

# REIKI VIDYA NIKETAN

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## The Twilight Zone...

**Editorial**

Janardanbhai is our host in Chicago. Besides being a great devotee of Lord Dattatreya, he is an expert horticulturist and a landscaper of great repute even in USA for the past 40 years or so. One morning while discussing the Plant care, he was telling us about how one has to take care of the flowers and plants in general. He made a statement that the plants are very vulnerable to atmospheric conditions during the couple of hours before sunrises and sunsets. He said ideally an expert gardener will cover these flower beds with paper and then by plastic over that. This shelters the plants from the sudden changes in environment. Contrary to what we believed, he said that the plants are perfectly safe during the night even if subjected to low temperatures and moistures. It is something to do with that period around the circadian motion of the Sun.

Janardanbhai was on the dot. It is not only the plants and flowers which are subjected to the vagaries of the nature during that period close to the rise and setting of the Sun. In Vedas they called this time as Sandhya Samay- the twilight zone that we generally talk about in modern language, Vedic science is very clear about this phenomenon of the nature. This is the most critical time for the life force on this planet. To Flowers (Sumana as they are called in Sanskrit) or even human Mind (Mana as it is called in Sanskrit). The Minds are most brittle and

subjected to a lot of negativities during these times. The minds become very porous for these kinds of influences to occur. The possibilities of corruption of mind frequencies are utmost. And human life is nothing but the manifestation of Mind. The corrupt mind may lead to corrupt behavior and corrupt actions leading to miseries and sufferings.

So the Vedic science created activities like Namajapa (chantings of the divine mantras), the rituals like Agnihotra, Prayers etc to keep the mind occupied so that it does not get exposed to the negative influences. All these rituals together were clubbed as Sandhya indicating the time relatedness, as this time is also known as Sandhya or Sandhyasamay. The seekers on the spiritual path need to manage and maintain the purities of mind at any cost. They cannot allow their minds get subjected to such evil attacks of negative vibrations- something that drains you and pushes you back from the path of progress towards the ultimate goal. It shows how deep knowledge about the nature and human existence and the life force energy our ancestors had. What a knowledge base! What a holistic understanding! It is a high time that the world starts getting the essence of the ancient science and start looking to it seriously rather than snubbing their noses at everything that is ancient and discarding the same as a blind faith.



## Patanjali Yogasutras : Mysteries of Pranas

While teaching Reiki for the past 17 years, one question has invariably been asked to me time and again. I am sure most of the Reiki teachers would also be encountering the same question. In Reiki Usui tradition, at the first level of Reiki the initiation or the attunement is done on the 4 top chakras among the entire chakra spectrum. These are the crown chakra, third eye chakra, throat chakra and the heart chakra. Many students wonder about what happens to the last three chakras of the system. Can they not be initiated? How can they be purified then?

There are two possible answers to these are – One, The system of chakras is typically like a solar system or at least it is believed to be so. The heart chakra is situated like a sun with three orbits around that. And in each orbit there is a pair of chakra viz. Crown chakra – Root Chakra, Third-eye – Hara and Throat chakra – Manipur chakra. Considering the design of the chakra system, this sounds logical. No wonder, the purification of one chakra automatically leads to the purification of its collaborating chakra. Hence, the purification of the upper chakra leads to the purification of the lower chakras. The second logic which basically answers this question is that the 3 among the four top chakras (excluding crown) are the seats of Intellect, Mind and Emotions. Collectively these three chakras are termed as Chitta. The ideas generated from Intellect, the thought falling out from the mind and emotions emanating from the heart chakra are the major ingredients of any human karma or action. The energy required for action is provided by the solar plexus while the references and the knowledge are drawn from the Swadhisthan chakra and the implementation of the action is done from Root chakra. Obviously, the purification of chitta leads to the purification of Karma and naturally the chakras related to the chitta are considered as pre-action chakras so once you cleanse these chakras, there is no need to clean the post karma chakras. The students generally get convinced and appreciate this answer. But some or other a teacher within me was never satisfied. The Usui tradition also does not seem to have addressed this issue at all. The upper two answers were actually discovered by my own logic and in-depth analysis. The Usui tradition of course believes in the concept of Chitta which incidentally is called “Kokuro” in Japanese language.

While studying the Patanjali Yoga Darshana, I also found another answer to this issue which I believe sounds more complete than the earlier answers. The author of the book “Bharatiya Manas Shashtra Evam Sarth Savivaran Patanjali Yoga Darshan”, Yogacharya Late Krishnaji Keshav Kolhatkar, has analyzed and presented another dimension to this issue so beautifully that I think our Reiki sadhaks would love to read.



