

REIKI VIDYA NIKETAN,  
SHRI SWAMI SAMARTH MATH,  
DEVURKH KATAVALI RD TAL  
SANGAHESHWAR DIST  
RATHAGIRI  
MAHARASHTRA STATE INDIA  
TEL: 912354241322

# Reiki Vidya Niketan

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## Ganesh Festival at Devrukh Ashram



As usual even for this year, Ganesh Utsav was celebrated at Devrukh with lot of pomp and enthusiasm on 11th and 12th September this year. It was attended by local sadhaks as well as sadhaks from outside Devrukh. A cute idol can be seen in the picture here above. Lord Ganesh stayed at the ashram for the traditional 1and 1/2 days and was emersed with lot of respect by sadhaks who went in procession. It was really a memorable festival for all.

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## The Power of Intention...

Guruji has been promoting the movement for the past few months to boycott those temples who offer VIP Darshans and also those who charge people for Darshan in Hindu temples. In fact, Guruji himself has taken a vow that he would not visit any such temple where such things are done, which are discriminatory in nature. He believes that the God himself will not be staying at such temples, where there are corrupt practices in His name. No wonder he has not visited Tirupati, nor he plans to visit it till the discrimination is there. He has also been appealing all devout hindus to exercise such measures to put pressures on trusts to stop such practices. You may be surprised to know that **the Government in Maharashtra has already put some ban on the VIP darshans in such temples** as such things cause inconvenience to the real devout. Now the next step is waited. Else the devouts themselves should re-

## Excerpts from “The Second Coming”

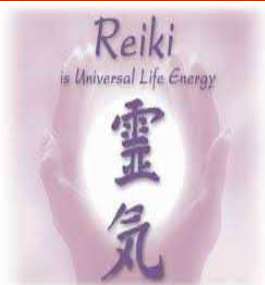
*Joel Anastasi has written the book “The Second Coming” based on his interactions with a Channel of Archangel Gabriel. This is a compilation of Gabriel’s teachings which are mainly related to the healing. There are certain reference directly to the Reiki healing and how Reiki is going to help the world to come out of serious problems in future. The excerpts of the book are given here as the same may be found interesting to our Reiki Sadhak readers.*

All disease is created by you. All disease is simply caused by the imbalance in the functioning of the organism based upon imbalance in the organism emotionally, mentally and energetically. Until you understand that life force interfered with or interrupted is what creates disease you will never be able to conquer the illusion of disease in which you believe.

Life force interrupted occurs within a physical body when you have rings of energetic and emotional armouring in the tissues of the body that prevent the life force from flowing freely through the body up and down. That energy has to go somewhere. If it is confined in a limited space, it attempts to move and interferes with organs or the area of the body where it is trapped. Reiki opens these absolutely because in Reiki you are learning how to get in touch with the flow of the life force. The working of Reiki is very simple really. Reiki is really just another word for life force or for God, which is the energy that makes up all living things in the universe. When the system is fully available to that force, that is Reiki—that is perfectly balanced state of being in physical reality so the purpose of reiki is to help to balance the life force in the physical body and its flow.

The body of the recipient is receiving the flow of energy in a communion between the two souls. If both are open, there is a reciprocal engagement of giving and receiving. The blockages of the recipient will determine the amount of life force it is able and willing to receive and the amount of healing it is allowing itself to effect.

Your medical community has no cognizance of the fact that energy is a source of creation. Therefore what happens with energy is what creates disease, not what happens with the physical body. The physical body does not create disease. The physical body simply registers disease because this physical body is simply a hologram or a barometer of what is happening in the areas of creation that produce the physical body. So all disease starts energetically, emotionally and mentally. Then it is translated into the holographic reaction of the physical body. So the physical body simply registers symptoms. Hence the medical profession treats symptoms. Its practitioners try to get rid of the symptoms but they do not get to the source of the disease because they do not understand energy.



## Experience at Devrukh ashram ...

Vinaya Sawant

Jai Gurudev.

I did my Reiki 1st degree on November 7th & 8th, 2009 and 2nd Degree on Jan 9th & 10th, 2010. Till date I have been taking reiki everyday. I had earlier visited Devrukh in the month of February, 2010. but that was a short trip only for 2 days. The first impression of Devrukh itself made me offer my seva and I had registered my name accordingly. The time to offer my first seva came between August 21st and 25th, 2010. I missed Guruji a lot as he was not in the Ashram, preparing for his visit to USA on 27th August, 2010.

