

Reiki Vidya Niketan

VOLUME 3 ISSUE 8

1ST SEPTEMBER 2011

Ganesh Festival at Devrukh Ashram

INSIDE THIS ISSUE:

Ganesh Festival at Devrukh	1
Amazing healing Experience Dr Sanjay Patel	2
Amazing Healing Experience Ursula Patel	3
Amarnath Yatra	4
Reiki Experiences: Dr Mohak Thak-	5
Stress, pH Balnce, Ill-nesses etc	6
Hemil's column	7
Ashram Wisdom Reiki Seminar Schedule	8



Ganesh idol in the temple

Ganesh festival, one of the most popular festivals in Devrukh where our ashram is located was celebrated with a lot of enthusiasm and with great devotion. We were missing for this festival on the last 2 years' celebrations as he way away on my US Visits in 2009 and 2010 and it was indeed a great enjoyment for all sadhaks to have the reconnection of Guruji with the event.



Lord Ganesh's beautiful idol at the ashram

We keep Ganesh idol at the ashram for one and a half days. The beautiful idol was brought with a lot of joy and excitement on the eve of Ganesh Chaturthi on 31st August. The idol was consecrated by Vilas Purohit Guruji, one of our senior sadhaks on the 1st of September. After worshipping over 36 hours, the idol was immersed in the river tributary near the ashram with a lot of emotions. Ganeshji going back to his abode, is always a sad event for his devotees. The experience of Ganesh worshipping adds another dimension after

Guruji's research on Ganesh energy and the scientific reasoning behind the Ganesh worship, and makes them feel complete. The scientific approach towards the rituals in Hindu religions has definitely added a great flavour to already colorful festivals and celebrations. The younger generations have been finding the whole celebration a lot of meaning.



The managing trustee Mr Madan Modak carrying the Lord to the immersion

Ganesha being immersed in the river nearby.



Easting of laddoos (a particular round sweet popular in India) is another enjoyment all together. Sewekaris at the ashram were too excited as many of them were attending such a festival in ashram for the first time and they all went with the procession to bring the idol at the ashram. Chanting Ganapati Atharvashirsham for 11 times on both the days of the festival with Guruji was a great experience for the sewekaris. Sewekaris danced all the way to the immersion river with the local sadhaks on the beat of drums to bid adieu to the Lord with the mixed feelings.

Amazing healing through Reiki... A Doctor's viewpoint

Dr Sanjay Patel



Jai Gurudev

Shriram

The Patient Mrs Niruben

Sanjay Patel from Fort Wayne , Indiana writing you regarding current experience with Reiki. We have a family friend who had been initially diagnosed with aggressive brain tumor 3 wks ago. Ursulaben (RVN Coordinator in Indiana) and myself has discussed about her situation and we had decided to give her Reiki for at least 21 days. I had discussed with physician spouse of person suffering all along in regarding her medical conditions. I had express my faith towards Reiki. He had given up on overall situation, since being a physician him self he knew overall prognosis is less than 1 year. I had discussed with my wife regarding his discussion with me and my belief in God being physician. I do not think my self being physician, I have done any thing to cure any clinical situations , **God is a creator and he is healer.** Ursulaben ,Seema, Shaku, Jayna, Anjali Raman, Jayna, Shana, Trisha, Anjali Sanjay, Radha, and all other Patel team members had given Reiki to her for all three weeks without interruption.

I have discussed and reviewed MRI result my self, with specialist and with her spouse We all have come to conclusion initial thought of her having aggressive brain tumor turned out to be a blood clot. She dose not have brain tumor on repeat MRI.

I thank Gurudev for all he has given to us. I do not know what has happened in her case, I do believe she felt well all the time getting Reiki from all sadhaks. I believe in alternative medicine," never say no," I do not think as a physician we know all regarding medicine. There are more to learn regarding God made human body. There is a higher power which controls all, he is the only one who can do this. Power of intention and faith in Reiki has helped us all in this difficult situation.

Jay Gurudev.