The students of Yoga Shashtras always carry a doubt about why when there are five types of Pranas like Prana, Apana, Vyan, Udan and Saman, Sage Patanjali talks about conquering only two vital forces Udan and Saman in Yoga Shashtras? What about the other three vital pranas? This doubt is logical but if one studies the matter in depth one can possibly get an answer. Vibhuti Pad – Sutra 39 describes the functioning of the Prana. The three pranas of the vital forces like prana, apana and vyana are not within the control of human beings and the divine has kept the same in its hands. If one studies the functioning of the human body and the role played by these vital forces, one can conclude that

only two pranas viz. Udana and partially Samana are controllable by the human actions as described by Shrimad shankaracharya in one of the scriptures, the driving force of Prana vayu helps humans to consume food and water to the mouth and to reach upto the stomach. The Samana force in the fire in the belly helps the food to be digested and convert the food into nutritious enzymes. These enzymes are reached in the blood vessels of the body by the Vyana force. On absorbing these enzymes, the residual substance are excreted out of the body by the help of Apana force.

One can understand from the above discussion that the three vital forces viz, Prana, Apana and Vyana have absolutely no control in the human hands. These are controlled by divine powers. No wonder in the Chamakas of Rudra Upanishad one finds Udana and Samana missing from the list of Pranash chame, Apanash Chame and Vyanash Chame. Seers have asked the divine for offering Prana, Apana and Vyana. Obviously knowing that the Udana and Samana are within the jurisdiction of human control they never felt the need to ask them from the Divine. Same is the case with the 10th Anuvaka of Chamaka where the same three vital forces are prayed to be in conjunction with the Yagnas. Wherever the limitations of humans begin the divine intervention has to occur. Looking from the chakra philosophy one can say that the seat of Prana is in third eye chakra, of Apana is in throat chakra and of Vyana is in heart chakra. While Udana and samana are located in the Root/ Swadhisthan and Solar Plexus. Initiation is nothing but a prayer to the divine. Divine needs to be prayed or invoked where humans cannot reach. The lower three chakras can be purified by the spiritual practices and renunciation but the upper three chakras need and intervention of the divine. This intervention is nothing but the initiation given by the master.



## My Healing Journey Vaishali Tajpuria, Chicago

In 2005, my life changed dramatically. I had a massive brain bleed and went into a coma for few days and was in and out of conscious awareness for a month and a half.

Eventually I was released from the hospital and I began my long road to recovery. I had to do physical therapy and occupational therapy for some time. I had trouble doing anything and everything. One of my mom's friends said that she knew someone who did healing and asked if she could bring her over. We were ready to try anything. I had no idea, but I was about to receive Reiki for the first time. This wonderful auntie would come to our house from work. She would spend more than an hour giving me reiki. When she was done, I would have so much energy, I would want to walk around and just do something. She came over many times and each time I became stronger.

Another one of my mom's friend's told her that there was this healing called reiki at a nearby temple. She suggested we sign up for classes. My mom and I signed up together. I could not sit on the floor as everyone else did; I had to sit on a chair. I completed the first degree and felt like new. My balance was improving, I had more energy, and I did not get sick as much. During this time, I was still getting treatments, gamma knife radiation. I received three rounds of intense radiation. In the meantime, I earned the second degree of Reiki.


We were practicing Reiki as much as we could. So many people gave me reiki as I healed. The doctors did not think I would recover, they thought I would not be able to teach again, drive, live a normal life. Well, I finished another Master's degree, I am walking without assistance, driving, exercising, volunteering, and teaching full time. All thanks to the Lord's blessings, Reiki, and my family's support. Reiki made a very big difference. I learned so much through Reiki. We all have the power to heal, spread joy, spread love.

## An Experience to remember...

I was driving to my office and all of a sudden it became very dark and started raining heavily. I could not see even ten feet away. My Wipers were stuck, some electronic disturbance had occurred. I was shocked for a second. I thought it's over, what if a large vehicle stops suddenly in front of me? My 60km speed suddenly started looking like 120km at that time. I was in fast lane so pulling over was out of question either. I frantically hit the button again and suddenly it started working and I was relieved. I could see everything clearly in front of me. The situation was completely under my control now.

