, in king Vikramaditya's court. He knew how to keep aside his ego in order that his life dreams would be fulfilled. Perhaps he was very clear about his writing career but could not find a proper platform before this episode. Perhaps, he was also an opportunist who could perceive success coming his way. And just may be, he decided to get married to Vidyotama so that he could get inspiration for all his novels and poems. Perhaps, Kalidasa was not – an idiot.

My Experience about Gall Stone

Janardan Engreji, Chicago, USA

Jai Gurudev Dutt.

I am leaving in this country (US) since past 45 years and fortunately, I have Guruji in my life. I had Gall stones in my Gall Bladder since past 10-12 years. My friend who is a doctor told me to get operated. He told me that he will not charge anything but I should get myself operated as soon as possible. I told him that I don't want to make hole in my body or put any cuts on my body. My stones will go with me. He said fine. It's up to you. So I started living with my gall stones.

This summer Guruji came to my house. I have never mentioned about Gall stones to him in my past. Once while talking to Krupa and Guruji, this thing came out of my mouth. Krupa asked me, "Uncle, why you have never mentioned about this all these years?" And I replied, "This is my suffering so I have to bear. Anything goes wrong with my body is my problem so I have never mentioned".

Then Guruji told me that we have a very simple Apple experiment which you can follow. After few days, Krupa sent an email to me about this treatment which was mentioned in our RVN Newsletter of November, 2010. But at that time I did not notice it.

I ate 5 apples for 5 days. I was taking 1 apple in the morning, then 1 glass of apple juice in lunch time, 1 glass of apple juice in dinner and 1 apple in the night before going to bed. On the 6th day, I had one apple in the morning, then apple juice in lunch and in the evening I did the treatment as mentioned viz. 1 teaspoon Epsom salt at 6.00 pm and 2nd teaspoon at 8.00 pm and then at 10.00 pm, I took 125 ml of olive oil with juice of 3 lemons – ½ a cup.

Next morning at 6.00 am, in my stool, I could see 15-20 small ball floating inside the stool. I am a person who believes more in experiment. So today I can say that this therapy really works and gives best results. I was feeling very light so I asked Guruji that should I do it once more in this month, but he asked me to do it after 2 months.

I am a firm believer in the words of Guruji but today this experience has given me conviction that there is something beyond medicine and operation. Operation is not a remedy for everything.

At last I wish to tell you that whatever Guruji tells you in few words, just obey him. It could be anything but it is he who is working through this method. Do not doubt and go into Analysis.



“Find the cause and you will remove the effect” was a favourite phrase of Mrs Takata. She often spoke of a need to address the cause of the condition for it was not enough to treat the effect. Most of the time she we would find patients coming to her with symptoms. She always believed that the cause of

those symptoms could be anywhere in the body and one may not be aware of that as this knowledge is by and large beyond the human understanding. She always insisted that one has to give full body treatment so that Reiki with its supreme intelligence will diagnose the root problem and will guide you on this treatment. When the cause is removed the healing becomes complete. Reiki may also indicate any faulty habits of food intake and bad life styles which are supporting the cause of the disease. Mrs Takata felt that one has to receive such signals and respect them. Otherwise the healing may not offer the complete results.

In her classes she would say that there are three major areas to be considered to vitalize the entire body. They are: the front especially the abdomen, the head and the back. All the organs and glands as well as major systems are found here. The full treatment according to Mrs Takata is indispensable and one can start either from head or abdomen. Except for the shock or the accident she would recommend full body Reiki. She would say, “Don’t try to take only parts as the body is a complete unit. One has to give full body treatment if one wants to be totally healed.”

Like all great teachers, Mrs Takata also used to tell stories and episodes in her life. This has left a rich legacy of her 45 years of Reiki healing experiences. Her stories had a

lot of realism and she used to make them very interesting to spell bound the audience. She would remember the minutest of the details about those episodes and always used to narrate her healing experiences not to further respect about her but about the teachings that she offered. Reiki was always ahead of her own personality. From this issue we are presenting some of her healing episodes in the words of Mrs Takata as recorded by Helen Haberly who spent some time with this great healer.

Asthma/ Emphysema:

I was called to a private home late one night as the guest had some breathing difficulty. She had asthma. I gave her two hours of Reiki treatment, from 10 pm to midnight and she began to feel better with tension and cough going away. When I left, she was breathing easy and said. “I feel like my old self” I gave this lady altogether 4 treatments but I had success with many cases of asthma and also with emphysema.

Leprosy:

The host of this lady (in the above episode) was strong man, large and healthy. He was well liked, pleasant and kind to all. He always wore a jacket and a neckerchief fully covered in all seasons. Even his hands were covered as he always used gloves.

