



Reiki Healings



The Way Mrs. Hawayo Takata Experienced





Mrs. Hawayo Takata



- For 45 years, Hawayo Takata carried in her hands – literally – the energy of one of the world's great Healing arts which she called Reiki.
- Reiki healing which was confined to the country of Japan till mid 20th century, was made available for the cause of humanity by Mrs. Takata.

सर्वे



Healings by Mrs. Takata

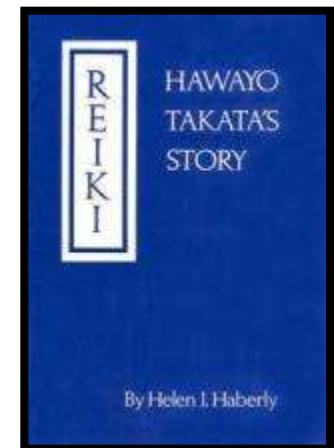


- Mrs. Takata who had her 1st life saving experience in 1935 rose to great heights by the time she went into transition in 1980.

- During this period, she was enriched with lots of mind boggling experiences on physical healing. She decided to share these experiences to the world through Mrs. Helen Haberly in 1980.
- This presentation is based on the writings of Helen Haberly of the book **Reiki – Hawayo Takata's story**.



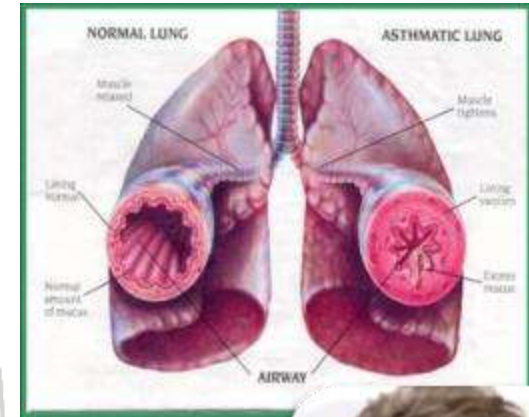
Helen Haberly



Asthma/Emphysema



- I was called to a private home late one night, because the guest was having difficulty due to asthma.



- I gave her 2 hours of treatment from 10 pm to midnight.
- She started breathing easy and said "I feel like my old self".



Leprosy

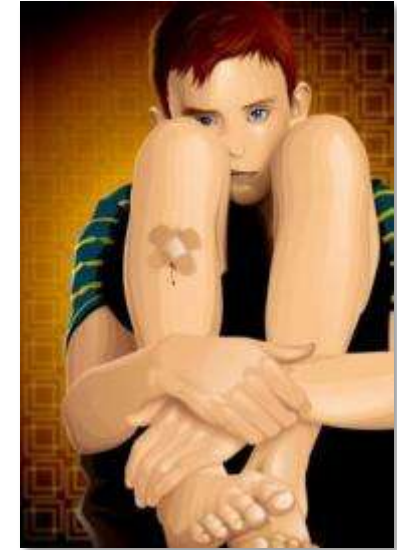
- The same house mentioned in the earlier slide, had a man suffering from leprosy. His mother, brothers and sisters were also affected. His younger brother was in Molokai at the leper colony.
- I asked this man to change his diet – no red meat or pork, only light white fish, sea-weed, herb tea and a vegetable juice daily – a mixture Water cress, carrot, celery and beet to purify his blood.
- **I deed Reiki from 3 months.**
- He was in perfect physical condition with no leprosy.



Accidents



- One young boy was kind and a good student repeatedly met some kind of accidental situations making mess with his life. His parents were very concerned.



- **I assured them that Reiki would give him higher vibrations & quality of this energy would cause these accidents to stop.**
- This boy responded very well to Reiki, so he was vitalized & the accidents stopped.

Tumors



- There was a teacher who had to leave a job due to a large tumor.
- Within 3 weeks after Reiki treatment, she felt no pain & had no temperature but she felt something stirring inside & began to pass chunks of tissue.
- She had lost 35 pounds & had no stirring in stomach.
- Her doctor checked her and found there was no tumor and surgery was avoided.



Baldness



- A boy of 21 years old, assisting the army in cleaning up after the enemy planes had attacked. This boy was emotionally shocked and one day when he combed his hair within no time all his hair had gone.

- I taught Reiki to his family and gave Reiki with them to the boy. Within 2 months the young mans' hair began to grow & within 6 months he had a complete head of hair.



Baldness - 2



- A lady came back to Honolulu from the Mainland to take treatment as she had started losing hair. She had taken divorce and had ill feelings towards her husband.



- I asked her to take Reiki on her as she had learnt Reiki from me about 6 years ago.

- Then I started giving her Reiki and she recovered her hair fully by 6th month.