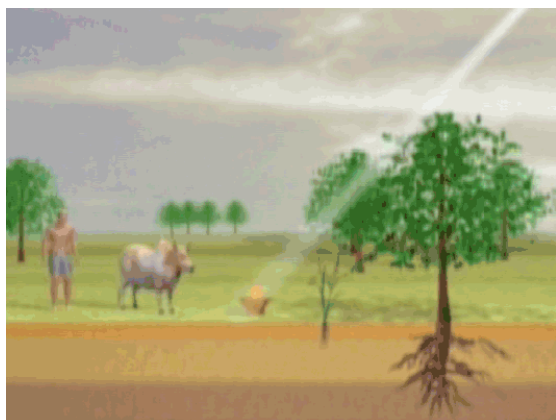
Reaching Devrukh, I was filled with excitement and on reaching the math my joy, emotions knew no bound. All throughout I had a divine feeling. I would actually feel Shri Swami Samarth all the time at every moment of my stay there. In the math, everything that was done including the food prepared, whatever was said, the prayers, the aarties they are all according to Swami's wish. There is no doubt in my mind that the whole universe is also carried according to his wish. I was totally blissful during the entire period of my seva.

My first experience in the first night was that I heard a sound of payals as if someone is moving around the math. The divine presence was all the time felt during the whole night. Even the second night, I was hearing the moment of a divine presence being fully conscious and after that I could hear someone in the next door kitchen doing something with utensils for many hours. On the third night I could hear in my sleep a male voice chanting some mantra which was followed by a female voice. This was going on continuously till I opened my eyes. The moment I opened my eyes, the male voice stopped chanting while the female voice continued. To my great surprise, I could hear and see Seemadidi who was the mathadhipati there still chanting in her sleep. I did not know what to do and prayed to Swami. Within in no time in few minutes I went to deep sleep. Something or other continued every night. Now I know it was non other than Swami showing his presence in the ashram place telling us "Do not worry, I am with you."

These night experiences were not all. Even during aarties, I could see Swami moving his eyes, making faces and laughing. Initially when it happened, I thought it was a play of my mind. But then it continued for some more days then I understood that he was really doing it. I can emphasize that I knew he did it. I know he likes to play and make fun with his children just as a mother plays with a child pouring her unbound love. Even in the meditation, while I was doing TM I could feel somebody's presence walking towards me and very near as I could feel and also hear foot steps. On 24th August, Gayatri Yagna was performed by Gayatri Parivar. While the Yagna was performed, we were asked to close our eyes and say some prayers, when I closed my eyes, I suddenly saw a glimpse of Swami wearing dark blue velvet Shawl sitting in front of me for a second or two. This vision of Swami, I can never forget in my life.

More surprises like the fan moving on itself without electricity at the time of Yagna and the Chatra (Umbrella) above the Swami moving throughout in the aarti were more surprising which happened practically each day. IT was really great time at Devrukh ashram, with Seemadidi, Milinddada, Chopdekar kaka and Kumarbhai who all lived like a family and we all enjoyed a lot. Swami has given me a gift of Reiki, his unbound love which are the greatest gifts for ever. I thank Swami and will always be grateful to him for such wonderful time in my life.

# Resonance in Agnihotra



OK. Let's remember:

- 1) Everything is vibration. Even what looks still, like a solid, has movement (vibration) within its atomic structure.
- 2) Vibrations can range from near zero to infinite ( $0 \rightarrow \infty$ )
- 3) Audible sounds are vibrations with frequencies between 20 to 20,000 cps  
1 cps = 1 cycle per second = 1 hertz (1 Hz)
- 4) Vibrations can travel through different media (earth, air, water, wood, glass, etc.) at different speeds.
- 5) Many vibrations can interact to produce new forms of waves
- 6) There is a principle called "Resonance" whereby an object can vibrate and induce vibrations in another distant object. An example is the hitting of a tuning fork (X) against a piece of wood. This will produce a specific sound.

If another, similar tuning fork (Y) is nearby, this (Y) will also vibrate without being hit.