I was amused when many of my friends warned me from going to this house as they said that the mother and brothers and sisters were affected from Leprosy and his brother was actually staying in Leper colony in Molokai. I however wanted to help this family. I asked this person to change his diet and stop eating red meat and pork. I started with fish, seaweed, herb tea and a quart of vegetable juice (a mixture of watercress, carrot, beet and celery) daily to purify his blood. I also gave him Reiki treatment every day and after 3 months what a change! These treatments brought back his health. He now wore short sleeved shirt with his neck open. No neckerchief or jackets. His eyebrows had grown back and the puffiness had gone from his body. He was in perfect physical condition with no more leprosy.



Here as I lie down
between these walls
staring down at me,
I feel a deep void within,
like a dark pit in the ground,
as black as the horror it holds.

The deeper it goes,
the darker it gets...

And there comes a point
Where it pains so much
that the darkness seems comforting
and tears seem peaceful.

Though the light of a candle
Strains my eye
the noise of silence
strikes a chord to my mind.

And as I rub my eyes
to wipe away the tears
that soothingly blurred my sight...

I see stars, so colourful and bright,
those are the stars
I want to disappear with.

When someone rubs their eyes,
like I just did,
I want to be the star they shine with.

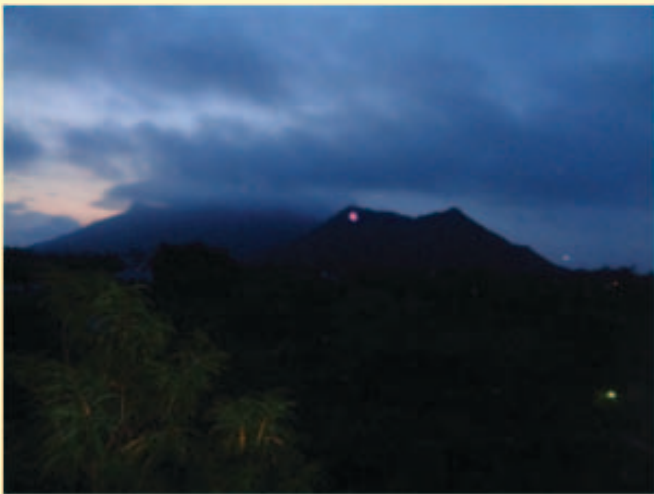
PHOSPHOR

By Shivani Karnataki,

Swachetana Shibir in the lap of Arunachala Shiva

2nd to 4th October 2015

Swachetana shibir was organized by our Bangalore centre at the foothills of Arunachal Mountains at Tiruanamalai in Tamil Nadu between 2nd and 4th October 2015. The shibir was attended by around 40 sadhaks from Bangalore, Chennai and Hyderabad. Reiki Vidya Niketan's Seven Reiki Masters' presence was also the main highlight. The ambience was just right when the sadhaks reached the venue, Shiv Shakti Homes which houses the school for mentally challenged children run by Ms Vijayakumari. The sadhaks were welcomed by a drizzle which brought the temperature down and the welcomed coolness, which was otherwise extremely hot before that moment. This came as a shower of blessings by Lord Arunachal Shiva.



This place is known for two major events in spiritual field and hence has become a spot of pilgrimage. If one knows about the mythological story where Lord Brahma and Lord Vishnu were quarreling to prove who was mightier. That is the time Lord Shiva intervened saying that he is the mightiest among three. He said that he does not have either a beginning or the end. This was challenged by both the other Gods. Lord Shiva took a huge form of flame which had no end or beginning. Lord Brahma and Vishnu could not fathom his height and depth. They lost. They surrendered to Shiva. That is the time Lord Shiva said that now he can't go back now. Neither he could stay in the form of fire as the Earth may not be able to bear his heat. He then decided to stay on Earth in the form of mountain. That Mountain is what these mountains are now. No wonder they were called Arunachal the name of Lord Shiva. The Lord also stayed there in a small flame like Linga. The temple there at the foothills houses this flame. The other reason for this place being popular is Ramana

Maharshi, a great sage in nineteenth century who did most of his penance in these mountains. Every bit smells there the presence of this great saint who also left his body in the same village. Today Ramanashram stays there as a monument of his tapas- the penance.

