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# Reiki Vidya Niketan

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#### Guru Purnima Utsav at Devrukh

Guru Purnima Utsav was celebrated with great devotion and enthusiasm at Devrukh ashram on 7th July 2009.

The event started on 5th July and ended on 7th July. For the 3 days Maha Rudra Swahakar was perfomed where more than 100 sadhaks participated in the program. The day on 5th July began with the Ganesh Pujan and Agni Pujan (invocation to the Fire) at the dawn. This was followed by a group of 11 sadhaks chanting Rudra Swahakar and offering the ahutis to the Homa for 11 Avartanas making One Laghu Rudra. On the same day four more batches performed the same ritual through out a day.

The same program was repeated on 6th July too. Thus by the night

of 6th July, 10 Laghurudras were performed. The last Laghu Rudra for completion of Maha Rudra sankalpa was performed on 7th



Maha Rudra Swahakar being Performed

July. The local Brahmins offered the Poornahuti in the presence of more than 100 sadhaks who had gathered from all over the country. The evening program proved to be the apex of the whole celebrations when hundreds of sadhaks and Swamibhaktas converged on the ashram location offering their greetings and salutations to Guruji after taking Darshan of Shri Swami Samarth. The devotional songs sung by sadhaks added the right kind of environment to the settings.

#### ISSUE: Guru Purnima

**INSIDE THIS** 

Guru Purnima

A Loaf of Bread &
Simple Wisdom

By holding Some- 2 thing we get

Questions & Answers about Reiki

Divine Light over
Ashram

A Visit to Vishwatmak Jangli Maharaj

The Integral Healing 3

The Indian Silence 4

Reiki Seminar 4
Schedule

# A Loaf of Bread & Simple Wisdom

A philanthropist once said that few books touch both heaven & earth, few stories which are not only to be read out but carried in a circle around your heart, feeding you hope & humanity, whenever loss of God threatens. 'Jacob the Baker' by Noah ben-Shea is the gentlest of gentle wisdom for a complicated and chaotic world.

Let me tell you about Jacob. Because what Jacob, the simple hero of the book says & does, can have a profound impact on our lives

Once there was a baker named Jacob who scribbled his thoughts on bits of paper as he waited for the bread to rise. One day, by accident, a small paper was baked into a loaf & the woman who had

bought that loaf was so moved by the words of wisdom she found inside it that she returned to the bakery.

"Did you write this?", the lady asked, thrusting one of Jacob's notes forward. The note read: "Wisdom does not make me full. It fills me with hunger."

(.... continued on page 3)



# By holding something, we get held

Generally we are told that the more you have, greater you are. Our mind is trained by the mundane world to amass everything, whether it is money, properties or even smaller things. Truly the things work precisely the other way. More we hold, more we are held.

Take for example, a situation where a criminal who has committed a crime in say Pune is nabbed by the police in Mumbai. As per the law the

criminal needs to be taken to the location of crime, the police may have to take the criminal to Pune. Can you imagine a situation where a policeman escorting the criminal has to attend the nature's call or something like that. Can he tell the criminal to wait till he relieves himself? No way. The criminal on the other hand can do it as per the law. In such situation the policeman has to manage himself and wait till he reaches Pune and hands over the criminal to the authorities there. Can you imagine the reaction of the police then? The policeman is bound to say. "Now I am free and relieve myself" And we thought the criminal was held. Actually the police has become free, means the policeman was held while holding the criminal. The life is not different. The same thing happen to us all when we try and hold to many things.

Ajit Sir

#### Questions & Answers about Reiki ... by Guruji Ajit Sir

"To catch the reader's attention, place an interesting sentence or quote from the story

By giving Reiki to someone who is ailing, do we get that disease or sansakras on us?

No way! One has to understand fully well what disease and the sanskaras or blockages really mean. Blockages are not objects that they can be easily transferred from one place to the other. Blockages of Karma Sanskaras are nothing but the

distorted energy hindering the flow of the energy. Say for example a river while flowing suddenly passes though a very cold region where the part of it gets frozen. By freezing what changes is the density and volume. The glacier of that same river will now become a blockage to its own flow. The moment the conditions are altered the glacier may melt

and the river would flow again. Where did the glacier go? It was always a part of the river and has become river again.

Last month when one of my chandeliers was not working the electrician found out that the wires had gone lose inside. He set it right and lo! The lights were on. Where did the darkness go? Dod it come to me or to the electrician?

#### Divine lights spotted on the top of our ashram on Guru Purnima day



# Divine Light over Ashram...

ashram, especially during the

Appearance of Orbs has become an interesting phenomenon—a common point for discussion in the parlance of spiritual scientists. Such kind of orbs have been seen many a times before in the

Aarti times. This Gurupurnima showed some different spectacles. A divine flame like light hovering over the sanctum sanctorum in the ashram. There were two lights which appeared in the photographs that were taken. You may see those divine lights in the photo

enclosed.

This phenomenon is being studied closely by the sadhaks as only during the Aarti time in the evening and that too mainly on Thursdays such phenomenon is seen.