7) Agnihotra is a bio-energetic process which helps to bring balance (healing) into nature by Resonance. The different kinds of vibrations emanating from the sun are captured and sent in many directions to resonate (activate, awaken, vitalize, etc.) by the Agnihotra process. You can check these links for more audiovisual information:

## Agnihotra Physics

<http://www.youtube.com/watch?v=LmW2U1-KywE>

The Mechanical Universe 17- Resonance

<http://video.google.com/videoplay?docid=6939278368247493737#>

Definitely, there is much more to Resonance than this simple explanation. So, you are invited to Definitely, there is much more to Resonance than this simple explanation. So, you are invited to research it. However, we can experience it through the practice of Agnihotra. And yes, yes, yes, we can line up with the Divine Will and resonate with concrete and subtle balancing vibrations easily. Let's see the beauty and hear the music of love.

## Guruji's visit to Lakshmi Cow Farm in Pennsylvania, USA



During his recent visit to USA, Guruji had an opportunity to visit Lakshmi cow Farm in Pennsylvania on 30th September, 2010. This farm has been set up in 2000 by Dr. Sastry who was a Professor with City University in New York for about 28 years. The last few years before he retired, he was the Dean of the University. Dr. Sastry renounced his profession and material world about 10 years ago to start this farm with an idea to protect sacred cows. The farm is set up over 44 acres area and has currently 18 cows. Today Lakshmi cow is a major supplier of pure cowdung for Agnihotra in USA. Guruji spent some time at the farm and was accompanied by Reiki Teacher Mrs. Ursula Patel and New Jersey Co-ordinator, Mrs. Seema Walavalkar.

## Empowering oneself for receiving Divine Grace

- Krupa Choksi (Excerpts from *"I have become Alive"*)

The purer you become on the inside the more is your ability to receive from the Guru. The following story narrated by Swami Muktananda would make this clear. Once a King went to the sage and beseeched him give him knowledge. The Sage said, "Ofcourse I will give you something. However first you must give me something." the Guru will always ask for something from the disciple before he initiates him. Not because he need something, but because without giving something the disciple cannot get something. The King said, "I can give you whatever you ask for." The Guru said, "Bring me the milk of a Lioness" . For the king getting the milk of a Lioness was not difficult as he had many Lions and Lionesses. The problem was however, that the milk of Lioness is very strong and it eats through everything therefore even before the Kind had reached the Guru's ashram the milk had flowed out of the steel container. The King said, "O Babaji, the milk is all gone. It ate its way through the container." Guru said, "Go back home and get a golden container and bring a milk in that." The King this time could successfully could bring the milk and the Guru said, " Did you see that? Your heart is made like that. If I pour any grace into it, it will all run up so change your heart and turn it into gold then you will be able to receive my grace. And if the heart is not strong enough, the grace just flows out."

This story has great significance. Sometimes people wonder why we do not experience enlightenment the moment they receive the Guru's Shakti. Truly if one had enough worthiness, then it would be enough for a sadhak to hear one word from the Guru and he/she would be liberated. The sadhak's heart should always be full of pure and noble feelings. If a heart is completely pure, if one has complete faith and is completely surrendered, one would experience the truth immediately but if we do not have this kind of faith one has to do a lot of sadhana. One has to meditate. One has to practice mantra regularly. One has to do penance only then one will be able to hold the Guru's powers. Only then one will be able to assimilate his teachings.

A sadhak generally has been swimming in the ocean of limited feelings—desires and cravings, attachment and aversion, anger and jealousy. Now sadhak's mind and heart has become so foggy and dull that he or she cannot see the light of the Self and even when someone tell you that you are the Self, he/she cannot accept it. That is where one has to do Sadhana. Sadhana is the means by which one can make ones' heart pure enough and strong enough to hold the knowledge of truth. The purer you are from the inside more clearly you are able to perceive the Self. When one first receives Diksha/ Initiation, one may have an experience of that, but to hold that experience, to become established in that experience one has to practice for a long time. Therefore, just as one eats, drinks and does one's work everyday, one should also practice sadhana in a disciplined manner. The Self is fully manifest within us but only through the awakening of the Shakti and the process of Sadhana, that it is revealed.

