

Reiki Vidya Niketan

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INSIDE THIS ISSUE:

Devrukh 2
Ashram
goes Green

Ashram 2
Library

Reiki semi- 2
nars held in
June

Osho Ra- 3
jneesh on
Healing
therapies

Conscious- 3 &
ness 4

Reiki Semi- 4
nar Sched-
ule

Personal 4
Events

Parenting Program starts in Vadodara

In 2008, reiki Vidya Niketan launched the Parenting Program in the name of Sujan Palakatva (Responsible Parenting) in Nashik. Initially the program was conducted on a trial basis at kilbil School (affiliated to St Joseph's Convent) in Nashik. Subsequently this program was conducted at Abhinav Bal Vikas Mandir (which belongs to one of the largest educational Institutions in the country under the name of Maratha Sikshan Prasarak mandal) in the early 2009 in Nashik. With the success of this program in Nashik, RVN decided to spread this program in other parts of the country and introduced the same to Vadodara in Gujarat. The teacher training program was conducted by guruji in Baroda in May 2009 and on

26th June the first taste of the program was available to parents of children studying in New Era School. This program was attended by more than 500 parents. The function was presided



Parenting Program launch at New Era School in Vadodara on 26th June 2009

by the principal Mrs Kelkar. The program spread over 15 sessions

of 2 hours each brings out the basic human values in Parents to make them better persons so that they can manage themselves and hence the children. Managing a Parent so that a ward can be managed is a basic theme of this program. This program will now begin in New Era School on 9th July and end in the last week of August 2009. This program is run by Reiki Vidya Niketan free of costs to the school as well as to the participating parents. The team of teachers who will be conducting this program comprises of Mr Vipul Shah, Mrs Monali Tuli, Ms Koppal Sheth, Mr Vivek Pande and Ms Shruti Kulkarni.

SWAS Group activities..

SWAS (an acronym for Swachetana Abhyas Shibir) groups of senior sadhaks have been formed in centres like Mumbai, Baroda, Nashik and Rajkot. A group is also being formed in Devrukh on Guru Purnima day on 7th July.

These groups are basically formed with an idea to provide the forum for new sad-

haks to be in the space of Reiki sadhana. These groups meet once a month each for 1st degree holders and for 2nd degree holders for about 2 hours in the evening and share their knowledge and experiences within the group. The leaders of SWAS group are rotated every month so that all senior sadhaks get adequate exposure towards leadership

values and skills. The program for each meeting is announced and shared with those who would like to attend well in advance. The programme includes a combination of Meditations, Exercises, Knowledge sharing, Healing experiences etc. These programmes are getting very popular in the centres wherever they are launched.

Devrukh Ashram Goes Green...

Ashramites at Devrukh Ashram took initiative a few months ago to cultivate vegetables of different types within the ashram premises. This initiative has now resulted in the self sufficiency in vegetables at the Ashram. Different types of vegetables like Spinach, Lady's fingers, Gourd, Brinjals, Bitter Gourd are being grown at the ashram now. The cultivation is done totally using the Organic methods of farming including Agnihotra Homa, Trimbakam Homa therapies

No pesticides or insecticides are used. This makes fresh and clean vegetables available to the people staying in and visiting ashram. Reiki sadhaks who offer their sewa as sewekaris at ashram on a periodical basis offer Reiki to the whole garden.

Regular training is also provided to the sewekaris about cultivation, something which a resident of city is never exposed to.

Kamdhenu—A White Cow →



A Section of vegetable garden at devrukh ashram



A new look gate of ashram



**Nature
Heals, the
Doctors are
only the
assistants.**

Ashram Library fully functional

We have been trying to start a library of Spiritual books in our Devrukh ashram for the past few months. Finally the library has been fully functional since 1st June 2009. There are about 400 books on diverse subjects in Spirituality in the library well categorized and documented. The sadhaks as well as the villagers are allowed to

carry the books home for reading on returnable basis. There are no charges in the form of deposits or any other form and readers can borrow upto 3 books at a time.

For those who would like to sit in the library and read, the facilities are also made available. More books would be added to the library now. It is also pro-

posed to have an exclusive section in the library for Reiki Healing subject where every book or literature written on Reiki will be available for those who would like to do research on the subject.

The job of setting up the library was performed under the expertise of Smt Sarojtai Padhye who has worked as Librarian with MS Univ.

Reiki Seminars held in June 2009

A scene of Reiki Seminar 1st degree in Baroda on 28th June



About 111 people were initiated on the path of Reiki in the month of June through 4 seminars held in Pune, Mumbai, Devrukh and Vadodara. All these seminars

were well attended. Seminars at Mumbai, Pune and Vadodara were for 1st degree while Devrukh centre held a seminar for 2nd degree.

Pune is relatively new centre for Reiki Vidya Niketan while Vadodara, Mumbai

and Devrukh have been on Reiki scene for almost 10 years now. Vadodara has been growing in terms

Osho Rajneesh on Healing Therapies...