The day started with the darshan of one unnamed Siddha who had come to take his Samadhi at Shiv Shakthi Homes. The theme for this intensive shibir was Relationship. The first day was devoted to relationship with parents and other family members. The second day was dedicated to the relationship with nature and the last day was to have concluded with relationship with self. The morning of 2nd started with Guru Puja followed by Questions and answers session with Guruji. The Masters then started weaving the web of energy, spellbinding the participants with their wisdom on Trust, Love, Compassion etc. Various topics like Parent Child relations. New Generations, Yoga Nidra, Rudra etc. The practical sessions like Trust Walk, Dance with Non-living friends etc which are now the hallmark of RVN intensives were also tasted by the group. At the last part of second day, the group went to the Arunachal Shiva Temple and chanted Rudradhyay in the pouring rains. The next day the group went for circumbulance (Parikrama) around the mountain – a 14 kms trek to return to the venue of the shibir. In the mean time the siddha at the place had breathed his last and was cremated in the Samadhi form inside the Samadhi place created few months ago as per his wishes. The sadhaks who had seen the Samadhis from outside could practically see how the whole process of Samadhi happens. With the completion Reiki for the siddha and the Candle light concluding meditation, the intensive ended leaving people in very blissful state,.



As per plan on 13th Sept 2015 we successfully executed Agnihotra Saamuhik Demo at Vithal Mandir Airoli Sector 9 Navi Mumbai

Overall 25 peoples attended this event this includes and YOG and Reiki Sadhaks from Airoli



Event Details

1. Demonstration of Samuhik Agnihotra with 11 Patras at the time of Sunrise was completed
2. Things require to perform Agnihotra like patra, ghee etc., Mantras Importance of time.
3. Importance of Agnihotra on Environment , human benefits.
4. Agnihotra ash's various useful applications.
5. Agnihotra case studies.
6. Followed by interactive session Q and A.

We announced internally that we will do this Agnihotra at Sunrise Time on daily basis at Vithal Mandir along with our daily Yog session.

Till now, we are doing this agnihotra homa on daily basis, where we have asked all sadhaks to approach their friends and relatives who are suffering from any kind of health issues to attend Agnihotra Homa and Yog at Vithal Mandir. This way we will try to encourage people to attend for YOG and Agnihotra home for complete healing.

immortal

By Telangan



I've born thousand times...
as a king or a beggar...
man or a woman...
Hindu or a Muslim...
Christian or a Jew...
I've learnt different things
In every role ...

The school called life
Taught me all...
Forgiveness and love...
Peace and patience...
One lesson at a time...
With new insights...

When I graduated and
nothing more to learn
I left the school with wisdom
That I was never born before...
And I will never die again...

Amazing Reiki experience of Smt Vimlatai Thakar

(in her own words from her book *On an Eternal Voyage*)

The history of Indian Spiritualism, if written by anybody any time in future, will have a name of Vimlatai Thakar as one of the most prominent spiritual personalities of modern times. She had a great experience of touch healing through none less than Mr J Krishnamurthy, again a legend in the field of spirituality. This should be found interesting to many of our readers who have been practicing Reiki with a lot of faith and of course results.

In 1959 she started to have terrible ear trouble with unbearable pain, bleeding and fevers.



An operation didn't help, and by the end of 1960 she was prepared for and resigned to death, although at the same time she felt strangely and impenetrably calm within. Her last hope was a trip to England to consult ear specialists there. At this point she met Krishnamurti again and he offered to help her. He told her that his mother had often said

that his hands had healing power. She had mixed feelings about his offer, somehow feeling that she might mar the purity of the reverence and affection she felt for him as a teacher, if she were to feel obligated to him. But after reflection she did accept his offer, and his laying of hands brought her immediate relief. The fever and bleeding ceased and she experienced precious freedom from pain. He gave her more sessions and her hearing returned to normal.

Vimala went ahead with her visit to England, where the ear specialists confirmed her cure, and then went to recuperate in Switzerland at the invitation of Krishnamurti. She spent time with him in the summer resort of Gstaad. She was concerned to understand what had happened in the healing. At the same time she was experiencing a great upheaval in consciousness. "Something within has been let loose. It can't stand any frontiers. ... The invasion of a new awareness,



Amazing Reiki Experience by sadhak in Bangalore

Hi Rakeshji,

Jai Gurudev!!

I forgot to mention a miracle which happened to me. Now when I was making tea, it suddenly flashed into my mind and left me in tears. So I immediately sat down to write this e-mail to you.

As you know, I was suffering from painful and irregular cycles for 10 years and had consulted almost 15 doctors but to no avail. In June 2015, I had requested Komalji for distance healing as I was again suffering with the same problem and could not go to office. The simple activity of even standing up would leave me feeling breathless and dizzy. So I took over-the-counter hormonal pills to get relief. I was fed up with visits to doctors and hence did not consult one about which pills to take. Even though I hate hormonal medicines and know they are harmful, I had no choice. It so happened that on the second night of taking pills, I saw around 6-7 people in my dream, all dressed in white, standing around me. They were speaking something, which I could not comprehend. Then one person in the group told me "Stop taking the pills. You will no longer need them".