Baldness - 3



- A young pianist started losing straight black hair in large way.
- I discovered his kidneys were the cause



- He had complete treatment for one month and his kidneys began to function better, the hair stopped falling.



Baldness - 4

- Another outstanding case who was very bald. And joked about it.
- He and his wife took Reiki class.
- I also gave him few treatments and left the rest to them.



- After about 4 months he had the blond fuzz like a baby chick all over his bald spot and soon had a full head of hair



Infertility

- Many couples who were childless and desired a family.
- I recommended them to take treatments and more than that to learn Reiki themselves so that they can be vitalized.



- That worked in many cases. The mothers had easy labors and had healthy children.
- It has always helped to take Reiki during pregnancy.
- For those who had miscarriages during pregnancy, Reiki worked miraculously well.



Infertility -2



- One lady had five miscarriages. With her sixth pregnancy she came to me.
- I treated her with reiki and changed her diet. Avoiding Acid food and practicing Reiki to bring system in balance.

- I worked with her throughout pregnancy and she delivered a healthy baby boy. She had no problems throughout pregnancy.





Epilepsy



- There was a girl who had epilepsy from the age of nine, many seizures a day. She could not even go to school as school bus refused to take her. This lasted for 10 more years and she became nineteen. The family went to Honolulu for Doctor's help. But Doctors could not help. Even the shamans could not help
- I suggested her to take Reiki for 1 year and thereafter the whole family may have to learn to support her.
- I gave her Reiki every morning for a week and then she began to have reactions. Her faints increased to 7-8 faints against 2-3 earlier. This was necessary though she suffered as she needed to be detoxified. Reiki works this way. After few days, seizures reduced. Family treated her thereafter and she was entirely cured. She had a normal life thereafter and helped around the house.



Epilepsy-2

- The lady had such severe attacks that she was unable to go out alone.
- Reiki treatment was given to her for 30 days. During this time, she and her husband also learnt Reiki.
- Initially she had removed the toxins from her body and she progressed- the seizures became lighter and lighter and in 3 months she no longer suffered from this condition.

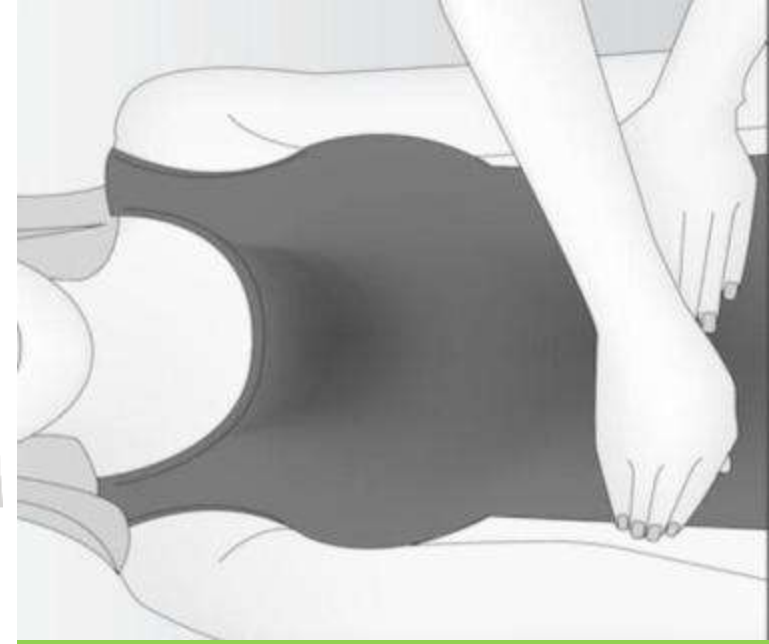


- She was completely healed and never had any seizures thereafter.

Arthritis / Rheumatism



- Treatment for Arthritis and Rheumatism is the same. **The complete treatment is given but in these cases we start with the abdomen.** When these organs are balanced and vitalized the cause of disease is gone. Then we work on the area of the pain.



- Within 8 days the Patient starts feeling relieved. Four days of treatment and four days of recuperation.





Arthritis / Rheumatism-2



- **Reiki is a great hope for these patients. Reiki reaches the root no matter how deep it is.**
- A lady came from 80 miles with painful rheumatism. First treatment took 2 hours. All her organs were depleted. I changed her diet. **She stopped sweets, and had lemons squeezed in warm water (6 glasses a day)** She learnt Reiki after 2 months treatment and could knead a dough for the bread first time in many years.