I thought even Guru plays a same role in our lives. When we are terrified by any condition and could not see beyond a point. He wipes out everything for us. Makes sure that we will be guided well and we are on the right track, we can see, evaluate and solve our own issues. He also makes sure of our safety in the whole journey. Life would be horrible without Guru.





# Why do we require Guru in Kali Yuga?

Telangana, Mumbai

**'There is no requirement of a Guru in the Kali Yuga'.** This was one superficial statement, which I could not digest. I kept thinking consequently but at the end my conclusions made me relieved.

Sattya and Treta Yuga have their own characteristics. Human tendencies, way of life, type of Sadhana was different than Kali Yuga. There was no verbal communication required. These are called perfect mental ages; people ate mentally, took the life force by mind. These are the true ages of telepathy. People lost their inner strengths on the way and they started eating food by mouth to survive and to talk to communicate in Kali Yuga. Repeating gods name (**Japa**) is considered as the best penance. Perfection in Mantra was must. Every individual required his/her own Mantra (beeja mantra). Now without Guru how we will know which Mantra is appropriate for us, how many times should we chant because perfection in Mantra is important and only the right number has the right effect. **The Sadhana requires practicing with unbending Rules and Regulations.** Who would educate us if there were no Guru?

Without Guru understanding about *Yama, Niyama, Yoga, Pranayama, Pratyahara, Dhyana, Dharana* and *Samadhi* is just impossible. This is about controlling our own senses. Calming our mind, it helps us to stop craving for sensory pleasures. This is a most difficult part in today's world. In fact it says that **'Kali Yuga' is the best Yuga to practicing Sadhana and fast progress is possible.** But at the same time the force of Maya (illusion) is the strongest. **It is easy to get caught up and forget about Sadhana is most possible.** This is where Guru steps in all the time.

Everything is made simpler in Kali Yuga only for the disciple. We are not expected to leave family and stay with Guru, sweep his floor or beg alms for years before he initiates us. Guru teaches us with our own terms, our convenience, our time and willingness. **Guru makes the hardest Sadhana simplest for the disciple.**

While unlimited knowledge is being sold today; chances are we could get garbled in it, **only Guru can give us appropriate knowledge and make it work for us.** We can't live for thousand years to achieve true bliss by the method of trial and errors. Most people have selfish or material reasons to do Sadhana. Guru helps us to learn **Selflessness, Sattva** and **Surrender.**

While Achieving unpolluted consciousness, what should be avoided is key learning and Guru teaches this by his own pure way of life.

**Therefore there is no option to Guru in Kali Yuga!**



Absolute Outperformance



# Creating a website for Devrukh ashram...

## My experience

*Nisarg Mehta, Ahmedabad*

As a child whenever my Mother used to give me a task, many a times I found it hard to complete it and I would come back to her crying and complaining it was too difficult.... Then my Mother would come around and patting my back would lovingly encourage me to try again and most of the time I got it through with such loving assurances.

While in school in the similar situation any impossible task would be made easier by constant encouragement from my teachers. I still do not comprehend what actually is there in those loving assurances, encouragement by Parents, Elders, Teachers which makes you do something impossible... a reality.

Once again I felt the same pat on my back from my lovable Guruji. He gave me a onerous task to make a website covering entire history of Devrukh Ashram and activities along with visuals and with some write ups on each of this in flat 6 days. First it looked an impossible task and I spoke to Guruji about this. Once again I felt the same kind words as if it was coming from Swami's idol through Respected Guruji... The encouragement... The assurance and a gentle pat on the back from a person who has all in Him. He is my Parent, my mentor, My Teacher... My Guru Ajit Sir. It was his loving word... Nisarg do it! You will be able to finish it on the stipulated date of 15th August... It was His words which did the trick....

It was as if someone was helping me at each and every step and holding my hand... getting the work through and before I could realize.. came 15th August and the day was so auspicious being 67th independence day , the day Guruji decided to inaugurate the Gujarati translation of Pious Shri Gurucharitra and He also vowed to launch the website in the evening after the ceremony. It looked as everything was destined. I was in trans as I was giving finishing touches to the website...

The moment came... Guruji announced the launch and called my name to showcase the event in the presence of a large group of sadhaks and just in front of our Swami's idol! In next few minutes I was launching the Ashram website... up and running Live to the world. Sadhaks sitting across the Globe witnessed the History being created... The Devrukh Ashram was Live with Swami's pious idol blessing sadhaks across the world from the premises of our own Ashram and all this happened in just 6 days. It was an unforgettable moment for me when Guruji blessed me with a shawl, which was not only the memento, but a shawl drenched with Swami's blessings and it would remind me that when I have my Guru with me no task is impossible.

