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### INSIDE THIS ISSUE:

Signs of Ascension: A new challenge	1
Scientific observations	2
Cherokee	3
Do not worry, Just go. I am there	4
Amazing experience of Agnihotra	5
You, only You exist	6
Ganesh Festival at Devrukh ashram	7
Guruji's forthcoming US Trip	7
Ashram Wisdom	8
Reiki Seminar Schedule	8

# Reiki Vidya Niketan

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## Signs of Ascension: A new challenge

*We have been talking about the concept of Ascension in the Reiki forum from time and again. More so in the past few months since the year 2012 has come into prominence. I have never been so active in these discussions as I always believed in not creating a confusion about issues where even you are not proficient to talk about. So I was keeping a little distance from this issue for last few years.*

*However suddenly I got some insights while in meditation a couple of months ago indicating that the ascension of human consciousness is not a myth but reality. I also got an insight that the ascension has truly begun as far back as 1980 when the human DNA structure is modified. I had heard about the possibilities of change in human DNA structure from one of my acquaintances way back to last decade, who was an expert on the subject and she had suggested that every 26,000 years the phenomenon occurs. My insights confirmed that and also gave me some more details. No, it had nothing to do with any natural disasters or calamities as projected by one and all earlier. This was something about the generations which have been born after 1980. The message was loud and clear that these children are different than those who were born before 1980s. Everything with them is different— their mind set, their emotional patterns, their intelligence quotient and even the physical body properties. That was amazing. I started working on this matter immediately and met number of parents, number of children born after 1980, number of teachers and everyone related to the issue. To my great surprise every symptom that I was shown in my insights, came out to be very close to what is practically happening in the world around. I could see parents looking aghast with the thought as they had never really knew this about their own wards. They suddenly realized all their frustrations, their moments of depression and everything they could associate in their relationship with their children. Everywhere I talked people started chasing me for more detailed analysis. The number of young patients who came to me for Reiki healing and advice showed the same signs. I realized that when this generation falls sick, they really fall sick in a much deeper sense than others of our generations. Most of the cases I have been seeing and where the patients are born after 1980, have made it clear that the established medical practices had no clue about their ailments. No treatments work on them. Doctors are clueless, helpless. Possibly they have not realized that the medical science may have to be re-written. Not only that, all sciences are to be re-written. The social systems need to be re-established. That is going to be a big challenge.*

## SCIENTIFIC OBSERVATIONS IN THE ATIRATHRAM

A 4,000 year old fire ritual conducted in a remote village in Kerala in April, 2011 has a positive impact on the atmosphere, soil and other environment effects, according to scientists who are now ready with their findings.

The "Athirathram" ritual held on April 4- 15, 2011 at Panjal village in Thrissur district was the focus of a detailed study by a team of scientists led by Prof V P N Nampoori, former director of the International School of Photonics, Cochin University of Science and Technology. The scientists had focused on the fire ritual's scientific dimensions and impact on the atmosphere, soil and its micro-organisms and other potential environmental effects.

The yagna seems to have accelerated the process of seed germination and also the microbial presence in air, water and soil in and around the region of the fire ritual is vastly diminished, according to a statement released by the Varthathe Trust, who organised the ritual. The team had planted three types of seeds – cowpea, green gram and Bengal gram – on four sides of the ritual venue at varying distances. They found that the growth was better in case of pots kept closer to the fire altar.

This effect, the study says, was more pronounced in the case of Bengal gram with growth about 2,000 times faster than in other places. According to Nampoori, sound is a vibration and continuous positive vibrations through chanting, accelerates the process of germination.

"The findings would not only help dispel superstitious notions associated with Vedic rituals but also help in continuation of such tradition for the betterment of nature and the environment," says Nampoori.

He added that further research on the phenomenon were on which could prove that some bio-amplifier generated in the atmosphere because of the ritual, had a selective effect on Bengal gram. The study focused on counting bacterial colonies at three locations – within the yagnashala, 500 metres and 1.5 kilometres from the yagnasala. Microbial analysis made before, during and four days after the yagna revealed the air in the vicinity of the yagnashala was pure and had very low count of microbe colonies.

The research team also found that microbial activities in the soil and water around the yagnashala were remarkably less compared to normal ground. The "Athirathram" ritual which literally means "building up of the fireplace and performed overnight" and usually held to propagate universal peace and harmony, was first documented 35 years ago by US-based Indologist Frits Staal.

Staal, currently Emeritus Professor of Philosophy and South and Southeast Asian Studies at the University of California, Berkeley had in 1975 organised and recorded the ritual in detail with the help of grants and donations from the Universities of Havard, Berkely and Finland's Helsinki University.