To attain the Self, one may have to meditate on the Self. If one's sadhana is not pure and strong then even if God reveals himself to one, one will not be able to see him. All one will see is a vision, one will not understand that it is God. One's sadhana should be high. While doing sadhana on we should have one goal to establish a relationship between oneself and the God. The Sadhana should be internal, not external. The sadhana should be persistent. One should meditate and meditate, one should meditate so much that the vibrations of the meditations begin to flow in every part of one's body. In some way one's sadhana, one's meditation, one's mantra recitation and one's remembrance of the Self should become chronic for one. No matter what circumstances one is in, these things should never be leave one. The knowledge and the sadhana should be such that they come to oneself at the right time. When one get angry forgiveness should arise within one so that one can subdue one's anger, when greed arises moderation should come and stand before one so that one can defeat one's greed. A Desire should be countered by the detachment from within. That is the real fruit of sadhana.



## Report on Guruji's US Visit.....

Guruji left for USA trip on 27th August by Air India and landed in Chicago the same day. He was received by a group of sadhaks at the airport. The first seminar of this trip was held over next two days at Schaumburg for the first degree. After a couple of days gap, the second seminar was held on 1st August and 1st September for 2nd degree participants again in Chicago. What followed thereafter was a full 3-days (between 4th and 6th September) Swa Chetana Shibir at Elgin, the first such shibir by Reiki Vidya Niketan on the soil of USA. This was a great success and was attended by about 40 sadhaks. Those 3 days were heavenly experience for the sadhaks who attended. Various discussions on Reiki healing, the advanced knowledge of Aura surgeries & treatments, various spiritual games to test the awareness and alertness of sadhaks were some of the programs which filled this eventful shibir. Thereafter Guruji conducted a 2nd degree reiki seminar for North Eastern Illinois University on 8th and 9th September, the last program in Chicago during this trip before leaving for Texas Midland on 10th morning.

Midland seminars started from the word go right the next day on 11th and 12th September for 1st level. This was followed by another seminar on 15th & 16th September for 2nd degree participants. Guruji left for Los Angeles Seminar on 17th itself to conduct a 2nd degree seminar at Upland in California on 18th and 19th September. This laid to the second part of the trip when Guruji left for Boston on 20th morning ferrying across the land of America to take 2nd degree seminar at North Andover on 22nd and 23rd. This was followed by a seminar on 25th and 26th September for the first degree participants in Boston at Andover. Both the seminars at Boston were conducted in memory of Late Pratapbhai Patel, our center co-ordinator at Boston who passed away on 21st June this year. He had organized these seminars before his demise and his endeavor was honoured by his family and his friends. Guruji left for New Jersey on 27th Sept to conduct a 2nd degree seminar there on 29th and 30th September. He will be conducting one more seminar on 2nd and 3rd October before returning to Mumbai via Chicago on 5th October.



Warm welcome at Los Angeles

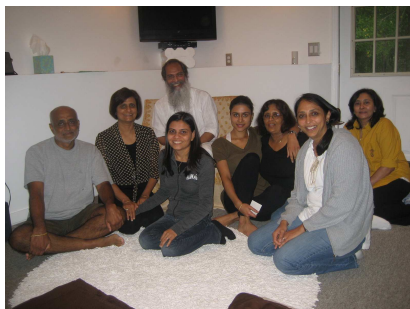


With students at Chicago at NEUI



With Students at Midland Texas

Boston 2nd degree seminar



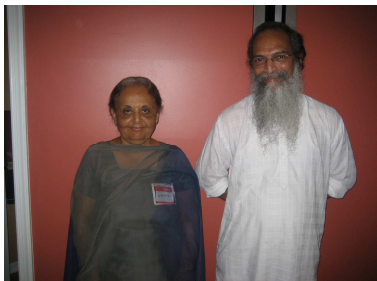
Participants at Swachetana Shibir



Participants at Swachetana Shibir



## 1000th Reiki Sadhak in U.S.A.



1000th Reiki 1st level student in USA: Mrs Urmila Dhuleshia

During his recent trip to USA, Guruji initiated his 1000th sadhak on the American soil on 25th September 2010. This event occurred in Boston. The divine grace of being the 1000th Reiki sadhak in America was bestowed on our participant Mrs Urmila Dhuleshia of Boston.