Thanks My Parents... Thanks my Teachers and Thanks my Guru... who is my guide, my mentor and my Aradhya!





# It Is In Our Hands Metaphorically & Quite Litterally

*Nadia L., Chicago*



Within the first couple or so minutes of my exposure to Reiki 1st-degree seminar - literally upon the very first sentences uttered by Ajit Sir guiding us softly through a meditation that was a conscious trip inside our bodies - I wanted to get my eyes wide open. I remember that along with the profound effect of the meditation I felt at the time, I also could hardly wait to open my eyes. There we were - a large room full of unknown to me people, lying down next to each other in several rows. I myself, rushed in at the last moment, took a lie-on-your-back position in the very last row, farthest from the melody of the voice, more curious, than invested in, but still being on a watch-out-type of mental state. Eyes closed. And then the voice came out, its tone, first words, first judgmental thoughts in my head, attempts to memorize which body part was connected to what, little later first loosening up, ...first urge to open up my eyes. I simply wanted then to look with my eyes. Although now I realize, that metaphorically speaking ever since that urge they have been little by little opening up for SEEING instead of looking.

Why did I want to take a peek? Not because I was not overtaken by a wave of relaxation and bliss (the type of bliss I had only experienced once before that moment and that had been only caused by a tragic, tragic loss). No. The bliss was there during that memorable meditation! The kind of JUBILANCE INSIDE, warm and welcoming, and overwhelming like a trip back home, which I'd been long longing and praying for it to happen. But contradictory enough, I couldn't wait to open my eyes so I can see the person whose soft voice had welcomed me back home. And when some hour later I sucked in his face and the casual sit-down-posture, and the peach-orange robe, and his eyes, and his encouraging smile, then when asked by him why was I there, what would I expect from the seminar, I said or rather mumbled: "I'm here to meet you, here because of you." Frankly, with his eyes (these eyes!) laid on me, I could not even quite remember what I had said. I know that I wanted to tell him that I'd been waiting for this voice, and these seeing through eyes, and mostly for this guiding wisdom to step up in my life. I couldn't say all that then. I wish I did. But now this doesn't really make any difference, and it didn't back then either. What made all the difference in the world was that back then I KNEW - at that moment, on that spot, in some wonderful people's house where the seminar took place - then and there I KNEW that I had come across a rare gem and I wished I'd never let it slip away.

And then the sacred act of being exposed to REIKI began unfolding from the two seminar days onward. The sacred act of getting to know the innermost gem inside of all of us - all beings, in which our Godly nature resides.

I'm sure many, many people who have been set up on the spiritual path by Sir remember for life their first touch to Reiki through Sir's artful teachings. Every one of us can tell own story, in one way or another similar to the story I just tried to convey. And for all us - all people with wake-up stories to tell, it has been wonderful and life changing, and giving our journeys a direction, and enabling us little by little to approach our essence, our very SELF.

But the point I realize I wanna make here is not about our stories. It is about your story. Because frankly your story is the only one that matters to you. Or rather the lack of such story. How come some people who have taken the seminar did not recognize the beauty of the gem when they stumbled upon it? Why couldn't they carry on the potential of transformation? Obviously, it is neither the teacher, nor the teachings to blame, for if it were any of them both, there would not have been any occurrences of disciples whose life would have benefited greatly as a result of the teachings. It is the recipient who is mostly in charge of what to carry out with him/her from the teachings. Whether to give him/herself a chance to experiment, whether to create the space within which the seed would strengthen and grow in.

And it seems to me that the most obstructing factor in recognizing that there is truth to be followed in these Reiki teachings are DOUBTS. Doubts are the mud, the composites that envelope the precious stone and hide it from sight. They often stay in the way of this grand opportunity. We are all familiar with these doubts, are we not? Could all this be true? - ask our minds while confronted with loosening up the superior role they play. Is this not all just a fraud of some type? To our defense, it's tough to control our skeptical thoughts, our fears of being cheated in a world filled up with financial scams, political corruption, con-healers, and costly pseudo-spiritual courses and workshops.

Does Reiki really exist? Or is it just a reserved territory for a highly elevated spiritual guy and his few closer, advanced disciples who got his blessings? It wouldn't mean that Reiki creates miracles all the time, would it? - kick in doubts.