Accepting what is now, can one by profession be a therapist? He will be a therapist but in totally a different sense- not in the Freudian sense, he will be in the real sense a therapist. And what is the real sense of the therapist? He will allow freedom, he will simply be a presence, a light, a joy. He is not going to change the patient, though the patient will be changed. He will not make any effort to make him well. He will not make any effort to make him normal. He will not make any effort to help him to be adjusted to the neurotic society. He will not try to do anything. He will simply be a presence, a catalytic agent. He will love. He share his energy with the patient, he will shower his energy on the patient. And remember, love is real therapy, everything else is secondary.

In fact there are so many patients in the world because they have not been loved. They have lost contact with the centre because only in love one becomes centered. Their illness is not the real problem, the real problem is that deep down, they have never

been loved. So the therapist will simply give his love, his understanding, his vision. He will share his energy and he will not in any way interfere.

And the healing is going to happen. Healing will happen not by any effort of the therapist but by his no-effort, by his inactivity, by his tremendous passivity. Have you watched it happen? Sometimes you are ill and you call the Doctor, and the doctor comes and suddenly just his entering the room and you are no longer as ill as you were before. He has not given you any medicine, just his presence, his care, his love. He just puts his hand on your head, take your pulse, and suddenly you find the change is happening. And he has not done anything, no medicine has been given, he has not even diagnosed. Even before diagnosis, if the doctor is a loving person, fifty percent of the illness has disappeared. And for the remaining fifty percent, he has to do something because he also does not know that man can not heal anybody. It is always

God who heals. Man can only become the passage for the healing energy- that's why healing works. Just three, four persons- loving persons- sit around the patient holding hands, singing a song, chanting and suddenly the patient feels a tremendous upsurge, a transformation, happening. What is happening? These four persons in love have become vehicles of God.

Somebody can be a therapist but a therapy of a different quality. It will be action in inaction, it will be feminine, It will not be aggressive. It will not force the patient to be healed. It will simply persuade. It will simply seduce the patient to be healed. That is all. There is going to be a great seduction. The therapist is centered, grounded, is flowing, his presence, his light, his love will help the patient's energy to come up to surface in his being. It was always there- he has lost contact.

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Consciousness...

Mother explained very clearly that even the cells have self awareness and can be made to behave and mutate consciously. This was one of her great experiments. To a scientist this was a non-sense... until last year. In the historic experiment last year, biologists proved conclusively that cells can mutate intellectually, that cells can consciously decide to mutate to adapt to changed circumstances. This experiment has demonstrated that evolution is not a product of chance but of a conscious adaptation. This is the first scientific support for mother's experiment of physical transformation.

Once you accept cellular consciousness, an overall body consciousness is an obvious conclusion. What is surprising is that this overall consciousness can modify behaviour of the cells. Some of you may know that in industrial accidents when somebody's thumb has been cut off accidentally, the big toe of the foot is transplanted in place of the thumb. In time the transplanted toe changes and gradually begins to resemble the thumb.

Consciousness .. (contd from Pg 3)

It is relatively common operation. Now the question is how did the cell on the toe know that they have been moved to the hand? In other words, how do the cells on my hand know that they have to grow up to be my hand and the cells on my foot grow up to be my foot.? Biology has no satisfying answer but once you accept the fact of an overall body consciousness, it is obvious that the body consciousness changes the behaviour and the growth of individual cells and changes even the cellular structure.

Does that mean you can consciously make your cells mutate? Yes. And the mother proved it in her own experiment with her own cells. Is it then possible to change the cells in another body? Yes again. This was shown in a dramatic experiment by Paramahans Yoganand. He asked himself why a rose plant should have thorns. And so he went to a rose plant near his home and identifying his consciousness with that of the plant he coaxed it and conveyed to it that it need not have thorns that it would be protected. He did this for several days and eventually the plant stopped growing thorns and thorns that were on it dropped off. It never grew thorns again

*The next
Century will
the century
of
consciousness*

Reiki Seminar Schedule

Sr No	Dates	Location	Master	Degree
1	11th & 12th July	Devrukh	Ajit Sir	1st
2	18th & 19th July	Nashik	Ajit Sir	2nd
3	25th & 26th July	Mumbai	Ajit Sir	2nd
4	22nd & 23rd Aug	Delhi	Sangita	1st
5	26th & 27th Sept	Mumbai	Ajit Sir	1st
6	3rd & 4th Oct	Rajkot	Ajit Sir	1st
7	10th & 11th Oct	Vadodara	Ajit Sir	2nd

Personal Events in Reiki Family



Jatin Dalal one of our senior Reiki Sadhaks from Mumbai & a managing trustee of Shree Swami Samarth Sewak Pratisthan (A parent Body of Reiki Vidya Niketan) Wedded Ms. Anju Agrawal on 30th June 2009 in Mumbai.

Bina Patel, our reiki sadhak from Vadodara stood 5th in rank in the examinations for Final Year B.Com. In MS University.

Guru Purnima Utsav at Devrukh ashram:

5th to 7th july 2009

Maha Rudra Swahakkar Yagna,