Arthritis / Rheumatism



- A man weighing 275 pounds and sent back by Hospital after 5 months with no hope came once. Could not lift his foot even 6 inches. I went to his home and gave Reiki for one week. He had heavy reactions. **Changed his diet and gave lemon in water.**

- In second week he started moving in his own house. Then the spot grew on his elbow. It became like a balloon. I kept on giving Reiki. It burst open with white clumps like cotton cheese. In few days, the hole got filled up and he was totally relieved. **The Calcium causing all the joint pains was drawn to one place to be released from the body.** He became absolutely alright.





Reaction

- **When treated most chronic illnesses show reactions.**
The body goes through a cleansing and rattles people.



- **It is a good indication and one should continue giving Reiki. They should thank God for Reiki is working very well in them.**
- **This is the way Reiki works to cleanse the body.**



Headaches



- A man suffered from headaches after every dinner.
- **I started treating abdomen and got vibrations at abdomen near gall bladder.** I continued to work on him and went to his back and then the other parts of the body. He was instantly relieved of pain. **The rich desserts after dinner were causing all this.**
- He stopped that and became well again.



Burns

- I treated many burns. But the worst was an Electrician who was burnt to third degree in the oven.



- When he was unconscious his sister in law and four of her Reiki colleagues treated him over bandages. **After 3 to 4 hours of Reiki he woke up at 5 pm. He had no pains.** He was discharged and friends kept on giving Reiki. He became alright without any scars.



Burns-2



- A workman suffered a terrible burn as he put his hand in a hot tar. He was working at my neighbor's home. I rushed and gave him Reiki immediately for about half an hour. He was then bandaged by a Doctor. I continued giving Reiki above bandage for another one hour. When he went home, there was no burn.

- I treated him every day and when bandage was removed he was 100% alright with no scars.



Tuberculosis

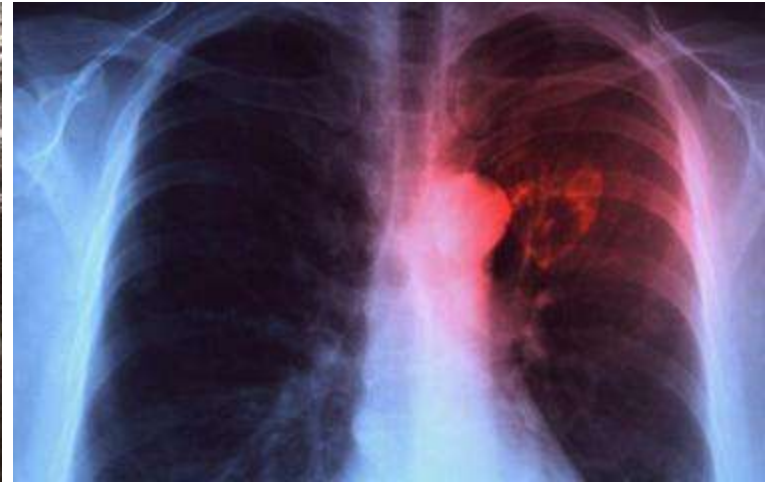
- There was a young woman who had advanced tuberculosis and her parents wanted me to treat her as she was engaged to be married and they were not sure she would be married due to TB.



- I gave her Reiki for a week and then she, her mother and neighbors learnt to give Reiki. In six months she was completely well and got married with no hassles.



Tuberculosis-2



- A couple of more cases were treated in sanitarium. One was a husband of my housekeeper. **She learnt and after 3 months' treatment he was released from sanitarium.**
- Another one from same sanitarium was attuned while his wife learnt and treated him along with me. **He was free from Tuberculosis.**

Strokes



- The root cause of strokes is high blood pressure. We do not give Reiki for 3 weeks from stroke, in

order to give blood a chance to settle. The basic treatment is given after 21 days. **Do not go to the affected part first. Do front, back and then head. Always treat the side of the neck to help lower the blood pressure.** If daily given, Reiki can make a person walk again





Strokes-2



- I had a case where a person was bedridden for **16 years after stroke**. I worked on him for **3 weeks** and feeling the hope, taught his daughter. She did well and **within a year, the father started walking again.**
- A man down for 3 years in wheelchair after stroke was treated along with his wife as she was negative about the whole thing. **In seven days the man left his wheelchair to walk again.**