Do these people simply overplay the card of Reiki? Not due to commercial reasons - obviously the charge for the seminars could hardly cover its expenses and it's literally a fraction

of the fees for the so called spiritual workshops, abundant in the States and all over the world— no, not because of money, but because they have been granted a gift to heal themselves and others and they sincerely promote it, but will it be granted to everyone else?

Could I become one of them? Will I, myself, be CAPABLE of healing through Reiki? - insecurities take hold, especially if rooted in from before I did not have all of these doubts back then, neither did I have them all later on. I've never doubted Sir's credentials, for example. Somehow ever since that hour when I eagerly waited to peek at him, I knew by heart that he is The Teacher I'd been eager to follow. I also had no doubts that a GREATER POWER of enormous magnitude exists, regardless of whether we call it God, or Life Energy, or Reiki, or any given name. I had read about and even occasionally met a few authentic healers who could miraculously bring people back to life, so I did believe sickness could be defeated by such chosen individuals. What I was pretty uncertain about though, was whether I can conduct this power through me. Could I become a channel? I did not have it granted to me by birth. What would I have to do to better myself so that Reiki flows through my hands, cures physical afflictions, and benefits the world?

It just so happened that literally within days of my first seminar a few drastic events happened in my family and so they pulled me up mighty in, bypassed doubts, and forced me to use everything in my power to help resolve life-threatening situations. I then had my first taste of feeling ONE with the Whole which greatly reinforced my belief that Reiki had been working through. I was in heaven that my love ones were saved, but now looking back I feel that there was even something more that came out of these occurrences. They laid down the foundation of belief, of opening up toward grand possibilities, of softening up the grip of doubts. A few days ago a new group of people was initiated in Reiki by Sir here in Chicago area. Witnessing quietly the seminar, there was that feel over me, that sense of relating to all of the people in the group, feeling for their confusions, understanding their inner resistance, the blocking noise of their doubts. I'd like to tell them - and all of the rest who couldn't help their doubts – it is all going to happen for you too, if you devote yourself with trust. Gems are to be treasured with LOVE, cleansed up with DISCIPLINE and DETERMINATION, and thanked for with TRUST. Even if you didn't have the guts' feeling that you have stumbled upon a precious stone, so what? - give yourself the time and space to experiment with it. Do it from your heart, do it constantly, do it with trust in the grand power of life. You may be amazed of the transformation taking place. It is in our hands to just give it try! With Reiki this figure of speech becomes quite literal – it is IN our hands. Let it flow through!

# Life's a Heaven

Shivani Karnataki, Mumbai



*The smile that shines, the tears that flow,  
They're just fruits of the seeds we sow.*

*To pretend is easy, and so is to lie.  
But the truth reaches depth, hidden but yet so nigh.*

*The past holds a secret, but is there a place to hide?  
Fate plays in every phase, what's life without it?*

*There's more to learn, and quite a lot to know.  
Lord can teach, what life has to show!*

*Mistakes and faults, they pull you so low.  
But miracles are opportunities if you grab them, when grow.*

*The might of the heart is portrayed, when it's broken.  
Let not the journey end, sullen for a moment,  
Life's a heaven. Life's a heaven. Life's a heaven.*



## Agnihotra makes inroads in Vibrant Gujarat Agriculture– 2013

Recently Government of Gujarat (GOG) had taken an initiative of bringing Agriculture schemes, Agriculture technologies, Scientist, industrialist and farmers on one platform of Vibrant Gujarat Global Agriculture Summit and Exhibition – 2013 held between 8th and 12th of September 2013 at Mahatma Mandir, Gandhinagar. Embassy from many countries like Denmark, Israel, Australia, UK, Africa, etc and Ministers from Other states of India were invited to attend this Mega event. 5 farmers from each district of India were also invited to attend this Mega Event. The said mega event was wholesome of Summit, Technical sessions on different challenges in Agriculture, Kisan Panchayat where successful farmers across the country were to share their experiences, Interaction session with Agri Scientists and Policy makers and a Mega Exhibition where different companies exhibited their products.

This was a time where Swamiji had clicked an idea of HOMA FARMING as unique practice which I had explained to Principal Secretary, Agriculture. This concept was very much new to all the present dignitaries on the dais and even amongst the attendees i.e. various Agri Industries, PSU's, Bank representatives attending the meeting. I had shared the whole concept of the programme with Guruji Shri Ajit Telang and have sought guidance to carry on with further procedure to move ahead in promotion of Agnihotra on such a big available platform of Vibrant Gujarat. After due guidance – grace of Guruji and with help of Ms. Kalpita Kumar, Mr Bruce Johnson came in touch and have shared good information, photographs and some crop statistics with us. Gujarat Government has selected Success story of Homa Farming as best practices in Agriculture. Also Bruce Johnson as a Consultant along with Sanjay Patil in Agriculture from Maharashtra State.