The research team conducted tests near the fire altars of the 1918 and 1956 Athirathram, still preserved in the backyards of Namboothiri homes, reveal that the bricks continue to be free of microbial presence.

"It's an indication that the effect of the ritual is long-lasting. Studies are on to find out if other positive changes on the atmosphere are transitional or permanent," say researchers.

An analysis conducted on the dimensions of temperature from the flames of the pravargya by Prof A K Saxena, head of photonics division, Indian Institute of Astrophysics, Bangalore, found that the fire ball formed during the ritual had a particular wavelength with an unusually high intensity similar to what is observed in typical laser beams at about 3,870 degree centigrade.

It may be possible to have stimulated emission at this wavelength (700 nm) and gain from plasma recombination. It needs to be studied further, he says.

The members of the team of scientists' team at the Panjal Athirathram 2011 included experts from various disciplines and included Dr Rajalakshmy Subrahmanian (Cusat), Dr Parvathi Menon (M G College, Thiruvananthapuram), Dr Maya R Nair (Pattambi Government College), Prof Saxena ( Indian Institute of Astrophysics, Bangalore) and Prof. Rao (Andhra University). The scientific team members were supported by Zarina (Research Scholar, CUSAT), Ramkumar (Biotechnologist), Asulabha (Biotechnologist) and a number of postgraduate, graduate and school students.

*When we observe, we suddenly reach a state of peace, which allows the Soul energy to activate. When it activates, we attune to it. We take hold of it and we start riding back on this Soul energy into our centre. We actually get beyond time."*

## Cherokee

(Contributed by Mr B Patel)

Do you know Cherokee Indian Youth's right of passage?

His father takes him to the forest, blindfolds him and leaves him alone. He is required to sit on the stump the whole night and not remove the blindfold until the rays of the morning sun shine through it. He can not cry out for help to anyone.

Once he survives through the night he is a Man.

He can not tell the other boys of his experience because each lad has to come to his manhood on his own.

The boy naturally is terrified. He can hear all kinds of noises. Wild beasts must surely be around him. May be some human might do him some harm.

The wind blew the grass and earth, and shook his stump, but he sat stoically never removing his blindfold. It could be the only way he could become a man.

Finally after a horrific night, the Sun appeared and he removed his blindfold.

It was then that he discovered his father sitting on the stump next to him.

He had been on watch the entire night, protecting his son, from harm.

We too are never alone. Even when we don't know the God is watching over us, sitting besides us on the stump.

When trouble comes, all we have to do is to reach him.

### **Moral of the Story:**

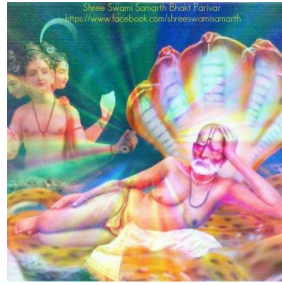
Just because you can't see God, does not mean he is not there.

**“For we walk by faith, not by sight”**

*“Before you start some work, always ask yourself three questions—Why am I doing it? What the results might be? And Will I be successful? Only when you think deeply & find satisfactory answers to these questions, go Ahead.”*

*- Acharya Chanakya*

## Amazing experience of Agnihotra fire in Hong Kong



Hello Rakesh,

This picture just popped up in Swami's site, so here's a quick synopsis of my recent experience of Swami in the flames.

Since doing Agnihotra for several weeks now, the presence of Agni is very prominent in my mind. At night even when I lie down in a half-meditative state sliding into trance, ready for sleep, the 3rd eye will open up wide and reveal a parallel astral landscape.

The flames are imbued with an eternal presence that is intelligent, omnipotent and omniscient.

The Fire exhibits itself in the form of rainbow streams of Light which are long, strong and spiraling. Very much along the Double Torus module. Recently I am starting to see them streaming out of my own body, because my body is now becoming more aligned to the eternal presence of Light & Truth.

Anyway, the night before last, as I was about to fall asleep, the Flame came up in my radar. Swami himself appears right inside the Flame. He's now looking at me, and starting to morph, communicating telepathically. Then he starts emitting Rainbow colors, emerging in a crystalline pyramid that gets larger and larger so that it not only encompasses my entire home, but starts spreading out to cover over my entire community...

Swami has a quizzical smile on his face. Then he shows me he can shape-shift in an instant and become a regular guy on the street, and that he does come to me in various shapes and forms.

By now the rainbow-prismatic presence is getting so strong that I say to him, "Don't you scare me now..."