Multiple Sclerosis

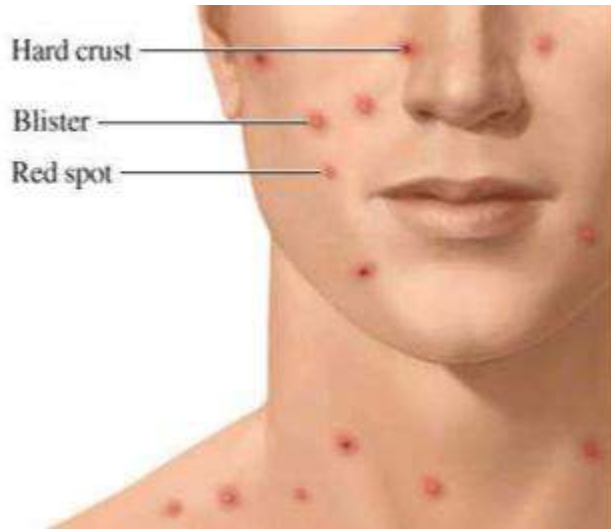
- This guy was in wheelchair from MS disease for several years. His housekeeper learnt Reiki. I also gave Reiki to this man for 2 weeks and she took over.
- She changed his diet and gave fresh vegetables and also changed his lifestyle.



- Within a short time he started walking at home. He started gardening.



Children's Disease



- **Reiki helps the discomfort and also prevents dangerous side effects.** I had one serious case of Chicken Pox who was a college going student. I gave him full body Reiki for few days and he became alright.



- **Working on the affected parts more, besides the full body Reiki is essential in Chicken Pox** so that scars and marks are not left behind.





Heart



I was called urgently by my neighbor as she thought she was going to get a heart attack. I began to treat her **Solar Plexus**

and not heart. This is to relieve the pressure first. Then I worked around abdomen for about half an hour and then went to her chest. She was very tense around heart area and was likely to have a heart attack. I worked on her head and relaxed the blood vessels there. The rhythm of heart beats became normal. I gave one more Reiki that day to her. She was perfectly alright thereafter.



Tetanus

- I was allowed by Doctors to go to hospital and treat patients through Reiki. My first such case was of Tetanus - Lockjaw.



- He was in coma and jaw was shut tight. I felt the solar plexus very stiff like a board. I worked for almost two hours on his solar plexus and finally felt some warmth on his abdomen. He came out of his coma. So I worked on his head, jaws and in 15 minutes a jaw dropped. He asked for water. He started eating the meal next day.

Weight

- Many people weigh more due to over eating while many due to Thyroid problem.
- Nothing is impossible if one wants to lose weight, **treat daily with Reiki and adjust the glands.** Strong will power when it comes to only one serving of food and no desserts.
- **Walking long distances very essential.**



- In women I find Thyroid is a major issue in most cases. By staying good diet, some exercise and most important Reiki treatment works miracles.

Obesity

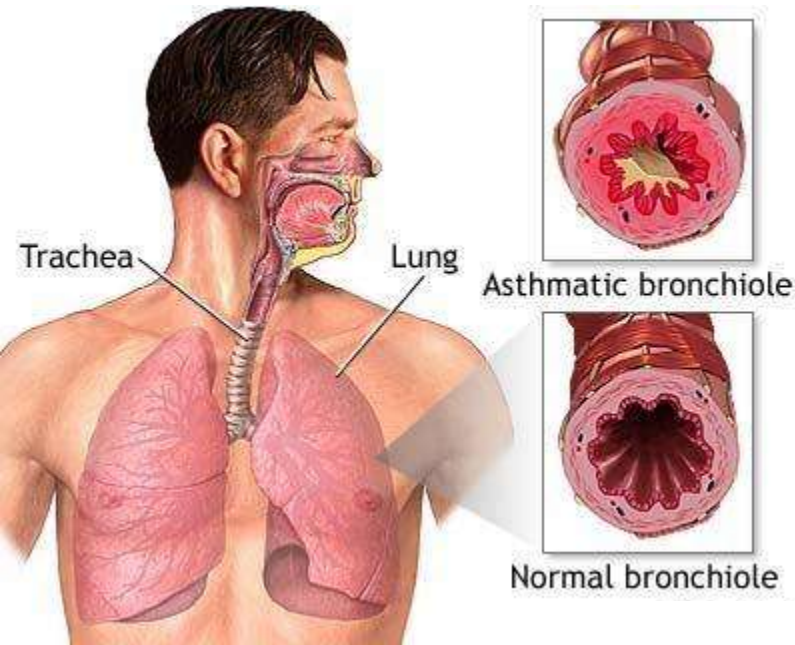


- I had a case of a beautiful artist lady weighing 300 pounds. She was weak from trying a diet.
- I suggested her raw vegetables as food and swimming as exercise besides full body Reiki
- Her Thyroid was in poor condition and was retaining a lot of water as her kidneys were not working properly.
- She never missed her Reiki treatment and within few weeks she lost 150 pounds; her energy was up and her glands were working perfectly.
- Her only complaint after few more weeks was that her earlier clothes were now too loose for her.