Sanjay Patel

Amazing healing through Reiki... Ms Ursula Patel, Coordinator & Healer A Healer's viewpoint



I really want to thank Guruji from the bottom of my heart for showing us a way of giving. When you were visiting states I got the message from Kinnari our Reiki sadhak that her mom had tumor and the news was not so good. I didn't know any medical know how so all I could do was give Reiki in fact we all did. Then the next thing I know is the are taking her to mayo clinic. I kept a close touch with Kinnari and still the out come was not a great news. Niru Auntie's husband is our physician and Hemant's (my husband) uncle too. So at the clinic Kinnari was giving Reiki and Niru Aunty knew her diagnosis. Kinnari was not flying home with mom as she had to work so we had asked Aunty if she is open for Reiki. She knew of Reiki because when we hosted the seminar in Indiana she had registered and could not make it. With her permission we all everyone of us who has learned Reiki even the kids committed to give Reiki till like kids say till Niruba feels better. What a journey for her. She was so positive that one day when went to give Reiki she said, I am so blessed that out of & billion people God is thinking of me even though he gave me tumor. She said who knows why but there is sure a message behind all this. Guruji what a spirit. That day I learned a lot. We went everyday and after a week I had to go for a wedding at that time rest of our sadhaks took over and everyone of them did with lots of faith.

Meanwhile the day we were going for the wedding we got the news that the tumor is not cancer and more tests need done. This waiting time was really hard on her and her family. Second MRI was supposed to be done on Thursday and on Wednesday while we were giving Reiki she was drenched in sweat and for some reason her back of the head was taking lots of reiki so we gave more like 3 of us claimed for about 4 rounds. Aunty said today she felt very different. We didn't how to address all this. And then next day after MIR the great news followed. **SHE HAD NO TUMOR.**

We all were so surprised like not even 21days were complete. Again thanks to Nareshkaka for giving us this opportunity for healing. Guruji Divine works in mysterious way. I can tell you this experience has taught me personally to be very positive and to give without expecting any results. Thanks to all the Reiki Sadhaks who helped to heal Niru Aunty and special thanks to Sanjaybhai been a Physician he always supported us.

Please keep us all blessed.

love
Ursula

The Amarnath Yatra of Reiki Sadhaks



47 Reiki sadhaks belonging to Reiki Vidya Niketan from Mumbai, Baroda, Devrukh and Thane participated in Amarnath yatra between 6th and 11th August this year. They reached the base camp at Pahalgam on 6th August. They were welcomed by thundering showers and lightening at the base camp on 6th night. It was a sight of some kind seeing the most furious nature on the backdrop of Himalayas which many of the sadhaks were getting exposed to for the first time in their lives. Some kind of baptism by fire one can say.

The ferocity of the nature however did not dampen the spirits of the sadhaks and the group decided to go ahead with the plans to climb the mountain. The group reached the base camp of Chandanawadi within an hour after starting from Pahalgam and set up further to conquer the heights on the top of the horses. The rains continued to pour in offering a different mood of otherwise calm and composed Himalayas. The winds were of high velocity, the weather getting chillier as one climbed up the mountains. Some or other the group kept on going ahead and reached beyond Pissu Top overcoming one of the first test of endurance. Pissu top is at the height of around 12,000 feet. By the time they reached the next halt at Sheshanag or just about a couple of kilometers before that the weather started getting worse with the news that it had already started snowing heavily in Panchatarani, the closest camp to peratures falling in Sheshanag halt their steps for night. That proposition as everyone's clothes had already seeped into their bags conditions and from the advice of there, the group had to take a de-condition. With incessant rains The sadhak group braved those base camp of Chandanwadi and late evening. The sadhaks then moved over to Srinagar the next day for a sight-seeing and visited Shankaracharya Temple, Moghul gardens, and most importantly Martand Ashram where the Chhadi (divine mace) was getting prepared to go up to Amarnath caves for closing ceremony. The chants of Swami Samartha at Shankaracharya's Shiva Temple at the top of Srinagar was a miracle of some kind as no one seemed to have heard such chants before. Even the aarti of Lord dattatreya was chanted there at the temple for no known reasons. This was amusing enough. A leela of Swamiji.



Having a ride in shikara and staying in house boats (seen only in Hindi films till then) was a great experience for many of the sadhaks who were making their first trip to this part of the world. The visit to Gulmarg and for some sadhaks even to Sonmarg was a great treat to their eyes. The group returned to their respective centres by the night of 11th August carrying one more experience of togetherness. Amarnath as sadhaks know is not only a cave, but it is a state of one's own consciousness reached after leaving everything behind. It is a state of being with oneself.