Mr Sanjay Patil and Bruce Johnson get opportunities to Interact with Government Authorities, Policy Makers, Industrialist, Scientists, NGOs and huge number of farmers.



Meeting with Hon. Chief Minister of Gujarat – Shri Narendra Modi was one of the memorable events of this program. He was explained the importance of Agnihotra and its benefits. He was impressed with this Vedic practice and agreed to study the same for a betterment of people. Meeting with Shri Atanu Chakraborty, IAS – Managing Director, GSFC was another interesting aspect. He was not aware about this powerful phenomenon of Agnihotra and have agreed to meet Bruce and Mr Patil around Diwali time to understand how this could benefit the agricultural practices in Gujarat.

Meeting with Gir Foundation which is the largest Gaushala in Gujarat is one of the important events. They have invited Bruce Johnson in their ashram to teach Agnihotra with all its following essentials, rules and method.

Meeting with Principal Secretary, Agriculture and Director of Agriculture was equally effective with the authority showing interest in spreading such practices in the Agriculture sector as Agnihotra has multiple benefits viz: Nature balance, keeps environment clean, can obtained quality product, enhances crop productivity, beneficial to cattle and even to humans as it works outside within.

Gujarat Government felicitated Mr Sanjay Patil with an award, shawl and certificate which is a matter of great honour to the Agnihotra movement in India. This possibly is the first recognition of Agnihotra technology at any government level.



## Ashram Wisdom

The setting was perfect. There was a riot of colours in the backyard of Janardanbhai's residence in Chicago, the early morning with rising Sun just making his presence felt, the cool air announcing the end of summer and beginning of fall... everything was just right. And Guruji over a hot cup of tea was sharing some knowledge about the transactions of energy every time two entities come together. He said that every time someone irritates you, he/she is asking for your energy. The one who irritates others is the one who is depleted of energy. Irritation is one way of snatching energy from others. It is always that one of the two (or many) people together has a relatively higher energy. Those who are depleted will some or other try and get the energy from others to achieve equilibrium. So the ball is always in the court of the one who is irritated. One should understand the game and resist irritation. If one does not do that, that person will lose energies and feel drained. The only other option is to get and stay connected to the higher energies like divine. Then you have unlimited source of energies. You are enriched to feed those who are depleted. Then you can donate energies even before one thinks of snatching the energies. No wonder when a person fall sick, people around get irritated. The sick person by definition is deficient in energy flow. He/ She needs more energy. It is like getting suffocated. It is like someone sinking and trying to hold to anything that floats along. All that one can do is to make this energy available. But then one needs to have that. The only way is to do more sadhana. Do not get irritated even if one does. Understand the game. Do not fall in the trap. These are the only safeguards. This is the only way to control your life.



## R E I K I S E M I N A R S C H E D U L E

Sr No	Dates	Master/Teachers	Location	Degree
1	9th & 10th November	Ajit Sir/ Vishal/Krupa	Madgaon (Goa)	1 <sup>st</sup>
2	9th & 10th November	Bhartiben	Ahmedabad	1 <sup>st</sup>
3	9th & 10th November	Kalpita	Pune	1 <sup>st</sup>
4	16th & 17th November	Ajit Sir/ Vishal	Mumbai	2 <sup>nd</sup>
5	16th & 17th November	Kalpita/Seemaben	Devrukh	1 <sup>st</sup>
6	16th & 17th November	Krupa	Kota	1 <sup>st</sup>
7	16th & 17th November	Rakesh Kumar	Thane	1 <sup>st</sup>
8	23rd & 24th November	Krupa	Baroda	1 <sup>st</sup>
9	23rd & 24th November	Ajit Sir/ Vishal	Karad	1 <sup>st</sup>
10	23rd & 24th November	Seemaben	Nashik	1 <sup>st</sup>
11	23rd & 24th November	Kalpita	Talegaon	1 <sup>st</sup>
12	30th Nov & 1st Dec	Ajit Sir/Seemaben	Devrukh	2 <sup>nd</sup>
13	7th & 8th December	Vishal	New Delhi	1 <sup>st</sup>
14	7th & 8th December	Seemaben	Rajkot	1 <sup>st</sup>
15	7th & 8th December	Krupa	Ahmedabad	1 <sup>st</sup>