Respiratory Problems

(Bronchial Disorder)



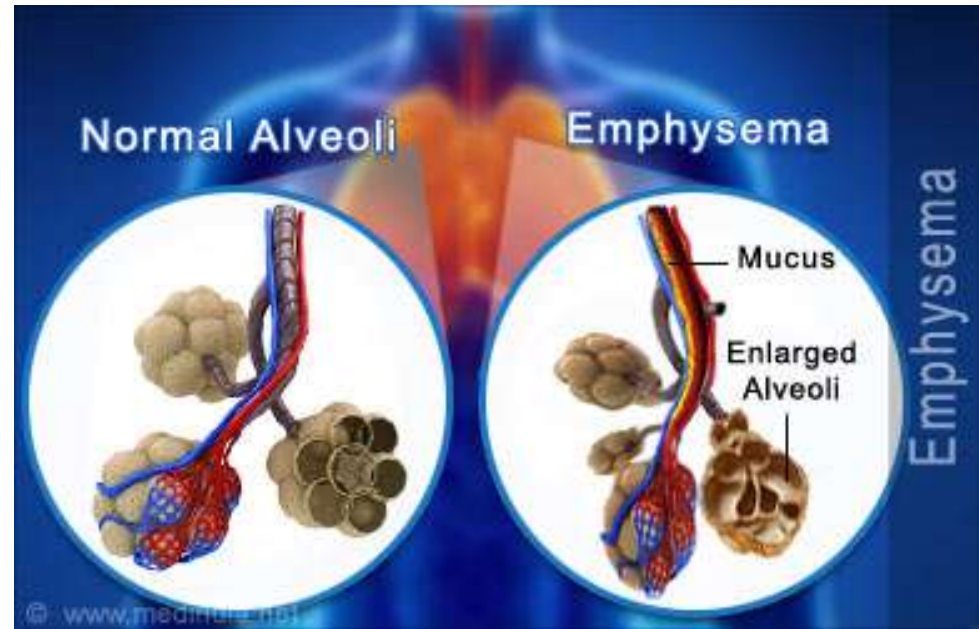
- I had one man who came get a help for drainage from his ears. He was a wrestler and had his upper chest. Also had asthmatic wheezing.
- I found the cause at the area of bronchi and corrected the same by Reiki. I gave him everyday Reiki for one month.

- After a month, he was fully healed.



Respiratory Problems (Emphysema)

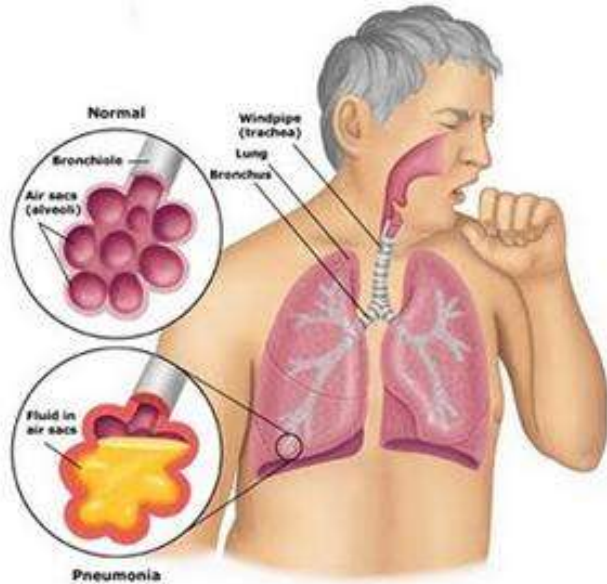
- I worked with a man from Maui who had to leave job due to emphysema. He was hospitalized for his strain on the heart. After a month he was discharged from hospital as nothing could be done.



- I started Reiki. On fourth day, he showed reactions, coughing up hard sticky mucous from his lungs. His wife learnt Reiki and started treating him with me. Within few weeks he was fully healed from emphysema.

Respiratory Problems

(Pneumonia)



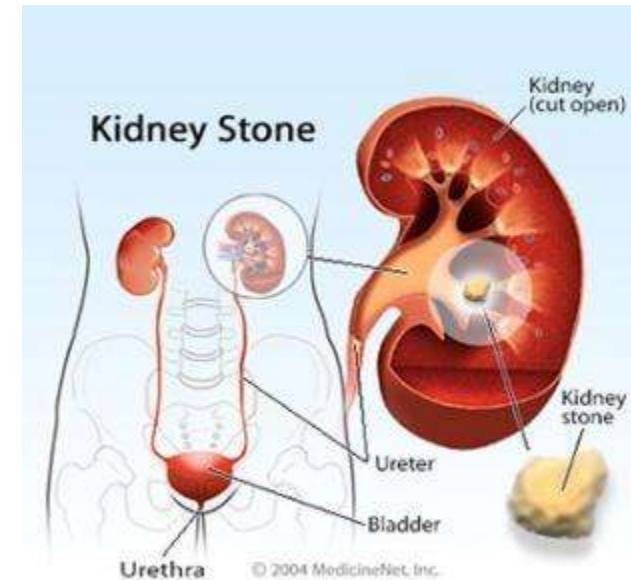
- I had a case of Pneumonia who was taken to hospital and given Oxygen. I was called for Reiki. I worked on the chest and the Pleura and the lungs until the crisis had passed. The temperature came down and was sweating a lot. For such serious patients, just slid your hands underneath to treat back points more than turning him over. It always works.