Reiki Experiences

by Dr Mohak Thakker

Jai Gurudev Sir,

Salutations to you.

i have made one Reiki box and put in the names of some patients and people whom I know and have observed the following changes:

1)A man aged around 35yr: who was deep into addictions of all kinds including drugs of all kinds: was on the verge of insanity, closed his business and went into depression and stayed at his home for months without coming out and socialising. his wife and kids left him. His name is in my Reiki box since 45 days- and now he has left or decreased majority of addictions and is sitting regularly at his business.

2)His younger brother: like him only has a pan shop but did not concentrate on his business was harsh on his family and relatives, now have observed him becoming calm and composed in all aspects of life and much more acceptable to people

3)My maternal grandmother kept distance from my mother since a few months including my mausi (aunty) to the extent of cutting their relations and playing so called social games, now are much more talking and open to my mother

4)Our attitude and positivity of thoughts are two main important factors while giving Reiki to the Reiki box. If Reiki is given with irritated or angered mind then it temporary worsens the conditions of patients.

5)A man aged 32 years was without any job work due to his own negative attitude and discouragement in spite of having a post graduate degree and diploma in marketing, now has started doing some job work

6)A husband wife dispute leading to crisis in marriage life due to wife's and her peers negativity to extent of threatening a legal action towards the husband family which is poor, now the situation is calm and in control

GURUJI TOLD US WHEN WE TOOK 2ND DEGREE:"AAP KE PASS SAB HAI,SAWAL HAI AAP KYA MANGOGE?"

MY ANSWER IS WE SHOULD ASK NATURE AND REIKI TO GIVE THAT WHICH IS NATURAL,THAT WHICH IS BEST ACCORDING TO NATURE. WE SHOULD NOT BRING OUR EMOTIONS AND FEELINGS IN BETWEEN A NATURAL HEALING PROCESS BECAUSE ITS FINALLY THAT NATURE AND REIKI WINS

Dr Mohak Thakker

STRESS , pH BALANCE , ALL ILLNESSES AND DISEASES : SCIENTIFIC SOLUTION IS?

Contributed by Franklin Nelson

Dear friends,

I recently had a friend go to sleep and not wake up. He slipped into a coma and died. The scientific information following is so simple ... yet difficult ... because of family and environmental food indoctrinations. I am using this information in one of the books I am preparing for publication but had the heart-felt-need to share it with those close immediately. In Service, Brother Jamal

THE OPTIMUM PH LEVEL

If your blood's pH dips from its optimum pH 7.36 down to pH 7, you will lapse into a coma and die.

That's why you get such a charge from a can of Cola.

Its pH 2.5 acidity sets alarm bells ringing all over your body.

Alkaline chemical stores that should be used elsewhere are sacrificed **to the call of the needed adrenalin that floods your system** [FROM THAT ONE COLA YOU JUST ENJOYED! BUT LOOK AT WHAT YOU REALLY ENJOYED! YOU REALLY ENJOYED was the THRILL OF THE FEAR!] .

The **"high"** you have learned to expect is no different to the high a drug user gets as he experiences his artificial sensory elevation.

It is your body screaming "Help," and you, enjoying the thrill of the fear.

It's "The Real thing."

It's not just a glass of Cola that causes such effect. (32 glasses of neutral pH water are needed to balance one glass of Cola) .

Most of us already have a running **battle within**, as **our body struggles to counteract** acid-producing **foods**, acid-producing pollution and **acid producing stress**.

In fact – of **ALL ACIDEDIFYING FACTORS – STRESS IS THE GREATEST**.

STRESS can neutralize and acidify an alkaline diet with one surge of adrenalin.

LONG – TERM ACIDITY IS LIKE RUST

It corrodes our tissue, eating into our 96,000 kilometers of veins and arteries.

Left unchecked, it eventually interrupts all cellular activities and functions, from the beating of our heart to the neural firing of our brain.

In summary, over-acidification interferes with life itself leading to virtually all sickness and disease!



A Dynamic Happiness

Jay Gurudev.

I'm back to Vadodara. My journey from home to Vadodara was very good. Even though my train was 5 hours late, I was neither worried nor was rattled because I knew that Swamiji is there.