The activity which started as a mission in a small way in June 2004 at Palatine has become a big tree spreading its roots, fruits and even flowers all over the USA. Totally about 1350 sadhaks have been initiated on this path which includes around 1022 students doing the 1st degree while another 350 out of them graduating to the 2nd level proficiency. The sadhaks now are spread all over the USA mainly in 6 major locations like Chicago (Illinois), Midland (Texas), Pierceton & Fort Worth (Indiana), Los Angeles (California), Edison (New Jersey) and Boston. (Massachusetts) The teaching may soon start in Mobil in Alabama and Tampa in Florida by next

## The First Swachetna Shibir on American Soil

On September 4, 2010 would go in the history of Reiki Vidya Niketan, USA as a red lettered day as on this day the first Swachetna Shibir was conducted on the soil of America. Since Guruji's mission started in 2004 and as the number of the Reikisadhaks started growing, the demand for such a Shibir was growing with time. Such Shibirs were regularly held on a National basis in India since 1998. Very regularly with the frequency of almost 3 times a year. These Shibirs are generally held at various places of pilgrimage, away from the normal material world. Guruji had been waiting for a critical mass to be reached before holding such a big event. Finally he decided to have such a Shibir in Chicago at the resort The Great Lake Leadership Campus at Elburn. This was held over 72 hours between 4th and 6th September, 2010 and was attended by 40 senior sadhaks who stayed there during the whole shibir. The location provided, the excellent environment very close to the nature and far away from a maddening activities of day to day life.

As so typical of such shibirs, it was full of programmes such as advance knowledge workshops, group discussion, various issues related to healing, spiritual games and exercises as well as a combination of satsangs with theme based events like trust walk, etc. It was such a great experience for sadhaks who attended that there is a demand that every year we need to hold atleast one such Shibir in America. It was a great overwhelming experience for all the participants who one could see coming out of this Shibir with their hearts full of love and the eyes full of tears of joy.



*Knowing God,  
you can stand  
unshaken  
midst the crash  
of breaking  
worlds...*

*Yoganand  
Paramhans*

Many a times, it is wrongly believed that the energy is the other name of life. Many possibly do not know that even the dead body carries an energy. Of course dead body has the chemicals, cells, tissues, organs, body etc. All these have an energy. How can chemical be formed if there is no energy? So the point here is that the energy does not decide whether one is alive or dead. It is the flow which decides about the life. That flow of energy itself is life. That flow is Shakti, the force. The energy is Shiva, it is a state of being. The shakti is the active power which is called as force. In fact it would be amusing to know that the dead bodies decay because they have energy. If they had no energy, there will be no decay. Energy when it gets stagnated causes the decay. The flow prevents that. Another interesting thing that many do not know is that the diseases are also caused by the flow of energy. Diseases are nothing but the aberration in the flow. So they are also the derivatives of the flow, of course of the corrupt flow. If the flow ceases so are the diseases. That means without a flow, there will be no disease either. That is why most of the times, the diseases also cease when the flow ceases. Have you ever noticed that many a times, the persons after their death look calm and very serene? That is mainly because the disease is no longer there. In fact when I checked with many Doctors, there seems to be some division about the opinion whether the disease continues after the death. Medical knowledge is divided on this issue, at least as far as the Doctors that I have discussed with. They are not sure whether the diseases remains after death. Life, healthy or with diseases is a sign of life, a sign of flow of energy. It is said that in Samadhi, the saints withdraw the energy from the body and keep that in Crown chakra. That is why the body is without energy and hence without decay. e.g Yoganand Paramhans...

## Reiki Seminars Schedule

Sr No	Dates	Location	Master	Degree
1	2 & 3 Oct	New Jersey USA	Ajit Sir	1st
2	15 & 16 Oct	Baroda	Ajit Sir	2nd
3	23 & 24 Oct	Nashik	Ajit Sir	1st
4	30 Oct & 1 Nov	Devrukh	Ajit Sir	2nd
5	14 & 15 Nov	Mumbai	Ajit Sir	1st
6	28 & 29 Nov	Devrukh	Ajit Sir	1st
7	4 & 5 Dec	Rajkot	Ajit Sir	1st
8	11 & 12 Dec	Nashik	Ajit Sir	2nd
9	18 & 19	Devrukh	Ajit Sir	1st
Dec 20th: Datta jayanti Utsav at Devrukh Ashram				