- I have never lost a case in Pneumonia.



Kidney and Gallstones

- When Kidney stones form from the toxins on the kidney walls, they turn into crystals which are very very hard.
- **With Reiki sometimes they are passed out and other times are dissolved so that they can be flushed from the body.**



- **It takes daily treatment and often patience.**
- With gall stones the same thing happens. The stones just get dissolved.

Bones

- When there is a broken bone, it will heal very quickly with Reiki.
- I used to start with Solar Plexus and start working on tension and to adrenals to release the shock from the accident.



- Once the cast is ready, start giving Reiki on the fracture, working from the top of the cast. **Reiki will work through casts or wood or even rubber.**

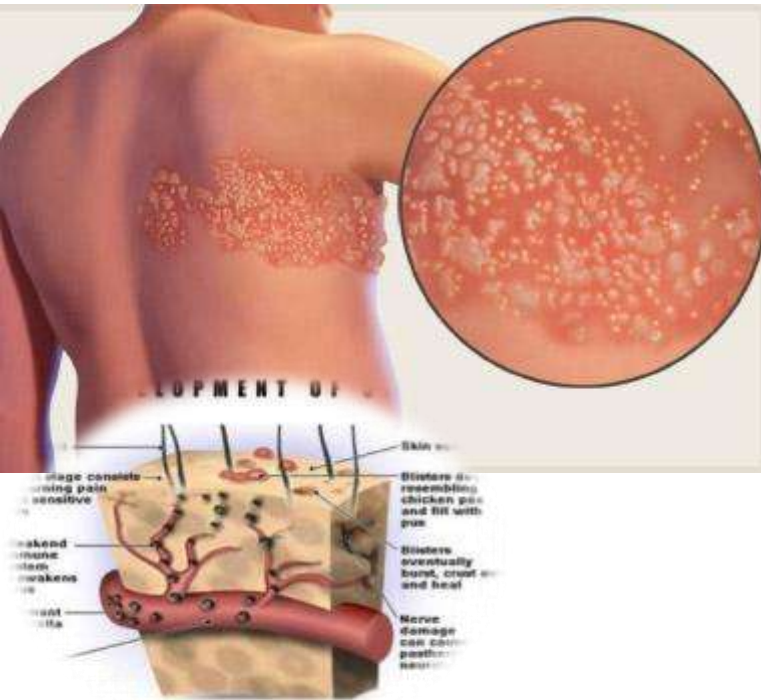


Bones-2

- A good friend of mine broke her wrist in 3 places. It was very painful. I started Reiki the next day. Knowing that it would take a long time we travelled together from Philippines, Hong Kong, Thailand, Sri Lanka and India. I could give her Reiki every day. Each day the pain was less and less. After reaching Japan, **when the X Ray was taken, they found that there was no more a fracture.**



Shingles



- Shingles is one of the most painful illnesses for it affects nerves. One lady was told by Doctors that it would stay for long time.
- She decided to try Reiki. After a month's Reiki she was feeling comfortable and after 2 months she was free from Pain.

- Shingles can be helped and there is no need to be so crippled from it. It is much better for the patient and the family members to learn Reiki and do it. **Reiki is the best investment a person can make for their health.**



Kidneys

- A man came to me suffering badly from Kidney problems. He was critical. He left his job due to this and shifted to Hawaii. He got no further help from Medical science.
- **I started giving him Reiki for full body every day. He had a reaction which was a good sign.** After 7 days he asked me to stay back for one more week and teach him lessons. He and his family learnt Reiki. The guy was fully cured from Kidney trouble a few weeks later.