This journey was quite interesting for me. While I came there, I told Guruji that the journey was beautiful because the atmosphere was excellent. The trees, the mountains all were very beautiful. This time while coming back from home the journey was even more beautiful. It was not because of better view of the outside but because of the better view of inside of me. This time I traveled with myself and that made the traveling beautiful. The one who made those trees and mountains is same who made us. The mother made both equally beautiful. It is just that most of us can't see how beautiful they are. We say that we are getting bored while we are alone I just don't understand this. How can one get bored with oneself? Reiki taught me to be with me. Doing Reiki is the best part because at that time I am with my self and nothing is more beautiful than this. Reiki is the energy from the mother. It is ultimate and that is why it is called as Shiv Chetana.

I think that enlightenment is all about bringing the total awareness, feel the beauty inside you, feel the touch of God every movement. It is the connection of the body consciousness to the divine consciousness. We are connected to the God but when we realise it and when we come to meet our core, who we are, it is called enlightenment. It is all about realizing "Bhiu Nakos Mi Tujhya Pathishi aahe" (a famous proclamation of Swami Samarth- meaning that Do not be fearful, I am there behind you). It is not only to be in the dynamic happiness but also to share that happiness.

New initiative at Devrukh ashram on clean energy

Guruji has decided to start an initiative to use a natural and clean energy for ashram during the next one year. The first step towards achieving that goal has now been initiated with the installation of Solar Water Heating System at the main ashram building. The system supplied by Jain Irrigation Systems was installed at the ashram on 30th August and which started functioning on the auspicious day of Ganesh Chaturthi. This system would help the ashram administration in stopping the usage of LPG Gas cylinders for heating the water. Combined with the thermal boilers of traditional type, would help save a lot of energy and consume the natural energy. A team of sadhaks along with Guruji also visited some sites to understand the reactivation of Gobar Gas plant in the premises of the ashram. This project is being taken up on top priority and will be installed at the ashram in the next few months after the end of monsoon.



Ashram Wisdom ... *The Samadhi and the Meditation (Dhyan)*

It would be good for us to experience and document how to balance the pH level with food choices. Raw foods. But, most important, Homa Therapy and Ash Medicines. Foods grown and prepared with Love in Homa atmosphere.

The acid/alkaline imbalance is a matter of increasing concern. It is most, most important. I feel that much of what we are being called to do is a return to basic and simple lifestyles.

We need to go more into this.

All Love.

OM SHREE.

When we talk or sing we do not talk continuously without any pauses. If the words are continuously spoken or sung, it would create a noise, not the song or a lecture. The pauses between the words is what makes the communication more meaningful and prevents it from becoming a noise. In fact there are many people with an excellent voice, but they do not necessarily become excellent singers. An excellent singers know exactly where to take a stop. It is a combination of words and the pauses that makes a song so melodious. The pauses at the right time and of right duration in between the right words is what separates a great orator from the so many who just talk.

Life is not different. The activities are the words and the inertness in between the activities is the pause. If one remains active throughout one may become lopsided, creating a noise in the life instead of a melody. These pauses are actually the meditative movements in life. Many do not understand that as they feel that being active is the only true nature of life. They fail to understand the importance of silence between. Creating noise in life is creating stress, creating restlessness. These are the diseases. The meditation as a process as well as a principle adds that beautiful balance to the life. Over a period the meditation in between the activities gives way to activities within two meditations. The silence dominates. That is where starts becoming a Yogi.

*If meditation (dhyan) is a pause, then what about the Samadhi? That is a question one of my students asked me at the ashram. Samadhi is nothing but a long silence. Only pause and no activities. A divine pause. When you become THAT divine yourself, the nature is active and you are the pause. **Your life is merged with the life process of the whole universe. That is where you become whole. You become a siddha***

Reiki Seminar Schedule

Sr. No	Dates	Location	Master	Degree
1	8th & 9th Sept	Rajkot	Seemaben	1st
2	13th & 14th Sept	Nashik	Ajit Sir	1st
3	17th & 18th Sept	Thane	Ajit Sir	1st
4	24th & 25th Sept	Mumbai	Ajit Sir	1st
5	1st & 2nd Oct	Devrukh	Ajit Sir	1st
6	8th & 9th Oct.	Vadodara	Ajit Sir	1st
7	29th & 30th Oct	Devrukh	Ajit Sir	1st