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Reiki Vidya Niketan

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Beware of Energy Stealers...

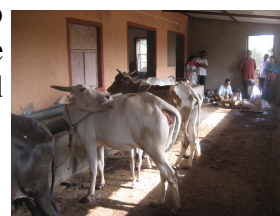
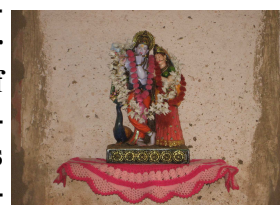
Celestine Prophecies written by James Redfield years ago, again came to limelights at least among our sadhaks as this was a subject for presentation on Advanced Knowledge during the last month. There are 12 insights which are the core of the book. What actually the book brings out is simple truths in our day to day life. The author presents a view that every human being takes energy from the divine source. We all know that as Reiki. We all know that if it flows fully we are all happy, healthy and harmonized. We also know that if this flow is obstructed, we are all sick and restless and if it stops we are all dead. Our existence as human ceases. When the flow is obstructed it is almost like the oxygen level falling around you and you start gasping for breath. More or less same thing happens when you are deprived of divine energy from the source. Then you are panicky, as if the oxygen masks have fallen from the top in a flying plane. You start grabbing the energy from wherever you can get it from. The easiest way is to snatch from the other human beings around. That creates conflicts. It is like snatching somebody's money when you are falling short of it to meet your demands of life.

The second most interesting thing here is about the process of snatching the energy. How does a pick pocket snatches your purse. In reality he does not snatch your purse. He just cuts your pocket open and the purse falls out. Then he picks it up. The energy stealers all around us do the same. They cut through your Chitta (Mind, Intellect, Heart) which is actually the holder of your energy. The energy descends into your chitta for your daily actions and activities. When the chitta is disturbed it can not hold the energy and that falls off. That is easily available to others around waiting to grab it. The process of doing that is even more interesting. In fact there are 3 ways to do that. Dominate, Irritate or Manipulate (DIM) people around. Every time someone gets irritated or manipulated or dominated the person loses his energy and that is available for the person who initiates these ways. We are seeing it happening all around us, every time, every minute of our life. People who are deprived of energy will irritate you or dominate you to a great extent. Now you know why? They are sick and looking for medicine from you, medicine in the form of energy. They are like thieves after your resources. What can we do in these situations? We can only increase our energies so that they can be donated before someone can come and snatch from you. Get connected, stay connected all the time. Have you ever seen that a person ailing from some disease will always try to dominate people around, get irritated and make others irritated? This all happens subconsciously, without any knowledge at the conscious level. So be on alert. Watch out for these situations and do not get irritated by growing your energy levels all the time.

Ashram Events

New Goshala becomes operative

Goshala at Devrukh ashram has been renovated and the capacities of the cows have been increased to 22. Currently there are 14 Cows, out of which 5 are calves. The new Goshala was formally inaugurated by Guruji on 12th April, the day when Shree Swami Samarth had revealed himself in the forests of Kardalivana. The cows have now have a lot of space for movement, a good natural breeze, chatings of Swami's name played all the time, new system of water as well as cattle feed channels giving them access to the food and water whenever they want. The vibrancy in Goshala is something to be experienced to be believed. Our own sadhaks have decorated the Goshala walls with traditional paintings and Lord Krishna's idol watching the cows.



Do not be so quick to judge each other, to criticize each other or to walk away. Lift your eyes towards the Master's image or remain with full concentration on HIS presence in your lives. Strengthen the bond between you with meditation, Yajnya. Avail yourselves of the healing through the fire.

Shree Vasant

Learning Centre Project initiated

Learning Centre project which has been planned for some time has finally come to the implementation stage. The work has begun after the initial rituals. Guruji has decided to call it Guru Charitra Mandir and dedicate the same to the feminine power which is going to rule the spiritual movement soon. To keep up with this philosophy, Mrs Seemaben Trivedi, our senior Reiki Master performed Bhoomi Puja, activating the land for the project. It is a history of some kind as she may be the first lady to perform such Puja in Devrukh village. Ladies took full participation in digging up the initial land mass, preparing for the construction to begin. As per Guruji's sankalp, this would possibly be the first Guru Charitra Mandir in the world, where there will be no idol except the sculpted copy of the book to worship. The centre will have a capacity of 50 students.



Bhoomi Puja Ceremony



The work begins

Devrukh ashram— a wonderful dream...