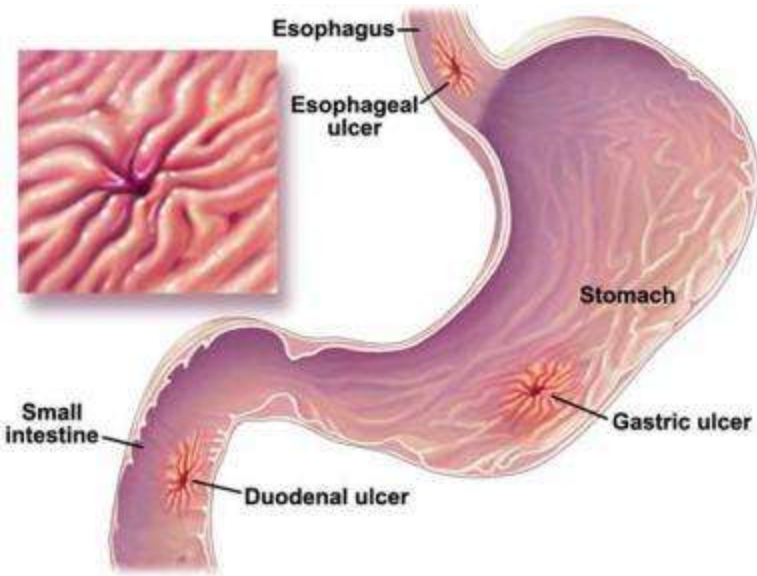
Deafness

- Reiki can help to cure deafness if it is caused by nerve damage. Reiki will help regenerate new nerve tissue and the hearing can be restored as the nerves are vitalized.



- I had a lady who came with husband who had heard no sound for many years. **I gave him a daily treatment and after 3 months he could clearly hear a noise of scissors as his wife was cutting some material.** She treated him for some more days and his hearing was restored.

Ulcers



- One case I treated a man with stomach ulcers.
- He suffered from Nausea, vomiting not only mucous but blood with it. Whenever he tried to eat he suffered pain.
- **After 21 days of Reiki treatments he was able to eat almost anything without a pain and did not have to undergo surgery.**



Cancers

- For all kinds of Cancers – breast, stomach and even tongue, I gave complete treatment. **Start from the head, then treat all the glands on front of the body and then complete the back. Thereafter go to the affected area. My experience says that the cancer lump of the size of the large walnut takes only 3 weeks to dissolve.**
- When it the lump in the breast, the complete treatment is given with special emphasis on the female organs, the ovaries, the uterus. Lastly go to the affected area & treat the breast.



Cancers – cont...

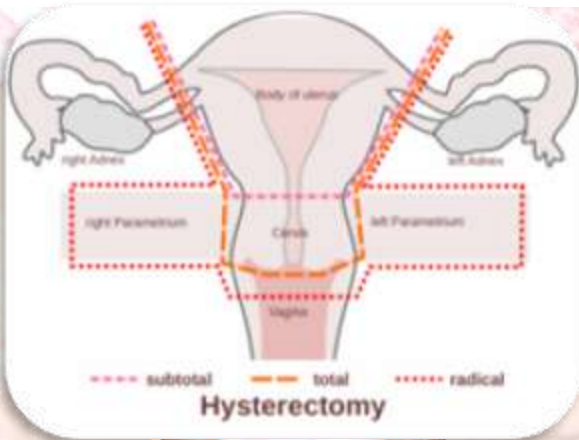
- In one case the doctor found a lump, so he arranged for the lady to come in 5 days to remove it from the breast. Next evening I treated her and found a lump about a size of walnut. I concentrated on Ovarian glands.
- She came every day. On the fifth day when she went to the Doctor having an appointment, the doctor did not find the lump. It was completely gone.
- So the husband and wife learnt Reiki the next day.



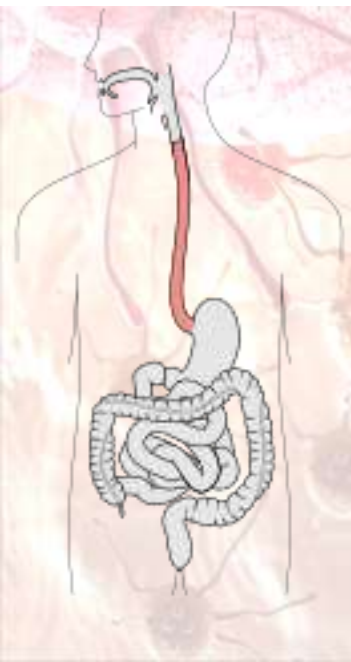
Cancers – cont...



- There were cases where the woman had already a hysterectomy and later the breast cancer. **In that case the whole body had to be treated as she had missing organs, before the results were obtained.**
- In any case involving breast, **the first cause is usually found in the female organs. Treat the ovaries, uterus and thyroid and breasts.** Always I managed the female organs to strengthen them before healing was complete.



Cancers – cont...