I've been struggling with an organization with whom I've been affiliated for the past 4 years. The Guru there is offering a Light Body Program pilgrimage to India, but at quite exorbitant cost. Ever since doing the fire, I've grown more adverse to the aggressive marketing strategies used by this group. It's a matter of harmonics. I am not saying they are right or wrong; obviously they are serving a segment of the population. In this particular launch of the Indian trip, they promise special mantras and powerful initiations into the Light Body (the finale of a one-year course). But I choose not to attend, remaining true to the voice inside my core.

So, as I am facing Swamiji in the rainbow prism, I ask him, "Will I get the Light Body if I forego this trip?"

He looks at me--he has a most penetrating gaze-- and says, "We (meaning himself and the Rishis) are giving you the Light Body even right now. What do you think you've been doing all this time???"

Love,  
Savitri

## Do not worry, just go. I am there

The biggest and probably the longest debate ever undertaken is about whether the God exists or not. The debate is occurring right from the mythological times. Humanity is still confused about this issue. Modern science which possibly never wanted to accept the whole idea of the almighty has also finally reached a point where they are all searching for (ironically called) God's Particle. Truly, one has to find out one's own answer to this question by experiencing the phenomenon. It is indeed difficult to know and forecast where and when one will stumble upon such opportunities on the path of life. Here is my experience about how I got my own answer while treading on path of my life:

I started teaching Reiki from 1997 and by the grace of Swami (Samarth) the Reiki family started growing. A small seed sown at that point of time has now become a large tree. Within no time the energy of Devrukh started spreading far and wide. Right from Kerala to Delhi and from Goa to Chennai across India. We had one Reiki seminar in 2002 at a place called Samvit Sagar ashram at Utthandi which is above 25 kms from Chennai. The main Sanyasin Swami Kryanand there learnt Reiki from me and then made me offer, "Come to USA with me, you are needed there". I just denied as I was never fascinated by the razzmatazz of America from my childhood. I could see a lot to be done in India itself. The thought and the subject died there itself. Thereafter one of my sadhaks from Chennai who was settled in USA urged me to come to USA. She was very strong in her urge. Finally she prepared my US visit program for July 2004. I was dodging the whole issue till mid June as I was not too sure whether I should be going. Finally on 15th June, I asked her for a couple of days to decide finally. The same day, one stranger came to me and said that he had come from a place called Jalgaon which is quite far from Mumbai. He also said that he had come for some help as his wife was not keeping well and someone had told him that I do a good healing. I clarified as usual that I am not a professional Doctor, though I felt Reiki could help her to regain her health. But unfortunately I knew no one in Jalgaon who knew Reiki and could not recommend him any name. However I told him that he can look for someone in Jalgaon and he may find a healer there. I also told him to pray to Swami. The person got up to leave and suddenly turned back on reaching the door of my house. He pulled out one small calendar card from his pocket and handed over to me and went away. I just looked at the card. I realized it was the picture of Swami Samarth in a goddess form. There was something written at the bottom of the picture. I read it and was shocked to read "Do not worry, Just Go. I am there" I had never seen these words under any picture of Swami and by that time I had seen many of his pictures in life. Normally what is written is "Do not be afraid, I am behind you" So these words what I was reading now were special. They answered the question that I was struggling to get an answer to. It was a direct message. Immediately I phoned my sadhak in USA and confirmed my trip. The seed of Reiki Banyan tree was finally sown. (I am replicating this picture, which I have preserved with great care) here for others to see.



Ajit Sir

**You, only You exist...**

contributed by Rakesh Thaker

Pranam Guruji,

I read this beautiful poem from German Poet Rilke and I could not resist to offer words to you.

**You,  
You only, exist.  
We pass away, till at last,  
Your passing is so immense  
that you arise:  
beautiful moment,  
in all your suddenness,  
arising in love,  
or enchanted  
in the contraction of work.**

**To you I belong,  
however time may  
wear me away.  
From you to you  
I go commanded.  
In between  
the garland is  
hanging in chance :  
but if you  
take it up and up :  
Look :  
All becomes festival !!!!!**

We are pleased to inform the readers that we are now launching the Marathi Magazine REIKIBRAHMA from 16th October. This issue will be monthly and in hard print. There was a demand from many of our sadhaks in Maharashtra and Marathi speaking sadhaks from other states too, that we should have a Marathi magazine as not many people can grasp the essence of communication in English and not many people have access to Internet. In fact out of more than 25,000 sadhaks we have only 2000 odd are registered with reikibrahma@googlegroups.com That left a lot of sadhaks out of communication network. That demand is now fulfilled with the launch of this magazine. Mr Prabhakar Mangale is the editor.