Shashi S. Bangalore

Words cannot express our feelings after this visit !! Like a beautiful dream every atom in the universe conspired to make this trip happen ! Thank you for hosting us, though you had other engagements. We are guilty of stealing so much of your time...but happy about it too !! We spent the most fruitful hours there and came away happy and satisfied with a sense of completion. The whole ashram seemed to be reverberating with a joyous welcome. I spent the afternoon wandering around while my friends were resting. Every leaf, every twig, fruit and insect was filled with angelic light and peace! The cows came forward, straining to get closer till I took their pictures. I am a nature person and I felt the Divine energy throbbing in the very breeze around there. Interacting with Swami and you was the supreme highlight of our stay. I wouldn't call it short....it gave me a lifetime of joy, achievement of purpose, and fulfillment. I passionately wish to take up the study circle here and make it a success. I know that Swami will pave the way for it to happen...i am ready to brave any storms that might come my way.

Thank you once again...and I hope to make many more visits there !

With deep regards,
Love Light Reiki

Shashi.

Desert can be transformed into a Garden...

Pankil Dhruv

The work of a Master is a difficult work. He has to shout from the peaks, and you are crawling in the dark valleys of life. You are living in your graves, and he has to shout from eternal life. Misunderstanding is natural. I speak from one world, you listen from a different world.

If you allow, it can become a garden — but only if you allow; it cannot be imposed on you. You cannot be forced; great things never happen through enforcement. You cannot be regimented, you cannot be ordered, commanded. All commandments have failed. Religion has, not succeeded because the priests have been ordering people: "Do this, don't do that."

I cannot say to you: "Do this, don't do that." I can only relate my understanding to you. I can open my heart. I can go on playing on my flute. If you become enchanted by it — yes 'enchanted' is the word — if you become allured by it, if you become completely oblivious of yourself, your past, your mind, your ideas, your prejudices, your upbringing, if my presence can help you to unburden, your seed will fall in the soil.

The soil is ready, the spring has come. Now it is up to you — it is ALL up to you! A little courage, and the desert can be transformed into a garden.

Pankil Dhruv

The real life experience of Reiki.

Meena Bhavé, Vadodara

Three Month's back, I met with an accident and still under recovery. I want to share my experiences during this period. Further, I had similar injury 15 years back. I want to share how because of REIKI , this time I am in much better condition - mentally and emotionally in spite of serious injury than earlier.

My Brief Introduction:

Name	Meena Prabhakar Bhavé from Vadodara, Gujarat
Age	43
Occupation	Chartered Account in service
Ist Degree of Reiki	June, 11 at Vadodara
IIInd Degree	October,11 at Vadodara

Injury :

On 30thDecember, I was dashed by Maruti Car while driving scooty. As per MRI report, I had a fracture of tibia (Left knee) and grade I strain of MCL and FCL and other ligaments. Grade IV chondromalacia patellae is also noticed.

Practice of REIKI :

Practicing Full Body Reiki and also giving 10 -15 minute's Reiki to affected knee from the date of accident. Otherwise also try to practice full body Reiki daily or give Reiki to chakras at least since completion of my first degree.

Memorable Moment:

I was lying down in the operation theater waiting for the doctor to plaster my leg. I was bit tensed and was giving Reiki to myself. Doctor briefed me about my injury and then start applying plaster from slightly above the ankle in the upword direction and now he was applying it to my knee and.....and.....oh!..... I saw a sparkling light moving around my knee but.....before I could realize the fact, it was vanished as quickly as suddenly it appeared.

REIKI Magic :

Initially after applying plaster for 21 days, doctor advice me no weight bearing on affected leg till end of March 13, but subsequently, considering my better condition he was allowed partial weigh bearing (walking with support of walker) since 8th March.

Further, from the following comparison, it is very clear how magically Reiki works for me.

STATUS	My earlier injury – January 1998	My current Injury - December 2012
Nature Of injury	Ligament injury near left ankle due to accident	Fracture and Ligament injury at knee due to accident
Period Of recovery	1.5 to 2 months	Still under recovery since last 3 month
Mental and emotional status	<ul style="list-style-type: none"> - Temper was always high even though very cool by nature. - Often scolding/talking very roughly with my family members. - Cursing my fate while talking others. - Like to talk about the accident and get sympathy from others. - Dependency on family members was irritating me. - Though engaged in reading and listening to music felt like killing of time - Always thinking about my accident , present bad health status and why it happened to me even though aware of theory of karma 	<ul style="list-style-type: none"> - Accepted the fact of my injury and able to keep myself cool and normal - Able to think positively like how best I can use this time/opportunity - It is not as difficult to be away from office/ routine as it was initially thought by me and others as I keep myself busy in studying Vedic Maths , reading books , teaching to my niece etc. - Due to reading of some spiritual books , start thinking about spiritual aspect of life (To me this is the biggest gain) - Don't like to have sympathy for my so called pitiable condition - While talking about my accident, able to easily accept my mistake while driving instead of hiding it.