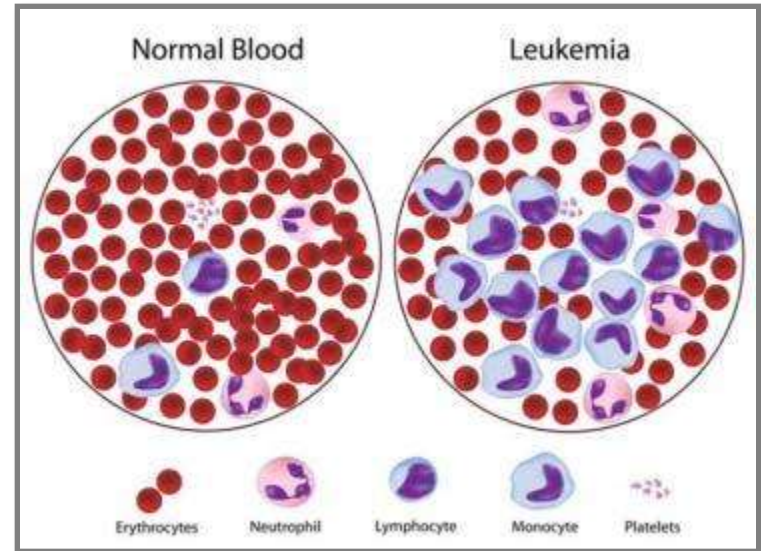


- A 60-year old man came with very serious conditions with cancer of Esophagus. He required multiple injections for managing pain. The growth in Esophagus was so large, he could not eat any thing. Lost his weight. His wife learnt and 3 children learnt Reiki and started treating him.
- **He progressed, started eating clear soup. Next week started eating Gruel and soft Rice. By the end of the month his growth in the Esophagus had shrunk.**
- In another 60 days, he began to gain weight and **in 6 month he resumed his job.**
- **This was the man whom doctors gave two weeks to live.**



Leukemia - 1

- On 7th December 1941, I had a guest from Honolulu, who was suffering from Leukemia and required a weekly blood transfusion.



- I gave her daily treatment for 15 days and she began to improve without any transfusions.** She was very vibrant with great energy and improved rapidly. Her friends in Honolulu learnt Reiki and worked daily for 6 weeks on her and she was completely cured of Leukemia.



Leukemia - 2

- With leukemia in every case, **the complete treatment is done and with this condition you will find heat and vibrations in the spleen area.**



- I had a case of the man which was very far gone. He had to have treatment for months and his family learnt Reiki to help him.

- After a year, when he went to specialist, doctor found him to be free from leukemia.



Nose Bleeds

- A woman came with her 14 year old son suffering from severe nose bleeds.
- A boy was bleeding very badly through the nose. I could sense that this was no ordinary hemorrhage so we propped him up and began to apply cold compresses. **His mother placed her hands on his Solar Plexus while I worked on his nape of his neck.** I realized his hemorrhage was coming from an artery which was scary.
We treated him for 45 minutes & his bleeding stopped completely.
- **Next day I gave him full body Reiki again with more on back on the head as he had a weak artery on the head. He never had another nose bleed thereafter.**



Sties

- A young mother in my Reiki class had a year old baby son was born with sty on one eye. This sty got multiplied on other eye also and had 52 sties in the first year of his life.



- I worked on his eyes for 10 minutes and then full body to treat his internal organs.
- While working on his back I found the cause of his problem which was his kidneys causing a build up of toxins in his system.



- For 45 minutes, I treated his kidneys and when the child woke up from his nap, he was happy – smiling, laughing – none of his usual crying and whining.
- By next day his sty was shrinking and on 3rd treatment it disappeared and never had a problem thereafter.

Motion Sickness

- A co-passenger during her boat ride was suffering from motion sickness. I gave her Reiki on Solar Plexus and within few minutes the tension in the Solar Plexus began to lessen and said, “I am feeling better and all my headache and nausea are gone.”
- On one full body treatment, she was a completely different woman with no motion sickness thereafter throughout the journey.



Back Pain

- There was a beekeeper who had very painful back condition aggravated with lifting of huge bee hives.
- Medical clinics in Honolulu insisted on surgery on the disc in his spine without guaranteeing his well being.
- I gave him only one treatment, because of my class but he was happy. He organized my class for 35 people.



- **I gave him treatments everyday with his wife joining the sessions. Ultimately he was very successful and happy.**

Thank You



Reiki Vidya Niketan is pleased to have collated some of the divine experiences of Reiki from Mrs Hawayo Takata. That should have given you some idea of how Reiki helps humans creating multiple opportunities for healing, irrespective of the intensity of disease. No hope is lost when Reiki is there with you. No matter how hopeless the situation looks. All that you need is some faith and patience. Mrs Takata devoted her whole life for the noble cause of freeing the world from sufferings. We dedicate this presentation to her memories and seek her blessings for humanity.