## Ganesh Festival at Devrukh Ashram



Since 2005, the idol of Lord Ganesh which used to visit Ajit Sir's Mumbai residence, started coming to our Devrukh ashram. As done every year, even this year the sadhaks in the math and those connected with it celebrated the festival with a lot of enthusiasm. This time it was a privilege of Swami devotees from Gujarat to prepare for the festival. They literally took this opportunity with both hands. Aartis in the math touched

even the higher levels of joy. The aartis of Vithoba, Pandurang, Dashavataras all added their own flavour to the already established aartis of Swami. Modaks came to accompany the regular sweets like Pedhas and Laddoos. Prasad from homes of other sadhaks who bring the idol to their homes locally, added variety to the Prasad range. Ashram which is generally overwhelmed with Swami's grace also



experienced the pleasant showers of Ganesha energy. In no time those one and half days flew as if they had wings. While urging the Lord to come back again next year, the tears from the eyes competing with the choking of the throat just washed away in the river on the borders of the village along with the mortal form of Lord Ganesh.

### Guruji's forthcoming trip to USA

Sr. No	Dates	Location	Degree
1	6th November	Arrival in Chicago	-
2	7th & 8th November	North Eastern University Chicago	1st
3	10th & 11th November	Bloomigdale suburb, Chicago	1st
4	13th November	Spiritual Retreat in Chicago	-
5	14th to 17th November	Conference Festival of Faith in Louisville, Kentucky	
6	18th November	Flight to Mobil, Alabama	
7	19th & 20th November	Mobil, Alabama	1st
8	21st November	Flight back to Chicago	
9	22nd November	Flight to New Jersey	
10	24th & 25th November	New Jersey	1st
11	24th & 25th November	New Jersey	2nd
12	26th November	Back to Chicago	
13	27th & 28th November	Gujarati Seminar in Chicago	1st
14	27th & 28th November	Bloomigdale Suburb in Chicago	2nd
15	29th November	Back to India	

*If you want to heal the body, you must first heal the mind.*

Plato 427-347 BC

### *Does one have to have the Ego?*

*The thing that frightens most to those walking on the divine path is the word EGO. Right from the baby steps on the path one is warned that one should be careful about Ego as it is the biggest stumbling block on the path. The idea of managing the ego turns into the idea to kill the ego, within no time and without any realization of a sadhak. And that is where the confusion starts in the life of a sadhaka. Why does it happen? Mainly because one fails to realize a fine line between the Ego and Egoism. Ego is a part of human existence. Ego is the manifestation of the soul. The soul is formless, without any properties. No wonder a common man can not even realize the soul through his/her five senses. The soul is an experience beyond the senses. How can one feel it? And if one does not even understand its existence how can the ten senses (five of knowledge and five of actions) play the game of life? That creates a confusion in the mind of a sadhaka. He/she does not understand how the game can be played? If someone says tomorrow you have to live without body, how can one do that? How can one kill the body and still be alive? The Ego is as important for the existence of game of life as much as a body does. The question is not killing the ego, but managing the ego. Keeping ego under control. It is like every human body has to have a blood pressure and sugar. Blood pressure of 120/80 is a necessity of life. The moment it goes up or down one talks of a blood pressure as a disease. Same is with the sugar. One needs an optimum levels of sugar in the body. It qualifies as Diabetes only when it crosses the limits on either side. One should have the ego in the quantum required to live, not so much required to die.*

### Reiki Seminar Schedule

Sr. No	Dates	Location	Master	Degree
1	6th & 7th October	Baroda	Sangita/Krupa	1st
2	6th & 7th October	Mumbai	Seema/ Mai	2nd
3	13th & 14th October	Bengaluru	Seemaben	2nd
4	13th & 14th October	Ahmedabad	Bhartiben/Krupa	1st
5	15th & 16th October	Bengaluru	Bindiya	1st
6	20th & 21st October	Devrukh	Kalpita/ Vishal	1st
7	20th & 21st October	Rajkot	Seema /Krupa	1st
8	27th & 28th October	Nashik	Seemaben/Kalpita	1st
9	27th & 28th October	Thane	Krupa/ Vishal	1st
10	3rd & 4th November	Mumbai	Kalpita/Rakesh	1st
11	3rd & 4th November	Rajkot	Seemaben/ Mai	1st
12	3rd & 4th November	Vadodara	Krupa/ Vishal	1st