My mother also noticed above mentioned changes in me. During this period, whenever I am upset due to severe pain, become normal easily in few minutes. During my first degree seminar, sangita tai was explaining about KARMA/PRARABHD. While discussing, she told “ Hamare Bhog to Hamako Bhogne hi padte hai, farak etana hi hai ki ham use TAP se ya PAP se bhogate hai.” Her above sentence helps me to become normal whenever I feel low.

What is God?

“Are you looking for me?
 I am in the next seat.
 My shoulder is against yours.
 you will not find me in the stupas,
 not in Indian shrine rooms,
 nor in synagogues,
 nor in cathedrals:
 not in masses,
 nor kirtans,
 not in legs winding around your own neck,
 nor in eating nothing but vegetables.
 When you really look for me,
 you will see me instantly —
 you will find me in the tiniest house of time.
 Kabir says: Student, tell me, what is God?
 He is the breath inside the breath.”

— Kabir

God is Life...

Hemil Thaker

There are so many things which I need to talk to you about. I am coming to know very beautiful side of everything. Today while riding my bike, to go to college I came to realize a very simple but beautiful thing. which I have to share with you.

Most of us have same routine in a week. everyday same college/office/school/class.. everyday same route to reach there. same time to travel to reach there. But everyday how many new faces we see! even though with the same time and route, we came to see many different faces. billions, trillions of faces on the earth. Every face is different. uncountable lives on earth and may be outside the earth. all the humans, animals, insects, birds. infinite lives. AMAZING... what can be the bigger miracle than this. and some of us say that there is no proof of god.. look around you. we are stuffed with divinity. its just a matter of opening the eyes. just open your eyes, let everything go and see the biggest miracle ,that is, LIFE.

According to mathematics, the probability of a birth of human is next to ZERO. one of the very important part of human blood, that is, hemoglobin has the SIMPLEST structure in comparison to others. the probability of the creation of the one cell of hemoglobin is next to zero. so according to mathematics, we don't exist. but still we do, infinite. and man has ego of his logic. which god proves wrong with the birth of every new, beautiful life. but still we say that there is no proof of god. this is something which can not be explained, just can be realized. big realizations just need a few moments of our awareness. everything is beauty and everything has beauty, just open your eyes, let the everything go and allow divinity, and the see biggest miracle, that is LIFE.

Enlightenment is always in present. To be playful one has to be in present.

Recently we were discussing the episode of serial “Devo ke Dev –Mahadev” in Ashram with Guruji in which Goddess Parvati forgets some events of her life totally. She forgets Lord Shiva, her son Ganesha, Kartikeya, and all others. She just remembered her past before her marriage with Lord Shiva. And the story goes like this- Lord Shiva was supposed to bring a garland made up of flowers grown in all seasons of the year. And if he fails to do that, Goddess Parvati had told him that she will forget everything. Lord Shiva collected flowers and had made garland for her. And when he was about to go to meet Goddess Parvati, he met Indra, who had come to him after killing one of his (Lord Shiva's) devotee – Trishira. Lord Shiva got furious on him and a ball of fire emerged from his third eye which even burnt the garland which he had brought for Goddess Parvati.

To me it looked strange that for such a petty reason why a Goddess would forget everything. So I asked Guruji about this and he explained the entire episode very distinctly. He said that Lord Shiva is representation of Paramatma/ Guru and Goddess Parvati is representation of Atma. In path of Sadhana we have to totally trust Guru as he knows in and out about us. And our limited logic always fails to understand him. Now what had happened in Mahadev serial was that in past many episodes Mahadev was constantly telling Goddess Parvati to trust him and Goddess Parvati failed to do that. She was under illusion that Lord Shiva will not act. There was some distrust and thereafter when some events happened, and Lord Shiva reminded her that it was her distrust which lead to certain action which were not required, she started feeling guilty and this guilt inspired her to make a statement that “I would forget that you are my husband”.