So I stopped taking the hormonals and was completely cured within 2 days. To this day, I cannot find any logical explanation as to why I listened to a complete stranger in my dream and did what that person told!! Now I realized that those 6-7 people were the Reiki teachers I met at Tiruvannamalai Reiki intensive. And I had never seen them before, except for Renuji, during first degree.

Reiki has transformed me from a staunch skeptic to a believer in the divine. I thank you all profusely for this wonderful healing which took place. Rakeshji, I request you to share this e-mail to the other Reiki teachers as I do not have their e-mail addresses.

With gratitude,

Deepti



“Best Parent I have ever seen”

Krupa Choksi, Rajkot, India

As you all know since May 2014, we have started Parenting Program to create awareness among the Parents regarding new generation and challenges which they are going to face. We also give them tips about how to handle this generation as there is no precedent available and those books and other references which are available on internet is not going to work since there is a structural change in this generation. Many scientists have done research on DNA and have come to the conclusion that the kids who are born after 1980s have a different kind of DNA structure. Normally till 1980, the human beings had only 2 strands of DNA, which was active. Now after 1980, the third strand has become active and because of that the kids show a different kind of behavior traits. Their physical, emotional, mental, intellectual and spiritual structure is different

Parents do not understand these traits and their behavior as they have past reference of their upbringing, which is totally different than their kids. We need to handle these kids with lots of love and respect. When we tell parents about this, they hesitate a bit in accepting this solution as they think kids need to be disciplined. They need to follow rules and regulations and if we just love them, they will get spoiled. Here we do not say that one should not discipline kids but it should be in a very loving manner. Looking at this arguments, at times I feel that we should take a follow up session for the parents who have attended our program and take their feedback that whether this formula works for them or not.

When I was thinking about this, suddenly a thought struck to me that why do I need a feedback whether our formula works or not, as I have a biggest example of an ideal parent in front of me i.e. Guruji. We do say in our programme that as sadhaks elevate on this spiritual path, they start showing traits, which are exactly same as ascended new generation kids. And I was deeply convinced that this formula works 100%. Just see how many kids (sadhaks) he has and how he handles everyone with lots of love and respect. May it be a new sadhak or an old sadhak. He sees to it that all of us elevate on this path. His ways to handle each one of us is different. But he sees potential in each one of us and works with our weaknesses. He gives appreciation for our smallest gesture and gives us so much love that he gets right to criticise us. He is so much loving that he would not criticise us directly but instead of that he would do certain things himself and set an exam-

ple for us. When we make mistake, rather than correcting us bluntly, he gives a suggestion that if I would have been in your place, I would do this and makes us realise our mistake by improving it. Many times when he does not want to hurt us, he would not tell us directly but tell something to a person sitting beside us and we get a message.

I have never seen him getting excited, shouting or arguing with anyone. He neither gives orders nor commands anyone. Instead he requests us for the smallest thing and would thank us for all the favours he takes from us. He never expects anything from us nor claims any right on us.

He emanates so much love and care that his ignorance and non-recognition seems to be a punishment to us. Without telling a word he makes us introspect and correct our mistake. He sees divinity in everyone and always finds what is good in us. I have seen him talking to most learned people and also persons with limited skills and knowledge. His treatment is same. He equally respects both of them. He is a perfect depiction of happiness that everyone loves his company and wants to be like him. All of you might have seen the crowd in the Ashram when he is around. He attracts everyone with his love and compassion. He thinks about everyone and helps them to grow. And amazingly all the sadhaks are elevating on this path and becoming better and better in their all walks of life.

Don't you think we all should learn from his behaviour? His formula always works as we have seen thousands of live examples where he has changed the course of many people's life with his love and compassion. As a parent, if we try to adopt all his qualities and learn to behave like him, I think all the us are definitely bound to succeed and kids will show lot of attachment and love towards you all. Even they would like to become like us and share their problems.

But to be like him, we will have to experience our own divinity and love. And to experience our own divinity, we have to purify ourselves to that extent that we see positivity everytime – i.e. in every walk of life, everywhere and in everyone. And for that we have to do sadhana because our sanskaras (impressions) keep on coming on our existence. So keep doing reiki, TM and Agnihotra regularly. **Oscar Wilde has said - “The best way to make children good is to make them happy”. But for that we need to be happy first.**

The balance of life ..