VOLUME I ISSUE 3 PAGE 3

# A Visit to Vishwatmak Jangli Maharaj Ashram



Guruji alongwith the senior Sadhaks of Nashik visited Vishwatmak langli Maharaj Ashram Situated at Kotamgaon Near Shirdi Sai Baba Sansthan on 20th July on an invitation from Revered Saint Shri Shri

The Entrance Janglidas Maharaj. Gate of the Ashram which Resembles that of Devrukh **Ashram** 

Saint Janglidas Maharaj & his disciples Welcomed Guruji & his Sadhaks very warmly & blessed

them on the mission of spreading happiness & peace in the world. The Revered Saint felicitated Guruji by offering a portrate of his Spiritual Master Vishwatmak Jangli Maharaj who was the direct disciple of Akkalkot's Shri Swami Samarth Maharaj.

Guruji was taken around the ashram premises & was shown various facilities created by the trust for social cause like education Institutions running schools & colleges which provide education to more than 3000 students today.

Guruji was impressed by the discipline shown in the ashram in every aspect & the systems followed. Some of the systems will be implemented in our own Devrukh Ashram in the near future.

"When our hand Is closed in a fist we starve our stomachs and

our souls"

### (Cont...) A Loaf of Bread & Simple Wisdom

Jacob looked at the paper & nodded his head. "How wise you must be," said the lady. "All my life I have been pursuing wisdom & you've captured it for me, I feel like such a fool." Anyone who has struggled with wisdom has felt like a fool, Jacob replied reassuringly.

The baker's owner asks Jacob if he will bake more bread with more wisdom, the lady needs some for community dinner. Of course I will, Jacob says, more than willing to share his gift. "Only arrogance guards", he says,

"what it doesn't own."

Within no time there are people hurrying to the bakery, clamoring for more wisdom bread. The questions troubled people ask him, the simple dialogues, the answers Jacob gives becomes the vein & artery and spine & heart of the book.

Tell us about miracles someone asks

"A miracle is often the willingness to see the common in an uncommon

way."

Can we have more from life, Jacob?

"The only way I can take breath is by releasing my breath. In order to be more, I must be willing to be less."

In my dream, Jacob, I have traveled a long distance & am finally arriving st a great city. But at the entrance I meet a soldier who says that I must answer 2 questions before I am admitted in.

(...to be continued in the next volume)

## The Integral Healing... Quotes from The Mother

**Psychological Causes of Illness** 

An illness of the body is always the outer expression of a disorder, a disharmony in the inner being, unless this inner disorder is healed the outer cure cant not be total and permanent.

Cure by Inner Means.

The difficulties that come to you are exactly in proportion to your strength.- nothing can happen to you that does not belong to your consciousness, and all that belongs to your consciousness you are able to master.

Cure by Spiritual Force..

The human body has always been in the habit of answering to whatever forces chose to lay hands on it & illness is the price it pays for its inertia & ignorance. It has to learn to answer to the 
The Mother of Pondichery

one force alone.





Guru Purnima Celebra tions at Devrukh ashra Guruji being offered Aarti

### The Indian Silence..

The first American mingled with his pride a singular humility. Spiritual arrogance was foreign to his nature and teachings. He never claimed that the power of articulate speech was proof of superiority over the dumb creation, on the other hand, ot is to him a perilous gift. He believes profoundly in silence— the sign of perfect equilibrium. Silence is the absolute poise or balance of the body, mind and the spirit. The man who preserves his self-hood, ever calm and unshaken by the storms of existence— not a leaf, as it were a astir on the tree not a ripple upon the surface of shining pool— his, in the mind of the unlettered sage, is the ideal attitude in conduct of life.

If you ask him, what is silence? He will answer "It is the great mystery. The holy silence is HIS voice! "If you ask, what are fruits of silence? He will say, "They are self controlled true courage or endurance, patience, dignity and reverence. Silence is the Cornerstone of the character."

"Guard your tongue in youth, said the old chief Wabasha, and in age you may mature a thought that will be of service to your people! " (from The Gospel of Redman)

#### Reiki Seminar Schedule

The Physician is only nature's assistant.

Galen

A beautiful picture of Trishul at Devrukh ashram on the backdrop of Lord

Krishna

Sr No	Dates	Location	Master	Degree
1	8 & 9 August	Pierceton Indiana	Ajit Sir	2nd
2	11 & 12 August	Pierceton Indiana	Ajit Sir	1st
3	15 & 16 August	Midland Texas	Ajit Sir	1st
4	22 & 23 August	Midland Texas	Ajit Sir	2nd
5	22 & 23 August	New Delhi	Sangeetadidi	2nd
6	26 & 27 August	Chicago	Ajit Sir	1st
7	29 & 30 August	Chicago	Ajit Sir	1st
8	1 & 2 Sept	Chicago	Ajit Sir	1st
9	5 & 6 Sept	Chicago	Ajit Sir	2nd
10	12 & 13 Sept	California	Ajit Sir	1st
11	21 & 22 Sept	Nashik	Ajit Sir	1st
12	26 & 27 Sept	Mumbai	Ajit Sir	1st