Same thing happens in sadhana. Over a period of time, many times when things don't work as per our wish we lose faith in Guru. We believe he is not interested in us and he will not act. But forget over here that he has 360 degree vision. He knows when to act and when not to. He has got that “Vivek” (discretion between that which is good and bad) which we lack and due to that we over react. This brings us down in sadhana. It drains our energy and our ego gets boost up.

And again we have to start our sadhana as Goddess Parvati had to do as her delusion about self, returned and she had to realise herself through “Asthang Yog”. Of course for Adi Shakti it must be “leela” but for a soul, it would be delusion for which again one has to start sadhana. But if we keep awareness about our thoughts and emotions and have constant faith in our Guru, then we can beat “Apasmar” i.e. (wrong knowledge about our self). And this awareness comes through sadhana i.e. Reiki, Agnihotra, TM and being in space. So time and again everything boils down to these two things - Sadhana and Samarpan till we realise ourselves.

It does not matter how old you are, there is a little child within who needs love and acceptance. If you are a woman, no matter self reliant you are, you have a little girl who is very tender and needs help. If you are a man no matter how macho you are, you still have a little boy inside who craves affection. There is a parent inside each of us, as well as a child. And most of the time, the parent scolds the child. We can hear the parent tell the child what it is doing wrong or how it is not good enough. We need to allow our “parent” to become more nurturing to our child.

At this point in our lives– right now– we need to begin to make ourselves whole and accept every part of who we are. We need to communicate with our inner child and let it know that we accept the part that did all the stupid things, the part that was funny looking, the part that was scared, the part that was foolish and silly– every single part of ourselves.

Louis Hay

Ashram Wisdom

Reality must be always real. It is not with forms and names. That which underlies this, is reality. It underlies limitations, being itself limitless. It is not bound. It underlies unrealities, itself being real. Reality is that which is. It is as it is.

Ramana Maharshi

During the morning kitchen satsangs, Guruji was explaining how the human existence is purely made up of Love. He said, "Love is the other name of the soul. It is exactly like soul. Formless, limitless and very powerful once experienced in its own flavour. Unfortunately lot of other things are passed in the name of Love. They are anything but love. Love will never make anyone weak and helpless. It will never have a dimension of possessiveness, insecurity. How does one experience love? Compassion is the first expression of Love. You can understand your own love as well as the love of others only in the form of compassion. Compassion is a statement of love. One can understand love only as compassion and never in the form of love. Compassion is the supreme emotion. The second level of love is Empathy. The last and most understandable for a common man is Sympathy. But by the time love comes down to the frequencies of Sympathy it has already lost its essence. Sympathy, no wonder is helpless and come down ultimately in the form of dry words. That is why it does not have a long term effect and does lead to drainage of energy for the one who receives it. Empathy on the other hand has some power as it has not lost totally the flavour of love. The person who empathizes with you can feel your pains to some extent. He/She can do something for you, though that also may not soothe you for long. Compassion of all, will have tremendous power to heal. It is the purest form of love and has all the power of love to offer. If you come across anybody with a lot of compassions, you may feel very good. Like you are sitting in front of a vast ocean. Problems may just dissolve. Compassion overpowers all your problems. So next time you come across such situations analyse and find out.

Reiki Seminar Schedule

Sr. No	Dates	Master	Location	Degree
1	11th 12th May	Seemaben/Kalpita	Devrukh	1st
2	11th 12th May	Vishal	Mumbai	1st
3	11th 12th May	Rakesh	Thane	1st
4	18th & 19th May	Seemaben	Dharmaj	1st
5	18th & 19th May	Bhartiben/ Krupa	Ahmedabad	1st
6	18th & 19th May	Vishal	Dombivali	1st
7	18th & 19th May	Ajit Sir/ Rakesh	Chembur (Mumbai)	1st
8	25th & 26th May	Sangita/Krupa	Baroda	1st
9	25th & 26th May	Ajit Sir/Vishal	Pune	2nd
10	25th & 26th May	Seemaben	Morvi	1st
11	25th & 26th May	Kalpita/Rakesh	Nashik	1st
12	1st & 2nd June	Seemaben/ Kalpita	Madgaon Goa	2nd
13	1st & 2nd June	Krupa/ Vishal	Madgaon Goa	1st
14	1st & 2nd June	Ajit Sir/Rakesh	Thane	1st