A team of Reiki Teachers of RVN went to attend a Swachetana Shibir on the foothills of Arunachala Mountain in Tamil Nadu in first week of October. During this intensive workshop, they all had to walk for almost 14 kilo meters to do a Parikrama or circumbulance to the sacred mountain. It was indeed a great experience. The only problem was the rising Sun which practically became scorching as the group started little late in the morning. By afternoon, the Sun was very intense. None of the Masters had worn anything in their feet. Walking with bare feet with hot, burning tar road was indeed a tough task. No one had even a boil on their feet soles. How did it happen? was the question many had in their minds. Guruji asked, "Did you observe something? None of the group members had anything to cover their heads. They were all bearing that intense heat on their heads. When the heads are uncovered and the feet are bare, it does not cause a problem. If heads were covered, exposing the feet to burn, that would have been torturous. That is also with human societies and groups. If a head is comfortable and team members in the bottom are not, then there is a problem, a crisis. The head has to lead the mission by going through the same what the people down the line go through. That was a lesson of a kind"

Program Schedule for November 2015

Reiki Seminars

Dates	Reiki Teacher	Centre	Degree
31st Oct & 1st Nov	Ajit Sir	Baroda	2nd
31st Oct & 1st Nov	Vishal/Kalpita	Devrukh	2nd
7th & 8th Nov	Rakesh	Thane	1st
7th & 8th Nov	Ajit Sir	Devrukh	1st
21th & 22nd Nov	Renu	Bengaluru	1st
21th & 22nd Nov	Sangita	Baroda	1st
21th & 22nd Nov	Seema	Jamnagar	1st
21st & 22nd Nov	Kalpita	Pune	1st
21th & 22nd Nov	Vishal	Airoli	1st
24th & 25th Nov	AjitSir/Krupa	Kota	2nd
28th & 29th Nov	Krupa	Delhi	1st
28th & 29th Nov	Vishal	Mumbai	1st

Other Programs : 2nd November 2015

Timings	Topic	Venue	For Whom
7 am to 8 am	Guruji's Talk on "Reiki"	Yogniketan, Fatehgunj	Members of Yogniketan will be attended talk after Yoga classes.
8 am to 9 am	Meeting with the Director of Yogniketan	Yogniketan, Fatehgunj	Discussion on Reiki to be included as a regular activity @ Yogniketan with Mr.Kiran Shinglot, Director & Mr. Mayurbhai, Secretary/ Administrator of Yogniketan, Vadodara.
20 hrs to 22 hrs (8 to 10 pm)	"Bhaj Govindam" by Guruji.	Swamini Tai, Satsang Hall, Dandiya Bazar.	Around 100 Satsangi of Swamini Tai & Harishbhai and our Reiki Sadhaks will be attended the Satsang.

Narmada Parikrama Pilgrimage

We are pleased to announce that Sadhaks of Reiki Vidya Niketan will be going on Narmada Parikrama between 17th and 28th February 2016. The Pilgrimage tour will start from Thane (the exact place still to be decided) on 11th February in the morning and will terminate on the evening of 28th February.

The tour will be conducted by Shree Shiv Chidambar Yatra Company Dombivali, Mumbai who are the regular organizers of such Narmada Parikrama. The entire tour will be done by 2 X 2 Luxury Video coach and in some places by boat. The tentative schedule for the trip will be as shown:

Date	Day	Place to stay
11th February 2016	Thursday	Thane to Jalgaon
12th February 2016	Friday	Omkareshwar/Amleshwar
13th February 2016	Saturday	Badwani
14th February 2016	Sunday	Shahada
15th February 2016	Monday	Prakasha-Kathpore-Sea shore
16th February 2016	Tuesday	Mithi Talai (By Boat) Bharuch/Nareshwar
17th February 2016	Wednesday	Garudeshwar/Maheshwar
18th February 2016	Thursday	Maheshwar
19th February 2016	Friday	Ujjain
20th February 2016	Saturday	Nemawar
21st February 2016	Sunday	Bhedaghat
22nd February 2016	Monday	Shahdol
23rd February 2016	Tuesday	Amarkantak (Source/origin)
24th February 2016	Wednesday	Maharajpur
25th February 2016	Thursday	Hoshangabad
26th February 2016	Friday	Omkareshwar
27th February 2016	Saturday	Jalgaon
28th February 2016	Sunday	Thane

Total Cost: Rs 22,000/- per passenger

(incl. of Travel, community Accommodation, Tea / Snacks, Lunch, Dinner)

Those interested may please contact:

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Last date of Communication : 31st October 2015